



## Conquer back or knee pain without drugs or surgery

Members on the SISC Anthem medical plan get **free access** to Hinge Health's innovative digital programs for back or knee pain.

**Over 15,000** have completed the Hinge Health program. Here's just one testimonial:

"I considered back surgery, but wanted to try everything else first. Hinge Health gave me the tools I need to succeed without surgery. **I now know that surgery can be avoided.**"



Questions? Call (855) 902-2777

Eligibility: Must be 18+ and enrolled in a SISC/Anthem PPO medical plan.

To learn more and apply, visit:  
**HINGEHEALTH.COM/SISC**