Explanation of Requirements for School Meal Modification Requests

Dear Parent/Guardian:

Your child's school:

- Will make meal modifications prescribed by a licensed physician, advanced practice nurse with prescriptive authority, or physician's assistant to accommodate a disability. Properly completed and signed paperwork is required as noted below.
- Will make meal modifications prescribed by a medical authority due to a food allergy/intolerance or other medical condition that does not rise to the level of a disability. Properly completed and signed paperwork is required as noted below.
- Will not make substitutions for fluid cow's milk due to a food allergy/intolerance unless documented as a disability by a prescribed medical authority. Milk is not a required meal component and can be declined by any student.

The required Special Dietary Needs Documentation Form can be obtained at: Nutrition Services - Forms & Resources or from the Kitchen Manager, School Nurse, or Health Clerk. The form contains two sections: one to be completed for students with disabilities or handicaps; and the other to be completed for students with other special dietary needs.

- **Disabilities/Handicaps:** Any person who has a physical or mental impairment which substantially limits one or more major life activities. Please note that severe food allergies (e.g., life-threatening peanut allergies) fall into this category.
- **Other Special Dietary Needs:** Food allergies (that are non-life-threatening) and food intolerances fall into this category, as do other medical conditions that do not rise to the level of a disability/handicap.

Only the types of meal modifications explained in the first paragraph of this letter are applicable to your child's school.

To ensure the requested meal modifications can be made as soon as possible, return the completed Special Dietary Needs Documentation Form to your school's Kitchen Manager, School Nurse, or Health Clerk.

If you have questions or need assistance, please call Mariah Westlie, MS, RDN, SNS (Weld County School District 6 Nutrition and Menu Specialist) at 970-348-6623 or email her at: mwestlie@greeleyschools.org.

Sincerely,

Mariah Westlie, MS, RDN, SNS
Weld County School District 6
Nutrition Services Department

This institution is an equal opportunity provider.

This institution is an equal opportunity provider.