

# New Lothrop Middle & High School

## August

			21 Mini Corn Dogs (1,4,5) Tater tots Fruit Choice & Milk	22 * Pepperoni Pizza (2,5) Salad Fruit Choice & Milk
25 Chicken Club Sandwich (2,4,5) French Fries Fruit Choice & Milk	26 *Beef & Cheese Nacho (2,4) Dinner Salad Fruit Choice & Milk	27 *Chicken Nuggets (4,5) Smiles Fruit Choice & Milk	28 General Tso (1,2,4,5) Rice (4,5) Fresh Carrots Fruit Choice & Milk	29 No School

## September

1 No School Labor Day	2 *Beef taco (2,4,5) Dinner Salad Refried beans Fruit Choice & Milk	3 *Chicken Tender (4,5) Mashed Potato (2,4,5) Fruit Choice & Milk	4 Grilled Cheese (2,4,5) Tomato Soup (5) Carrot Sticks Fruit Choice & Milk	5 *Bosco Sticks /w marinara sauce (2, 5) Green Beans Fruit Choice & Milk
8 *Turkey, Ham, Bacon Club Wrap (2,4,5) French Fries Fruit Choice & Milk	9 *Beef & Cheese Nacho (2,4) Dinner Salad Refried beans Fruit Choice & Milk	10 *Chicken Nuggets (4,5) Mashed Potato (2,4,5) Fruit Choice & Milk	11 Mac & Cheese (2,4,5) Green Beans Fruit Choice & Milk	12 * Pizza (2,5) Salad Fruit Choice & Milk
15 *Cheeseburger (2,5) French Fries Fruit Choice & Milk	16 *Beef taco (2,4,5) Dinner Salad Refried beans Fruit Choice & Milk	17 * Chicken Tender (4,5) Mashed Potato (2,4,5) Fruit Choice & Milk	18 Orange Chicken (1,2,4,5) Rice (4,5) Fresh Carrots Fruit Choice & Milk	19 *Bosco Sticks /w marinara sauce (2, 5) Green Beans Fruit Choice & Milk
22 *Hot Dog (5) French Fries Fruit Choice & Milk	23 *Beef & Cheese Nacho (2,4) Dinner Salad Refried beans Fruit Choice & Milk	24 *Chicken Nuggets (4,5) Mashed Potato (2,4,5) Fruit Choice & Milk	25 Chicken Alfredo (1,2,5) Green Beans Garlic Toast (5) Fruit Choice & Milk	26 * Pizza (2,5) Salad Fruit Choice & Milk
29 Mini Corn Dogs (1,4,5) Tater tots Fruit Choice & Milk	30 *Beef taco (2,4,5) Dinner Salad Refried beans Fruit Choice & Milk	<b>All students will receive free breakfast and lunch.</b>  There will be no charging allowed for ala carte or second meals. Purchasing a milk is an ala carte item. If paying online and you need your login information, please email your request to: vbaker@newlothrop.k12.mi		

### Offered Daily

**Fruit choice** (May take up to 2 – ½ cup servings)  
 Apples, banana, Orange's applesauce, peaches  
 Pineapple, slushes.

**Vegetable** is offered in ½ cup quantity and you may take one of each. One of the following will be offered daily: Dinner salad, fresh broccoli, fresh carrots and legumes.

**Grab & Go** PBJ Meal (3,5) or Salad.

**Milk choice** 1% white milk or FF chocolate milk

### **Wrap & Salad Line**

Monday – Thursday – starting September 8th

### Allergens

- |           |                     |
|-----------|---------------------|
| 1. Egg    | 4. Soy              |
| 2. Milk   | 5. Wheat            |
| 3. Peanut | 6. May contain eggs |

Salads are served with one of the following dressing: Ranch (1,2)  
 Caesar (1,2,4,5)

\*Gluten Free option for individuals with allergies.

### Lunch Prices

Student: Free    Adult: \$5.25    Milk: \$0.50