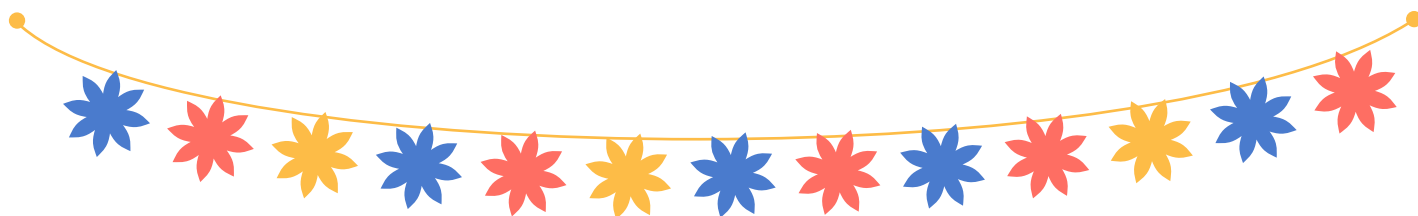




Classroom Parties & School Celebrations

Smart Snacks Guide

Classroom parties and school celebrations can help students feel pride in their work and promote a sense of community. The BSD Local Wellness Policy adheres to the Oregon Smart Snack Standards*, which were set by the state as the nutritional guidelines for foods offered on the school campuses. All foods offered on the school campus should meet the nutrition standards set by the USDA and the Oregon Smart Snacks Standards. This includes, but is not limited to, celebrations, parties, classroom snacks brought by parents, rewards and incentives.

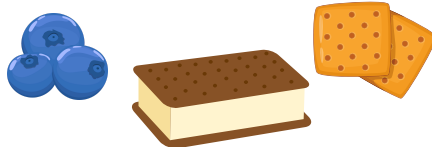


Non-Food Options

- Extra recess time
- Turn on some music and dance
- Have extra art or music time
- Plan a thematic craft for the party (painting pumpkins for harvest party, valentine boxes)
- Play party games or board games
- Hold a scavenger hunt
- Provide a free choice activity
- Celebrate with an open gym time
- Wear a special crown, sash, button or badge all day
- Read a favorite book to the class
- Play music during writing or study time

Smart Snack Compliant Party Treats

- Whole Grain Rice Krispies treats
- Teddy Grahams or other whole grain graham crackers
- 100% Fruit/fruit juice popsicles
- Popcorn - Air popped or low-fat microwave
- Whole grain rice cakes with fruit
- Otis Spunkmeyer Delicious Essentials 2oz muffins or cookies
- Baked or reduced fat chips
- Low fat ice cream bars
- Smoothies made with fruit and low-fat yogurt



For general Smart Snack compliant snack recommendations, see our School Day Snacks handout which is geared towards every day snacks rather than celebration treats.