



2022 New York State School Health Profiles (Profiles) and 2023 New York State Youth Risk Behavior Survey (YRBS) Report

This document provides selected data from the surveys and resources which can be used to educate staff, families, and communities. The information provided could also be used to support schools in reducing student health risks and increase school wellness initiatives.

Data Reported in this Document Includes:

Alcohol and Other Drug Use

Bullying and Sexual Harassment

HIV/AIDS Prevention

Safe and Healthy School Environment

Suicide Prevention



The Centers for Disease Control and Prevention (CDC) School Health Profiles (Profiles) and Youth Risk Behavior Survey (YRBS)

CDC School Health Profiles (Profiles)

The Centers for Disease Control and Prevention (CDC) School Health Profiles Survey (Profiles) collects data from a selected sample of middle and high school principals and school health educators.

The survey asks questions about school health policies and practices in the areas of health education, physical education and physical activity, tobacco use-prevention, nutrition, health services, parent and family involvement and community involvement, and school health coordination.

Data collected from schools is kept confidential.

The NYS Center for School Health (NYSCSH) conducts Profiles every two years in NYS on behalf of the NYS Education Department (NYSED).

The data from these surveys are used to:

- Inform and guide health education and physical education curriculum.
- Create and provide resources and professional development for school staff.
- View current Profiles data and the [School Health Profiles Explorer](#), which is a visual tool that provides a quick way to obtain data.

CDC Youth Risk Behavior Survey (YRBS)

The Centers for Disease Control and Prevention (CDC) Youth Risk Behavior Survey (YRBS) monitors students' health risks and behaviors in several categories, including weight and diet, physical activity, injury and violence, tobacco use, alcohol, and other drug use, and sexual behaviors.

The YRBS is conducted every two years among a representative group of NY students in grades 9–12. The NYSCSH conducts the YRBS in NYS on behalf of the NYSED.

- Data from individual students and schools is confidential. The CDC analyzes the data and provides aggregated results to each participating state. The NYS Education Department works collaboratively with the CDC's Division of Adolescent and School Health (DASH) to conduct the YRBS for NYS.
- View current YRBS data, FAQs, and the [YRBS Explorer](#), which is a visual tool that provides a quick way to obtain data.



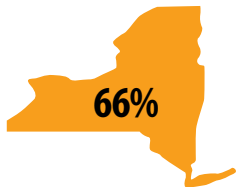
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NYS 2022 School Health Profiles and NYS 2023 YRBS Survey Results on Alcohol and Other Drug Use

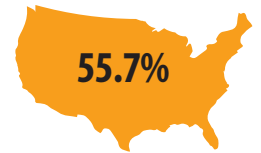
2022 Profiles Data Regarding Alcohol and Other Drug Use



Participating NYS schools (grades 6-12)

Percentage of NYS schools who provided students with referrals to organizations or health care professionals not on school property such as alcohol or other drug abuse treatment.

NYS schools referred students to substance abuse treatment organizations more often than schools nationwide.



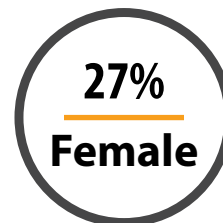
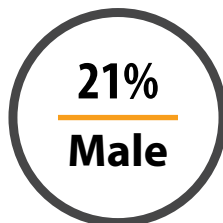
Participating Nationwide schools

CDC Data Available as of 4/9/25

2023 YRBS Survey Results Regarding Alcohol and Other Drug Use

Percentage of students who drank at least one drink of alcohol, on at least one day during the 30 days before the survey.

NYS high school males were less likely to drink one drink of alcohol as compared to NYS high school females (in the 30 days before the survey).



Alcohol and Other Drug Use Resources

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) provides information about the use and misuse of alcohol, tobacco, illicit drugs and prescription medications. SAMHSA’s mission is to lead public health and service delivery efforts that promote mental health, prevent substance misuse, and provide treatments and support to foster recovery while ensuring access and better outcomes for all.

[NYS Center for School Health Learning Management System \(LMS\)](#) provides a learning platform that allows you to take courses based on your interests, track, and measure your learning and receive a PD certificate. Courses include E-Cigarettes and Vaping, Drug Awareness Training for School Personnel, Opioids and the Drug Overdose Crisis.

[Guidance on substance use issues](#) is offered by the NYS Office of Addiction Services and Supports (OASAS), NYS Education Department, and NYS Department of Health and provides resources and evidence-based materials related to addressing substance use.

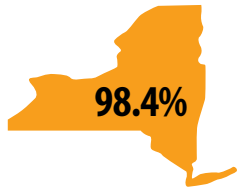


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NYS 2022 School Health Profiles and NYS 2023 YRBS Survey Results on Bullying and Sexual Harassment



Participating NYS schools
(grades 6-12)

2022 Profiles Data Regarding Bullying

Percentage of NYS schools who have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression. NYS schools have a staff member to whom students can report bullying to more often than schools nationwide.



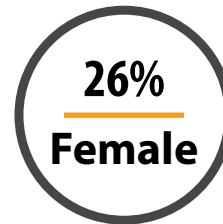
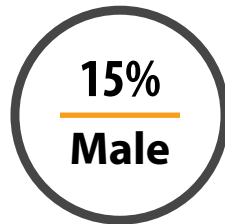
Participating Nationwide schools

CDC Data Available as of 4/9/25

2023 YRBS Survey Results Regarding Bullying

Percentage of male and female students who were bullied on school property during the 12 months before the survey.

NYS high school males were less likely to report being bullied as compared to NYS high school females (during the 12 months before the survey).



Bullying and Sexual Harassment Prevention Resources

[NYSED Dignity for All Students Act \(DASA\)](#) provides the State's public elementary and secondary school students with a safe and supportive environment free from discrimination, intimidation, taunting, harassment, and bullying on school property, a school bus and/or at a school function.

[Erin's Law](#) requires public schools to teach child sexual abuse and exploitation prevention to students in grades K-8. The law is intended to help children and teachers in NYS schools identify sexual abuse. Grade band curricular benchmarks and resources have been developed to assist schools and districts implement Erin's Law.

[Stop Bullying \(U.S. Department of Health and Human Services\)](#) provides information about cyberbullying, what schools can do to help prevent bullying, and what students can do to keep themselves and others safe from bullying.



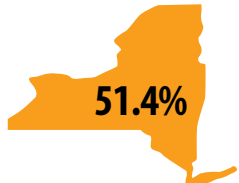
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NYS 2022 School Health Profiles and NYS 2023 YRBS Survey Results on HIV/AIDS Prevention

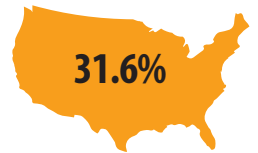
2022 Profiles Data Regarding HIV/AIDS Prevention



Participating NYS schools
(grades 6-12)

Percentage of NYS schools who provided students with referrals to organizations or health care professionals not on school property, for services such as HIV testing.

NYS schools referred students for HIV testing more than schools nationwide.



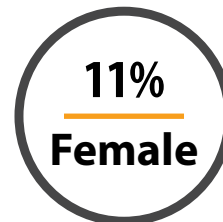
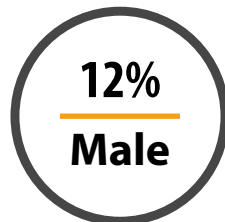
Participating Nationwide schools

CDC Data Available as of 4/9/25

2023 YRBS Survey Results Regarding HIV/AIDS Prevention

Percentage of high school students who were ever tested for human immunodeficiency virus (HIV), (not counting tests done if they donated blood).

NYS high school males were tested for HIV more often than NYS high school females.



HIV/AIDS Prevention Resources

[NYSED Guidance for HIV/AIDS Prevention Education](#) document provides a curriculum framework to assist local school districts in developing quality instructional HIV/AIDS prevention education programs. It contains age-appropriate content tool kits at each grade level.

[HIV.gov](#) provides timely, relevant information on federal HIV programs and resources from across the U.S. government. The objective is to increase knowledge about HIV and access to HIV services for people experiencing risk for HIV. Resources available for National Youth HIV & AIDS Awareness Day.

[NYS Department of Health](#) provides educational materials about HIV/AIDS for children, teens, and adults as well as educational materials about other Sexually Transmitted Infections (STI).



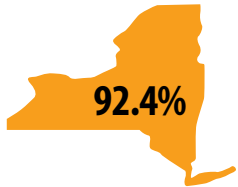
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NYS 2022 School Health Profiles and NYS 2023 YRBS Survey Results on Safe and Healthy School Environment

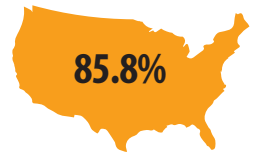
2022 Profiles Data Regarding Safe and Healthy School Environment



Participating NYS schools (grades 6-12)

Percentage of schools who provide students with mental health programs or services to students such as school-wide trauma-informed practices (i.e. efforts to ensure that all students, including those affected by trauma, are experiencing social, emotional, and educational success).

NYS schools provided mental health programs or services to students more often than schools nationwide.



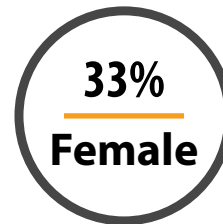
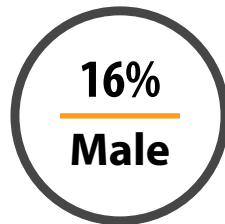
Participating Nationwide schools

CDC Data Available as of 4/9/25

2023 YRBS Survey Results Regarding Safe and Healthy School Environments

Percentage of students who reported their mental health was not good most of the time or always not good (including stress, anxiety, and depression during the 30 days before the survey).

NYS high school females reported their mental health was not good (most of the time or always not good during the 30 days before the survey) significantly more as compared to NYS high school males.



Safe and Healthy School Environment Resources

[NYSED School Mental Health Education](#) provides educational resources that identify risk and protective factors and where young people can seek help.

[School Mental Health Resource and Training Center \(MHANYS\)](#) provides training and professional development for all school professionals about mental health challenges, suicide prevention, trauma, and other topics.

[NYS Center for School Safety](#) provides professional development and technical assistance to school and district administrators, staff, students, parents and community members.

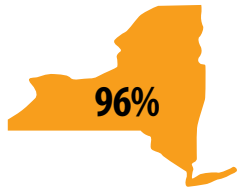


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NYS 2022 School Health Profiles and NYS 2023 YRBS Survey Results on Suicide Prevention



96%

Participating NYS schools
(grades 6-12)

2022 Profiles Data Regarding Suicide Prevention

Percentage of NYS schools who have written protocols for suicide prevention practices such as referring students at risk for suicide to mental health services.

NYS schools provided written protocols for suicide prevention practices such as referring students at risk for suicide to mental health services slightly more often as compared to schools nationwide.

CDC Data Available as of 4/9/25



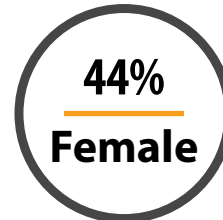
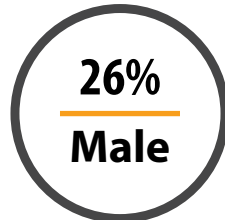
94.5%

Participating Nationwide
schools

2023 YRBS Survey Results Regarding Suicide Prevention

Percentage of students who felt sad or hopeless (almost every day for 2 weeks in a row so that they stopped doing some usual activities, ever during the 12 months before the survey).

NYS high school females reported that they felt sad or hopeless (almost every day for 2 weeks in a row) significantly more as compared to NYS high school males.



Suicide Prevention Resources

[NYS Center for School Health Learning Management System \(LMS\)](#) The Suicide Safety Prevention Awareness course provides an overview of Suicide Safety Prevention Awareness Training, one of the many school-based suicide prevention offerings of the Suicide Prevention Center of New York (SPCNY).

[NYS Education Department's Guide for Suicide Prevention for School Personnel](#) provides school personnel with the knowledge to identify and act when a student is at risk for suicide.

[Suicide Prevention Center of NYS](#) offers resources and training opportunities for schools in suicide prevention.



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