

## Ontario County Public Health

*Healthy People in Healthy Communities*

Produced by:

Kassandra Doyle M.S.

Christy Richards R.N., M.S.N., M.P.H., CLC

## Linking People to Services in Ontario County

### In This Guide



- Telephone Directory
- Housing and Shelter Assistance
- Domestic Violence Assistance
- Food Pantries
- Health Insurance Navigators
- Infant Supplies
- Child and Family Outreach
- Community Agency Referral Forms

For further assistance and updates, please call  
Ontario County Public Health  
1-800-299-2995

The Ontario County Resource Guide is intended to connect the community, medical providers, and service agencies with the resources available to residents of Ontario County. This list is updated yearly and is inclusive to the best of our knowledge. You will find health information on many of the pages within this resource guide. The information provided is general health information. Any specific health question should be directed to your health care provider.

If you would like your service agency listed in this resource guide, please contact Kassandra Doyle at [kassandra.doyle@ontariocountyny.gov](mailto:kassandra.doyle@ontariocountyny.gov)

# 2025 Ontario County Resource Guide

## TABLE OF CONTENTS

<b>HOT LINES AND IMPORTANT NUMBERS</b> .....	4	FOOD ASSISTANCE (SNAP).....	33
ABUSE.....	8	FOOD PANTRY AND FOOD ASSISTANCE.....	33
ADDICTION (DRUGS AND ALCOHOL).....	9	HOME ENERGY ASSISTANCE PROGRAM.....	36
AIDS/HIV.....	12	HEALTH INSURANCE/HEALTH NAVIGATOR... 36	
ANGER MANAGEMENT.....	13	HOUSING ASSISTANCE.....	36
ANIMAL WELFARE/CONTROL.....	13	IMMUNIZATIONS FOR CHILDREN.....	37
BEREAVEMENT.....	14	INTERNET SAFETY.....	37
BIRTH CONTROL.....	14	LEAD PROGRAM.....	37
BREASTFEEDING ASSISTANCE.....	15	LEGAL SERVICES.....	37
CANCER SERVICES.....	16	LIBRARIES.....	38
CASH ASSISTANCE.....	20	LIFELINE 9-8-8.....	39
CHILDREN’S SERVICES.....	21	MEDICAID.....	39
CHILDCARE ASSISTANCE.....	23	MENTAL HEALTH.....	39
CHILDCARE CENTERS.....	23	MISSING CHILDREN – Dial 9-1-1.....	41
CHILDHOOD EDUCATION.....	25	PUBLIC HEALTH SERVICES.....	41
CHILD AND FAMILY - CASE MANAGEMENT.....	26	PARENTING CLASSES/PARENTING ISSUES.....	41
CHILD PASSENGER SAFETY PROGRAM.....	26	POLICE DEPARTMENTS, TOWN/VILLAGE.....	42
CHILD PROTECTIVE SERVICES.....	26	PREGNANCY PROGRAMS.....	42
CHILD SUPPORT AND COLLECTIONS.....	27	RECREATION (PARKS, CLUBS, EXERCISE).....	43
CLOTHING.....	28	RECREATION PROGRAMS.....	46
DENTAL CARE.....	28	RUNAWAY YOUTH SERVICES.....	47
DENTISTS ACCEPTING MEDICAID.....	28	SEXUALLY TRANSMITTED INFECTIONS (STI). 47	
DIABETIC EDUCATORS.....	29	SUPERVISED VISITATION (COURT ORDERED) 48	
EATING DISORDERS.....	29	SUPPORT GROUPS.....	48
EDUCATION.....	29	TRANSPORTATION.....	49
EMERGENCY SERVICES.....	30	UTILITY ASSISTANCE.....	49
FAMILY MENTAL HEALTH COUNSELING.....	31	VETERAN SERVICES.....	49
FARMERS MARKETS.....	31	VICTIM/WITNESS ASSISTANCE SERVICES.....	50
FATHERHOOD PROGRAMS.....	33	VISITING NURSE SERVICES.....	50

# 2025 Ontario County Resource Guide

---

## **APPENDICES**

Appendix A: Medicaid Eligibility 2025 .....	51
Appendix B: Supply a Smile .....	52
Appendix C: Medication/Drug Drop Box Locations .....	53
Appendix D: Food Pantries in Ontario County .....	54
Appendix F: Food Stamp (SNAP) Eligibility .....	55
Appendix G: Healthy Families Ontario & Child and Family Resources Referral.....	56
Appendix H: Sharps Collection Sites.....	57
Appendix I: Tutors for Medically Fragile Children.....	58
Appendix J: Immunization Schedule, Children.....	59
Appendix K: Your Child’s First Vaccines.....	60
Appendix L: Breastfeeding Resources.....	63
Appendix N: Ontrack Program Flyer.....	67
Appendix O: Free Opioid Overdose Prevention Training.....	69
Appendix P: Strong Recovery Brochure .....	70
Appendix Q: Health Navigator Agency Locations.....	71
Appendix S: Substance Abuse Services/Providers .....	73
Appendix T: Sexually Transmitted Infection Testing in the Finger Lakes Region .....	74
Appendix U: Warming and Cooling Centers in Ontario County .....	75
Appendix V: Harmful Algal Blooms .....	76

## 2025 Ontario County Resource Guide



### HOT LINES AND IMPORTANT NUMBERS



Adult Protective Services	585-396-4111
AIDS/HIV Hotline	1-800-541-2437 (AIDS) (English)
Birthright	1-800-550-4900
Care Net (Pregnancy Center of Canandaigua)	585-393-0437
Catholic Charities of the Finger Lakes	
Canandaigua	585-394-0190
Geneva	315-789-2235
Newark	315-331-4867
Child Abuse Hotline: Public	1-800-342-3720
Child Abuse Hotline: Mandated Reporter	1-800-635-1522
Child Abuse – National Hotline – Child Help	1-800-422-4453
Child Advocacy Center of the Finger Lakes	585-394-2573
Child & Family Resources (Parenting Support)	1-800-881-5786
Clifton Springs Hospital/ Rochester Regional Health	315-462-9561
COVID-19 New York State Department of Health	
COVID-19 Information Hotline	1-888-364-3065
COVID-19 Emotional Support: Project Hope Hotline	1-844-863-9314
Department of Social Services & HEAP	585-396-4060
Domestic Violence (English)	1-800-695-0390 (Safe Harbors) Call 1-800-942-6906 (NYS) Text 844-997-2121
Domestic Violence (Spanish)	1-800-942-6906 (NYS)
Early Intervention (Ontario County Public Health)	1-800-299-2995
Emergency	911
Emergency Assistance (Catholic Charities of the Finger Lakes)	585-394-0190



## 2025 Ontario County Resource Guide

Environmental Health-NYSDOH, Geneva District Office	315-789-3030
Family Planning Services	
Finger Lakes Community Health	315-781-8448
Planned Parenthood (Canandaigua)	1-866-600-6886
Family Planning Center	315-789-2410
F.F. Thompson Hospital/ UR Thompson Health	585-396-6000
Finger Lakes Community Health (FQHC)	315-781-8448
Finger Lakes Health (Geneva General Hospital)	315-787-4000
Finger Lakes Regional Poison Center	1-800-222-1222
Finger Lakes WIC (SPCC WIC)	585-394-9240
FLACRA (Finger Lakes Addiction Counseling Referral Agency)	1-833-435-2272
Farmington (Formerly Turnings Substance Abuse)	585-396-4190
Clifton Springs – Addictions Crisis Center	315-462-7070
Clifton Springs – Outpatient	585-922-9900
Geneva – Outpatient	315-781-0771
Geneva Housing Authority	315-789-8010
Geneva General Hospital (Finger Lakes Health)	315-787-4000
Growing Up Healthy (Referral Service)	1-800-522-5006
Health Navigator (NYS Health Insurance Exchange)	1-855-355-5777
Finger Lakes Community Health	1-800-346-2211
Geneva Community Health	315-521-0234
Mosaic Health Rushville	585-554-4400
Community Health Care Association of NYS Appointment Helpline	1-800-346-2211
High Risk OB/GYN at Strong Memorial Hospital	585-487-3350
Healthy Families Ontario/Child & Family Resources	1-800-881-5786 or 585-919-2476, ext. 2507
Humane Society/Happy Tails	585-396-4590

## 2025 Ontario County Resource Guide

Immunizations for travel – Upstate Passport Health/Roch Travel	1-855-729-2479
Immunizations – Ontario County Public Health	1-800-299-2995
Jordan Health Center (Canandaigua, FQHC)	585-396-0222
Lead Testing for Children - Ontario County	1-800-299-2995
LAWNY (formerly Legal Assistance of Western NY, Inc.)	315-781-1465
9-8-8 LIFELINE (24/7 crisis/suicide intervention program)	Dial 988 or 1-877-356-9211
Mental Health (See Yellow Pages for individual Providers)	
Boike Mental Health	585-394-1442
Canandaigua VA Medical Center	585-394-2000
Clifton Springs Hospital and Clinic (Mental Health)	585-922-9900
Family Counseling Service of the Finger Lakes	315-789-2613
Lakeview Health Services	315-789-0550
Ontario County Mental Health	585-396-4363
OnTrackNY Rochester (Ages 16-30)	585-360-4129 585-241-1364
Narcan	1-800-299-2995
NYS Department of Environmental Conservation	585-226-2466
NYS Department of Health Environmental (Geneva District)	315-789-3030
NYS Department of Health	1-866-881-2809
NYS Smokers/Vapers Quitline	Call 1-866-697-8487 Text 716-309-4688
Paternity and DNA Questions	1-888-404-4363
Planned Parenthood (Canandaigua)	1-866-600-6886
Poison Control	1-800-222-1222
Prescription Assistance - NeedyMeds.org	1-800-503-6897
Rabies Prevention (Ontario County Public Health)	1-800-299-2995
Rape, Abuse, & Incest National Network (RAINN)	1-800-656-4673

## 2025 Ontario County Resource Guide

Mosaic Health Rushville (FQHC)	585-554-4400
Safe Harbors (Rape and Abuse Crisis Services)	1-800-247-7273
Salvation Army	585-394-6968
Social Security Office (Geneva)	1-866-331-7759
Special Care OB/GYN (Specializes in drug & alcohol pregnancies)	585-487-3350
Strong Memorial Hospital URM	585-275-2100
Suicide Prevention (9-8-8/LIFELINE)	Dial 988 or 1-800-273-8255
Supervised Visitation Services (Catholic Charities of the FL)	585-394-0190
Trillium Health	585-545-7200
Veteran Hotline (for veterans and their loved ones)	Call 1-800-273-8255 Text 838255
Victim Assistance Program (Ontario County District Attorney)	585-396-4010
Victim Resource Center of the Finger Lakes, Inc.	1-800-456-1172
Visiting Nurse Care (UR Homecare)	1-800-253-4439

# 2025 Ontario County Resource Guide

## ABUSE

**Abuse- related Mental Health Counseling Services** - See Mental Health

**Alcoholism** - See Addiction Recovery Programs

### **Child Advocacy Center of the Finger Lakes**

482 North Main Street  
Canandaigua, NY 14424

585-394-2573

<https://www.cacfingertlakes.org/>

The Child Advocacy Center of the Finger Lakes is a child-friendly location where allegations of physical or sexual abuse are responded to by a multidisciplinary team of professionals. From the time of the report through the end of the case, the multidisciplinary team will work together to conduct a thorough investigation and provide necessary support services to children and their non-offending caregivers. This model aims to reduce the trauma experienced by child victims.

### **Child Abuse/Incest**

- ***If the child is in immediate danger call 911***

### **Childhelp® USA National Hotline**

1-800-422-4453

<https://www.childhelp.org/>

- **Childhelp** exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on advocacy, prevention, treatment, and community outreach.

### **Child Abuse Hotline: New York State**

1-800-342-3720

This is a hotline to report child abuse as a non-mandated reporter meaning a concerned civilian. Abuse may be in the form of physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. If the child is in immediate danger, call 911.

### **Child Abuse Hotline: Mandated Reporter**

1-800-635-1522

### **Department of Social Services, Ontario County**

#### **Child Protective Services**

3010 County Complex Drive  
Canandaigua, NY 14424

585-396-4111

<https://ocfs.ny.gov/main/>

### **Domestic Violence**

#### **Safe Harbors of the Finger Lakes, Inc.**

If you are in immediate danger, call 911.

1-800-247-7273

<https://shflny.org/>

### **Family Counseling Services of the Finger Lakes**

Domestic Violence/Abuse

Geneva (main office): 315-789-2613

1-800-695-0390

<https://fcsfl.org>

### **Survivor Advocacy Center of the Finger Lakes, Inc.**

1-800-456-1172

<https://www.vrcfl.org/contact/>

### **LAWNY (Formerly Legal Assistance of the Finger Lakes)**

361 South Main Street  
Geneva, NY 14456

315-781-1465

<http://www.lawny.org/>

Toll Free: (866) 781-5235

# 2025 Ontario County Resource Guide

## ABUSE

### Rape

**911**

#### Safe Harbors of the Finger Lakes

- Geneva
- 24 hour line

315-781-1093

800-247-7273

<http://www.shflny.org/>

#### Rape, Abuse, Incest National Hotline

1-800-656-HOPE (4673)

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones.

<https://www.rainn.org/>

#### New York State Domestic and Sexual Violence Hotline

1-800-942-6906

(Text) 844-997-2121

Deaf or Hard of Hearing: 711

<https://opdv.ny.gov/survivors-victims>

## ADDICTION (DRUGS AND ALCOHOL)

### National Council on Alcoholism & Drug Dependence (NCADD)

217 Broadway, Suite 712

New York, NY 10007

1-800-622-4357

TTY 1-800-487-4889

<https://ncadd.us/>

<https://www.samhsa.gov/find-help/national-helpline>

#### Stop addiction before it starts!

The prescription drugs most commonly misused:

- Opioid Painkillers (Codeine, Fentanyl, Hydrocodone, Oxycontin, Percocet, Norco, Morphine)
- Anti-Anxiety Medicines and Sedatives (Xanax, Valium, Ambien)
- Stimulants (Ritalin, Concerta, Adderall, and Dexedrine)

#### Drug And Alcohol Addiction Information

<https://recovered.org/>

**Binge Drinking:** When men consume 5 or more drinks, & when women consume 4 or more drinks, in about 2 hours

<https://www.cdc.gov/drink-less-be-your-best/facts-about-excessive-drinking/index.html>

#### High Risk Obstetrics at Strong Memorial Hospital

585-487-3350

#### Alcoholics Anonymous of the Finger Lakes

(24-hour Phone) 315-789-5955

#### Finger Lakes Area Intergroup

PO Box 204

Clifton Springs New York 14432

(Finger Lakes) 315-789-5955

(Rochester) 585-232-6720

#### Rochester Area Intergroup

1000 Elmwood Avenue (Greenhouse)

Rochester, New York 14620

<https://fingerlakesaa.org/>

<https://www.aa.org/>

#### Al-Anon/Alateen Hotline (General Information)

2507 Browncroft Blvd., Ste 101, Rochester NY 14625

585-288-0540

<http://www.aisrochester.org/>

## 2025 Ontario County Resource Guide

<b>Clifton Springs Hospital Inpatient Clinic/ Rochester Regional</b> 2 Coulter Road Clifton Springs, NY 14432	315-462-9561
<b>Clifton Springs Hospital Outpatient Behavior Health</b> 2 Coulter Road Clifton Springs, NY 14432	315-462-9561
<b>Council on Alcoholism and Addictions of the Finger Lakes</b> 620 West Washington Street Geneva, NY 14456	315-789-0310 <a href="https://councilonalcoholismfingerlakes.org/">https://councilonalcoholismfingerlakes.org/</a>
<b>FLACRA (Farmington) (Outpatient)</b> 1386 Hathaway Drive Suite A Farmington, NY 14425	585-396-4190 <a href="https://www.flacra.org/">https://www.flacra.org/</a> 833-435-2272
<b>FLACRA (Clifton Springs)</b> 28 East Main Street Clifton Springs, NY 14432	315-462-9161 <a href="http://www.flacra.org/">http://www.flacra.org/</a> 833-435-2272
<b>FLACRA (Geneva) (Outpatient)</b> 246 Castle Street Geneva, NY 14456	315-781-0771 <a href="https://www.flacra.org/">https://www.flacra.org/</a> 833-435-2272
<b>Mothers Against Drunk Driving (MADD)</b> MADD's mission to stop drunk driving, support the victims of this violent crime and prevent underage drinking.	1-877-623-3435 <a href="http://www.madd.org/">http://www.madd.org/</a>
<b>Help for Parents (Drug and Alcohol): Narcotics Anonymous</b>	<a href="https://ncadd-ra.org/">https://ncadd-ra.org/</a> <a href="http://na.org/">http://na.org/</a>
<b>Ontario County Youth Bureau</b> 3010 County Complex Drive Canandaigua, NY 14424	585-396-4035 <a href="https://ontario-county.wixsite.com/youth-bureau">https://ontario-county.wixsite.com/youth-bureau</a>

### ADDICTION (SMOKING/VAPING)

*If you have a health insurance, give them a call your insurer to ask for help to quit smoking or vaping. Many insurance companies have medications and support programs to help you quit.*

<b>NYS Smoker's/ Vaper Quit Line</b> (1-866-NYQUITS) will help you quit smoking. Medication patches may be available. Call Monday- Thursday (9 am-9 pm) & Friday-Sunday (9 am-5 pm).	1-866-NYQUITS (1-866-697-8487) (Text) 716-926-4422 <a href="http://www.nysmokefree.com/">http://www.nysmokefree.com/</a>
<b>American Cancer Society</b>	1-800-227-2345 <a href="http://www.cancer.org/">http://www.cancer.org/</a>
<b>American Lung Association</b>	1-800-586-4872 <a href="https://www.lung.org/">https://www.lung.org/</a>

# 2025 Ontario County Resource Guide

## ADDICTION (SMOKING/VAPING)

**Free nicotine replacement:**

<https://www.nysmokefree.com>

**Ontario County Public Health**

3019 County Complex Drive

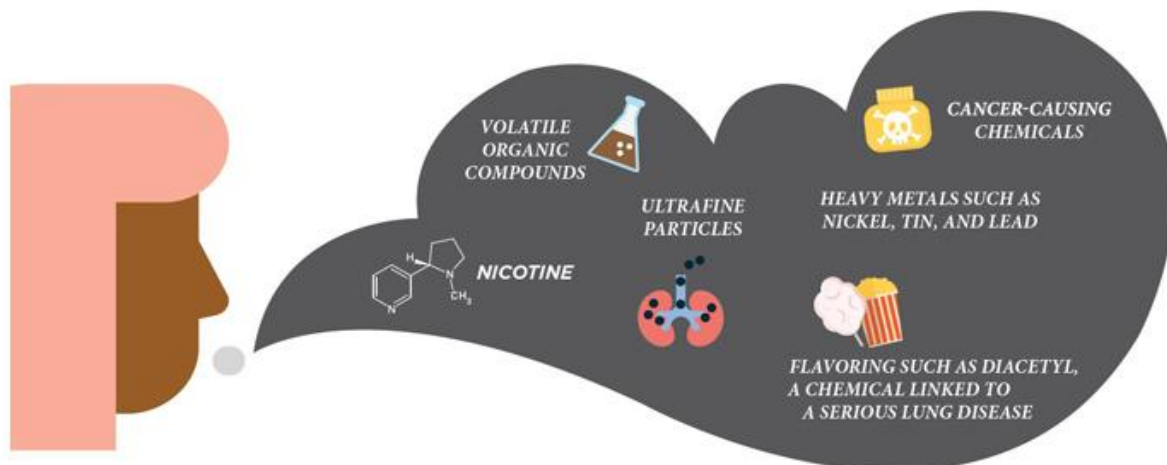
Canandaigua, NY 14424

585-396-4343

Time Since Last Cigarette	Health Benefit
20 minutes	Pulse rate drops; BP decreases; temperature of hands & feet return to normal.
12 Hours	Carbon monoxide level in bloodstream drops to a normal level
2 weeks to 3 months	Circulation improves; lung function increases
1 to 9 months	Coughing, sinus congestion, fatigue, and shortness of breath decrease
1 year	Added risk of coronary heart disease is half of a smoker's

### Vaping Resources

- CDC: <https://tinyurl.com/2eh58a6e>
- The use of e-cigarettes is unsafe for kids, teens, and young adults.





# 2025 Ontario County Resource Guide

## AIDS/HIV

HIV is the virus that causes AIDS. It is transmitted through the blood, semen, or vaginal secretions of infected persons. It is not transmitted through casual contact. Because you can't tell if someone is HIV positive by looking at them, it is important to use latex condoms when you have sex and avoid sharing IV drug needles/kits. If you do not know your HIV status, get tested. Treatment is available & works well at preventing progression to AIDS.

### **AIDS/HIV Counseling and Testing Hotline**

English 1-800-541-2437  
Spanish 1-800-233-7432  
<http://www.nyaidslines.org/>

### **NYS Department of Health HIV/ STD Testing & Referral**

1-800-962-5063

### **New York State AIDS/HIV/STI/HCV Hotline**

English 1-800-541-2437  
Spanish 1-800-233-7432

### **AIDS Network of WNY Inc.**

266 Elmwood Avenue  
Buffalo, NY 14222

716-882-7840  
<https://www.211wny.org/provider/3475/>

### **Finger Lakes Community Health**

601-B West Washington Street  
Geneva, NY 14456

315-781-8448  
<https://www.localcommunityhealth.com/>

### **Ontario County Public Health**

3019 County Complex Drive  
Canandaigua, NY 14424

1-800-299-2995

### **Planned Parenthood (PREP also available)**

15 Lafayette Ave  
Canandaigua, NY 14424

1-866-600-6886  
<http://www.plannedparenthood.org/>

### **Trillium Health (Formerly AIDS Care)**

585-545-7200  
24/7 Access to PEP 800.923.9394  
<https://www.trilliumhealth.org/>

# 2025 Ontario County Resource Guide

## ANGER MANAGEMENT

Anger management is learning to recognize early signs of anger & to act without lashing out. Some signs of difficulty dealing with anger are:

- Often feel you have to hold in your anger
- Frequent arguments with your partner, children, or co-workers
- Legal troubles
- Physical violence, such as hitting your partner or children or starting fights
- Threats of violence against people or property
- Out-of-control behavior, such as breaking things or driving recklessly

### **G.A.T.E- Gaining Awareness through Education**

365 South Main Street  
Geneva, NY 14456

315-789-1709

## ANIMAL WELFARE/CONTROL

### **Happy Tails**

Ontario County Humane Society Inc.  
2976 County Road 48  
Canandaigua, NY 14424  
Ask about spay and neuter program.

585-396-4590

fax: 585-396-4805

<http://www.ontariocountyhumanesociety.org/>

### **Lollypop Farm**

99 Victor Road  
Fairport, NY 14450

585-223-1330

<https://www.lollypop.org/>

### **Ontario County Rabies Clinic: Schedule**

Contact Ontario County Public Health for current  
Rabies Clinic Schedule or visit our website

1-800-299-2995

<https://ontariocountyny.gov/765/Rabies>

### **Ontario County Public Health - Rabies Coordinator**

3019 County Complex Drive  
Canandaigua, NY 14424  
Rabies questions after hours

585-396-4343

1-800-299-2995

Fax: 585-396- 4451

Emergency: Call 911 or 585-394-4560

### **Rabies Information**

New York State Sanitary Code

<http://www.cdc.gov/rabies/>

**BATS:** If you wake up to a bat or a bat is found in the room of a child or incapacitated adult, the bat must be tested for rabies. Catch it & notify the health department. Bats have tiny teeth. People have gotten rabies from bats when they did not know they were bitten. If you have bats in your home, find out how they are getting in have the problem corrected.

### **HOW TO CATCH A BAT**

<https://youtu.be/puP8qbATPKg>

# 2025 Ontario County Resource Guide

## BEREAVEMENT

Everyone is unique and grieves in their own way. Understanding stages of grief can be helpful after experiencing a loss. Talking to a mental health counselor while you are grieving can also help.

### Seven Stages of Grief by Elizabeth Kubler-Ross:

- **Shock:** unable to react to the loss.
- **Denial:** Mind refuses to accept the reality of the loss.
- **Anger:** Not everyone experiences anger, but it is normal if you do.
- **Bargaining:** Trying to "reason" your way out of the pain of the loss.
- **Depression:** This too is normal, and it is very easy to be stuck in this stage for a long time.
- **Testing:** Starting to find ways to move through the grief process.
- **Acceptance:** Accepting the reality of the loss and moving forward.

### Death by Suicide Support Resources

Ontario County Public Health has free resource kits for community members that are grieving a death by suicide. Call 1-585-396-4343

### Suicide Survivor Resources

American Foundation for Suicide Prevention  
National Suicide Prevention Lifeline  
American Association of Suicidology

<https://tinyurl.com/mryr4j67>  
<https://tinyurl.com/3yur4v24>  
<https://tinyurl.com/59ct2k62>

### Thompson Health Bereavement Support Group

585-396-6000

### Resolve Through Sharing Parent Support Group (Infant Loss)

585-396-6000

### Ontario County Mental Health

3019 County Complex Drive  
Canandaigua, NY 14424

585-393-4363  
<https://ontariocountyny.gov/99/Mental-Health>

(See Mental Health Counseling)

## BIRTH CONTROL

Planning pregnancies is beneficial for everyone, providing social, health and financial benefits for all members of the family. When unexpected pregnancies are avoided, mothers have more time to recover from pregnancy and childbirth, babies are breastfed longer, and parents have more time for their children and each other. There are numerous, effective birth control methods available in New York. Talk to your healthcare provider about one that is right for you.

### New York State Family Planning Benefit

1-800-541-2831  
<https://tinyurl.com/ycxhkfvh>

Free, confidential coverage for family planning services to men, women, and teens with a financial need. Sign up the day of your visit at Finger Lakes Community Health or Planned Parenthood.

Other services include:

- Annual exams and Pap smears
- Pregnancy tests
- Infection checks and treatment
- Most forms of birth control
- Testing for anemia, high blood pressure, and breast disease

# 2025 Ontario County Resource Guide

## BIRTH CONTROL

### Finger Lakes Community Health (FQHC)

#### Family Planning

601-B West Washington Street  
Geneva, NY 14456

315-781-8448

<https://tinyurl.com/3zt2xrhph>

### Planned Parenthood

15 Lafayette Avenue  
Canandaigua, NY 14424

1-866-600-6886

<https://www.plannedparenthood.org/>

<https://www.plannedparenthood.org/health-center/new-york/canandaigua/14424/canandaigua-health-center-2352-91040>

### Emergency Contraceptive (By Mail)

National Woman's Health Network

<https://www.plancpills.org/states/new-york>

### Mosaic Health Rushville (FQHC)

2 Rubin Drive  
Rushville, NY 14544

585-554-4400

<https://mosaichealth.org>

### Safe Sex Supplies Request Form (By Mail)

Provided by Finger Lakes Community Health

[www.tinyurl.com/safekits](http://www.tinyurl.com/safekits)

## BREASTFEEDING ASSISTANCE

### General Information about Breastfeeding

<http://womenshealth.gov/breastfeeding/>

Spanish: <https://espanol.womenshealth.gov/>

### Breastfeeding Protects Babies

1. Early breast milk (colostrum) is "liquid gold". It is rich in nutrients and antibodies to protect your baby.
2. Breast milk changes as your baby grows. Colostrum changes to mature milk by the third to fifth day after birth. Mature breast milk has the right amount of fat, sugar, water, and protein to help your baby grow.
3. Breast milk is easier to digest than formula, especially for premature babies. The proteins in formula come from cow's milk and some babies have trouble digesting them. Pre-term, formula-fed babies have a higher risk of necrotizing enterocolitis, a serious disease that affects babies' intestines.
4. Breast milk fights disease. Cells, hormones, and antibodies in breast milk protect babies from illness. Breastfed babies have fewer ear infections, diarrheal illnesses & respiratory infections than formula-fed babies. Some research suggests breastfeeding reduces the risk of childhood diabetes, leukemia & atopic dermatitis (skin rash). Asthma, obesity & type 2 diabetes are less common in those who were breastfed.
5. Breastfeeding decreases the likelihood a baby will die of SIDS (sudden infant death syndrome).

### Breastfeeding Benefits Mothers

1. It may take a little more effort than formula feeding at first, but it makes life easier in time. There are no bottles & nipples to sterilize and no measuring and mixing of formula. Breastmilk is pre-warmed and convenient for middle-of-the-night feedings.
2. It saves money. Formula and feeding supplies can cost over \$1,500 during a baby's first year. Because breastfed babies are sick less often, parents miss less work and health care costs are lower.
3. It provides opportunities for physical contact. This makes babies feel secure, warm, and comforted and requires moms to take time to relax and bond with their little ones. The skin-to-skin contact boosts mom's milk hormone levels and offers a calming effect.
4. It is linked to lower risks of type 2 diabetes, breast cancer, ovarian cancer, and postpartum depression.

# 2025 Ontario County Resource Guide

## BREASTFEEDING ASSISTANCE

**UR/FF Thompson Hospital Birth Center** 585-396-6260  
350 Parrish Street [www.thompsonhealth.com/Health-Services/Birthing-Center](http://www.thompsonhealth.com/Health-Services/Birthing-Center)  
Canandaigua, NY 14424

**Le Leche League** (Maureen Weidman, IBCLC, RLC) 315-548-7980  
Mother to Mother Breastfeeding Support Groups <http://www.llli.org/>  
PO Box 54  
Clifton Springs, NY 14432

**Ontario County Public Health** 1-800-299-2995  
3019 County Complex Drive 585-396-4343  
Canandaigua, NY 14424 585-396-4451  
<https://www.ontariocountyny.gov/764/Breastfeeding>

Maternal Child home visits available upon request, at no charge. Visits are tailored to the needs of the client & family. Nurses provide education on pregnancy, labor & delivery, newborn care, breastfeeding, safety, parenting, immunization, lead poisoning prevention and nutrition. Healthcare providers - see appendix for referral form. Community members call Ontario County Public Health to speak with a nurse.

**Worksite Lactation Policy** 585-396-4343  
Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

**CDC Toolkit -Worksite Lactation Policy** (English) <https://www.cdc.gov/breastfeeding/index.htm>  
(Spanish) <https://tinyurl.com/2p9axbx6>

**SPCC WIC:** 585-394-9240 x305  
Breastfeeding Peer <http://www.health.ny.gov/prevention/nutrition/wic/>  
Counselor & Breast  
Pump Programs

**Breastfeeding Classes**  
**Ontario County Public Health** 585-396-4343  
3019 County Complex Drive  
Canandaigua, NY 14424

No cost breastfeeding, birth and newborn classes provided every month at no cost through Ontario County Public Health. Call for to reserve your seat.

**Ontario County Public Health:** Clinical Lactation Counselor 585-396-4343

## CANCER SERVICES

**Insider tip:** Every hospital has social workers or care managers to help you navigate the healthcare system and anticipate what services you will need after you go home. Care managers know what nursing services are available in your area. Do not hesitate to contact a hospital social worker on behalf of your hospitalized loved one. All hospitals must help patients make plans for discharge.

**American Cancer Society** 1-800-227-2345  
<http://www.cancer.org/>

# 2025 Ontario County Resource Guide

## CANCER SERVICES

### **American Cancer Society Finger Lakes Region**

585-224-4900

#### **Office Hope Lodge**

1120 South Goodman Street  
Rochester, NY 14620

### **Cancer Services Program of the Finger Lakes Region (CSP-FLR)**

1-877-803-8070

<https://tinyurl.com/447sap59>

The Cancer Services Program of the Finger Lakes Region can help uninsured eligible men and women living in Monroe, Livingston, Ontario, Wayne, Seneca, and Yates Counties get the cancer screenings they need.

### **Hope Lodge (American Cancer Society Housing)**

585-224-4900

<https://tinyurl.com/27f6r8pw>

1120 South Goodman Street  
Rochester, NY 14620

### **Elizabeth Wende Breast Clinic (Mammography) Main Office - Brighton**

585-442-2190

<http://www.ewbc.com/>

170 Sawgrass Drive  
Rochester, NY 14620

### **Elizabeth Wende Breast Clinic (Mammography) Victor Office**

585-442-2190

<https://www.ewbc.com/>

7375 State Route 96, Suite 100  
Victor, NY 14564

### **Finger Lakes Breast Care RGH (Mammography)**

315-462-1750

<https://tinyurl.com/4a6nyfz8>

2 Coulter Road  
Clifton Springs, NY 14432

### **Finger Lakes Health (Mammography) Geneva General Hospital Scheduling Services**

315-787-4555

<https://www.flhealth.org/services/mammography>

200 North Street, Suite 303  
Geneva, NY 14456

### **Soldiers & Sailors Hospital (Mammography)**

315-531-2544

<https://tinyurl.com/ca7uaa32>

418 North Main Street, Penn Yan, NY 14456

### **Golisano Children's Hospital (Radiation/Oncology)**

585-275-2171

601 Elmwood Ave  
Rochester, NY 14642

<https://www.urmc.rochester.edu/childrens-hospital.aspx>

# 2025 Ontario County Resource Guide

## CANCER SERVICES

### **Finger Lakes Community Health (Screenings)**

601-B Washington Street Suite B  
Geneva, NY 14456  
Spanish interpreters available

24/7 number: 315-781-8448  
Hearing/speech disabilities: 711  
<http://localcommunityhealth.com/>

### **Jordan Health of CCIA (Screenings)**

120 North Main Street, Suite 11  
Canandaigua, NY 14424

585-396-0222  
Fax: 585-396-0639  
<http://www.jordanhealth.org/>

### **Medicaid Cancer Treatment Program (MCTP)**

#### **Insurance Coverage**

The Medicaid Cancer Treatment Program (MCTP) is a Medicaid program for eligible persons who are found to need treatment for breast, cervical, colorectal, or prostate cancer (and in some cases, pre-cancerous conditions of these organs). To be enrolled in the MCTP, an individual must complete an application with a New York State Department of Health Cancer Services Program (CSP) trained designee, referred to as a Designated Qualified Entity (DQE). A DQE is a person designated and trained by the New York State Department of Health as a "Qualified" entity, for the purpose of assisting individuals to complete the MCTP application."

1-866-442-2262  
<https://www.health.ny.gov/diseases/cancer/treatment/mctp/>

### **Planned Parenthood**

Routine Cancer Screening  
15 Lafayette Avenue  
Canandaigua, NY 14424

1-866-660-6886  
<https://www.plannedparenthood.org/learn/cancer>

### **Prescription Assistance, Cancer Medications**

#### **E.P.I.C. (Elderly**

#### **Pharmaceutical Insurance Coverage Program)**

E.P.I.C Application

1-800-332-3742  
[https://www.health.ny.gov/health\\_care/epic/](https://www.health.ny.gov/health_care/epic/)  
<https://www.health.ny.gov/forms/doh-5080.pdf>

### **Mosaic Health Rushville**

Routine Cancer Screening  
2 Rubin Drive Rushville, NY  
14544  
Spanish interpreters available.

585-554-4400  
<https://mosaichealth.org/health-centers/welcome-to-mosaic-health-rushville/>

### **Sands Cancer Center**

395 West Street, Suite  
101  
Canandaigua, NY 14424

Radiation Oncology: 585-396-6180  
Medical Oncology: 585-393-7040  
<http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center>



## 2025 Ontario County Resource Guide

### CANCER SERVICES

#### **Interlakes Oncology & Hematology**

Sands Cancer Center – Strong  
Memorial Hospital Facility  
395 West Street  
Canandaigua, NY 14424

Canandaigua: 585-393-7040  
Geneva: 315-781-2250  
<http://www.interlakesoncology.com/>

UR Wilmont Cancer Institute – A  
Strong Memorial Hospital Facility  
511 West Washington Street  
Geneva, NY 14456

Canandaigua: 585-393-7040  
Geneva: 315-781-2250  
<http://www.interlakesoncology.com/>

#### **Thrive to Survive (Support group)**

We provide emotional, financial & wellness programs for adults diagnosed and being treated for cancer.

[support@thrivetosurvive.org](mailto:support@thrivetosurvive.org)  
<http://www.thrivetosurvive.org/>

#### **Wilmot Cancer Center**

Radiation & Oncology  
601 Elmwood Avenue  
Rochester, NY 14642

585-275-5830  
<https://www.urmc.rochester.edu/cancer-institute>

James P. Wilmont Cancer  
Center  
90 Crittenden Boulevard

585-275-5830  
<https://www.urmc.rochester.edu/cancer-institute>

#### **Ronald McDonald House (Housing)**

333 Westmoreland Drive  
Rochester, NY 14620

585-442-5437  
<http://www.rmhcrochester.org/>

# 2025 Ontario County Resource Guide

## CASH ASSISTANCE

Ontario County Department of Social Services

1-877-814-6907  
585-396-2960



# 2025 Ontario County Resource Guide

## ADOPTION

### **Become a Foster Parent in Ontario County**

585-396-4111

Families who complete the steps to become a certified foster family in Ontario County receive a dual certification: foster care and adoption.

### **Birthright of Rochester**

585-385-2100

(Adoption Referral/Broker)

<http://birthright.org>

320 N. Washington St, Suite 116

Rochester, NY 14625

### **Catholic Charities of the Finger Lakes; Regional Office (Geneva)**

315-789-2235

Fax: 315-789-5785

94 Exchange Street

Geneva, New York 14456

<http://www.catholiccharitiesfl.org/>

### **Catholic Charities of the Finger Lakes**

585-394-0190

120 North Main Street, Suite 40

Canandaigua, NY 14424

<http://www.catholiccharitiesfl.org/>

### **Care Net Pregnancy Center (Adoption Referral)**

585-393-0437

120 North Main Street, Suite 8

Canandaigua, NY 14424

[help@carenetcan.org](mailto:help@carenetcan.org)

<http://www.carenetcan.org/>

### **Child & Family Resources (Adoption Support)**

315-536-1134

263 Lake St

Penn Yan, NY 14527

<http://www.cfresources.org/>

### **Child & Family Resources**

800-881-5786

502 South Main Street

Canandaigua, NY 14425

<http://www.cfresources.org/>

### **New Hope Family Service**

315-437-8300

3519 James Street

Syracuse, NY 13206

<http://www.newhopefamilyservices.com/>

# 2025 Ontario County Resource Guide

## BABY SUPPLIES

### Child & Family Resources

502 South Main Street  
Canandaigua, NY 14425

800-881-5786  
<http://www.cfresources.org/>

### Geneva Center of Concern

58 Avenue D  
Geneva, NY 14456

315-789-1117  
<https://genevacenterofconcern.org>

### Salvation Army

41 North Street  
Geneva, NY 14456

315-789-1055  
<https://tinyurl.com/mtp5bph8>

### Second Season (Adults & Household Supplies also)

1 Coulter Road  
Clifton Springs, NY 14432

315-462-3293  
secondseasons14432@gmail.com  
Tuesday-Friday 10am – 5pm  
<https://www.stjohnsepisiscopalcliftonsprings.com/secondseasons>

## BEHAVIORAL ASSISTANCE

### Hillside Family of Agencies

1183 Monroe Avenue  
Rochester, NY 14620

585-256-7500  
(Toll Free) 888-514-4455  
info@hillside.com  
<https://www.hillside.com/>  
<https://hillside.com/about/locations/#monroe>

### The Partnership of Ontario County

5297 Parkside Drive, Suite 307  
Canandaigua, NY 14424

585-396-4554  
<http://partnershipforontariocounty.org/>

## CAMPS

### Camp Bristol Hills 4-H Site

4437 Kear Road  
Canandaigua, NY 14424

585-394-7838  
<http://cceontario.org/4-h-camp-bristol-hills/>

### Camp Bristol Hills 4-H Office

480 North Main Street  
Canandaigua, NY 14424

585-394-3977 ext 435  
Fax: 585-394-0377  
ontario@cornell.edu

### Hobart and William Smith Conferences & Events

300 Pulteney Street  
Geneva, NY 14456

315-781-3103  
events@hws.edu  
<https://www.hws.edu/offices/conferences/>

### Letourneau Christian Center, Inc.

4950 East Lake Road  
Rushville, NY 14544

585-554-3400  
office@letcc.org  
<http://www.letourneau.org/>

# 2025 Ontario County Resource Guide

## CAMPS

**NYS Sheriff's Summer Camp** 518-434-9091  
9825 East Bluff Drive  
Penn Yan, NY 14527

For boys and girls between the ages of 9 and 12 who, because of economic reasons would not have an opportunity to attend a summer camp or enjoy a summer vacation.

**J. Warren Cutler Scout Reservation** 585-374-5770  
**Boy Scouts of America** 585-244-4210  
7131 Gulick Road info@senecawaterways.org  
Naples, NY 14512 <https://senecawaterways.org/>

## CHILDCARE ASSISTANCE

**Child & Family Resources** 800-881-5786  
**Canandaigua:** 585-919-2476  
502 South Main Street  
Canandaigua, NY 14424

**Penn Yan:** 800-881-5786  
263 Lake Street  
Penn Yan, NY 14527 <https://fcsfl.org/>

*Call Child & Family Resources for a list of available certified daycare providers in your area.*

**Department of Social Services** 585-396-4060  
3010 County Complex Drive <https://www.ontariocountyny.gov/118/Social-Services>  
Canandaigua, NY 14424

Income eligible families may receive assistance paying for childcare. Have your household income information, picture identification and proof of residency ready and call for more information.

## CHILDCARE CENTERS

**Agri-Business Child Development (ABCD)** 315-781-3267  
5 Goodman Street Fax: 315-781-7240  
Geneva, NY 14456 <https://www.abcdny.org/>

**Doodle Bugs! Daycare** 585-742-1200  
7383 State Route 96 <http://www.doodlebugs.com/>  
Victor, NY 14564

**Finger Lakes Community College Child Care** 585-394-6666  
3325 Marvin Sands Drive childcare@flcc.edu  
Canandaigua, NY 14424 <http://www.flcc.edu/offices/childcare/>

**Care-a-lot Child Care of Farmington** 1-585-883-2500  
1780 Rochester Road Fax: 585-398-3139  
Farmington, NY 14425 <https://carealot-childcare.com/farmington-child-care-location/>

# 2025 Ontario County Resource Guide

## CHILDCARE CENTERS

### Geneva Lakefront Child Care Center

61 Elizabeth Blackwell St  
Geneva, NY 14456

315-781-0014  
<https://www.glcc.care/>

### Happiness House – Canandaigua

#### Finger Lakes Cerebral Palsy, Inc.

(Disability Support)  
5415 County Road 30  
Canandaigua, NY 14424

585-394-1190  
Fax: 585-394-5326  
<http://www.happinesshouse.org/>

### Happiness House – Geneva

#### Finger Lakes Cerebral Palsy, Inc.

(Disability Support)  
731 Pre-Emption Road  
Geneva, NY 14456

315-789-6850  
315-789-6828  
Fax: 315-789-7750  
<https://www.happinesshouse.org/>

### Head Start (Phelps Community Center)

8 Banta Street  
Phelps, New York 14532

Head Start - 315-548-8484  
<https://www.phelpsc.org/>

### Phelps Community Center

8 Banta Street  
Phelps, New York 14532  
Day Care (Age 6 weeks to 5), School Age Programs,  
Dance, Drama, Athletics, Fitness Center

315-548-8484  
Childcare Office: 315-548-8481  
[info@phelpsc.org](mailto:info@phelpsc.org)  
<https://www.phelpsc.org/>

### Jack and Jill Childcare, Inc.

14 Framark Drive  
Victor, NY 14564

585-924-9550  
Fax: 585-924-3504  
<http://www.jacknjillchildcare.com/>

### Jim Dooley Center for Early Learning

196 North Street  
Geneva, NY 14456

315-787-4191  
<https://www.flhealth.org/location/jim-dooley-center-for-early-learning>

### Kinder Care Learning Center

615 Fishers Run  
Victor, NY 14564

585-924-0290  
<http://www.kindercare.com/our-centers/victor/ny/>

### Montessori School - Canandaigua

5273 Parkside Drive, Suite 500  
Canandaigua, NY 14424

585-393-0126  
<https://canandaiguamontessori.com/>

### Our Children's Place – Canandaigua

55 Wilcox Lane  
Canandaigua, NY 14424

585-394-5310  
<https://www.ccdpkids.net/canandaigua-childcare>

### Our Children's Place - Clifton Springs

9 Village Drive  
Clifton Springs, NY 14432

315-462-3174  
Fax: 315-462-2959  
<https://www.ccdpkids.net/clifton-springs-childcare>

# 2025 Ontario County Resource Guide

## CHILDCARE CENTERS

**TLC Adventures in Child Care Inc.** 585-924-7910  
7444 Victor-Mendon Road  
Victor, NY 14564

**Victor Care A Lot** 585-924-2077  
66 School St Fax: 585-924-1795  
Victor, NY 14564 <https://carealotchildcare.com/victor-child-care/>

### YMCA Child Care Centers

**Sands Family YMCA** 585-396-8700  
(Preschool, Before & After School) <https://rochesterymca.org/locations/sands-family-ymca>  
351 North Street  
Canandaigua, NY 14424

**Clifton Springs YMCA** 315-462-6184  
(Preschool, Before & After School) 315-462-5437  
10 Crane Street <http://www.csaymca.org/>  
Clifton Springs, NY 14432

**Geneva YMCA** 315-789-1616  
(Before & After School) <http://www.genevafamilyymca.org/>  
399 West William Street  
Geneva NY 14456

## CHILDHOOD EDUCATION - CHILDREN AND PARENTS

**Happiness House - Canandaigua** 585-394-9510  
(Disability Support) <http://www.happinesshouse.org/>  
North Bloomfield Road  
Canandaigua, NY 14424

**Happiness House - Geneva** 315-789-6828  
(Disability Support) <http://www.happinesshouse.org/>  
731 Pre-Emption Road  
Geneva, NY 14456

Birth to Five Program: Happiness House combines evaluations, preschool education, therapy services, autism support and services coordination to help children in the Finger Lakes Region.

Evaluation Services: Comprehensive development evaluation services for children from birth to five years of age with known or suspected development disabilities or delay.

**Literacy Volunteers Ontario-Yates, Inc. (Adult)** 585-396-1686  
208 South Main Street info@lvoy.org  
Canandaigua, NY 14424 <http://www.lvoy.org/>

**Ontario County ARC** 585-394-7500  
3071 County Complex Drive contact@ontarioarc.org  
Canandaigua, NY 14424 <https://www.thearcontario.org/>



# 2025 Ontario County Resource Guide

## CHILD AND FAMILY - CASE MANAGEMENT

**Child and Family Resources, Inc.**  
502 S Main St, Canandaigua, NY 14424  
*See appendix for referral forms*

585-919-2476  
<http://www.cfresources.org/>

Child & Family Resources provides affordable, accessible programs that enhance and support the education of parents. Its mission - to encourage the highest quality of care and positive learning experiences for all young children. Spanish-speaking staff is available. Child & Family Resources assists parents in developing their family strengths through parenting classes and home visiting programs. We offer classes on various topics. Any parent desiring to learn more about parenting skills is invited to attend.

Visitation with a trained supervisor is available at Child & Family Resources in a family friendly setting, on an as-needed basis. By appointment, Family Educators can accommodate family and attorney requests for visitation in one of our two locations. Age-appropriate activities are available and offer parents an opportunity to interact with their children in a positive manner. The center provides a sliding-fee for services for court-referred parents.

## CHILD PASSENGER SAFETY PROGRAM

**Ontario County Sheriff's Office**

585-394-4560  
<https://dmv.ny.gov/more-info/safety-restraints>

### Car Seat Inspections

Technicians assist parents in the selection, installation, and adjustment of the appropriate child passenger safety seat for their child. Seats and supplies are funded through a grant from the New York State Governor's Traffic Safety Committee and the National Highway Traffic Safety Administration (NHTSA).

### Car Seat Replacement

Several problems may lead to the replacement of the safety seat. If the child is too heavy or too tall for the seat, if the seat has been in a crash, or if the seat is expired (more six years old), the technician will replace the problem seat with a new one that is compatible with the child and the vehicle in which it will be used.

### How Long to Use Safety Seats

NY State law requires a child to be in a child safety seat until they are 8 years old. However, children should remain in some type of child safety seat until they are 4-foot, 9-inches tall or they reach the upper weight limit of the seat. Standard seat belts are designed for someone 5-foot, 6-inches tall with a weight of 125 pounds.

*Always consult the owner's manual for your specific seat and vehicle and follow the manufacturer's recommendations.*

## CHILD PROTECTIVE SERVICES (Also see Abuse)

**Child abuse** may include the following:

- Child abuse is **physical** - shaking, hitting, beating, burning, or biting a child.
- Child abuse is **emotional** - constantly blaming or putting down a child, excessive yelling, shaming.
- Child abuse is **sexual** - incest, any forced sexual activity, exposure to sexual stimulation not appropriate for the child's age.

## 2025 Ontario County Resource Guide

### CHILD PROTECTIVE SERVICES (Also see Abuse)

- Child abuse is **neglect** - a pattern of failure to provide for the child's physical needs, such as food, clothing, shelter, and medical care; a pattern of failure to provide for the child's emotional needs, such as affection, attention, and supervision.

**Department of Social Services, Ontario County**  
3010 County Complex Drive  
Canandaigua, NY 14424

585-396- 4060

To report child abuse, you must first phone the New York State Child Abuse Hotline (**1-800-342-3720**). If the child is in immediate danger, call **911**.

**New York State Child Abuse/Child Protective Services Hotline**

1-800-342-3720  
<http://www.childhelp.org/>

Hotline to report child abuse as a non-mandated reporter. Abuse may be physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. A Child Abuse investigator will investigate the report within 24 hours. If the child is in immediate danger, **call 911**.

### CHILD SUPPORT AND COLLECTIONS

**Ontario County Child Support Office**  
3010 County Complex Drive  
Canandaigua, NY 14424

Local: 585-396-4160  
Statewide Helpline: 1-888-208-4485  
CSEWEBOntario@dfa.state.ny.us  
<https://www.childsupport.ny.gov/dcse/home.html>

**Ontario County Social Services**  
3010 County Complex Drive  
Canandaigua, NY 14424

1-877-814-6907  
585-396-4060

## 2025 Ontario County Resource Guide

### CLOTHING

<b>Salvation Army</b> 41 North Street Geneva, NY 14456	315-789-1055 <a href="https://easternusa.salvationarmy.org/empire/geneva/">https://easternusa.salvationarmy.org/empire/geneva/</a>
<b>Canandaigua Churches in Action (CCIA)</b> 120 N Main Street Canandaigua, NY 14424	585-396-2242 Fax 585-394-7831 <a href="https://www.churchesinaction.org/schedule.html">https://www.churchesinaction.org/schedule.html</a>
<b>Caring Hearts Community Food Pantry</b> 12 Hibbard Avenue Clifton Springs NY 14432	315-945-4402
<b>Naples Open Cupboard</b> Harwood Lane Naples, NY	585- 531-0011 Info@NaplesOpenCupboard.org <a href="https://www.naplesopencupboard.org/">https://www.naplesopencupboard.org/</a>
<b>Victor Community Closet</b> 102 East Main Street Victor, NY 14564	585-703-7421 victorumc.org

### DENTAL CARE

<b>New York State Dental Association</b> 20 Corporate Woods Blvd., Ste 602 Albany, NY 12211	518-465-0044 1-800-255-2100 Fax: 518-465-3219 <a href="https://www.nysdental.org/">https://www.nysdental.org/</a>
<b>Supply a Smile</b> *See Appendix B for Flyer Local organization serving uninsured residents of Ontario County with free dental service	585-376-2242 supplyasmile@gmail.com

### DENTISTS ACCEPTING MEDICAID \*

**\* Dentists that accept Medicaid change. Be sure to call and the office!**

<b>Eastman Dental Clinic</b> 625 Elmwood Ave Rochester, NY 14620	585-275-5051
<b>Geneva Community Health Center</b> 601B Washington Street Geneva, NY 14456	315-781-8448
<b>Mosaic Health Rushville</b> 2 Rubin Drive Rushville, NY 14544	585-554-4400 HIPAA fax: 844-683-9216 <a href="https://mosaichealth.org/rushville">https://mosaichealth.org/rushville</a>

## 2025 Ontario County Resource Guide

### DENTISTS ACCEPTING MEDICAID \*

<b>Sia Hersini, DDS</b> 324 West North Street. Suite 6 Geneva, NY 14456	315-789-9054
<b>Naples Valley Dental</b> 106 North Main Street Naples, NY 14512	585-374-6323
<b>Unity Dental Group</b> 75 Genesee Street 2 <sup>nd</sup> Floor Rochester, NY 14611	585-368-3800
<b>Unity Dental Group</b> 2226 Penfield Road Penfield, NY 14526	585-377-5810
<b>Unity Dental Group</b> 2655 Ridgeway Road, Suite 360, upstairs Rochester, NY 14626	585-295-1890

### DIABETIC EDUCATORS

<b>Clifton Spring Hospital/RGH</b>	315-462-9561
<b>Diabetes Self-Management Classes</b> Ontario County Public Health	800-299-2995

### EATING DISORDERS

<b>National Eating Disorder Association</b> (See Mental Health)	<a href="https://www.nationaleatingdisorders.org/get-help/">https://www.nationaleatingdisorders.org/get-help/</a>
--	---

### EDUCATION

#### Schools in Ontario County

<b>Bloomfield Central School</b> 45 Maple Avenue, Suite A Bloomfield, NY 14469	585-657-6121 <a href="http://www.bloomfieldcsd.org/">http://www.bloomfieldcsd.org/</a>
<b>Calvary Chapel Academy</b> 1777 Rochester Rd Farmington, NY 14425	585-398-2218 <a href="http://calvarychapelacademy.org/">http://calvarychapelacademy.org/</a>
<b>Canandaigua City Schools</b> 143 North Pearl Street Canandaigua, NY 14424	585-396-3700 <a href="http://www.canandaiguaschools.org/">http://www.canandaiguaschools.org/</a>
<b>Geneva City Schools</b> 400 West North Street Geneva, NY 14456	315-781-0400 <a href="http://www.genevacsd.org/">http://www.genevacsd.org/</a>

# 2025 Ontario County Resource Guide

## EDUCATION

**Honeoye Central School** 585-229-5171  
8528 Main Street  
Honeoye, NY 14471 <http://www.honeoye.org/>

**Marcus Whitman** 585-554-4848  
4100 Baldwin Road  
Rushville, NY 14544 <http://www.mwcsd.org/>

**Midlakes Central School** 315-548-6420  
1490 Route 488  
Clifton Springs, NY 14432 <http://www.midlakes.org/>

**Naples Central School** 585-374-7900  
136 North Main Street  
Naples, NY 14512 <http://www.naplescsd.org/>

**Red Jacket Central School** 585-289-2150  
1506 State Route 21  
Shortsville, NY 14548 <http://www.redjacket.org/>

**St. Francis/St. Steven's** 315-789-1828  
17 Elmwood Avenue  
Geneva, NY 14456 <https://www.stfrancisststephen.org/>

**St. Mary's School** 585-394-4300  
16 Gibson Street  
Canandaigua, NY 14424 <http://www.stmaryscanandaigua.org/>

**Victor Central School** 585-924-3252  
953 High Street  
Victor, NY 14564 <http://www.victorschools.org/>

## Higher Education in Ontario County

**Finger Lakes Community College** 585-394-3522  
3325 Marvin Sands Drive  
Canandaigua, NY 14424 <http://www.flcc.edu/>

**Hobart and William Smith  
Colleges** 315-781-3622  
337 Pulteney Street  
Geneva, NY 14456 <http://www.hws.edu/>

## EMERGENCY SERVICES

**American Red Cross  
Greater Rochester Chapter** 585-241-4400  
825 John Street Suite 209  
West Henrietta, NY 14586 <https://tinyurl.com/re6uwb8r>

\*Disaster Assistance & Service to the military is available 24 hours a day.

# 2025 Ontario County Resource Guide

## EMERGENCY SERVICES

**Wellspring Church, Inc.**  
22 Teft Avenue, PO Box 602  
Clifton Springs, NY 14432  
**Red Cross disaster area**

315-548-6292 x30  
<http://www.wellspringchurch.us/>

**Geneva Center of Concern**  
58 Avenue D  
Geneva, NY 14456

315-789-1117  
<https://genevacenterofconcern.org/>

**Is your Family Ready for an Emergency?**

<http://www.ready.gov/>

### **Items to Include in a Basic Emergency Supply Kit**

- Water: one gallon of water per person per day for at least three days
- Food: at least a three-day supply of non-perishable food. Can opener if using canned foods.
- Battery-powered or hand crank radio: and a NOAA Weather Radio with tone alert and extra batteries
- Flashlight: and extra batteries
- First aid kit
- Whistle: to signal for help
- Dust mask: to help filter contaminated air and plastic sheeting and duct tape
- Moist towelettes: garbage bags and plastic ties for personal sanitation
- Wrench or pliers: to turn off utilities
- Local maps
- Cell phone: with chargers, inverter, or solar charger

## FAMILY MENTAL HEALTH COUNSELING (See Mental Health)

## FARMERS MARKETS

### **Be sure to call or visit their website for days/times**

**Cornell Cooperative Extension**  
480 North Main Street  
Canandaigua, NY 14424

585-394-3977  
<http://cceontario.org/agriculture/local-foods>

### **Bloomfield**

**Schlenker Farm Market**  
8424 Route 5&20  
Bloomfield, NY 14469

585-764-0892  
<https://schlenkerfarmmarket.blogspot.com/>

**White's Farm Market**  
2180 Route 64 North  
Bloomfield, NY 14469

585-657-7656  
<https://tinyurl.com/3scr3aez>

### **Canandaigua**

**Beacon Farm Market**  
3881 Route 5&20  
Canandaigua, NY 14424

585-394-4693  
April – October  
<https://tinyurl.com/2zu4dhmh>

## 2025 Ontario County Resource Guide

---

### **Canandaigua Farmers Market**

167 Mill Street  
Canandaigua, NY 14424

Saturdays 9:00 AM - 12:00 PM

Summer Market: June – October

Winter Market: Every Other Saturday November - May

### **Canandaigua VA Farmers Market**

VA Medical Center  
400 Fort Hill Avenue  
Canandaigua, NY 14424

[http://www.canandaigua.va.gov/features/Farmers\\_Market.asp](http://www.canandaigua.va.gov/features/Farmers_Market.asp)

Tuesdays, June – October

1:30 PM - 5:00 PM

### **Snuffy's Farm Market**

5900 Bristol Rd  
Canandaigua, NY 14424

Open 7 Days/week in season

### **Farmington**

#### **Farmington Farmers' Market**

Finger Lakes Gaming & Racetrack,  
5857 NY 96  
Farmington, NY 14425

[www.facebook.com/farmingtonfarmmarket/](http://www.facebook.com/farmingtonfarmmarket/)

Thursdays, June – September

3:00 PM – 6:00 PM

[farmingtonfarmmarket@gmail.com](mailto:farmingtonfarmmarket@gmail.com)

### **Geneva**

#### **Geneva Farmer's Market**

Finger Lakes Welcome Center  
35 Lakefront Dr, Geneva, NY  
14456

Saturday, May - October

8:00 AM – 1:00 PM

### **Naples**

#### **Jerome's U-Pick Fruit Farm**

8936 State Route 53  
Naples, NY 14512

1-800-UPICKIT

<https://www.jeromesupick.com/>

June – October

#### **Joseph's Wayside Market**

202 South Main Street  
Naples, NY 14512

585-374-2380

<https://josephswaysidemarket.com>

April - November

### **Shortsville**

#### **Fish's Farm Market**

4494 Mount Payne Road  
Shortsville, NY 14548

585-289-4215

May – November

[www.fishfarmmarket.com](http://www.fishfarmmarket.com)

#### **Serendipity Acres**

4846 State Route 96  
Shortsville, NY 14548

585-289-3720

May-Oct.

<https://www.facebook.com/SerendipityAcresShortsvilleNY/>

## 2025 Ontario County Resource Guide

---

### **Victor**

#### **The Orchard of Victor**

1640 State Route 444  
Victor, NY 14564

585-704-8100

#### **Hardy's Farm Market**

1968 State Route 444  
Victor, NY 14564

585-857-6520

May - December

#### **Victor Village Farmer's Market**

Village Hall Parking Lot  
60 East Main Street  
Victor, NY 14564

585-924-3311

June - October

<https://www.victorny.org/282/Village-Farmers-Market>

### **FATHERHOOD PROGRAMS**

#### **Child and Family Resources, Inc.**

502 S Main St, Canandaigua, NY 14424

315-536-1134

<http://www.cfresources.org/>

### **FOOD ASSISTANCE (SNAP) - FOOD STAMP INCOME ELIGIBILITY**

#### **SNAP Eligibility:**

<http://otda.ny.gov/programs/snap/#eligibility>

#### **SNAP Application:**

<http://otda.ny.gov/programs/apply/#snap>

If you are pregnant or have a child under the age of 5, SPAA may also be of help.

<http://www.health.ny.gov/publications/4081.pdf>

#### **Ontario County Department of Social Services**

Canandaigua

585-394-4060

Geneva

315-789-2841

NYS Food Stamp Hotline

1-800-342-3009

### **FOOD PANTRY AND FOOD ASSISTANCE**

Some food pantries also provide diapers. Contact your local food pantry or SPCC program for more information.

#### **Bloomfield Blessing Room**

585-337-0797

#### **Pantry**

15 Church Street  
Bloomfield, NY, 14469

#### **CCIA Food Pantry**

120 North Main Street, Suite 31  
Canandaigua, NY 14424

585-396-2242

<https://www.churchesinaction.org/services.html>

#### **Canandaigua Gleaners Community Kitchen**

585-394-4818

183 North Main Street  
Canandaigua, NY, 14424



## 2025 Ontario County Resource Guide

### FOOD PANTRY AND FOOD ASSISTANCE

**Canandaigua Pop Up Pantry** 585-396-4554  
Canandaigua Town Highway 10:00 AM  
Dept. <https://www.partnershipforontariocounty.org/>  
5440 Route 5 & 20

**Canandaigua Salvation Army –Food Pantry** 585-394-6968  
110 Saltonstall Street <https://easternusa.salvationarmy.org/empire/canandaigua/>  
Canandaigua, NY 14424

**Clifton Springs Wellspring Church Inc** 315-548-6292 x30  
22 Teft Avenue <http://www.wellspringchurch.us/>  
<https://www.facebook.com/WellspringCommunityCare/>

**Clifton Springs Caring Hearts Food Pantry** 315-945-4402  
12 Hibbard Ave  
Clifton Springs, NY 14432

**Clifton Springs United Methodist Church** 315-521-2201  
1 Main Street <http://www.csumc.com>

**Foodlink, Inc.** 585-328-3380  
1999 Mount Reed Boulevard <http://foodlinkny.org/>  
Rochester, NY 14615

**Finger Lakes SPCC Program (WIC)** Call: 585-394-9240  
Locations in Geneva and Canandaigua Text: 585-481-8488  
Women Infant Children Program <https://www.spcc-roch.org/programs/wic/>

#### **SPCC Continuing Activities and Services:**

- SPCC provides supplemental foods and nutrition education to children under five and eligible women (pregnant, postpartum, and breast-feeding).
- The program provides food checks to buy selected, approved foods high in nutrients needed for growth, development, and general health.
- Financial, residential, and nutritional eligibility requirements apply.
- Bilingual Staff (Spanish)

**Geneva Boys & Girls Club of Geneva – Pop-up Pantry** 315-759-6060  
160 Carter Road <https://bgcgeneva.org/>  
Geneva, NY 14456

**Geneva Center of Concern** 315-789-1117  
58 Avenue D <https://genevacenterofconcern.org>  
Geneva, NY 14456

## 2025 Ontario County Resource Guide

### FOOD PANTRY AND FOOD ASSISTANCE

<b>Geneva Community Lunch Program</b> Geneva First United Methodist Church 340 Main Street Geneva, NY 14456	315-521-6684 315-789-2686 Monday-Friday 11:45-12:15 <a href="https://www.catholiccharitiesfl.org/services/lunch-program/">https://www.catholiccharitiesfl.org/services/lunch-program/</a>
<b>Geneva Salvation Army –Food Pantry</b> 41 North Street Geneva, NY 14456	315-789-1055 <a href="https://easternusa.salvationarmy.org/empire/geneva/">https://easternusa.salvationarmy.org/empire/geneva/</a>
<b>Gorham United Methodist Church Food Pantry</b> 4746 South Street Gorham, NY, 14561	585-526-5223
<b>Honeoye Food Pantry</b> UCC Church 8758 Main Street Honeoye, NY 14471	Text: 585-721-0009 <a href="mailto:honeyefoodpantry@gmail.com">honeyefoodpantry@gmail.com</a>
<b>Manchester-Shortsville Twin Cities Food Cupboard</b> Bennett Memorial Building Clifton Street (across from Fire Hall) Manchester, NY	585-289-3046 <a href="mailto:TwincitiesFC@hotmail.com">TwincitiesFC@hotmail.com</a>
<b>Naples Open Cupboard</b> Harwood Lane behind 106 S. Main St. Naples, NY, 14512	585- 531-0011 <a href="mailto:Info@NaplesOpenCupboard.org">Info@NaplesOpenCupboard.org</a> <a href="https://www.naplesopencupboard.org/">https://www.naplesopencupboard.org/</a>
<b>Phelps Community Food Cupboard</b> 8 Banta Street, Suite 100 Phelps, NY 14532	315-548-8897
<b>Rushville Marcus Whitman Central School District Pop-up Pantry</b> 4100 Baldwin Road Rushville, NY 14544	<a href="https://www.mwcsd.org/resources/food-distributions">https://www.mwcsd.org/resources/food-distributions</a>

## 2025 Ontario County Resource Guide

### FOOD PANTRY AND FOOD ASSISTANCE

**Victor-Farmington Cupboard**

6548 Anthony Drive Suite A  
Victor, NY, 14564

585-924-2720

<https://vffood.org/>

**Wellsprings Food Distribution**

22 Teft Avenue  
Clifton Springs NY 14432

<http://www.wellspringschurch.us>

### HOME ENERGY ASSISTANCE (HEAP)

NYS HEAP Hotline:

1-800-342-3009

<http://otda.ny.gov/programs/heap/>

**HERR** (Heating Equipment Repair and Replacement) available under limited circumstances. Call your local Department of Social Services Office (585-394-4060) ~~or the NYS HEAP Hotline.~~

### HEALTH INSURANCE/HEALTH NAVIGATOR

Tip from Ontario County Public Health: If you are pregnant and in need of Health Insurance for yourself and/or your children contact the Growing Up Healthy Hotline 1-800-522-5006. They can connect you to resources near you and with other agencies within Ontario County. Call Growing Up Healthy Hotline 1-800-522-5006.

**New York State Health Insurance Exchange**

<https://nystateofhealth.ny.gov/>

**Finger Lakes Community Health**

601-B West Washington Street  
Geneva, NY 14456

315-531-9102

<http://localcommunityhealth.com/>

**Newark/Wayne Community Health**

513 West Union Street  
Newark, NY 14513

315-573-7577

**Community Health Care Association of New York State (CHCANYS)**

3010 County Complex Drive  
Canandaigua NY 14424

800-346-2211

(Call for appointment)

**Check your local library's event calendars to find an event with a Health Navigator**

**Mosaic Health Rushville**

2 Rubin Drive  
Rushville, NY 14544

585-554-4400

<https://mosaichealth.org/>

### HOUSING ASSISTANCE

**Emergency Housing/ Shelter for Families (Ontario County DSS)**

585-396-4060

Emergency Housing/ Shelter for Families (Genva Office)

83 Seneca St.  
Geneva, NY 14456

315-789-2841

# 2025 Ontario County Resource Guide

## IMMUNIZATIONS FOR CHILDREN

### Ontario County Public Health

3019 County Complex Drive  
Canandaigua, NY 14424

Your child may be eligible for free or reduced cost immunization.

1-800-299-2995

585-396-4343

## INTERNET SAFETY

### Safe Kids

<http://www.safekids.com/>

### NetSmartz®

National Center for Missing & Exploited Children

<https://www.missingkids.org/netsmartz/home>

### Safe Online Surfing (SOS) Program

<https://sos.fbi.gov/en/>

## LEAD PROGRAM (CHILDHOOD LEAD POISONING PREVENTION)

### Ontario County Public Health Lead Prevention Program

3019 County Complex Drive  
Canandaigua, NY 14424

1-800-299-2995

585-396-4343

### “Lead Testing at 1 and 2 is What We Do!”

It is a New York State Law for **pregnant women and children ages 1 and 2 years old** be tested for Lead Poisoning. Has your child been tested?

#### Why test children for Lead Poisoning?

- Many children with Lead Poisoning have no symptoms, even with Lead Levels high enough to cause learning and behavioral issues.
- High Lead Levels in pregnant women can cause miscarriage and still birth as well as learning and behavior problems after the birth of your baby.

#### How can you protect your child from Lead Poisoning?

- Fix peeling lead paint and make home repairs using EPA Safe Lead Practice Guidelines. Contact Ontario County Public Health for a free booklet.
- Wash hands, toys, bottles, windows, and floors frequently.
- Be careful not to bring lead home on clothes, toys, and jewelry.
- Keep lead out of your food and tap water.
- Let water run for 1 minute before using it.
- Use lead free dishes.
- Serve foods that have calcium, iron, and vitamin C. These foods help to keep lead from being stored in your child's body.

**Your child may be eligible for a finger stick lead level, Call 1-800-299-2995 today!**

## LEGAL SERVICES

### LAWNY (Legal Assistance of the Western NY, Inc.)

361 South Main Street  
Geneva, NY 14456  
Bilingual staff (Spanish)

1-866-781-LAFL (5235)

315-781-1465

fax: 1-315-781-2565

[www.lawny.org](http://www.lawny.org)

- Free legal services to low-income people and other vulnerable population in civil law.

# 2025 Ontario County Resource Guide

## LEGAL SERVICES

- Priorities: SSI disability benefits; housing (private landlord-tenant/public, subsidized housing, and homeowner's problems), family law, seniors, domestic violence, special education law, and community legal education.
- Domestic violence.
- Seniors with general civil legal problems in Ontario, Seneca, Wayne, and Yates counties.
- Crime victims.
- Home-based childcare providers with business law problems in Livingston, Ontario, and Wayne counties.
- Pregnant and parenting minors with civil legal problems who reside in Livingston, Ontario, & Wayne counties.
- People, for whom Spanish is their primary language, with economic security problems

## LIBRARIES

**Our local libraries have wonderful programs for all ages! Give them a call today!**

### Canandaigua

#### Wood Library

134 N. Main Street  
Canandaigua, NY 14424

585-394-1381

<http://woodlibrary.org/>

### Bristol

#### Bristol Library

6750 County Rd 32  
Canandaigua, NY 14424

585-229-5862

<https://www.thebristollibrary.com/home-page/>

### Clifton Springs

#### Clifton Springs Library

4 Railroad Avenue  
Clifton Springs, NY 14432

315-462-7371

<https://cliftonspringslibrary.com/>

### Bloomfield

#### Bloomfield Public Library

9 Church Street  
Bloomfield, NY 14469

585-657-6264

<http://bloomfieldpubliclibrary.org/>

#### Allen's Hill Free Library

3818 Allen's Hill Road  
Bloomfield, NY 14469

585-229-5636

<https://owwl.org/library/allenshill/>

### Geneva

#### Geneva Public Library

244 Main Street  
Geneva, NY 14456

315-789-5303

<http://genevapubliclibrary.net/>

### Gorham

#### Gorham Free Library

2664 Main Street  
Gorham, NY 14461

585-526-6655

<http://gorhamfreelibrary.wordpress.com/>

### Honeoye

# 2025 Ontario County Resource Guide

## LIBRARIES

### Honeoye Public Library

8708 Main Street

PO Box 70

Honeoye, NY 14471

585-229-5020

<https://honeoye.owwl.org/>

### Naples

#### Naples Free Library

118 South Main Street

Naples, NY 14512

585-374-2757

<http://napleslibrary.org>

### Phelps

#### Phelps Community Memorial Library

8 Banta Street, Suite 200

Phelps, NY 14532

315-548-3120

<http://www.phelpslibrary.org/>

### Shortsville

#### Red Jacket Community Library

89 South Street

Manchester, NY 14504

585-289-3559

<https://redjacket.owwl.org/>

### Victor

#### Victor Farmington Library

15 West Main Street

Victor, NY 14564

585-924-2637

<http://victorfarmingtonlibrary.org/>

## LIFELINE 9-8-8

**Dial 9-8-8 or 1-877-356-9211**

Spanish-speaking counselors & translation services available.

<https://988lifeline.org/>

Fax: 585-327-5518

**24/7 crisis/suicide intervention**, information/referral line for Monroe, Wayne, **Ontario**, Livingston, Cayuga & Seneca Counties. Info re emergency food/shelter/clothing, crisis counseling, substance abuse, employment, financial/legal issues, physical/mental health needs. Comprehensive resource list of >2500 agencies & programs.

## MEDICAID (See Health Insurance/Health Navigator/Facilitated Enrollment)

## MENTAL HEALTH

### Suicidal or Homicidal thoughts: CALL 9-1-1

**Counseling:** For a complete list visit: <https://www.omh.ny.gov/>

#### Boike Marriage, Family, and Individual Counseling

3180 West Street

Canandaigua, NY 14424

585-710-9563

(Wednesdays) 585-394-1442

<http://boikepb.com/>

Boike3180@BoikePB.com

# 2025 Ontario County Resource Guide

## MENTAL HEALTH

### **Canandaigua Psychotherapy Associates**

527 North Main Street  
Canandaigua, NY 14424

585-394-1294  
<https://www.wellness.com/dir/3181781/counselor/ny/>

### **Clifton Springs Outpatient**

Behavioral Health/CPEP Crisis  
2 Coulter Road  
Clifton Springs, NY 14432

315-462-9561  
<https://www.rochesterregional.org/locations/hospitals/clifton>

### **Clinical Associates of the Finger Lakes - Victor**

590 Fishers Station Drive,  
Suite 130  
Victor, NY 14564

585-924-7207  
<http://www.clinassoc.com/>

### **Family Counseling Services of the Finger Lakes**

(Main Office)  
671 South Exchange Street  
Geneva, NY 14456

315-789-2613  
<http://www.fcsfl.org/familycounseling@fcsfl.org>

### **Lakeview Mental Health Services – Canandaigua**

193 Parrish Street  
Canandaigua, NY 14424

585-394-7335  
<https://www.lakeviewhs.org/>

### **Lakeview Mental Health Services – Geneva**

609 West Washington Street  
Geneva, NY 14456

315-789-0550  
<https://www.lakeviewhs.org/>

### **Mental Health Association**

120 North Main Street  
Canandaigua, NY 14424

585-325-3145x501  
<https://www.mharochester.org/services/ontario-county-mental-health-center/>

### **Ontario County Mental Health**

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4363  
<https://www.ontariocountyny.gov/99/Mental-Health>

### **Boike**

3180 West Street  
Canandaigua, NY

585-710-9563

### **Hope & Healing**

6539 Anthony  
Victor, NY

585-398-8835

# 2025 Ontario County Resource Guide

## MISSING CHILDREN – Dial 9-1-1

### National Center for Missing & Exploited Children

New York Regional Office  
275 Lake Avenue  
Rochester, NY 14608-1042

**24-hour HOTLINE:** 1-800-843-5678  
585-242-0900  
<http://www.missingkids.com/NewYork>

## PUBLIC HEALTH SERVICES

### Ontario County Public Health

3019 County Complex Drive  
Canandaigua, NY 14424

585-396-4343  
1-800-299-2995  
Fax: 585-396-4551  
[www.ontariocountypublichealth.com](http://www.ontariocountypublichealth.com)

Programs and Services: Immunization clinics for children and adults, tuberculosis clinics, maternal child health visits, communicable disease follow-up, rabies clinics, lead poisoning prevention activities, flu clinics and public health education.

### Early Intervention (EI) and Preschool Special Education Program

585-396-4546

- Evaluation & services to children aged 0-5 with developmental delays or who are at risk of delays.
- Eligibility-All county residents eligible for most preventive health programs.
- Eligibility for CWSNP determined by evaluation or financial/medical need.

### Ontario County Public Health Immunization Program

3019 County Complex Drive  
Canandaigua, NY 14424

1-800-299-2995  
585-396-4343

Residents of Ontario County are welcome attend weekly immunization clinics. The clinic offers all childhood vaccines through the federal Vaccines for Children Program. No child is turned away for inability to pay. The clinic also offers some adult vaccine products. Appointments are required.

## PARENTING CLASSES/PARENTING ISSUES

### AspireHope NY, Inc.

25 W Steuben St.  
Bath, NY 14810

1-607-776-2164  
[AHNY@AspireHope.org](mailto:AHNY@AspireHope.org)  
<https://www.aspirehope.org/>

### Child & Family Resources

#### Canandaigua:

502 South Main Street  
Canandaigua, NY 14424

800-881-5786  
585-919-2476

### Cornell Cooperative Extension

480 North Main Street  
Canandaigua, NY 14424

585-394-3977  
<http://cceontario.org/home-family/parenting-workshops>

### F.F. Thompson Health Birthing Center Classes

Classes may be offered in-person or by zoom  
Call for more information

585- 396-6497  
<https://www.thompsonhealth.com/Education/Birthing-Classes>

### Family Hope Center

551 Exchange Street, PO Box 733  
Geneva, NY 14456

315-789-0708  
fax 315-789-3410  
<http://www.familyhopecentergeneva.org/>



## 2025 Ontario County Resource Guide

### PARENTING CLASSES/PARENTING ISSUES

#### Family Counseling Service of the Finger Lakes

671 Exchange Street & 514 South Main Street  
Geneva, NY 14456 or Canandaigua, NY 14424

315-789-2613  
1-800-695-0390  
<http://www.fcsfl.org/>

#### Ontario County Public Health

Birth, Newborn Care, Breastfeeding Classes  
No cost

1-800-299-2995

### POLICE DEPARTMENTS, TOWN/VILLAGE

#### Canandaigua Police Department

21 Ontario Street  
Canandaigua, NY 14424

585-396-5035

#### Clifton Springs Village Police Department

1 West Main Street  
Clifton Springs, NY 14432

315-462-2422

#### Geneva Police Department

Public Safety Building  
255 Exchange Street  
Geneva, NY 14456

315-789-1111

#### Manchester-Shortsville Police Department

PO Box 188  
Manchester, NY 14504

585-289-4340

#### Phelps Police Department

8 Banta Street  
Phelps, NY 14532

315-548-8237

#### Ontario County Sheriff's Department

Canandaigua, NY 14424

585-394-4560

#### New York State Police, Troop E

1569 State Route 332  
PO Box 25220  
Farmington, NY 14425

585-398-4100

#### Drug Tip Line:

315-781-0096

#### Ontario County Probation

585-396-4222

#### Juvenile Aid Bureau

585-396-4675

#### Youth Court

585-396-4519

### PREGNANCY PROGRAMS

#### Birthright International of Rochester

320 N. Washington St Suite 116  
Rochester, NY 14625

585-385-2100  
24/7 1-800-550-4900  
<https://birthright.org/rochesterny>

## 2025 Ontario County Resource Guide

### PREGNANCY PROGRAMS

**Care Net Pregnancy Center** 585-393-0437  
120 North Main Street Suite 28 <http://www.carenetcan.org/>  
Canandaigua, NY

**Catholic Charities of the Finger Lakes** 585-394-0190  
120 North Main Street, Suite 40 <http://www.catholiccharitiesfl.org/>  
Canandaigua, New York 14424

**Catholic Charities of the Finger Lakes** 315-789-2235  
94 Exchange Street <http://www.catholiccharitiesfl.org/>  
Geneva, NY 14456

**Child & Family Resources** 800-881-5786  
502 South Main Street <http://www.cfresources.org/>  
Canandaigua, NY 14425

**Child & Family Resources (Penn Yan)** 315-536-1134  
263 Lake Street  
Penn Yan, NY 14527

**FF Thompson Hospital Birth Center** 585-396-6000  
350 Parrish Street  
Canandaigua, NY 14424

### RECREATION (PARKS, CLUBS, EXERCISE)

#### BICYCLES

**Long Pier Ice Cream & Rentals** 315-781-2453  
47 Lakefront Drive  
Geneva, NY 14456

**Canandaigua RV&E Bike and Skate Shop** 585-393-5680  
168 South Main Street  
Canandaigua, NY 14424

**Trek Bicycle Center** 315-789-5922  
489 Exchange Street  
Geneva, NY 14456

#### CLUBS

**Boys and Girls Club** 315-781-2345  
1 Goodman Street Fax: 315-781-2047  
Geneva, NY 14456 <https://bgcgeneva.org/>

**Boys and Girls Club Teen Center** 315-759-6060  
160 Carter Road Fax: 315-759-6063  
Geneva, NY 14456 <https://bgcgeneva.org/>

# 2025 Ontario County Resource Guide

## RECREATION (PARKS, CLUBS, EXERCISE)

### Scouts of America, Finger Lakes Council

(Seneca Waterways Council, BSA)  
2320 Brighton-Henrietta TL Road  
Rochester, NY 14623

585-244-4210  
<http://www.senecawaterways.org/>

### Cornell Cooperative Extension: 4-H

480 North Main Street  
Canandaigua, NY 14424

585-394-3977  
Fax: 585-394-0377  
<https://cceontario.org/4-h-youth>

### Girl Scouts of America - Seven Lakes Council

Route 318  
Phelps, NY 14532

315-539-5085  
<http://www.girlscouts.org/>

### Finger Lakes Visitors Connection

19 Susan B. Anthony Lane  
Canandaigua, NY 14424

585-394-3915  
1-877-386-4669  
<http://visitfingerlakes.com/>

### Geneva Recreation Complex

666 South Exchange Street  
Office: 47 Castle Street  
Geneva, NY 14456

315-789-2277x3  
Fax: 315-789-4294  
<https://cityofgenevany.com/259/Recreation-Department>

### Geocaching

<http://www.geocaching.com/>

## PARKS BY TOWN/VILLAGE

### CANANDAIGUA

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### Kershaw Park

91 Lakeshore Drive  
Canandaigua, NY 14424

Kershaw Park

#### Bristol Mountain Winter Ski Resort & Waterpark

5662 State Route 64  
Canandaigua, NY 14424

585-374-6000  
<http://www.bristolmountain.com/>

#### Greater Canandaigua Civic Center

Ice Skating/Hockey  
250 North Bloomfield Road  
Canandaigua, NY 14424

585-396-7230  
<http://www.gccc.org/>

#### McJannett Park

4820 State Route 21 South  
Canandaigua, NY 14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

#### Leonard R. Pierce Memorial Park

5655 Goodale Road  
Canandaigua, NY 14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

# 2025 Ontario County Resource Guide

## PARKS BY TOWN/VILLAGE

**Onanda Park & Beach**  
4965 County Road 16  
Canandaigua, NY 14424

[http://townofcanandaigua.org/portfolio\\_page.asp?id=1](http://townofcanandaigua.org/portfolio_page.asp?id=1)

**Ontario Pathways Trail**  
PO Box 996  
Canandaigua, NY 14424

585-234-7722  
[www.ontariopathways.org](http://www.ontariopathways.org)

**Roseland Bowl (Bowling)**  
4357 Recreation Drive  
Canandaigua, NY 14424

585-394-5050  
<http://www.roselandbowl.com/>

**Roseland Water Park**  
250 Eastern Boulevard  
Canandaigua, NY 14424

585-396-2000  
<http://www.roselandwaterpark.com/>

## GENEVA

**Big Oaks Public Golf Course**  
33 Packwood Road  
Geneva, NY 14456

<http://cityofgenevany.com/>  
315-789-9419  
<http://www.bigoakgc.com/>

**Roy's Marina**  
4398 Clarks Point  
Geneva, NY 14456

315-789-3094  
<http://www.roysmarina.net/>

**Seneca Lake Country Club**  
226 Turk Road  
Geneva, NY 14456

315-789-4681  
<http://www.golfnewyork.com/courses/geneva/seneca-lake-cc/>

**Seneca Lake State Park**  
100 Waterloo Geneva Rd  
Geneva, NY 14456

315-789-2331  
<https://parks.ny.gov/parks/>

## HONEOYE

**Sandy Bottom Beach**  
Honeoye, NY 14471

<https://www.visitfingerlakes.com/listing/sandy-bottom-park/320/>

**Honeoye State Park**  
Honeoye, NY 14471

<http://www.dec.ny.gov/outdoor/25579.html>

**Harriet Hollister Spencer Park**  
State Recreation Area  
6775 Canadice Hill Road  
Springwater, NY 14560

585-335-8111  
<https://parks.ny.gov/parks/harriethollisterspencer/maps.aspx>

## NAPLES

# 2025 Ontario County Resource Guide

## PARKS BY TOWN/VILLAGE

**Cummings Nature Center** 585-374-6160  
6472 Gulick Road <http://www.rmsc.org/cumming-nature-center>  
Naples, NY 14512

**Hi Tor Wildlife Management Area** <http://www.dec.ny.gov/outdoor/24439.html>  
Naples, NY 14512

**Hunt Hollow Ski Club** 585-374-5428  
8613 State Route 21 South <http://www.hunthollow.com/>  
Naples, NY 14512

**Reservoir Creek Golf Club** 585-374-8010  
8613 State Route 21 <https://rcgolf.com/>  
Naples, NY 14512

**Wesley Hill Nature Preserve** <https://www.flt.org/preserves/wesley-hill-nature-preserve/>  
Naples, NY 14512

## SHORTSVILLE

**Budd Park and Jones-Blunt Park** <https://www.villageofshortsvillenys.us/parks.php>  
Water St.  
Shortsville, NY 14548

**Winged Pheasant Club/Golf** 585-289-8846  
1475 Sand Hill Road <https://pheasant.golf/>  
Shortsville, NY 14548

## VICTOR

**Victor Hills East Golf Course** 585-924-0700  
1397 Brace Road <http://www.victorhills.com/>  
Victor, NY 14564

**Ganondagan State Historical Site** 585-924-5848  
7000 County Road 41 <http://www.ganondagan.org/>  
Victor, NY 14564

**Ravenwood Golf Club** 585-924-5100  
929 Lynaugh Road [www.ravenwoodgolf.com](http://www.ravenwoodgolf.com)  
Victor, NY 14564

**Victor Hiking Trails** <https://victorhikingtrails.org/>

**Victor Municipal Park** 585-742-0140  
6680 Paparone Drive <https://www.victorny.org/Facilities/Facility/Details/Victor-Municipal-Park-8>  
Victor, NY 14564

## RECREATION PROGRAMS

**Bristol Parks and Recreation** 585-229-2400

## 2025 Ontario County Resource Guide

<http://www.townofbristol.org/page.asp?id=59>

**Town of East Bloomfield: Summer Recreation Program**  
Veterans Park 6910 Rt. 5 & 20, Bloomfield, NY 14469

585-657-7700

<https://tinyurl.com/338ehvya>

**Town of Canandaigua: Summer Recreation Program**  
5440 Route 5 & 20 West  
Canandaigua, NY 14424

585-394-1120 x2226

<http://www.townofcanandaigua.org/>

**Town of Farmington Summer Recreation Program**  
1000 County Road 8  
Farmington, NY 14425

315-986-8100

[https://townoffarmingtonny.com/summer\\_recreation](https://townoffarmingtonny.com/summer_recreation)

**Geneva Recreation Program**  
47 Castle Street  
Geneva, NY 1456

315-789-5005

<https://cityofgenevany.com/334/Recreation>

**Naples Summer Recreation Program**  
106 South Main Street  
Naples, NY 14512

585-374-2435

<https://naplesny.us/naples-summer-recreation-program/>

**Phelps Summer Youth Program**  
8 Banta Street, Suite 100  
Phelps, NY 14532

315-548-3484

<https://www.phelpsc.org/summerprogram>

### RUNAWAY YOUTH SERVICES

**National Runaway Safeline**

1-800-786-2929

<http://www.1800runaway.org/>

### SEXUALLY TRANSMITTED INFECTIONS (STI)

**STI Questions: Call Ontario County Public Health 1-800-299-2995**

- In NY State, the following STI's are reported to the health department: **chlamydia, gonorrhea, syphilis, hepatitis B, and HIV.**
- Every year million persons become infected with an STI.
- You can't tell by looking if a person is infected with a disease that can be passed to you during sex.
- The correct and consistent use of condoms decreases the likelihood of getting an STI.
- Condoms protect against some, but not all sexually transmitted infections.

HIV testing is a routine for most patients in doctor's offices, emergency rooms, & urgent care centers.

### HIV/AIDS RESOURCES

**CDC National STD Hotline**

1-800-232-4636

**Finger Lakes Community Health**  
601-B West Washington Street  
Geneva, NY 14456

315-781-8448

With prior permission office can bill Ontario County Public Health for clients unable to afford STI testing or treatment.

**Bureau of STD Control (CDC)**

<https://www.cdc.gov/nchhstp/divisions/std-prevention.html>

**NYS HIV/AIDS Hotline (English)**

1-800- 541-2437

**Free HIV Self -Test Kit by Mail**

<https://takemehome.org/>

## 2025 Ontario County Resource Guide

**Planned Parenthood of Central & Western NY**  
15 Lafayette Avenue  
Canandaigua, NY 14424

800-600-6886  
This center can bill Ontario County Public Health for clients unable to afford STI testing or treatment with prior approval.

### SUPERVISED VISITATION (COURT ORDERED)

**Catholic Charities** (Geneva Office)  
94 Exchange Street  
Geneva, New York 14456

315-789-2235 (Regional)  
<http://www.catholiccharitiesfl.org/>

**Catholic Charities** (Canandaigua Office)  
120 North Main Street, Suite 40  
Canandaigua, New York 14424

585-394-0190  
<https://www.catholiccharitiesfl.org/>

**Child & Family Resources**  
671 South Exchange Street  
Geneva, NY 14456

315-781-1491  
1-800-881-5786

**Child & Family Resources**  
514 South Main Street  
Canandaigua, NY 14424

585-919-2476

### SUPPORT GROUPS

**Safe Harbor of the Finger Lakes (Domestic violence)**  
1 Franklin Square Suite 324  
Geneva, NY 14456

315-781-1093  
1-800-247-7273

**La Leche League (Breastfeeding support)**

<http://www.llli.org/>

**Center for Dispute Settlement**

1-800-To-Agree  
585-396-0840  
<http://www.cdsadr.org/>

**National Alliance on Mental Illness (NAMI) Rochester**  
346 N. Goodman St  
Rochester, NY 14607

585-423-1593  
<https://www.namiroc.org/support-groups>

**National Alliance on Mental Illness (NAMI) Rochester**  
346 N. Goodman St  
Rochester, NY 14607

585-423-1593  
<https://www.namiroc.org/support-groups>

**National Alliance on Mental Illness (NAMI) Rochester**  
**National Alliance on Mental Illness (NAMI) Rochester**  
346 N. Goodman St

585-423-1593  
<https://www.namiroc.org/support-groups>  
585-423-1593  
<https://www.namiroc.org/support-groups>

# 2025 Ontario County Resource Guide

## SUPPORT GROUPS

Rochester, NY 14607

### National Alliance on Mental Illness (NAMI) Rochester

346 N. Goodman St  
Rochester, NY 14607

585-423-1593  
<https://www.namiroc.org/support-groups>

### National Alliance on Mental Illness (NAMI) Rochester

346 N. Goodman St  
Rochester, NY 14607

585-423-1593  
<https://www.namiroc.org/support-groups>

## TRANSPORTATION

### Regional Transit Service (RTS)

585-394-2250

**Fixed Route Service** - We offer fixed route services throughout Ontario County. Keep in mind the bus stops shown on RTS Ontario routes are only the major stops. There are additional stops along the route.

1-800-667-2287  
<http://www.myrts.com/>

**Dial-A-Ride Service**- within Ontario County. To schedule, call at least 24 hours in advance, Monday- Friday, 9:00am - 3:00pm. You may call up to a week in advance to reserve a ride.

585-394-2250  
Call 24 hours in advance

**ADA Paratransit Route Deviation**- Pick up from any location within  $\frac{3}{4}$  of a mile from the fixed route service; this is called "route deviation".  
**Fares are twice the fixed route fare; discounts do not apply.** You may call up to a week in advance to reserve a ride.

585 394-2250  
1-800-667-2287  
Call 24 hours in advance

### Medicaid Transportation

Medicaid recipients - rides to medical appointments.

1-855-733-9402

### Transit Medical Transportation

585-363-5356

### Monroe Ambulance

24 hours/7 days a week – medical, wheelchair, and non-emergency transports

585-454-6211

### Greyhound Bus Lines

1-800-231-2222  
<http://www.greyhound.com/>

## UTILITY ASSISTANCE

Some utility companies have assistance with preventing utility shut off especially in the winter months. Please contact your utility company for more information.

### HEAP (Fuel Cost Assistance)

585-394-4060

### NY State Public Assistance

1-800-342-3009

## VETERAN SERVICES



## 2025 Ontario County Resource Guide

### VETERAN SERVICES

**Canandaigua VA Medical Center**  
400 Fort Hill Avenue  
Canandaigua, NY 14424

585-394-2000 or 800-204-9917  
24 hours per day / 7 days per week  
<http://www.canandaigua.va.gov/>

**24-hour medical advice for enrolled veterans**

1-888-838-7890

**Crisis Hotline for veterans and their loved ones**

1-800-273-8255, Press 1 or  
Send a text message to 838255  
<https://www.veteranscrisisline.net/>

**Ontario County Veteran Services**

585-396-4185

**Suicide Hotline**

9-8-8

**Women Veteran Health Program**

585-393-7401

**Women Veteran National Call Center**

1-855-VA-WOMEN or 1-855-829-6636

### VICTIM/WITNESS ASSISTANCE SERVICES (ONTARIO COUNTY DISTRICT ATTORNEY)

#### Main Office

Ontario County Courthouse  
27 North Main Street  
Canandaigua, NY 14424

585-396-4010  
<https://ontariocountyny.gov/1845/Victim-Witness-Assistance-Program>

#### Co-Locations:

Ontario County Sheriff's Office  
74 Ontario Street  
Canandaigua, NY 14424

Ontario County Probation Department  
3010 County Complex Drive  
Canandaigua, NY 14424

### VISITING NURSE SERVICES

**Finger Lakes Visiting Nurse Service & Ontario-Yates Hospice**

756 Pre-Emption Road  
Geneva, NY 14456

1-800-253-4439  
UR Medicine Home Care Website

**Rochester Regional Health, Homecare and Hospice**

2 Coulter Road  
Clifton Springs, NY 14432

585-214-1000  
<https://www.rochesterregional.org/home-hospice>

**University of Rochester, Home Care Services**

756 Pre Emption Rd  
Geneva, NY 14456

1-800-253-4439  
(585) 787-2233  
<https://www.urmc.rochester.edu/home-care/home-care-services.aspx>

# 2025 Ontario County Resource Guide

## Appendix A: Medicaid Eligibility 2025

[https://www.health.ny.gov/health\\_care/medicaid/how\\_do\\_i\\_apply.htm](https://www.health.ny.gov/health_care/medicaid/how_do_i_apply.htm)

### Basic Medicaid Eligibility

- Adults 19-64 years of age who are not eligible for Medicare,
- Children 1 - 18 years of age
- Infants (under age 1),
- Pregnant Individuals,
- Parents and Caretaker Relatives of any age, who may have Medicare.
- Individuals who are part of the **non-MAGI** eligibility groups

### You may apply for Medicaid in the following ways:

- Through **NY State of Health: The Official Health Plan Marketplace**
  - **Enrollment Assistors** offer free personalized help.
  - To speak with the Marketplace Customer Service Center call **(855) 355-5777** (TTY: 1-800-662-1220)
- Through a Managed Care Organization (MCO)
- Call the Medicaid Helpline **(800) 541-2831**
- Through **Ontario County Department of Social Services**



New York State Income and Resource Standards for Non-MAGI Population Effective January 1, 2025																
Household Size	100% FPL		138% FPL Medicaid Income		150% FPL		185% FPL		186% FPL		200% FPL		250% FPL		Resources	
	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	Monthly	Annual	HH Size
One	15,060	1,255	20,783	1,732	22,590	1,883	27,861	2,322	28,012	2,335	30,120	2,510	37,650	3,138	31,175	One
Two	20,440	1,704	28,208	2,351	30,660	2,555	37,814	3,152	38,019	3,169	40,880	3,407	51,100	4,259	42,312	Two
Three	25,820	2,152	35,632	2,970	38,730	3,228	47,767	3,981			51,640	4,304				
Four	31,200	2,600	43,056	3,588	46,800	3,900	57,720	4,810			62,400	5,200				
Five	36,580	3,049	50,481	4,207	54,870	4,573	67,673	5,640			73,160	6,097				
Six	41,960	3,497	57,905	4,826	62,940	5,245	77,626	6,469			83,920	6,994				
Seven	47,340	3,945	65,330	5,445	71,010	5,918	87,579	7,299			94,680	7,890				
Eight	52,720	4,394	72,754	6,063	79,080	6,590	97,532	8,128			105,440	8,787				
Nine	58,100	4,842	80,178	6,682	87,150	7,263	107,485	8,958			116,200	9,684				
Ten	63,480	5,290	87,603	7,301	95,220	7,935	117,438	9,787			126,960	10,580				
Each Add'l Person	5,380	449	7,425	619	8,070	673	9,953	830			10,760	897				

Spousal Improrishment	Income	Resources
Community Spouse	\$3,948	\$157,920
Institutionalized Spouse	\$50	\$31,175
Family Member Allowance	\$2,555 (150% of FPL for 2) is used in the FMA formula the maximum allowance is \$852	N/A

Special Standards for Housing Expenses					
Region	Amount	Region	Amount	Region	Amount
Central	\$365	Northeastern	\$433	Northern Metropolitan	\$1,180
Rochester	\$392	Long Island	\$1,624		
Western	\$320	New York City	\$1,931		

\*In determining the community spouse resource allowance on and after January 1, 2025, the community spouse is permitted to retain resources in an amount equal to the greater of the following \$74,820 or the amount of the spousal share up to \$157,920. The spousal share is the amount equal to one-half of the total value of the countable resources of the couple as of the beginning of the most recent continuous period of institutionalization of the institutionalized spouse on or after September 30, 1989.

## 2025 Ontario County Resource Guide

---

### Appendix B: Supply a Smile



**FREE DENTAL PROGRAM**  
SERVING ONTARIO COUNTY RESIDENTS  
WITHOUT DENTAL INSURANCE SINCE  
2011

CLEANINGS  
EXTRACTIONS  
FILLINGS

DENTAL SCREENINGS FOR ADULTS ARE HELD THE  
CANANDAIGUA ELEMENTARY SCHOOL AND ARE FIRST  
COME FIRST SERVE  
**DATES FOR 2024-2025 SCREENINGS:**

OCTOBER 5TH  
NOVEMBER 2ND  
DECEMBER 7TH  
FEBRUARY 1ST  
MARCH 1ST  
APRIL 5TH

**WWW.SUPPLYASMILE.COM**  
Supplyasmile@gmail.com  
585-376-2242

**WHERE:** Supply a Smile does not have a physical office location. We are thankful to the Canandaigua Elementary School staff for allowing us to use their facility for our screenings.

Canandaigua Elementary School Cafeteria  
90 West Gibson Street Canandaigua, NY 14424

# 2025 Ontario County Resource Guide

## Appendix C: Medication/Drug Drop Box Locations

Keep our community and the environment safe! Bring unwanted medications to these locations:



### Bristol

Town Hall

### Canandaigua

Canandaigua DMV Office  
FLCC  
Ontario County Mental Health Clinic  
Sheriff's Office  
Thompson Hospital  
Canandaigua City Police Department

### Clifton Springs

Clifton Springs Hospital and Clinic

### East Bloomfield

Town Hall

### Farmington

State Trooper Barracks

### Geneva

Police Department

### Honeoye

CVS Pharmacy

### Naples

Town Clerk's Office

### Phelps

Community Center

### Shortsville

Fire Department

### Richmond

Town Hall

### Victor

Mead Square Pharmacy

For more information:  
[PreventionCoalitionOC.org](http://PreventionCoalitionOC.org)



## 2025 Ontario County Resource Guide

### Appendix D: Food Pantries in Ontario County

#### Foodlink-Affiliated Food Pantries in Ontario County

Pantry Name	Address	Phone Number
Boys & Girls Club of Geneva	160 Carter Road, Geneva, NY 14456	(315) 759-6060
Canandaigua Churches in Action	120 North Main Street, Canandaigua, NY 14424	(585) 396-2242
Caring Hearts Food Pantry	12 Hibbard Avenue, Clifton Springs, NY 14432	(315) 548-6292
Wellspring Food Distribution	22 Teft Avenue, Clifton Springs, NY 14432	(315) 521-1601
Clifton Springs United	1 East Main Street, Clifton Springs, NY 14432	(315) 462-2274
Community Food Pantry – Honeoye	8758 Main Street, Honeoye, NY 14471	(585) 721-0009
Finger Lakes Treasure Trove	222 South Main Street, Canandaigua, NY 14424	(585) 905-3689
First Love Pantry	125 Border City Road, Geneva, NY 14456	
Friendship House – Middlesex	5614 Williams Street, Middlesex, NY 14507	(585) 554-6056
Geneva Food Pantry	58 Avenue D, Geneva, NY 14456	(315) 789-1117
Naples Open Cupboard	Harwood Lane behind 106 S. Main St., Naples, NY	(585) 554-6216
Salvation Army – Geneva	41 North St., Geneva, NY 14456	(315) 789-1055
Salvation Army – Canandaigua	110 Saltonstall Street, Canandaigua, NY 14424	(585) 394-6968
Springwater Community Pantry	8001 South Main Street, Springwater, NY 14560	(585) 905-9911
St. Michael's Orthodox Church	98 Genesee St., Geneva, NY 14456	(585) 613-6668
The Blessing Room Pantry, Inc.	15 Church Street, Bloomfield, NY 14469	(585) 657-7200
URMC Thompson Hospital Pantry	350 Parrish Street, Canandaigua, NY 14424	
Victor-Farmington Food Cupboard	6548 Anthony Drive, Victor, NY 14564	(585) 924-2720

#### Foodlink Pop-Up Food Distribution Sites in Ontario County

Distribution Site	Address	Phone Number
Canandaigua Highway Department Barn	5440 Rt 5&20, Canandaigua, NY 14424	(585) 396-4554
Boys & Girls Club of Geneva	160 Carter Road, Geneva, NY 14456	(315) 759-6060
Marcus Whitman Central School District	4100 Baldwin Road, Rushville, NY 14544	(585) 554-4848 ext. 1805
The Blessing Room Pantry, Inc.	15 Church Street, Bloomfield, NY 14469	(585) 657-7200
Naples Open Cupboard	11 Tobey Street, Naples, NY 14512	(585) 554-6216
Wellspring Food Distribution Center	22 Teft Avenue, Clifton Springs, NY 14432	(315) 548-6292
Springwater Fire Department	8145 South Main Street, Springwater, NY 14560	(585) 245-1223

**For specific food distribution times and dates visit:  
<https://foodlinkny.org/> or call 2-1-1**

## 2025 Ontario County Resource Guide

### Appendix F: Food Stamp (SNAP) Eligibility

#### Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But the only way to determine if your household is eligible for SNAP benefits is to apply.

#### Income Guidelines for Households without Earned Income (no elderly or disabled member)

<https://www.ny.gov/services/apply-snap>

<b><u>Maximum SNAP Benefit Allowances</u></b>	
<b>Household Size</b>	<b>Maximum Allotment</b>
1	\$292
2	\$536
3	\$768
4	\$975
5	\$1,158
6	\$1,390
7	\$1,536
8	\$1,756
For each additional member	\$220 +
* These figures are based upon SNAP Standards effective October 1, 2024.	
Note: A SNAP budget must be calculated for your household in order to determine SNAP eligibility and benefit amount.	

## 2025 Ontario County Resource Guide

### Appendix G: Healthy Families Ontario & Child and Family Resources Referral (English and Spanish)

To request a free childcare referral please fill out the referral form (linked below) and either email back to [cfr.info@cfresources.org](mailto:cfr.info@cfresources.org) or print and mail to our office:

Child and Family Resources, Inc.,  
115 Fall Street  
Seneca Falls, NY 13148

Fillable form Online (English):

<https://cfr.clubexpress.com/docs.ashx?id=13155>

Para solicitar una referencia de cuidado de niños gratis por favor, llene este formulario y envíelo por correo electrónico a [cfr.info@cfresources.org](mailto:cfr.info@cfresources.org) o imprima y envíe por correo a nuestras oficinas:

Child and Family Resources, Inc.  
115 Fall Street  
Seneca Falls, NY 13148

Fillable form Online (Spanish):

<http://documents.clubexpress.com/documents.ashx?key=XMS7u8I2dnmqHfYJnePaHuw%2bcB77dYkRsv7d1XJ2Z3pRVirusGlPSmlSqlDfGO50ltP3Jx0pY0E%3d>

## 2025 Ontario County Resource Guide

### Appendix H: Sharps Collection Sites

#### Sharps Collection Sites

<https://safeneedledisposal.org/search-results/>  
Call prior to attending a collection site

Location	Address	Contact Phone	Drop Off
Clifton Springs Hospital and Clinic	2 Coulter Rd Clifton Springs, NY 14432	315-462-9561	Hospital Laboratory
Elm Manor Nursing and Rehabilitation Center	210 N Main St Canandaigua, NY 14424	585-394-3883	Lobby
F.F. Thompson Hospital	350 Parrish St Canandaigua, NY 14424	585-396-6100	24/7 availability, Emergency Ambulatory Entrance
Geneva General Hospital	196 North St Geneva, NY 14456	315-787-4145	24/7 availability, Emergency Department Entrance
Ontario Center for Rehabilitation and Nursing	3062 County Complex Dr Canandaigua, NY 14424	585-396-4385	Lobby

*Sharps should be brought to disposal sites in a hard sided plastic container that stays upright (like a laundry detergent bottle), labeled, with the lid taped shut.*

*All hospitals and nursing homes in New York State are mandated by law to accept home-generated sharps as a free, community service through their sharps collection programs. Call first to speak with the facility's sharps coordinator for hours of operation and drop off sites.*



# 2025 Ontario County Resource Guide

## Appendix I: Tutors for Medically Fragile Children

### What is BOOST?



Boost provides supplementary tutoring for children with cancer and other chronic diseases, which may prevent normal educational development. This group of

teachers will not supplant the tutoring being provided by the school, but will act as a “boost” to a child by helping him/her better understand material being presented at the child’s grade level. The goal of Boost is to do all of this with the caring and warmth of an adopted grandparent. Looking out for each child’s future Boost keeps an eye on each child’s future. Our tutors use their teaching expertise to fill the gap left when traditional schooling is not possible. Keeping the student on-track Boost tutors make every effort to keep the student academically on track with their peers.

### How does BOOST work?

Boost does not replace the tutor from the school, but works *with* the teacher, parent and student to provide extra help and encouragement such as:

- Communicating with the teacher as to what assistance can be provided.
- Going to the home once or twice a week.
- Going to the clinic to help with school work.
- Being on-call as progress is made, so that instruction is available whenever your child needs it.

### Getting Started

1. The Director meets one-on-one with the parents and child, so all parties can discuss the child’s academic needs.
2. The tutor is chosen based on the needs of the child.
3. The tutor meets with the parents and child to set up a schedule and location, as well as to become acquainted with one another.
4. Upon receiving permission from the parents, the tutor communicates with the school in order to coordinate services.
5. The tutor meets with the child once or twice a week as long as tutoring is needed.
6. Each time the tutor works with the child there must be a parent, grandparent, guardian or other responsible adult present at the location of the tutoring.

### Complementing Services

Boost complements services provided by the school by helping the child:

- Keep up with school work
- Get back into the swing of school
- Stay at grade level

### Get a BOOST!

Call or email Linda Bolan today.  
phone: 585-317-7269  
email: linda4boost@gmail.com



Qualified • Compassionate • Reliable



*“The tutoring Estrella has received from the Boost tutor has been very helpful. The one-on-one help has given her the extra boost she needed to build confidence in her school-work. Knowing that someone is just a phone call away gives her a sense of security and stops her frustration when she can’t figure out a problem on her own. Thank you Boost!”*

Kim Cantin, parent

Learn more at:  
[www.boost4kids.com](http://www.boost4kids.com)

# 2025 Ontario County Resource Guide

## Appendix J: Immunization Schedule, Children

<https://www.health.ny.gov/publications/2370.pdf>

### 2024-25 School Year New York State Immunization Requirements for School Entrance/Attendance<sup>1</sup>

**NOTES:**

All children must be age-appropriately immunized to attend school in New York State. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine must be in accordance with the "ACIP-Recommended Child and Adolescent Immunization Schedule." Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes must meet the immunization requirements of the grades for which they are age equivalent.

**Dose requirements MUST be read with the footnotes of this schedule**

Vaccines	Pre-Kindergarten (Day Care, Head Start, Nursery or Pre-K)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) <sup>2</sup>	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older	3 doses	
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) <sup>3</sup>	Not applicable		1 dose	
Polio vaccine (IPV/OPV) <sup>4</sup>	3 doses	4 doses or 3 doses if the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) <sup>5</sup>	1 dose	2 doses		
Hepatitis B vaccine <sup>6</sup>	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine <sup>7</sup>	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) <sup>8</sup>	Not applicable		Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) <sup>9</sup>	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) <sup>10</sup>	1 to 4 doses	Not applicable		

# 2025 Ontario County Resource Guide

## Appendix K: Your Child's First Vaccines

### VACCINE INFORMATION STATEMENT

## Your Child's First Vaccines: What You Need to Know

Many vaccine information statements are available in Spanish and other languages. See [www.immunize.org/vis](http://www.immunize.org/vis)

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite [www.immunize.org/vis](http://www.immunize.org/vis)

The vaccines included on this statement are likely to be given at the same time during infancy and early childhood. There are separate *Vaccine Information Statements* for other vaccines that are also routinely recommended for young children (measles, mumps, rubella, varicella, rotavirus, influenza, and hepatitis A)

### Your child is getting these vaccines today:

☐ DTaP ☐ Hib ☐ Hepatitis B ☐ PCV ☐ Polio

(Provider: Check appropriate boxes.)

### 1. Why get vaccinated?

Vaccines can prevent disease. Childhood vaccination is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.

#### Diphtheria, tetanus, and pertussis (DTaP)

- **Diphtheria (D)** can lead to difficulty breathing, heart failure, paralysis, or death.
- **Tetanus (T)** causes painful stiffening of the muscles. Tetanus can lead to serious health problems, including being unable to open the mouth, having trouble swallowing and breathing, or death.
- **Pertussis (aP)**, also known as “whooping cough,” can cause uncontrollable, violent coughing that makes it hard to breathe, eat, or drink. Pertussis can be extremely serious, especially in babies and young children, causing pneumonia, convulsions, brain damage, or death.

#### Hib (*Haemophilus influenzae* type b) disease

*Haemophilus influenzae* type b can cause many different kinds of infections. Hib bacteria can cause mild illness, such as ear infections or bronchitis, or they can cause severe illness, such as infections of the blood. Hib infection can also cause pneumonia; severe swelling in the throat, making it hard to breathe; and infections of the blood, joints, bones, and covering of the heart. Severe Hib infection, also called “invasive Hib disease,” requires treatment in a hospital and can sometimes result in death.

#### Hepatitis B

**Hepatitis B** is a liver disease that can cause mild illness lasting a few weeks, or it can lead to a serious, lifelong illness. Acute hepatitis B infection is a short-term illness that can lead to fever, fatigue, loss of appetite, nausea, vomiting, jaundice (yellow skin or eyes, dark urine, clay-colored bowel movements), and pain in the muscles, joints, and stomach. Chronic hepatitis B infection is a long-term illness that occurs when the hepatitis B virus remains in a person's body. Most people who go on to develop chronic hepatitis B do not have symptoms, but it is still very serious and can lead to liver damage (cirrhosis), liver cancer, and death.

#### Pneumococcal disease (PCV)

**Pneumococcal disease** refers to any illness caused by pneumococcal bacteria. These bacteria can cause many types of illnesses, including pneumonia, which is an infection of the lungs. Besides pneumonia, pneumococcal bacteria can also cause ear infections, sinus infections, meningitis (infection of the tissue covering the brain and spinal cord), and bacteremia (infection of the blood). Most pneumococcal infections are mild. However, some can result in long-term problems, such as brain damage or hearing loss. Meningitis, bacteremia, and pneumonia caused by pneumococcal disease can be fatal.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



## Appendix K, Continued

### Your Child's First Vaccines, page 2

#### Polio

**Polio** (or poliomyelitis) is a disabling and life-threatening disease caused by poliovirus, which can infect a person's spinal cord, leading to paralysis. Most people infected with poliovirus have no symptoms, and many recover without complications. Some people infected with poliovirus will experience sore throat, fever, tiredness, nausea, headache, or stomach pain, and most people with these symptoms will also recover without complications. A smaller group of people will develop more serious symptoms: paresthesia (feeling of pins and needles in the legs), meningitis (infection of the covering of the spinal cord and/or brain), or paralysis (can't move parts of the body) or weakness in the arms, legs, or both. Paralysis can lead to permanent disability and death.

#### 2. DTaP, Hib, hepatitis B, pneumococcal conjugate, and polio vaccines

**Infants and children** usually need:

- 5 doses of **diphtheria, tetanus, and acellular pertussis vaccine (DTaP)**
- 3 or 4 doses of **Hib vaccine**
- 3 doses of **hepatitis B vaccine**
- 4 doses of **pneumococcal conjugate vaccine (PCV)**
- 4 doses of **polio vaccine**

Some children might need fewer or more than the usual number of doses of some vaccines to have the best protection because of their age at vaccination or other circumstances.

**Older children, adolescents, and adults** with certain health conditions or other risk factors or who did not get vaccinated earlier might also be recommended to receive 1 or more doses of some of these vaccines.

These vaccines are given as either stand-alone vaccines or as part of a combination vaccine (a type of vaccine that combines more than one vaccine together into one shot).

#### 3. Talk with your health care provider

Tell your vaccination provider if the child getting the vaccine:

##### For all of these vaccines:

- Has had an **allergic reaction after a previous dose of the vaccine**, or has any **severe, life-threatening allergies**

##### For DTaP:

- Has had an **allergic reaction after a previous dose of any vaccine that protects against diphtheria, tetanus, or pertussis**
- Has had a **coma, decreased level of consciousness, or prolonged seizures within 7 days after a previous dose of any pertussis vaccine (DTP or DTaP)**
- Has **seizures or another nervous system problem**
- Has ever had **Guillain-Barré syndrome** (also called "GBS")
- Has had **severe pain or swelling after a previous dose of any vaccine that protects against diphtheria or tetanus**

##### For PCV:

- Has had an **allergic reaction after a previous dose of any type of pneumococcal conjugate vaccine (PCV13, PCV15, PCV20, or an earlier pneumococcal conjugate vaccine known as PCV7), or to any vaccine containing diphtheria toxoid** (for example, DTaP)

In some cases, your child's health care provider may decide to postpone vaccination until a future visit.

Children with minor illnesses, such as a cold, may be vaccinated. Children who are moderately or severely ill should usually wait until they recover before being vaccinated.

Your child's health care provider can give you more information.

# 2025 Ontario County Resource Guide

## Appendix K, Continued

### Your Child's First Vaccines, page 3

#### 4. Risks of a vaccine reaction

##### For all of these vaccines:

- Soreness, redness, swelling, warmth, pain, or tenderness where the shot is given can happen after vaccination.

##### For DTaP vaccine, Hib vaccine, hepatitis B vaccine, and PCV:

- Fever can happen after vaccination.

##### For DTaP vaccine:

- Fussiness, feeling tired, loss of appetite, and vomiting sometimes happen after DTaP vaccination.
- More serious reactions, such as seizures, non-stop crying for 3 hours or more, or high fever (over 105°F) after DTaP vaccination happen much less often. Rarely, vaccination is followed by swelling of the entire arm or leg, especially in older children when they receive their fourth or fifth dose.

##### For PCV:

- Loss of appetite, fussiness (irritability), feeling tired, headache, and chills can happen after PCV vaccination.
- Young children may be at increased risk for seizures caused by fever after a pneumococcal conjugate vaccine if it is administered at the same time as inactivated influenza vaccine. Ask your health care provider for more information.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

#### 5. What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call 9-1-1 and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at [www.vaers.hhs.gov](http://www.vaers.hhs.gov) or call 1-800-822-7967. *VAERS is only for reporting reactions, and VAERS staff members do not give medical advice.*

#### 6. The National Vaccine Injury Compensation Program

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Claims regarding alleged injury or death due to vaccination have a time limit for filing, which may be as short as two years. Visit the VICP website at [www.hrsa.gov/vaccinecompensation](http://www.hrsa.gov/vaccinecompensation) or call 1-800-338-2382 to learn about the program and about filing a claim.

#### 7. How can I learn more?

- Ask your health care provider.
- Call your local or state health department.
- Visit the website of the Food and Drug Administration (FDA) for vaccine package inserts and additional information at [www.fda.gov/vaccines-blood-biologics/vaccines](http://www.fda.gov/vaccines-blood-biologics/vaccines).
- Contact the Centers for Disease Control and Prevention (CDC):
  - Call 1-800-232-4636 (1-800-CDC-INFO) or
  - Visit CDC's website at [www.cdc.gov/vaccines](http://www.cdc.gov/vaccines).



# 2025 Ontario County Resource Guide

## Appendix L: Breastfeeding Resources

### Breastfeeding Resources Brochure Page 1 (English)



**“**

**EVERY PARENT  
NEEDS A LITTLE  
SUPPORT**

**Reliable Websites**

New York State Department of Health  
<http://www.health.ny.gov/community/pregnancy/breastfeeding/>

Office of Women's Health  
<http://www.womenshealth.gov/breastfeeding/>

Centers for Disease Control and Prevention  
<https://www.cdc.gov/breastfeeding/index.htm>

La Leche League International  
[www.llli.org](http://www.llli.org)

WIC  
<https://wicworks.fns.usda.gov/>



**BREASTFEEDING  
RESOURCES**

in the  
Finger Lakes

**WHERE TO FIND US**

(585) 396-4558

[www.facebook.com/FLBreastfeeding](https://www.facebook.com/FLBreastfeeding)

[christy.richards@ontariocountyny.gov](mailto:christy.richards@ontariocountyny.gov)



# 2025 Ontario County Resource Guide

## Appendix L, Continued

### Breastfeeding Resources Brochure Page 2 (English)

#### WIC & La Leche League

**WIC: Chemung & Schuyler Counties:**  
(607) 737-2039

**Livingston County:**  
(585) 243-7530

**Ontario, Wayne, Seneca & Yates:**  
(585) 394-9240

**Steuben County: (607) 776-1151**

**La Leche League:**

**Finger Lakes Area: Maureen Weidman: (315) 548-7980**

**La Leche League in your area:**  
<http://www.llnny.org/>

#### Breastfeeding/Parenting Support Sites

- Parenting Partners: Healthy Families Ontario & Yates: (315) 412-4527
- Positive Expressions Infant Support: Livingston County Health Department: (585) 243-7299
- Baby Bistro: Elmira Resource Center: (607) 737-2039
- ROC City Baby Cafes: Zoom: <https://rochesterregionalbreastfeedingcoalition.com/baby-cafe/>

#### Local Health Departments

**Chemung County:**  
(607) 737-2488

**Livingston County:**  
(585) 243-7299

**Ontario County:**  
(585) 396-4343

**Seneca County:**  
(315) 539-1920

**Schuyler County:**  
(607) 535-8140

**Steuben County:**  
(607) 664-2438

**Yates County:**  
(315) 536-5160

**Wayne County:**  
(315) 946-5749



[www.facebook.com/FLBreastfeeding](https://www.facebook.com/FLBreastfeeding)

9/9/2022



**Many local Health Departments feature home visits with a Certified Lactation Counselor (CLC)**

# 2025 Ontario County Resource Guide

## Appendix L, Continued

### Breastfeeding Resources Brochure Page 1 (Spanish)



“

**Todas las familias  
necesita un poco  
de apoyo**

#### Recursos de Lactancia en Internet

Departamento de Salud del Estado de  
Nueva York  
[http://www.health.ny.gov/community/  
pregnancy/breastfeeding/](http://www.health.ny.gov/community/pregnancy/breastfeeding/)  
Oficina de Salud para la Mujer,  
Departamento de Salud y Servicios  
Humanos de EE.UU  
[http://www.womenshealth.gov/breastf  
eeding/](http://www.womenshealth.gov/breastfeeding/)

Asociación Internacional: La Leche  
[www.llli.org](http://www.llli.org)

Departamento de Agricultura de los  
Estados Unidos, WIC  
<https://wicworks.fns.usda.gov/>

#### Dónde encontrarnos

(585) 396-4558  
[www.facebook.com/FLBreastfeeding](https://www.facebook.com/FLBreastfeeding)  
✉ [christy.richards@ontariocountyny.gov](mailto:christy.richards@ontariocountyny.gov)

## Recursos sobre Lactancia

EN LA  
REGION DE  
FINGER Lakes





# 2025 Ontario County Resource Guide

## Appendix L, Continued

### Breastfeeding Resources Brochure Page 2 (Spanish)

#### WIC & Asociación La Leche

##### WIC:

**Condados de Chemung & Schuyler :**

(607) 737-2039

**Condado de Livingston:**

(585) 243-7530

**Condados: Ontario, Wayne, Seneca & Yates:**

(585) 394-9240

**Condado de Steuben:**

(607) 776-1151

**Asociación La Leche:**

**Area de Finger Lakes: Maureen**

**Weidman:**

(315) 548-7980

#### Sitios de apoyo para la lactancia y la crianza de los hijos

Socios de crianza: Healthy Families

Ontario y Yates: (315) 412-4527

Positive Expressions Infant Support:

Departamento de Salud del

Condado de Livingston: (585) 243-7299

Baby Bistro: Centro de recursos de

Elmira: (607) 737-2039

Cafés para bebés de ROC City:

Zoom:

<https://rochesterregionalbreastfeedingcoalition.com/baby-cafe/>

#### Llame a su Departamento de Salud:

Trabajadores de Salud,  
enfermeras y Consejeros

Certificados en Lactancia:

Condado de Chemung:

(607) 737-2488

Condado de Livingston:

(585) 243-7299

Condado de Ontario

(585) 396-4343

Condado de Seneca:

(315) 539-1920

Condado de Schuyler:

(607) 535-8140

Condado de Steuben:

(607) 664-2438

Condado de Yates

(315) 536-5160



**Muchos departamentos de salud locales cuentan con visitas domiciliarias con un consejero de lactancia certificado (CLC)**

[www.facebook.com/FLBreastfeeding](https://www.facebook.com/FLBreastfeeding)

# 2025 Ontario County Resource Guide

## Appendix N: Ontrack Program Flyer

### Ontrack Program Brochure Page 1



We're here to help young people nurture their strengths & pursue their goals for school, work, and relationships.

“

"At OnTrack, I met other people who have 'been there' too. It helped me feel less alone and begin to make sense of my experience."

- OnTrackNY Participant

#### Who We Serve

OnTrackNY serves young people across the state of New York regardless of insurance status or ability to pay who are:

- ✓ Between 16-30 years old
- ✓ Experiencing unusual thoughts or feeling suspicious of others
- ✓ Noticing changes in the way things look or sound
- ✓ Challenged by feelings of stress, fear, anger, or confusion

**OnTrackNY**

A program of the New York State  
Office of Mental Health

OnTrackNY Rochester  
25 Circle Street / Suite 102  
Rochester, New York 14607

For more information, contact one of our  
team members.

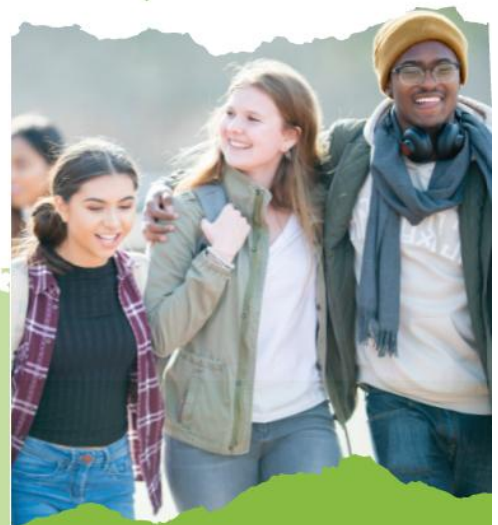
T: 585 360-4129



**Office of  
Mental Health**

**OnTrackNY**

My Health,  
My Choices,  
My Future.



Supporting young people with  
mental health challenges  
across New York State

[ontrackny.org](https://ontrackny.org)



# 2025 Ontario County Resource Guide

## Appendix N, Continued

### Ontrack Program Brochure Page 2

#### What is OnTrackNY?

OnTrackNY is a network of coordinated care teams across New York State that offers comprehensive, personalized support -- including therapy, help with school and work, peer support, connection to community resources, support for physical health, family services, and/or medication -- to teens and young adults who are impacted by unexpected changes in their thinking and perceptions.

Research has proven that rapid access to care is a key factor for recovery.

#### The Spirit of OnTrackNY

##### ✓ Recovery-oriented

Our care plans are grounded in 3 dimensions of recovery: supporting self-determination, connecting with others, and creating purpose.

##### ✓ Collaborative

We partner with participants and their family members to navigate and make decisions in all aspects of the treatment journey.

##### ✓ Equitable & inclusive

We value each other's differences as strengths and aim to ensure all participants have what they need to thrive wherever they live, work, learn, or play.

##### ✓ Person-centered

We place participants at the center of everything we do, encouraging them to tailor care plans to their unique goals and select the services that best meet their needs.



"When we met with the OnTrack team, it was the first time we felt hope. A few months later, I heard my son laugh again."

- Parent of OnTrackNY Participant



# 2025 Ontario County Resource Guide

## Appendix O: Free Opioid Overdose Prevention Training

### Access Naloxone in Ontario County, New York

- Visit the Harm Reduction Vending Machine 24/7 located at the Bus Depot in Geneva NY (near 372 Exchange Street in the Public Parking Lot)
- Purchase naloxone at any pharmacy without a prescription
- Naloxone mailed to your home by NEXT Distro <https://nextdistro.org/nychoice>
- Obtain naloxone and training from Ontario County Public Health, Call 585-396-4343
- Obtain naloxone and training at any FLACRA (Finger Lakes Area Counseling and Recovery Agency) location
  - FLACRA.org
  - Call 833-435-2272

## Using Naloxone during an Opioid Overdose



### 1 Assess and call 911



- Attempt to wake up the individual by yelling their name or using your knuckle to rub their sternum
- Check the individuals breathing
- Call 911 immediately



Naloxone will only work to reverse an opioid overdose, no other substances

### 2 Administer Naloxone



- Peel back packaging and remove device
- Hold device with thumb on the plunger and 2 fingers on the nozzle
- Place and hold tip of the nozzle in either nostril until you touch bottom of the nose
- Press the plunger firmly to release dose into patients nose **\*DO NOT TEST SPRAY\***
- Repeat with second dose if no response after 2-3 minutes



### 3 Check breathing



- If person isn't breathing, do rescue breaths and/or CPR if trained and comfortable
- Check to see if airway is clear
- Tilt person's head back, pinch nose closed, and open mouth
- Place your mouth over persons to make a seal and give 2 slow breaths
- Follow up with one breath every 5 seconds until person can breathe on their own

### 4 Stay and Assist



- Stay with the individual and monitor them
- Observe for withdrawal symptoms
- Place the individual on their side in the recovery position
- Naloxone wears off in 30 to 90 minutes
- Explain to the paramedics exactly what happened



# 2025 Ontario County Resource Guide

## Appendix P: Strong Recovery Brochure

### Strong Recovery Brochure

**Strong Recovery** is comprised of two outpatient clinics: Chemical Dependency (SRCD), and Methadone Maintenance (SRMM). Both programs work collaboratively as one comprehensive outpatient program to bring optimal care to our patients. These programs are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS), and accredited by the Joint Commission.

**Admission Criteria:** Adults (18 years old and up) with a drug/alcohol abuse or dependence diagnosis as defined by the DSM-IV and are assessed to be capable of achieving abstinence on an outpatient level and participate in the group therapy process.

**Additional Criteria for Co-Occurring Disorder Services:** Patients must have an Axis I mental health diagnosis.

**Additional Criteria for Methadone Maintenance services:** Verification of current physiological dependence on Opioids for a minimum period of 1-year.

**Strong Recovery Mission Statement:**  
"In partnership with patients, families, and the community, we promote recovery from addiction and mental illness through an integrated healthcare system that values both cultural diversity and linkage with teaching and research."



**CONTACT INFO:**

**PHONE:** (585) 275-3161

**FAX:** (585) 273-1089

## Strong Recovery



**300 Crittenden Blvd.  
Rochester, NY 14642**

**To schedule intake evaluations:  
Call (585) 275-5400**





# 2025 Ontario County Resource Guide

## Appendix Q: Health Navigator Agency Locations



### Navigator Agency Site Locations

#### County: Ontario

Lead Agency Name Community Service Society of New York  
Subcontractor Name Finger Lakes Community Health  
Enrollment Site Name Bristol Library  
Site Address 6750 County Road 32  
City Canandaigua NY 14424  
Phone # (800) 346-2211  
Languages English

Lead Agency Name Community Health Care Association of New York State (CHCANYS)  
Subcontractor Name N/A  
Enrollment Site Name Finger Lakes Area Counseling & Recovery Agency  
Site Address 28 East Main Street  
City Clifton Springs NY 14432  
Phone # (800) 346-2211  
Languages English

Lead Agency Name Community Service Society of New York  
Subcontractor Name Finger Lakes Community Health  
Enrollment Site Name Geneva Community Health (FLCH)  
Site Address 601B Washington Street  
City Geneva NY 14456  
Phone # (315) 729-2559  
Languages English & Spanish

Lead Agency Name Community Health Care Association of New York State (CHCANYS)  
Subcontractor Name N/A  
Enrollment Site Name Honeoye Public Library  
Site Address 8708 Main Street  
City Honeoye NY 14471  
Phone # (800) 346-2211  
Languages English & Language Line available

Lead Agency Name Community Health Care Association of New York State (CHCANYS)  
Subcontractor Name N/A  
Enrollment Site Name Naples Library  
Site Address 118 South Main Street  
City Naples NY 14512  
Phone # (800) 346-2211  
Languages English

2025 Ontario County Resource Guide

Appendix R: Mental Health Service Providers

Mental Healthcare in Ontario County, NY

Emergency Mental Healthcare and Mobile Crisis Response			
Clifton Springs Hospital Comprehensive Psychiatric Emergency Program	Adult	2 Coulter Rd Clifton Springs	315-462-1080
Brighter Days Pediatric Mental Health Urgent Care Center	Youth	300 Crittenden Blvd Rochester	585-275-8686
UR Medicine Comprehensive Emergency Program	Adult/Youth	601 Elmwood Ave Rochester	585-275-8686
Inpatient Mental Healthcare			
Clifton Springs Behavioral Health Clinic	Adult	2 Coulter Rd Clifton Springs	585-922-9900
Strong Memorial Hospital Inpatient Psychiatric Care	Adult/Youth	601 Elmwood Ave, Rochester	585-275-3535
Elmira Psychiatric Center	Adult/Youth	100 Washington Street Elmira	607-737-4711
Outpatient Mental Healthcare			
Clifton Springs Behavioral Health Clinic	Adult/Youth	2 Coulter Rd Clifton Springs	585-922-9900
Finger Lakes Community Health	Adult/Youth	601-B Washington Street Geneva	315-781-8448
Ontario County Mental Health	Adult/Youth	3019 County Complex Dr Canandaigua	585-396-4363
Boike Counseling Services	Adult/Youth	3180 West St Canandaigua	585-710-9563
			585-394-1442 (Wednesdays)
Clinical Associates of the Finger Lakes	Adult/Youth	590 Fishers Station Dr Suite 130 Victor	585-924-7207
Mental Health Association of Rochester: Ontario County	Adult/Youth	120 North Main St Canandaigua	585-629-0386
Renew Hope and Healing	Adult/Youth	6539 Anthony Drive, Suite A Victor	585-398-8835
Family Counseling Services of the Finger Lakes	Adult/Youth	514 S Main St Canandaigua 671 South Exchange St Geneva	585-394-8220 Canandaigua
			315-789-2613 Geneva
Lake View Health Services	Adult/Youth	609 West Washington St Geneva	315-789-0550
Veteran Mental Healthcare			
Canandaigua VA Medical Center Mental Health Clinic	Veterans	400 Fort Hill Ave Canandaigua	585-393-7250
Bath VA Medical Center	Veterans	76 Veterans Ave Bath	607-664-4300

988

SUICIDE & CRISIS

LIFELINE

Updated 7/16/2024

Health\_Education@OntarioCountyNY.gov

## Appendix S: Substance Abuse Services/Providers

### Substance Use Disorder Treatment in Ontario County, NY

Substance Use Crisis Mobile Response			
FLACRA Crisis Response Team	Adult/Youth	833-435-2272	
Clifton Springs Comprehensive Psychiatric Emergency Program Mobile Crisis Team	Adult	315-462-1080	
Inpatient Substance Use Disorder Treatment			
Clifton Springs Behavioral Health Clinic Chemical Dependency	Adult	2 Coulter Rd Clifton Springs	585-922-9900
Strong Memorial Hospital Inpatient Psychiatric Care	14 and older	601 Elmwood Ave Rochester	585-275-5050
Teller Square Addictions Crisis Center FLACRA	Adult	28 East Main St Clifton Springs	315-462-7070
Elmira Psychiatric Center	Adult/Youth	100 Washington Street Elmira	607-737-4711
Outpatient Substance Use Disorder Treatment			
Finger Lakes Counseling and Referral Agency (FLACRA)		Farmington Clinic 1386 Hathaway Drive, Suite A	585-396-4190
	Adult/Youth	Clifton Springs Clinic 28 East Main St	315-462-9161
		Geneva Clinic 246 Castle St	315-781-0771
		Connections: Rounded Recovery 64 West Ave Canandaigua	833-435-2272
	Adult/Youth	2 Coulter Rd Clifton Springs	585-922-9900
Clifton Springs Behavioral Health Clinic Chemical Dependency			
UR Medicine Outpatient Chemical Dependency Services (Strong Recovery)	14 and older	2613 W. Henrietta Road, Suites C & D Rochester	585-275-3161
Ontario County Mental Health Center	Adult/Youth	3019 County Complex Dr, Canandaigua	585-396-4363
Lakeview Health Services Ontario Recovery Center	Adult/Youth	611 West Washington Street Geneva	315-787-0459
Veteran Substance Use Disorder Treatment			
Canandaigua VA Medical Center Mental Health Clinic	Veterans	400 Fort Hill Ave Canandaigua	585-393-7250
Bath VA Medical Center	Veterans	76 Veterans Ave Bath	607-664-4300

**988** SUICIDE & CRISIS  
LIFELINE

Updated 7/16/2024

Health\_Education@OntarioCountyNY.gov



## 2025 Ontario County Resource Guide

---

### Appendix T: Sexually Transmitted Infection Testing in the Finger Lakes Region

# WHERE TO GET LOW- OR NO-COST STI TESTING IN THE FINGER LAKES?

**Center for Sexual Health & Wellness**  
Mt. Morris/Dansville/Geneseo  
585-243-7540

**Rochester Trillium Health**  
585-545-7200

**Geneva Community Health**  
315-781-8448

**Canandaigua Planned Parenthood**  
866-600-6886

**Watkins Glen Planned Parenthood**  
607-535-0030

**Ovid Community Health**  
607-403-0065

**Bath Community Health**  
607-776-3063

**Corning Planned Parenthood**  
607-962-4686

**Hornell Planned Parenthood**  
607-324-1124

**Newark Community Health**  
315-573-7577

**Sodus Community Health**  
315-483-1199

**Penn Yan Community Health**  
315-536-2752



## 2025 Ontario County Resource Guide

### Appendix U: Warming and Cooling Centers in Ontario County

Cooling centers are air-conditioned facilities where people can go to cool down during extreme heat.

Warming centers are heated places where you can go to stay warm during extreme cold

Location*	Address	Phone #
Bloomfield Public Library	9 Church St. Bloomfield, NY 14469	585-657-6264
Bristol Library	6750 County Road 32, Canandaigua, NY 14424	(585) 229-5862
Clifton Springs Library	4 Railroad Avenue, Clifton Springs, NY 14432	(315) 462-7371
Geneva Public Library	244 Main St, Geneva, NY 14456	(315) 789-5303
Gorham Free Library	2664 Main Street, Gorham, NY 14461	(585) 526-6655
Honeoye Public Library	8708 Main St, Honeoye, NY 14471	(585) 229-5020
Naples Public Library	118 S Main St, Naples, NY 14512	(585) 374-2757
Phelps Library	8 Banta St, Phelps, NY 14532	(315) 548-3120
Red Jacket Community Library	89 S. Main St Manchester, NY 14504	585-289-7063
Victor-Farmington Library	15 W Main St, Victor, NY 14564	(585) 924-2637
Wood Library	134 N Main St. Canandaigua, NY 14424	585-394-1381

\*For the most accurate and up-to-date information during a weather emergency, check local news outlets and visit our website ([ontariocountyny.gov/publichealth](http://ontariocountyny.gov/publichealth)). Please contact each location for hours of operation.

## 2025 Ontario County Resource Guide

### Appendix V: Harmful Algal Blooms

**STAY OUT OF LAKES AND RIVERS  
IF YOU SEE SCUM OR CHANGES  
IN WATER COLOR.**

You could get sick from water with  
**cyanobacteria** (blue-green algae) by:



**TOUCHING IT**



**BREATHING IT IN**



**SWALLOWING IT**



CS342010-A



[www.cdc.gov/habs](http://www.cdc.gov/habs)