



Upland Unified School District

June & July Breakfast Menu

Daily Breakfast Choices

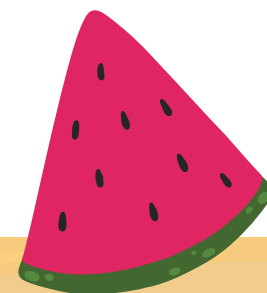
Whole Grain Breakfast Bread Variety
Bagel & Cream Cheese

Whole Grain Cereal Variety
Yogurt (9 g of sugar)

Whole Grain Breakfast Bars
Mozzarella String Cheese

Daily Breakfast Sides

Local Farm-Fresh Seasonal Fruit & Veggies
Local Driftwood Dairy California Milk
1% White Milk or Non Fat Milk



@UUSD FARM TO SCHOOL

*Menu subject to change *This institution is an equal opportunity provider



June Menu Lunch at the Library & Upland Jr. High



**Upland Unified
School District**

MONDAY

9 Chicken Sandwich
warm, crispy chicken patty
served on a whole grain
brioche bun



TUESDAY

**10 Bean and Cheese
Pupusa**



WEDNESDAY

**11 Yang's Orange
Chicken**
served over brown rice



THURSDAY

**12 Cheese or Turkey
Pepperoni Pizza**



Fresh Berry Parfait or Smoothie Served Daily



**16 Grilled Chicken
Sandwich**
warm, crispy chicken patty
served on a whole grain
brioche bun



17 Chicken Nuggets
served with Cheeze-Its



**18 Breaded Juicy
Chicken Drumstick**
served with a scratch-
made pasta salad



19 Meal Break
(Lunch at the Library Only)
BBQ chicken jerky bites
juice pouch
raisins
cheez-it crackers

Fresh Berry Parfait or Smoothie Served Daily

23 Chicken Sandwich
warm, crispy chicken patty
served on a whole grain
brioche bun



**24 Bean and Cheese
Pupusa**



**25 Yang's Orange
Chicken**
served over brown rice



**26 Cheese or Turkey
Pepperoni Pizza**



Fresh Berry Parfait or Smoothie Served Daily



**30 Grilled Chicken
Sandwich**
warm, crispy chicken patty
served on a whole grain
brioche bun



**served
daily**

**Local Hollandia Dairy
California Milk
1% White Milk or
Non-Fat Chocolate Milk (Lunch Only)**



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TOSCHOOL**



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July Menu Lunch at the Library & Upland Jr. High



**Upland Unified
School District**

served daily

**Local Driftwood
Dairy
California Milk
1% White Milk or
Non-Fat Chocolate
Milk (Lunch Only)**

MONDAY



TUESDAY

**1 Bean and Cheese
Pupusa**



WEDNESDAY

**2 Yang's Orange
Chicken**
served over brown rice



THURSDAY

**3 Cheese or Turkey
Pepperoni Pizza**



Fresh Berry Parfait or Smoothie Served Daily



**7 Grilled Chicken
Sandwich**

warm, crispy chicken patty
served on a whole grain
brioche bun



8 Chicken Strips
served with graham
crackers



**9 Breaded Juicy
Chicken Drumstick**
served with a scratch-made
pasta salad



10 Teriyaki Chicken
served over brown rice



Fresh Berry Parfait or Smoothie Served Daily



14 Chicken Sandwich
warm, crispy chicken patty
served on a whole grain
brioche bun



**15 Bean and Cheese
Pupusa**



**16 Yang's Orange
Chicken**
served over brown rice



**17 Cheese or Turkey
Pepperoni Pizza**



Fresh Berry Parfait or Smoothie Served Daily



**21 Grilled Chicken
Sandwich**
warm, crispy chicken patty
served on a whole grain
brioche bun



22 Chicken Strips
served with graham
crackers



**23 Breaded Juicy
Chicken Drumstick**
served with a scratch-made
pasta salad



24 Teriyaki Chicken
served over brown rice



**25 Turkey Ham and
Cheese Sandwich on
Wheat Bread**



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