



BREAKFAST

Pirate Breakfast \$8.00

Scrambled eggs, Choice of Two Proteins,
Roasted potatoes, & Biscuits served w/
Butter & Jelly
Protein Selection: Bacon, Sausage Links,
Turkey Sausage Patties
Add cheddar and/or Peppers & Onions for
\$0.55
Served w/ Thomas Coffee and Orange Juice

Conference Breakfast \$6.50

Simple Breakfast served w/Thomas Coffee, Orange Juice, and Choice of Two Bakery Items

Bakery Selection: Assorted Danishes, Cinnamon Rolls w/Housemade Icing, Bagels, Homestyle Biscuits served with Butter & Jelly

Frittata Breakfast \$7.30

Classic frittata w/Cheddar and Choice of
Protein
Protein Selection: Bacon, Sausage, or
Turkey Sausage
Add Peppers & Onions to any Frittata for
\$0.55
Served w/ Fresh Fruit Salad

Breakfast Sandwich \$6.50

Breakfast Sandwich w/Cheddar Cheese &
Egg served on English Muffin or Biscuit
w/Protein Selection
Protein Selection:
Bacon, Sausage, Sliced Ham, or Turkey
Sausage



LUNCH

Deli Sandwich \$7.20

Deli Sandwich on Texas Toast w/Lettuce, Tomato, Onion, and Pickle served on the side

Turkey & Cheddar

Roast Beef & Cheddar

Ham & Swiss

Includes Mayo, Mustard, Ms. Vicki chips, and Oreos

Baked Sliders \$6.25

Ham & Swiss

Turkey & Cheddar

French Dip Slider Roast Beef & Swiss served w/Au Jus

Chicken Parmesan Slider Crispy Chicken Tender, Provolone, Marinara

Two Sliders Per Person Served w/ Your Choice of Side

Pizza Dinner \$7.25

Cheese Pizza

Sausage Pizza

Pepperoni Pizza

Supreme Pizza All toppings

Veggie Pizza Onion, peppers, olives, and tomatoes

Served w/Breadsticks and Salad Selection

Spanish Style Bowl \$5.60

White or Brown Rice topped w/ Pepper & Onion Blend, Queso, Cilantro, Lime Crema Protein Selection: Chicken Carnitas, Seasoned Taco Meat, or Tilapia



DINNER

Taco Bar \$9.80

Build your own Taco or Nachos with 6 inch Flour Tortillas or Tortilla Chips with an extensive toppings list Includes: Seasoned Taco Meat, Fajita Chicken (Upgrade to Chicken Carnitas or Tilapia \$1.00)

Toppings: Queso, Shredded Lettuce, Shredded Cheddar, Sour Cream, Olives, Cilantro, Pico de Gallo, Mild Salsa, Jalapeños Served with Black Beans or Refried Beans

Italian Style Dinner \$7.50

Pasta Primavera Pasta mixed w/Roasted Yellow Squash, Cherry Tomatoes, Zucchini, and Red Onions Dressed w/ Olive Oil & Parmesan

> Pasta Bolognese Hearty Red Meat Sauce

Chicken Alfredo Creamy White Sauce w/Diced Chicken Served w/Breadsticks and Salad Selection

Baked Chicken or Tilapia \$9.20

Herbed Chicken Quarter, Tilapia Fillet Served w/ Roasted or Steamed Vegetable Medley, Mashed Potatoes, Dinner Roll, Salad Selection

Mediterranean Style Dinner \$7.20

Mediterranean Inspired Baked Chicken
Quarter, Tilapia
Served w/White or Brown Rice, Pita,
Hummus, Roasted or Steamed Vegetable
Medley
Substitue Vegetable Medley for Mezze
Pasta Salad or Mezze Vegetable Salad



SALAD

Garden 2.50

Chopped Romaine Lettuce
Topped w/ Shredded Carrots,
Cucumber, Red Onion
Dressing Selection: Ranch, FatFree Ranch, Honey Mustard,
Italian, French, Fat-Free Italian,
Balsamic

Caesar \$2.85

Chopped Romaine topped with Croutons & Shredded Parmesan

Fruit Salad \$2.15

Cubed Watermelon, Red Grapes, Green Grapes, Strawberries

Mezze Vegetable Salad \$1.00

Sliced Olives, Chickpea, Red Onion, Cherry Tomato tossed in Olive Oil & Red Wine Vinegar

Mezze Pasta Salad \$1.50

Red Onion, Cherry Tomato, Cucumber tossed w/Olive Oil & Red Wine Vinegar

PLATTER

Mezze Platter \$20.00

Broccoli Florets, Carrot Sticks, Cucumbers, Bell Peppers, Olives Served w/Hummus

Platters feed an estimated 25 guests

Vegetable Platter \$19.50

Broccoli Florets, Cauliflower Florets, Carrot Sticks, Cucumbers Served w/Homestyle Ranch

DRINK

Drink Dispensers \$15.00

Infused Water

Water

Lemonade

Orange Juice

Thomas Coffee W/Fnhancments

Canned Soda \$1.00

Starry, Diet Pepsi, Pepsi

Chocolate Chip (4oz) - \$15.75

DESSERT

Cookie & Brownie Dozen \$6.00

Chocolate Chip

Sugar

Brownie

Oat Raisin

Peanut Butter

Large Chocolate Chip Dozen \$15.75

4oz Chocolate Chip Cookies

Cake Slice

German Chocolate \$1.55

Red Velvet \$2.77

Banana \$1.35

Carrot \$1.71