



Birmingham Community Charter High School
CA LSWP Triennial Assessment – June 2024
WellSAT Analysis

2. Monitoring Progress with Meeting the LSWP Goals: Both the School Health Index provided by the Alliance for Healthy Kids and the Well SAT Implementation Assessment were completed. The following is an analysis of Birmingham’s successes and barriers in meeting Birmingham’s annual LSWP goals.

21-22 Successes	21-22 Barriers
<p>School Health and Environment:</p> <ul style="list-style-type: none">- Wellness Committee WC continues and met 5x during school year.- School board approved update to Board Policy 006: Wellness Policy to reflect requirements of HHFKA (Healthy and Hunger Free Kids Act).- WC adopted LCAP goals and EAMOs. annual FCMAT compliance training for faculty advisors of clubs and sports teams continues. <p>Nutrition Environment:</p> <ul style="list-style-type: none">-Increase in point of service for lunch program with addition of the first of four (4) POS encasements throughout the campus.-KIT Funds (Kitchen Infrastructure and Training) \$120K received to be utilized by June 2024. See future year Successes for narrative of KIT Funds use.- Meal application return rate increased to highest level of school history in 98% range.- Lunch and breakfast menus published monthly on the school’s website and announced through school communication platform ParentSquare - StudentSquare.-Cafeteria tests potential new menu items for students based on data obtained from Discovery Kitchen events conducted throughout the year.- During March 2022, National School Breakfast Week campaign featured Instagram videos of school staff enjoying school breakfast items with Marvel Super Heroes theme and handout. Increased breakfast participation by 100%-125% during the promotion week. <p>Health Education:</p>	<p>School Health and Environment:</p> <ul style="list-style-type: none">- Increase stakeholder participation in WC.- School-wide understanding of LSWP policies re: nutrition education, promotion of physical activity and healthy eating is warranted. <p>Nutrition Environment:</p> <ul style="list-style-type: none">- Low participation in Breakfast Program. Student tardies for first period are very high.- Breakfast in the classroom and Nutrition period not offered.-Upon return to campus, students unaccustomed to accessing meal program with 44% of qualified students participate in free/reduced lunch and 8% of qualified students participate in free/reduced breakfast. (See Successes for POS encasement project.) <p>Health Education:</p> <ul style="list-style-type: none">- Provide PD opportunities for Health teachers. <p>Physical Education and Physical Activity:</p> <ul style="list-style-type: none">- Increase percentage of students passing the FitnessGram by the senior year. <p>Social and Emotional Climate:</p> <ul style="list-style-type: none">- More PSWs needed to address student mental health needs.- PSWs are LAUSD employees, not BCCHS employees.- Attendance rate in 21-22 decreased to 92.3% compared to an average rate 96%-97% pre-COVID.- Chronic absenteeism rate increased to 27.4% in 21-22 after a low 10% during the COVID lockdown



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<p>- School is in compliance with health education requirements.</p> <p>Physical Education and Physical Activity:</p> <ul style="list-style-type: none">- PE curriculum aligned to state standards.- Substantial interscholastic sports program with 30.5% and 26.9% participation rate for boys and girls, respectively, in 21-22.- FitnessGram results for the five Fitness Components are no longer tracked. Instead, FitnessGram results are limited to participation rates for the five fitness areas in 21-22. <p>Social and Emotional Climate:</p> <ul style="list-style-type: none">- With increase in COVID recovery funds, the school was able to increase number of counselors and PSWs to enhance mental health. Class size ratios remained lower than required and an increase of in-class co-teaching and paraprofessional support staff to mitigate learning loss.- Alternative to Suspension program has been implemented to address the increase in vaping use.- Vaping sensors installed in student bathrooms.- Full time A-G/Attendance Counselor works closely with administration and the MTSS committee to locate and support chronically absent students returning to school.- Schoolwide and grade level MTSS committees established to address the needs of students, targeting Tier 2 and 3 students. MTSS computer model in place to track and identify and support those students most at-risk.- PBIS program remains in place with PBIS Coordinator and REACH program of student incentives. <p>School Health Services:</p> <ul style="list-style-type: none">- Continue with full-time LVN in Health Office.- Full-time school psychologist and psychiatric social workers.	<p>in 20-21 and the pre-COVID rate of 16.3% in 18-19. Factors contributing to increase include widespread anxiety about returning to school, lingering COVID illnesses, and nationwide challenges locating students once schools reopened.</p> <ul style="list-style-type: none">- Suspension rate increased to 4% from a pre-COVID rate of 3.2% in 18-19 (the last time students were on campus for an entire full year). There's been an increase in suspension due to drug and alcohol use, fighting, and vaping. <p>School Health Services:</p> <ul style="list-style-type: none">- Actively seeking a full-time certificated school nurse to fill the position vacated by a retirement during the 2020–21 school year.-HR has established web page with information and links to employee benefits including physical and mental health resources and services. ces, and WC in process of educating students, families and staff regarding nutrition guidelines and wellness activities. <p>Staff Wellness:</p> <ul style="list-style-type: none">- Very challenging year of return to campus. COVID infections amongst staff and students continued. Various special events including teacher lunch celebrations provided to increase morale. <p>Family Involvement:</p> <ul style="list-style-type: none">- Must engage and provide nutrition and wellness education opportunities for parents and families.- Must establish baseline to measure percentage of parents attending school-sponsored activities.- Must establish baseline to measure percentage of parents attending informational workshops. <p>Community Involvement:</p> <ul style="list-style-type: none">- Parent rep on Wellness Committee; however, additional student, parent, and community members sought.
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<p>Staff Wellness:</p> <ul style="list-style-type: none"> - Stress management programs provided to staff through health benefits. - Staff PD and training provided on blood-borne pathogens and mandated reporting. - Select staff PD for CPR, use of Epi-Pen. <p>Family Involvement:</p> <ul style="list-style-type: none"> - Nutrition main page on Birmingham website. - Availability of AERIES Parent Portal. - Annual letters mailed to families on national school lunch program. - Quarterly Parent Newsletter. <p>Community Involvement:</p> <p>Birmingham maintains a strong partnership with organizations that utilize campus sports facilities and other meeting spaces.</p> <ul style="list-style-type: none"> - Representation continues at school board-level, charter subcommittees, School Site Council, English Learners Advisory Council and PTSA. 	<ul style="list-style-type: none"> - Wellness Committee meetings were conducted remotely. Some parents and community members are challenged by the use of remote technology.
<p>22-23 Successes</p> <p>School Health and Environment:</p> <ul style="list-style-type: none"> - School board approved update to Board Policy 006: Wellness Policy to reflect requirements of HHFKA (Healthy and Hunger Free Kids Act). - WC membership reflects a broad spectrum of school community members and staff. - WC reviewed and updated LSWP goals. - Participation in WC expanded with visits to classrooms for meetings and push to promote additional members. - Launched wellness survey of school staff. <p>Nutrition Environment:</p> <ul style="list-style-type: none"> - Provision 2 implemented for SY 22-23. - As Provision 2 school, school provides all students with both a healthy breakfast and lunch daily at no charge. - Increase in lunch and breakfast participation to 49% and 10% from 44% and 8%, respectively, during 21-22. 	<p>22-23 Barriers</p> <p>School Health and Environment:</p> <ul style="list-style-type: none"> - Wellness Coordinator out on medical leave; WC re-convened for 3x Spring semester 2023. - School-wide building awareness of LSWP policies re: nutrition education, promotion of physical activity and healthy eating is warranted. WC is developing plans to heighten awareness in 23-24. <p>Nutrition Environment:</p> <ul style="list-style-type: none"> - Lunch and breakfast participation, although it increased during 22-23, has not reached pre-COVID on-site participation of 600 breakfasts (approx. 20%) and 2000 lunches (approx. 66%). - Increase awareness and provide PD re: Wellness Policy requirements. - School-wide PD and in-service for faculty and staff on LSWP policies re: food and marketing. There is a lack of awareness and compliance re: Smart Snacks requirements.



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<p>-Increase in point of service for lunch program with addition of three (3) POS encasements throughout our large physical campus for a total of four.</p> <p>-Additional KIT Funds awarded of \$340K to be utilized by June 2025. Needs assessment of funds in process.</p> <p>- Lunch and breakfast menus published monthly on the school’s website and announced through school communication platform ParentSquare/StudentSquare.</p> <p>-Cafeteria tests potential new menu items for students based on feedback from Discovery Kitchen events conducted throughout the year. This is how the cafeteria tests potential new items that could be added to the student menu based on positive student feedback.</p> <p>- During March 2022, Launched school breakfast promotion that included coupons for use at the Student Store. Resulted in 50% increase in breakfast participation for the week at very little cost.</p> <p>- Schoolwide snacks provided for testing days meet Smart Snacks requirements.</p> <p>- Both students and parents provided feedback and comments on school meal programs.</p> <p>- Implemented on-line monthly nutrition education newsletter for students and families.</p> <p>-On-site waste establishment conducted by Waste Management in anticipation of implementation of Organic Waste Reduction Law (SB 1383).</p> <p>Health Education:</p> <p>- School is in compliance with health education requirements.</p> <p>Physical Education and Physical Activity:</p> <p>- PE curriculum aligned to state standards.</p> <p>- Substantial interscholastic sports program with 34.2% and 31.2% participation rate for boys and girls, respectively, in 22-23.</p> <p>- FitnessGram results only include participation rates for the five fitness areas in 21-22 and 22-23.</p>	<p>- Increase parent participation in wellness initiatives and wellness education.</p> <p>Health Education:</p> <p>- Provide PD opportunities for Health teachers.</p> <p>Physical Education and Physical Activity:</p> <p>-PD needed for PE teachers and classroom teachers re: incorporating physical activity breaks in classrooms.</p> <p>Social and Emotional Climate:</p> <p>- Schoolwide Attendance Rate increases to 92.6%, only 3 tenths of a percentage point compared to 21-22.</p> <p>- Continued mental health issues impact the student body.</p> <p>Staff Wellness:</p> <p>- Lack of school wide staff CPR certification and Epi-Pen.</p> <p>- Continued disconnect between actual support services offered through health benefits and staff awareness of these services.</p> <p>- Staff continues to grapple with the challenges in the classroom with student anxiety, depression, and learning loss.</p> <p>Family Involvement:</p> <p>- Must increase parent participation in wellness initiatives and education.</p> <p>Community Involvement:</p> <p>- Encouraging families and community members to return to campus for events remains a challenge, due to ongoing COVID-related concerns and the widespread and growing preference for virtual meetings.</p>
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<p>Social and Emotional Climate:</p> <ul style="list-style-type: none">- Chronic absenteeism decreases to 24.4%, or three percentage points from the high in 21-22.- Drug prevention and intervention programs in place.- One PSW assigned to each GLA.- Suspension rate decreased to 2.7% during 22-23 compared to 4% in 21-22.- MTSS and drug and alcohol prevention programs continue. <p>School Health Services:</p> <ul style="list-style-type: none">- Full-time certificated school nurse and LVN.- Full-time school psychologist.- Expanded support system to include four psychiatric social workers (PSWs) – one assigned to each grade level. <p>Staff Wellness:</p> <ul style="list-style-type: none">- Health Fair for staff during benefits election period.- Staff feedback and survey regarding cafeteria meal offerings.- Stress management programs provided to staff through health benefits.- Staff PD and training expanded to include:<ul style="list-style-type: none">● student depression and suicidal ideation● active shooter procedures.- Select staff PD for CPR, use of Epi-Pen. <p>Family Involvement:</p> <ul style="list-style-type: none">- Parent feedback and survey solicited regarding school breakfast and lunch menus.- Nutrition main page on Birmingham website.- Availability of AERIES Parent Portal.- Annual letters mailed to families on national school lunch program.- Quarterly Parent Newsletter. <p>Community Involvement:</p>	
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<ul style="list-style-type: none"> - Birmingham maintains a strong partnership with organizations that utilize campus sports facilities and other meeting spaces. - Representation continues at school board-level, charter subcommittees, School Site Council, English Learners Advisory Council and PTSA. - First annual Wellness Fair in Spring included community organizations that offer medical and mental health programs. - Chartwell hosted booth with examples of SmartSnack compliant snacks and beverages. 	
<p>23-24 Successes</p> <p>School Health and Environment:</p> <ul style="list-style-type: none"> -WC committee continues to convene and membership has been expanded to include increased parent and community participation. - WC met 7x during school year. - WC meetings resume on campus. <p>Nutrition Environment:</p> <ul style="list-style-type: none"> - Second year of Provision 2. - Federal meal program continues at the highest standards of compliance. -KIT Funds of \$120K utilized to upgrade cafeteria infrastructure. - Portion of \$340K KIT funds utilized to hire Cannon Design Services for architectural design refresh and asbestos abatement for the cafeteria and faculty dining. Abatement and refresh completed during July SY 24-25. -Equipment Assistance Grant of \$100K utilized to purchase both replacement and supplemental equipment impacting quality and quantity of food prepared and served. - Cafeteria tests potential new menu items for students based on feedback from Discovery Kitchen events conducted throughout the year. This is how the cafeteria tests potential new items that could be added to the student menu based on positive student feedback. 	<p>23-24 Barriers</p> <p>School Health and Environment:</p> <ul style="list-style-type: none"> -WC brainstormed ways to reach out to families, community members, and staff to increase awareness and education relating to Wellness Policy elements. - Must increase training school wide availability of physical activity breaks in classroom, and modeling healthy behaviors. - School-wide understanding of LSWP policies re: nutrition education, promotion of physical activity and healthy eating is warranted. - WC is developing plans to heighten awareness. Wellness Placemat for staff is scheduled to be updated and distributed in SY 24-25. <p>Nutrition Environment:</p> <ul style="list-style-type: none"> - Breakfast participation decreased to 8% from 10% in previous year 22-23. - Lunch participation decreased to 40% from 49% in previous year 22-23. - Morning tardies continue to hinder breakfast participation. - No National School Breakfast Week promotion. - Continued lunchtime student activities including food items cannibalized lunch participation. - Additional education and awareness for all campus community groups in the purpose and use of the three-bin waste program per SB 1383.



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<ul style="list-style-type: none">- OrganicWaste Reduction Law (SB 1383) for local education agencies with the introduction of designated waste bins for organic (i.e. food) waste (green),non biodegradable waste (blue), and those items that are mixed use and/or not recyclable and/or not compostable.- New traffic management protocols implemented to reduce student tardies. <p>Health Education:</p> <ul style="list-style-type: none">- School is in compliance with health education requirements.- Science Department head and Science Instruction Coach collaborating with Wellness Coordinator to ensure future integration of LSWP’s required health and nutrition topics in Biology course. <p>Physical Education and Physical Activity:</p> <ul style="list-style-type: none">- PE curriculum aligned to state standards.- Substantial interscholastic sports program with 32.7% and 32.7% participation rate for boys and girls, respectively, in 23-24.- In 23-24, FitnessGram results are limited to participation rates for the five fitness areas and reflect, on average, a 5-6 percentage point increase from 22-23. <p>Social and Emotional Climate:</p> <ul style="list-style-type: none">- Attendance Rate increased to 93.6% in 23-24, a one percent increase from 22-23.- Chronic absenteeism decreases to 20.8% from 24.4% and 27.4% in 22-23 and 21-22, respectively.- Drug prevention and intervention programs in place.- One PSW assigned to each GLA.- PBIS program continues with coordinator and REACH rewards.- MTSS, Alternatives to Suspension, and drug and alcohol abuse intervention continues. <p>School Health Services:</p>	<p>Health Education:</p> <ul style="list-style-type: none">- First year health course is absorbed into double-block Biology class. Biology teachers in learning stage of integrating health topics into instruction. <p>Physical Education and Physical Activity:</p> <ul style="list-style-type: none">- Resume PD for physical education teachers. <p>Social and Emotional Climate:</p> <ul style="list-style-type: none">- Suspension rate increased to 3.0% in 23-24 from 2.7% 22-23. Although the Alternative to Suspension program is helping, more instances of vaping use have been detected by bathroom sensors. <p>School Health Services:</p> <ul style="list-style-type: none">- Uptick in students requiring support during mental health episodes.- PSWs working to coach teachers in addressing classroom disruptions and difficult situations. <p>Staff Wellness:</p> <ul style="list-style-type: none">- Limited number of staff took advantage of EdWell program services.- Morale issues continue post-COVID. <p>Family Involvement:</p> <ul style="list-style-type: none">-Strategies to increase parent awareness of impact of morning tardies on breakfast participation is warranted.-Promotion of LSWP goals and requirements is warranted.- Update of Wellness Brochure for Parents and Families is scheduled for SY 24-25.
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<ul style="list-style-type: none">- Brief time at beginning of school year when full-time RN position was vacant.- LVN continues full-time. <p>Staff Wellness:</p> <ul style="list-style-type: none">- EdWell counseling services offered to teachers and staff for job coaching and/or mental health counseling.- HR publishes monthly newsletter.- Health Fair for staff during benefits election period. <p>Family Involvement:</p> <ul style="list-style-type: none">- Families begin to return to campus for various events.- Family representation on school governing board, SSC, ELAC, and PTSA. <p>Community Involvement:</p> <ul style="list-style-type: none">- Birmingham maintains a strong partnership with organizations that utilize campus sports facilities and other meeting spaces.- 2nd annual Wellness Fair in Spring included community organizations that offer medical and mental health programs.- Chartwell hosted booth with examples of SmartSnack compliant snacks and beverages.- WC also hosted a booth.	
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