

Standing Order Medications 24-25

Medications

Medications may only be administered with written parent permission according to Tidehaven ISD policy and procedure. Medications must be administered according to label instructions accounting for the age/weight of the child as indicated.

Medications under this Standing Delegated Order may be administered when personal orders have not been provided and medication is provided by the parent. If a student has orders from a personal physician the medication should be administered from the medication provided by the parent according to the orders by the doctor. Medications under this Standing Delegated Order set may only be administered for the indication or symptoms listed. Medications under this Standing Delegated Order set may only be administered on a Tidehaven ISD campus or at a campus sponsored event.

The following Over the Counter medications are to be administered by the Tidehaven ISD Registered Nurse (RN), Licensed Vocational Nurse (LVN), or designated employee(s) with documented training by licensed nurse unless otherwise indicated.

ORAL MEDICATIONS- Not to exceed manufacturer dosing guidelines. With parent permission unless in an emergency situation including but not limited to; anaphylaxis, possible fracture, fever exceeding 102°F, etc.

- Children's Acetaminophen/Tylenol (160 mg/1 tab or 5 mL)** every 4-6 hours as needed for headache, sore throat, pain, or fever. (not to exceed manufacturer dosing guidelines) Do not exceed 4 doses in 24 hours. See chart below.

Weight (lbs)	36-47	48-59	60-71	72-95
Age	4-5 years	6-8 years	9-10 years	11 years
Dose (mL)	7.5 mL	10 mL	12.5 mL	15 mL
Dose (tablets)	1 ½ tablets	2 tablets	2 ½ tablets	3 tablets

- Adult Extra Strength Acetaminophen/Tylenol (500 mg tablet)** every 6 hours as needed for headache, sore throat, pain, or fever. (not to exceed manufacturer dosing guidelines) Do not exceed 6 tablets in 24 hours. See chart below.

Weight	96 lbs and over
Age	Adults and Children 12 years of age and older
Tablets	2 tablets

- Children's Ibuprofen/Motrin (100 mg/1 tab or 5 mL)** every 6-8 hours as needed for headache, sore throat, pain, or fever. (not to exceed manufacturer dosing guidelines) Do not exceed 4 doses in 24 hours. See chart below.

Weight (lbs)	36-47	48-59	60-71	72-95
Age	4-5 years	6-8 years	9-10 years	11 years
Dose (mL)	7.5 mL	10 mL	12.5 mL	15 mL
Dose (tablets)	1 ½ tablets	2 tablets	2 ½ tablets	3 tablets

- Adult Strength Ibuprofen/Motrin (200 mg tablet)** every 6-8 hours as needed for relief of pain or fever. (not to exceed manufacturer dosing guidelines) Do not exceed 3 doses in 24 hours.
 - Adults and Children 12 years of age and older: 1-2 tablets

5. **Benadryl/Diphenhydramine HCl (Antihistamine)**
 - a. Children: (Ages 6-12) Liquid suspension: 12.5 mg/5ml. 5-10 ml. Chewable 12.5 mg/1 tablet. 1-2 tablets.
 - b. 12 years and over: 25 mg/1 tablet. 1-2 tablets. (not to exceed manufacturer dosing guidelines)
Every 4-6 hours as needed for runny nose, sneezing, itching of the skin or throat, itchy watery eyes, anaphylaxis, sudden outbreak of a rash. No more than 6 doses in 24 hours.
6. **Kids Chewable Pepto (Calcium Carbonate/Antacid)** 400 mg/1 tablet for acid indigestion, heartburn, sour stomach, upset stomach. (2-5 years/24-47 lbs: 1 tablet (do not exceed 3 tabs in 24 hrs) (6-11 years/48-95 lbs: 2 tabs (do not exceed 6 tabs in 24 hrs))
7. **Extra Strength Antacid tablets/Tums (Calcium Carbonate) 750 mg/1 tablet** for acid indigestion, heartburn, sour stomach, upset stomach. Adults and Children 12 years of age and over: Chew 2-4 tablets, not to exceed 10 tablets in a 24 hr period. If pregnant, do not take more than 6 tablets in a 24 hour period.
8. **Sore throat Spray (oral anesthetic/analgesic) Active ingredient: Phenol 1.4%** for the temporary relief of occasional minor irritation, pain, sore mouth, sore throat, and canker sores. Children under 12 years: spray 3 times. Adults and Children over 12 years: 5 sprays
9. **Cough drops** for the temporary relief of sore throat or cough per manufacturer guidelines.

TOPICAL MEDICATIONS- Not to exceed manufacturer dosing guidelines.

1. **Triple Antibiotic Ointment (Bacitracin Zinc, Neomycin Sulfate, Polymyxin B Sulfate):** To help prevent infection in minor cuts, scrapes, and burns.
2. **Anti-Itch Cream/Spray**
 - a. **Hydrocortisone 1% Cream:** For relief of itching associated with rashes and inflammation. Apply to affected area 3-4 times per day.
 - b. **Diphenhydramine Hydrochloride 2%/Benadryl Cream/Spray:** For relief of itching from insect bites or rashes from plants, such as poison ivy. Apply to affected area 3-4 times per day. Consult a physician for children under 12 years of age.
 - c. **Calamine lotion** for the relief of itching and minor skin irritations ie: poison ivy, oak, and sumac drying lotion
3. **Burn Spray (Lidocaine HCl 2%)** for quick pain relief of minor scalds and burns. Water soluble non-aerosol spray that cools and soothes. 2 years and older: 3-4 sprays per day.
4. **Vaporizing Rub (Vicks or the equivalent)** for relief of nasal congestion and coughing due to colds/allergies.
5. **Carmex** for cold sores, fever blisters, and chapped lips
6. **Aloe Vera** gel or lotion for sunburn
7. **Petroleum jelly** for diaper rash, chapped lips, and skin abrasions for comfort
8. **Sunscreen (SPF 15 or greater):** Apply liberally to sun exposed areas of skin as needed to prevent sunburn
9. **Mosquito Spray:** "Family/Children's" <15% Deet, prevention of insect bites when outside
10. **Antifungal Cream 1%** can be used according to label instructions.
11. **Chapstick** for chapped lips.
12. **Saline Wound Wash/Sterile Saline Wipes (0.9% USP Sodium Chloride)** for gentle cleansing and wound irrigation
13. **"Second Skin" or equivalent** to minor thermal burns (less than 3 cm in diameter), blisters, scrapes, cuts, stings, and bites.
14. **Lotion** may be used for dry skin.
15. **Baking Soda mixed with water** for 1% baking soda plaster for stings