



## Unit 1: All About Me

### Week 1: Show Me Your Colors!

**Featured Book:** *My Blue is Happy* Written by Jessica Young and Illustrated by Catia Chien

#### **Objectives:**

To learn more about colors in our world, and to think about what they mean to us personally.

#### **Materials Needed:**

A copy of *My Blue is Happy*, by Jessica Young and a positive attitude!



#### **Week 1 Lesson Steps:**

1. **Start** the lesson by *talking with your child* about colors. It will get them in a color frame of mind as you get ready to read this story:

##### **Conversation Starter**

Talk about what colors you both can see around you at the favorite color is. As you do this, remember to discuss the **“Why?”** as you talk with them.

##### **Example Question**

For example you could ask your child, **“Why is blue your favorite color?”**

2. **Read** *My Blue is Happy* with your child.  
*Make this reading your own.* Talk about the things that you know your child will want to talk about, and most importantly, **HAVE FUN!!!!** It isn't necessarily about how much you read to your child, it is about the quality of the time you spend with your child and books.

#### **Fun and Easy Reading Tips for Parents:**

- Make **dramatic facial expressions** as you read. Change up your **tone of voice**, and the **style** with which you read, even use **gestures** if you would like.

- **Ask questions!** Give your children a chance to respond to your questions too. An easy way to do this is *to count to 5 slowly* in your head after you ask a question of your child.
- **Give a short definition of difficult words** to your child. This will help your child to understand the word when they hear it again. Always look for ways to help build their vocabulary.
- **Review what you read!** Giving a quick summary of what you read can really help your child to remember what happened in the story and bring a nice close to the reading.

### Conclusion:

Today, you talked with your child about the colors in their world through the book *My Blue is Happy*, by Jessica Young. By providing an example good reading skills with your child, having fun with the reading, having fun with your child, and connecting the book back to your child's own life experiences with color, and discussing tough vocabulary, you are creating the foundations for your child to be a strong reader. Use the following page to allow your child to paint color or draw the color that makes them happy. Be sure to display it on the refrigerator or in the room.

### Early Developmental Learning Standards Taught in Week 1:

- Develop new vocabulary by engaging in meaningful discussions and activities to promote learning of unfamiliar words found in informational text.
- With guidance and support, discuss the use of illustrations to support the descriptions of characters, settings or to predict events in the text.
- With guidance and support, relate informational text to personal experience (or other text).
- With modeling and support, ask and answer questions about text read aloud.
- Participate in listening to common types of text.

**My \_\_\_\_\_ is Happy!**

**By:\_\_\_\_\_**  
(your child's name)