



Beaverton School District Smart Snack Compliant Product List

The following is a list of foods and beverages that meet the standards for all grade levels (unless otherwise indicated) as of 6/20/25. This list is up to date to the best of our knowledge and will be reviewed annually, however product formulation/size may change without notice. This list is not exhaustive. Some items listed as available at Costco are only available through Costco Business Delivery. To determine if an alternative item meets the Smart Snacks standards, please refer to the [ODE Smart Snacks Product Calculators](#) (scroll down to Smart Snacks in Schools, open drop down – Snack, Beverage, and Entrée calculators can be found here).

If you have additional questions, please contact Kayla Petersen, Wellness Coordinator at Kayla_petersen@beaverton.k12.or.us

Fruit Based Snacks

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
All Brands	Individual Fruit Cups in Water or Natural Juices	½ cup	x	x	x
All Brands	Raisins or Other Dried Fruit with No Added Sugar	¼ cup	x	x	x
All Brands	Fresh Fruit and vegetables	½ cup	x	x	x
All Brands	Freeze Dried Fruit - All Flavors	¼ cup	x	x	x
All Brands	Unsweetened Applesauce Cups or Pouches	Up to ½ cup	x	x	x
All Brands	Sweetened Dried Cranberries	¼ cup	x	x	x
Brothers	All Natural Fruit Crisps	1 pkg (10-12g)	x	x	
Bear	Fruit Splits	1 pkg (20g)	x	x	x
Lara Bar	Mini Lemon Bar	1 bar (22g)	x	x	
Materne	GoGo Squeeze - All Flavors	1 pouch (90g)	x	x	x
Mott's	Healthy Harvest No Added Sugar - Country Berry, Peach Medley & Summer Strawberry	1 cup (113g)	x	x	
Outshine	Fruit and Yogurt Smoothie Pouch	1 pouch (99g)	x	x	
Solely	Organic Fruit Jerky	1 strip (23g)	x	x	x
That's It	Mini Fruit Bars	1 bar (20g)	x	x	x
Welch's	Fruit Snacks	1 pkg (1.55oz <i>not .8oz Costco ones</i>)		x	

Last Revised 06/18/2025

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Chips/Pretzels/Popcorn/Corn Nuts

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
Corn Nuts	Original, Ranch, BBQ	1 package (28g)	x	x	x
Frito Lay	Baked Potato Crisps	1oz	x	x	
Frito Lay	Reduced Fat Doritos	1oz	x	x	
Frito Lay	Baked Cheetos or Tostitos Scoops	.875oz	x	x	
General Mills	Simply Chex Mix - Cheddar	1 pouch (26g)		x	
General Mills	Simply Chex Mix - Strawberry Yogurt	1 pkg (1.03oz)		x	
General Mills	Simply Chex Mix - Chocolate Caramel	1 pkg (1.03oz)		x	
Hippeas	Chickpea Puffs - White Cheddar, Nacho Vibes	1 pkg (23g)	x	x	x
Pepperidge Farm	Goldfish Pretzels (Made w/ whole grain version only)	1 pkg (.75oz)	x	x	
Popchips	Potato Chips Snack Packs Variety Pack	1 pkg (.8oz)	x	x	x
Popcorners	Sea Salt, Sweet and Salty Kettlecorn	1 pkg (1oz)	x	x	x
Quaker	Rice Crisps - Variety Pack	1 bag (19g)	x	x	x
Quaker	Rice Cakes- All Flavors	1 cake	x	x	

Crackers and Grahams

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
Annie's	Honey Graham Crackers	2 full cracker sheets	x	x	
Cheez-It	Baked Crackers (Made w/ whole grain version only)	1 pkg (.75oz)		x	
Crunchmaster	Multi-grain - Six Seed Crackers	14 crackers			x
Kellogg's	Scooby Doo Baked Graham Cracker Snacks	1 package (28g)	x	x	
Mondelez Int'l	BelVita Snack packs	1oz	x	x	
Nabisco	Teddy Grahams	1 package or 1oz (28g)	x	x	
Nabisco	Triscuit- All Flavors	About 6 crackers	x	x	x
Nabisco	Triscuit Thin Crisps- All Flavors	About 15 crackers	x	x	
Nabisco	Wheat Thins - Original, Reduced Fat, Multigrain	About 14 pieces (1oz)	x	x	x
Pepperidge Farm	Goldfish Crackers (Made w/ whole grain version only)	1.1oz		x	
Readi-Bake Benefit	Whole Grain Jungle Crackers or Belly Bears, all flavors	1 package (1oz)		x	

Yogurt/Cheese/Smoothies

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
Most brands	Fat-free or low-fat yogurt, all flavors Greek or regular Chobani, Activia, Dannon, Yoplait, Great Value, Fage	6oz	x	x	x
All brands	Part-skim or Light Mozzarella String Cheese	1 stick (~21-28 g)	x	x	x
Dannon	Danimals- Yogurt Smoothies	1 bottle- 3.1 fl oz.	x	x	
Sargento	Reduced Fat- Colby Jack, Cheddar, Sharp Cheddar	1 stick	x		
The Laughing Cow	Babybel Light Snack Cheese	1 piece	x	x	
The Laughing Cow	Cheese Wedges Light- All Flavors	1 wedge	x	x	x
Yoplait	GoGurt - Portable Low Fat Yogurt - All Flavors	1 tube (64g)	x	x	x

Grain-Based Snacks

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
Sunbelt	Chewy Granola Bars	1 bar (29g)	x	x	
Cascadian Farm	Organic Chewy Granola Bar - Fruit & Nut Bar	1 bar (35g)	x	x	
CLIF	Kid Zbar	1 bar (36g)	x	x	x
CLIF	CLIF Mini Bar	1 bar (28g)	x	x	
Great Value	Crunchy Oats & Honey	1 bar ES & MS (21g) 2 bars HS (42g)	x		
Kellogg's	Nutri-Grain Cereal Bars - All Flavors	1 bar (37g)	x	x	x
Kind	Chewy Bars	1 bar (23g)	x	x	
Kirkland	Soft and chewy granola bar	1 bar (.85oz)			x
Made Good	Organic Granola Bites and Bars (Not drizzle versions)	1 pkg (24g)	x	x	x
Made Good	Soft Baked Bars	1 bar (30g)	x	x	
Nature's Bakery	Oatmeal Crumble Bars - Apple, Raspberry Lemon, Strawberry	1 bar (40g)	x	x	
Nature Valley	Chewy Fruit & Nut Trail Mix Bar	1 bar (35g)	x	x	x
Nature Valley	Crunchy Oats 'n' Honey Bars		x	x	x
Quaker	Chewy Granola Bar- All Flavors	1 bar (24g)	x	x	x

Protein Foods (Jerky, Nuts, Seeds, Legumes)

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
All brands	Unsweetened nut and seed butters	2T	x	x	x
All brands	Dry Roasted Nuts and Seeds	1oz	x	x	x
Bada Bean Bada Boom	Crunchy Broad Beans	1 pkg (1oz)		x	
Jack Links	Chicken Tender Bites - Sweet BBQ	1 pkg (28g)		x	
The Good Bean	Roasted Chickpeas	1 pkg (1.4oz)		x	

Treat Items

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
All brands	100% juice popsicles	1 popsicle	x	x	x
Deebee's	Organic Superfruit Freeze pops	1 bar	x	x	x
Good Pop	100% Juice Pops	1 pop (1oz)	x	x	
Otter-Pops	100% Juice Pops	1 pop (1oz)	x	x	
Healthy Choice	Organic fudge bars	1 bar (3fl oz)			x
Yasso	Greek Yogurt Bars - Strawberry, Sea Salt Caramel, Fudge Brownie	1 bar (~65g)	x	x	
Otis Spunkmeyer	Delicious Essentials Muffins	2oz		x	
Made Good	Crispy Squares	1 bar (22g)	x	x	

Compliant at High School Level Only

Manufacturer	Name/Description	Serving Size	Wal-Mart	Amazon	Costco
All Brands	Unsweetened Coconutmilk (coconut beverage, not canned coconut milk)	≤ 12 fl oz.	x	x	x
All Brands	Unsweetened Almondmilk	≤ 12 fl oz.	x	x	x
Lara Bar	Variety Pack - lemon, blueberry, apple pie	1 bar	x	x	x
Nature's Bakery	Fig Bars	1 pkg (2oz)	x	x	x
CLIF	Luna Bar - all flavors except Nutz Over Chocolate	1 bar	x	x	x
Caffeinated Beverages	Assorted	Varies	x	x	x

Beverages

Manufacturer	Name/Description	Serving Size Middle	Serving Size High	Wal-Mart	Amazon	Costco
Pacific Foods	Ultra Soy Milk	≤ 10 fl oz.	≤ 12 fl oz.	x	x	
Capri Sun	100% Juice Pouches- All Flavors	1 pouch	1 pouch	x	x	x
All Brands	100% Juice (Product Must State 100% Juice)	≤ 10 fl oz.	≤ 12 fl oz.	x	x	x
All Brands	Milk- Lowfat 1%, or Fat Free	≤ 10 fl oz.	≤ 12 fl oz.	x	x	x
Water	Pure Water, No Added Artificial Sweetener and/or caffeine	Any Size	Any Size	x	x	x

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