

Social Emotional Learning

SOCIAL-EMOTIONAL LEARNING (SEL) WEBSITE

Dry Creek Joint Elementary School District

Click the link to visit our
Internal Google Website:

<https://sites.google.com/dcjes.d.us/testcopyofsocialemotionalearn/home>

TARGET AUDIENCE

Dry Creek Teachers



KEY MESSAGE

A systematic approach to social-emotional learning (SEL) for teachers. This website offers systems, strategies, and common language teachers can use throughout the year.

RESEARCH

Dry Creek has a comprehensive Multi-Tiered System of Supports plan that serves students at all school sites for academic and social-emotional needs. Our plan includes having adequate resources for social-emotional learning to help create positive classroom environments for students to develop self-awareness, emotional regulation, and interpersonal skills, promoting their overall well-being and academic success. With a focus on SEL, our district's Instructional Coaches worked closely together to gather several resources for teachers to integrate into their lessons focusing on enhancing the following:

- Academic Performance: Improving skills like self-regulation which can lead to improved focus and learning affecting overall academic performance.
- Mental Health: SEL can help reduce anxiety, depression, and behavioral issues. Our coaches researched programs and resources that teach emotional awareness and coping strategies that promote better mental health outcomes.
- Social Skills: Strengthening interpersonal skills, such as empathy, communication, and conflict resolution. These skills are vital for building healthy relationships and functioning well in society.
- Behavioral Improvements: Research shows that SEL can lead to decreased behavioral problems and disciplinary issues. Students who engage in SEL are more likely to exhibit positive behaviors and less likely to engage in bullying.
- Positive School Climate: Implementing SEL contributes to a more positive school environment, fostering a sense of belonging and community, which enhances overall student well-being.

GOALS/FOCUS

- Connections
- Time Management
- Restorative Practices
- Managing Emotions
- Mindfulness
- Goal Setting
- Growth Mindset
- Chain Reaction
- Working Together
- Creating Independence

PLANNING

We collaborated with the district's Instructional Coaches to determine the most effective way to organize all the SEL resources in one central location for teachers to reference and use when integrating them into their lessons. Together, we developed a plan to create a Google-based internal website to share with our teachers. The Instructional Coaches provided our Communications Team with all the materials, tips, resources and links in a Google Doc to help build the website. We also designed a calming color scheme and decided on a consistent layout to ensure there was a cohesive look throughout the website.

IMPLEMENTATION

The Communications Team developed the website, tested the links, and worked closely with the Instructional Coaches to make any necessary adjustments. Once the site was finalized, we launched it with 19 teachers from various elementary schools. In addition, we created a district roadmap outlining key strategies and developed a central website as a hub for accessing programs that support students in areas such as self-management, emotional intelligence, and responsible decision-making. As a result, over 120 staff members are now actively using these resources.



EVALUATION

Providing teachers, especially newcomers, with immediate access to all the SEL resources they need has proven to be a huge success. The website continues to grow as new resources are added and images are updated. An increasing numbers of teachers are also embracing this innovative teaching method, which has been particularly beneficial for students with diverse needs. Our goal is for all teachers to recognize the value of this approach and integrate it into their lessons as the need arises.

