

**2025-2026 Park Forest Middle School
One Hour Delay
Schedule**

6th Grade <i>Mountain Lions</i> <i>Wolves</i>	7th Grade <i>Cardinals</i> <i>Timber Rattlers</i>	8th Grade <i>Black Bears</i> <i>Grey Foxes</i>
Homeroom 9:40 - 9:55	Homeroom 9:40 - 9:55	Homeroom 9:40 - 9:55
Period 1 / 2 9:57 - 11:04	Period 1 9:57 - 10:30	Period 1 / 2 9:57 - 11:04
	Period 2 10:32 - 11:04	
Period 3 / 4 11:06 - 12:13	Period 3 / 4 11:06 - 12:13	Period 3 11:06 - 11:39
		Period 4 11:41 - 12:13
Period 5 / 6 12:15 - 12:48	7th Grade Lunch 12:15 - 12:45	Period 5 / 6 12:15 - 1:23
6th Grade Lunch 12:50 - 1:20	Period 5 / 6 12:47 - 1:55	
Period 5 / 6 1:22 - 1:55		8th Grade Lunch 1:25 - 1:55
Period 7 1:57 - 2:30	Period 7 / 8 1:57 - 3:04	Period 7 / 8 1:57 - 3:04
Period 8 2:32 - 3:04		
Period 9 3:06 - 3:40		

<i>Day 1</i> <i>ROAR</i>
<i>Day 2</i> <i>AREA (Music/Art)</i>
<i>Day 3</i> <i>AREA (ELA/Ac Lit)</i>
<i>Day 4</i> <i>AREA (Math)</i>
<i>Day 5</i> <i>AREA (Science)</i>
<i>Day 6</i> <i>AREA (Social Studies)</i>