



# GSL Community Education

[www.gsl.k12.mn.us](http://www.gsl.k12.mn.us) Community Education

Phone: 320-864-2690

## Red Cross Swimming Lessons - SWIM LEVEL DESCRIPTIONS

**Preschool 1 & 2** – 30 minutes – Max of 4 students. Must be toilet trained and able to separate from parent or guardian with ease while taking direction from an instructor

**Preschool 1** – Must be 4 yrs old This is the first opportunity to participate in a swimming class independently. Students will engage in various skills and games appropriate to their age level.

**Preschool 2** – Must be 5 yrs old Same format as Level 1 w/activities appropriate to age level.

**Level 1:** Water Exploration This class is for students who have swimming experience and are comfortable in the water without a parent or guardian. Students must be at least five years old.

**Level 2:** Primary Skills Students will learn fundamental skills of propelling themselves in the water.

**Level 3:** Stroke Readiness Coordinated front crawl, elementary backstroke, treading water, and safe diving skills introduced.

**Level 4:** Stroke Development Develop endurance and coordination of crawl and elementary backstroke, introduction to breast stroke and turns.

**Level 5:** Stroke Refinement Students will refine previously learned strokes, introduction of butterfly, open turns, spring-board diving and distance swimming. **Level 6:** Stroke Proficiency Develops polished strokes. Students will swim with ease, power, efficiency and smoothness over considerable distances.

July 7, 8, 9, 14, 15, 16, 17, 18

GSL High School Pool – \$45

#3103C Level 3 – 11:00-11:45AM

#3102C Level 2 – 11:50AM -12:35PM

#3101C Level 3 – 12:45-1:30 PM

#3101D Level 1 – 1:40-2:25 PM

#3102D Level 2 – 2:30-3:15 PM

#3101G Level 1 – 3:25-4:10PM

Preschool Level 1A – 4:15-5:15PM

July 21, 22, 23, 24, 25, 28, 29, 30

GSL High School Pool – \$45

#3101E Level 1 – 11:00-11:45AM

#3102E Level 2 – 11:50AM -12:35PM

#3103E Level 3 – 12:45-1:30 PM

#3101F Level 1 – 1:40-2:25 PM

#3104A Level 4 – 2:30-3:15 PM

#3105A Level 5/6 – 3:25-4:10PM

Preschool Level 1B – 4:15-4:45PM

Preschool Level 2B– 5:00-5:30PM

## Private Swim Lessons

- Private swim lessons are available. Schedules are arranged around the Instructors availability.
- Students receive one-on-one instruction for Four-30 minute lessons.
- Fee: \$60
- \*\* To register, please call Community Education at 320-864-2690.

## Parent/Child lessons

This class is to help parents teach their children basic water adjustment skills through fun games and exercises. A parent must accompany the child in the water. Only swim diapers will be allowed in the pool.

Course: #3630B

Dates: Monday-Thursday July 24-29

Time: 5:35-6:05PM Fee: \$22

## Girls Wrestling Camp

*Going into grade 4th-12th*

Camp will include: Basic Stance, Offense/Defense, Singles and Doubles and games. Camp is coached by Hannah Wigern. Coach Wigern wrestled and graduated from Hutchinson and is currently a Women's Collegiate Wrestler at Augsburg University.

Course: # 5010

Dates: Tuesday – Thursday July 22-July 24

Time: 5:30pm - 7:30pm

Location: GSL Wrestling room

Fee: \$20.00

### **Grade 9-12 GSL Football Camp**

This camp covers the fundamentals of offense, defense and the kicking game. The camp is instructed by Head Coach Gary Kosek and the Varsity Asst. Coaches of GSL Football team. Players should report 45 minutes early the first day of camp to be fitted for gear.

**\*\*Registered by June 30th to receive a t-shirt**

Course: 4424

Dates: Monday - Thursday, July 21 – 24

Time: 6:00PM-8:00PM Fee: \$60 (includes t-shirt)

Location: GSL High School Fields

### **Grade 7-8 Football Camp**

This camp covers the fundamentals of offense, defense and the kicking game. The camp is instructed by Head Coach Gary Kosek and the Varsity Assistant Coaches of GSL Football team.

**\*\*Registered by June 30th to receive a t-shirt**

Course: 4423

Dates: Monday-Wednesday July 21-23

Time: 10:30AM-12:00PM

Fee: \$50 (includes t-shirt)

Location: GSL High School Fields

### **Grade 3-6 Football Camp**

This camp covers the fundamentals of offense, defense and the kicking game. The camp is instructed by Head Coach Gary Kosek and the Varsity Assistant Coaches of GSL Football team.

**\*\*Registered by June 30th to receive a t-shirt**

Course: 4422

Dates: Monday-Wednesday July 21-23

Time: 9:00AM-10:30AM Fee: \$50 (includes t-shirt)

Location: GSL High School Fields

### **Boys Basketball Summer Camp**

Offensive skills camp hosted by GSL alum & college basketball player Eli Ehrke

Course: 4878A Going into Grades 4-6

Dates: Monday-Thursday July 28 - July 31

Time: 8:30 AM to 10:00 AM

Cost: \$60.00

Location: GSL Black Gym

Course: 4878B Going into Grades 7-9

Time: 10:15 AM to 11:45 AM

Cost: \$60.00

Location: GSL Black Gym

### **Baseball Tots - ages 2-4**

Step up to the plate with Baseball Tots! These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. Baseball Tots is a great way to introduce baseball to young kids! Parent participation is required. Instructor:

Skyhawks Sports

Course: 2250

Time: 5:00-5:30pm

Dates: Tuesdays, July 15 – August 5

Location: Lincoln field

Fee: \$59

### **T-Ball – ages 5-6**

Swing for the stars with Skyhawks Baseball!

This program teaches young sluggers essential skills like fielding, catching, and hitting, all while fostering teamwork and responsibility. Instructor: Skyhawks Sports

Course: 8050

Time: 5:45-6:30pm

Dates: Tuesdays, July 15 – August 5

Location: Lincoln field

Fee: \$75

### **HappyFeet Pre-School Soccer Camp**

HappyFeet Summer Camp utilizes fun, engaging activities to ensure that your child retains what skills they have learned, and master what they have retained. Whether your child is new to HappyFeet or has participated in the past, they are sure to have a blast!!

**Age 2-3** – Course: #2202B

Dates: Wednesdays, August 6 - 27

Time: 5:30-6:00pm Fee: \$45

**Ages 4-5** - Course: #2203A

Dates: Wednesdays, August 6 - 27

Time: 6:00-6:45pm Fee: \$50

**Ages 6-7** – Course: #2204A

Dates: Wednesdays, August 6 - 27

Time: 6:00-6:45pm Fee: \$50

Location: Lincoln Softball Field

## **Tennis Camp Entering Grades 1-6**

Participants will cover individual fundamentals of the game and will have the opportunity to become better tennis players in a fun, positive atmosphere. New and experienced players will leave tennis camp with confidence and a passion to enjoy the sport of a lifetime. Participants are separated by appropriate age and skill level. Rackets will be available to borrow if needed. Instructor: Eric Anderson

*Registration Deadline: July 2*

*Grade 1-3*

Course: 8754 A

Dates: Monday-Thursday, July 7 – July 17

Time: 12:30-1:30PM      Fee: \$59

*Grade 4-6*

Course: 8754 B

Dates: Monday-Thursday, July 7 - 17

Time: 1:30-2:30PM      Fee: \$59

## **Open Gym:**

*Available to PPG and HS gymnasts*

The goal of this open gym session is to train skills and requirements for future routines with an opportunity to have double spot (3-4 coaches available). The gymnast may choose what events and skills to train independently or with a coach and may freely rotate to other events or skills whenever needed. Drills may be requested and the gymnast(s) & coaches will assist with the set up and take down.

This session has no lesson plan and skills will be worked based on the gymnasts' wants & needs for their routines and goals.

Coaches are eager to work skills that would meet basic event requirements for routines on each event, but are not limited to the basics & are eager to work twisting at all events, release moves & advanced requirements for bars, flight & tumble series on beam, and advanced skills on all events.

Registrations deadline: Tuesday, July 29

Course: #5020

Dates: Tuesday & Thursday

August 5, 7, 12, 14

Time: 6:00-8:30pm

Fee: \$40

## **College Dance Team Prep Clinic**

*Grades 7-12*

This prep clinic will include hip hop, Pom, technique, and a Q&A session. My goal is the give the girls a glance at different styles that are common in college dance, but not so much in high school! Instructor: Breanna Stansbury is from Hutchinson and currently dances for Nicholls State University in Thibodaux, Louisiana

Course: 4429

Time: 3:00-8:00pm

Dates: Friday, July 11

Location: GSL Purple Gym      Fee: \$32

## **Summer Dance Team Boot Camp Entering Grade 7-12**

We will work on basic jazz and kick technique and conditioning! Dancers should bring tennis shoes, dance shoes, and water! Each dancer will also need a set resistance bands. Instructor: Coach Bertina Schraw

### **July Boot Camp**

Course: #4424 B

Dates: Tuesday and Wednesday,  
July 8, 9, 15, 16, 22, 23

Time: 9:00AM – 11:30AM

Location: Purple Gym      Fee: \$60

## **High School Gymnastics Camp**

*Grades 7-12*

Course: 5013      Dates: July 28-31      Fee: \$100

*\*Does included fee to use Watertown facility*

Camp Schedule:

*Monday, July 28*

Time: 10:30am-1:30pm      Location: Watertown.  
Brittany will bring kids from GSL If driving yourself, practice is 11-1 at Watertown. The 30 minutes drive time each way is factored in

*Tuesday, July 29*

Time: 11am – 1:00pm      Location: PFH Gym 3

*Wednesday, July 30*

Time: 10:30am - 1:30pm      Location: Watertown

Brittany will bring kids from GSL. If driving yourself, practice is 11-1 at Watertown. The 30 minutes drive time each way is factored in

*Thursday, July 31*

Time: 11am – 1:00pm      Location: PFH Gym 3

### Home Alone Grade K-8

This class will cover the basics of staying home alone and coming and going home safely. Topics of discussion include appliance safety, responsibilities, house rules, first aid and more. Students will feel confident and educated to stay home after attending this class. Questions and answer time provided. Students will leave with take home materials.

Registration Deadline: August 11

Course: #435

Date: Saturday, August 16

Time: 1:30PM-3:00 PM

Fee: \$25      Location: GSL Community Room

### Babysitting Training Course

This is your chance to become a trained babysitter. We will cover appropriate games and activities, telephone common sense, basic first aid, good decision-making skills, and much more. Students should bring a doll and a sack lunch to class. Must be 11 years old by the start of the class. Registration Deadline: August 11

Course: #2513

Date: Saturday, August 16

Time: 9:30AM - 1:00PM      Fee: \$35

Location: GSL Community Room

### Super Mario Game Coding

*Entering grades 2nd-5<sup>th</sup> grade*

This course will give you hands-on experience developing your game using Scratch 3, a visual coding platform. Students will learn to think like programmers and learn coding concepts while a *Super Mario Bros.*-themed game. The first part of the class will be instructor-led. With any remaining time, students will have the opportunity to customize their games. Please bring a USB drive, lunch and a drink

Course: 7930

Date: Friday, August 15      Time: 9am – 2pm

Location: GSL Community Room      Fee: \$45

### Kidscreate Studio - Volcano Whale

Grades K-6

This project is a whale of a good time! Learn about chemical reactions by creating your very own clay whale that spouts like a volcano! Watch in awe as your whale erupts with a colorful, bubbly splash of foam. Perfect for young scientists who love creativity, excitement, and a splash of messy fun!

*Registration Deadline: July 8*

Course: #2524A

Date: Tuesday, July 22

Time: 1:00pm-2:00pm      Fee: \$15

Location: GSL Community Room

Course: #2524B

Date: Tuesday, July 22

Time: 2:00pm-3:00pm      Fee: \$15

Location: GSL Community Room

Course: #2524C

Date: Tuesday, July 22

Time: 3:00pm - 4:00pm      Fee: \$15

Location: GSL Community Room

### Messy Art      Ages 5 and up

Come have fun with us getting Messy! Let your Creative Artist out. You will be able to try different Art forms to create your very own masterpieces. You will get Messy, so please dress to get dirty!!

Course: 6794

Date: Monday, July 21, 2025

Time: 1:00-2:30pm      Fee: \$29

Location: GSL Community Room

### Classroom Concoctions      Grades K-6

Classroom concoctions is a fun chemistry program. Students will create some cool chemistry experiments as well as make sidewalk chalk to take home.

Registration Deadline: July 10

Course: #440A      Date: Thursday, July 17

Time: 1:00PM-1:45 PM      Fee: \$12

Location: GSL Community Room

Course: #440B      Date: Thursday, July 17

Time: 2:00PM-2:45 PM      Fee: \$12

Location: GSL Community Room

## **GSL Kickoff Band Lessons** (Entering Grades 5)

Start 5th Grade off with a kick! If you are joining the 5th Grade Beginning Band this fall, join us during the week of **August 18<sup>th</sup>-22<sup>nd</sup>, 2025** to get a head start on your musical journey. In these instrument-specific classes you'll learn techniques unique to your instrument. After these five 60 minute group lessons, you'll start the school year reading notes, playing rhythms and ready to make music in the fall!. Don't see a time here that works for you? We are very flexible!

Contact Annie Nyholm at [anyholm@gsl.k12.mn.us](mailto:anyholm@gsl.k12.mn.us) if you need assistance!

Dates: Monday- Friday, 8/18-8/22

Location: GSL Jr/Sr Band Room

Fee: \$55

Flutes 8:00 AM Course: #KML800

Trumpets 8:30 AM Course: #KML830

Clarinets 9:00AM Course: #KML900

Trombones/Baritones 9:30 AM Course: #KML930

Saxophones 10:00 AM Course: #KML1000

Percussion 10:30 AM Course: #KML1030

Clarinets 12:30 PM Course: #KML1230

Trumpets 1:00 PM Course: #KML100

Flutes 1:30 PM Course: #KML130

Trombones/Baritones 2:00 PM Course: KML200

Saxophones 2:30 PM Course: #KML230

Percussion 3:00 PM Course: #KML300

## **Instant Piano**

### **for Hopelessly Busy People Age 13+**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. The chord method is LOTS of fun and dramatically easier to learn than reading notes. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture demonstration.

Course: 7923

Date: Tuesday, July 7, 2025

Time: 7:30-10:30pm

Location: Zoom Fee: \$69

## **Instant Guitar**

### **for Hopelessly Busy People Age 13+**

In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Fee includes the online book, online follow up lessons, a recording of the class and also an optional periodic question and answer session. Class is held online using zoom and is partly hands on instruction and partly lecture/demonstration.

Course: 7912

Date: Monday, July 7, 2025

Time: 7:30-10:00pm

Location: Zoom Fee: \$69

## **Handmade Greeting Cards**

### *Ages 5 and up*

We will be using stamps, ink pads, die cuts. Markers, pencils paper and much more to create 6 greeting cards to take home.

Course: 6793

Date: Wednesday, August 6

Time: 1:00-2:30pm

Location: Panther Field House Fee: \$29

