Summer '25

Medford Public Schools Summer Menus

Please note that while the first meal is free, second meals, single milks, and single fruits or vegetables are **not free.**

And while we do our best to stick to it, menus are subject to change.



(V) Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Assorted Cereal* **Breakfast Breaks** Fruit Selection	**Chocolate Chip Muffin*** Fruit Selection	**Snackin Waffle*** Fruit Selection	**Assorted Cereal*** **Breakfast Breaks** Fruit Selection	**Cinnamon Roll*** Fruit selection

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Popcorn Chicken Bento* Fruit Slush	**Fruit & Waffle Dippers** w/ nonfat Yogurt Apple Slices (V)	**Chicken Ranch Wrap*** w/ Lettuce Orange wedges	**Nachos Box*** w/ Tortilla Chips Cheese dip Bean & corn salsa (V) Apple Slices	**Personal Cheese Pizza*** Fruit Slush (V)

Daily Alternative Breakfast Option:

(V) Cheerios* (GF) or Cinnamon Chex* (GF)

Daily Alternative Lunch Option:

(V) Sunbutter & Jelly Sandwich*

Please inform your server if you have a food allergy!

For allergen and/or ingredient information, please contact **meals@medford.k21.ma.us**

All breakfasts include fruit selection & lowfat milk. All lunches include fruit selection and fat-free chocolate milk.

(V) Ovo-lacto vegetarian option

*Whole-grain rich item

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