

**2025-2026 Park Forest Middle School
Three Hour Release
Schedule**

6th Grade <i>Mountain Lions</i> <i>Wolves</i>	7th Grade <i>Cardinals</i> <i>Timber Rattlers</i>	8th Grade <i>Black Bears</i> <i>Grey Foxes</i>
Homeroom 8:40 - 8:50	Homeroom 8:40 - 8:50	Homeroom 8:40 - 8:50
Period 1 / 2 8:52 - 9:36	Period 1 8:52 - 9:14	Period 1/2 8:52 - 9:36
	Period 2 9:16 - 9:36	
Period 3/4 9:38 - 10:22	Period 3/4 9:38 - 10:22	Period 3 9:38 - 10:00
Period 5/6 10:24 - 11:08		Period 4 10:02 - 10:22
		Period 5/6 10:24 - 11:08
6th Grade Lunch 11:10 - 11:40	7th Grade Lunch 10:24 - 10:54	Period 7/8 11:10 - 11:50
Period 7 11:42 - 12:03	Period 5/6 10:56 - 11:40	
Period 8 12:05 - 12:25	Period 7/8 11:42 - 12:25	8th Grade Lunch 11:52 - 12:25
DISMISSAL 12:25		

<i>Day 1</i> <i>ROAR</i>
<i>Day 2</i> <i>AREA (Music/Art)</i>
<i>Day 3</i> <i>AREA (ELA/Ac Lit)</i>
<i>Day 4</i> <i>AREA (Math)</i>
<i>Day 5</i> <i>AREA (Science)</i>
<i>Day 6</i> <i>AREA (Social Studies)</i>