

THE BAIRD PRIMARY ACADEMY – AGENCIES FOR SUPPORT

Safeguarding

Our Designated Safeguarding Leads are as follows:

Stephanie Jarvis – Safeguarding Officer
Carly Welch – Designated Safeguarding Lead
Kirsten Rule – Deputy Designated Safeguarding Lead
Amy Hudson – Deputy Designated Safeguarding Lead
✉ safeguarding@thebairdprimaryacademy.org.uk

In-school

Attendance – Mrs Potter
SENCO – Mrs Welch
Inclusion co-ordinator – Mrs Poulter
EYFS Lead – Miss Rule
KS1 Lead – Miss Nijhuis
LKS2 – Mrs A Jarvis
UKS2 – Mrs Peacock

You can contact any of the above members of staff by emailing: office@thebairdprimaryacademy.org.uk

Local Services:

SPOA (Single point of advice) – before you contact SPOA – discuss concerns with our safeguarding officer. Call SPOA on 01323 464222
Domestic Abuse Service – 01424 716629
Dragonflies Bereavement, Hastings – 01424 855222
Winston's Wish – Bereavement – 08088020021
CAP – Christians Against Poverty – 07543 701876
Butterflies – Child and Adult counselling – 01424 755187
Hastings and Rother Medication Service (free legal advice) – 01424 446808



Family Hubs East Sussex:

The East Sussex Parenting Team offer a range of online groups (7 to 10 weeks) and webinars (1.5 to 2 hours) delivered by their team.

Their groups and webinars aim to support you to build a strong, healthy relationship with your child and understand their needs

All of their courses are free to attend.
Visit – familyhubs.eastsussex.org.uk



Food Bank Support:

Hastings Food Bank – 07526 066453
Social Supermarket – Broomgrove – Tuesdays 10am–12 noon,
10 items for £3.00
Bexhill Family Collective CIC Community Pantry –
heather.winchester@bexhillfamilycollective.org.uk
The Salvation Army – 01424 443022



I need help and advice with my child's:

- **Eyes** – The NHS provides free eye tests and glasses for children under 16. You can contact Specsavers, Hastings on 01424 717900 or Vision Express on 01424 720957
- **Ears** – Contact your GP in the first instance
- **Teeth** – All children under 18 receive free dental care under the NHS. Station Plaza 01424 884440, St George's Road 01424 441439, Springfield Road 01424 713643
- **Mental Health** – Contact your GP in the first instance or family hubs
<https://familyhubs.eastsussex.gov.uk/families/mental-wellbeing>
- **Sleep** – <https://www.nhs.uk/conditions/baby/health/sleep-and-young-children/> or family hubs
- **Eating** – <https://www.nhs.uk/conditions/baby/weaning-and-feeding/fussy-eaters>



Organisations that support parents:

Education Futures Trust (EFT)

Education Futures Trust (EFT) helps families in Hastings and Rye. They offer advice on feelings and well-being. They have a Forest School and courses for parents.

Website: educationfuturestrust.org.uk
Telephone: 01424 722 241



Family Lives

Family Lives is a charity with a free helpline open every day. Their website has advice and a live chat. They also have information on befriending, parenting, and support groups.

Website: familylives.oth.uk
Telephone: 0808 800 2222

Care for the Family

Care for the Family is a national charity. They have information on parenting and family life.
Website: careforthefamily.org.uk

Relate

Relates website has guidance and information for parents and carers of teenagers. You can talk to a Relate counsellor using Live Chat.
Website: relate.org.uk

East Sussex Community Information Service (ESCIS)

Visit ESCIS and type 'parent support' in the search field. ESCIS is our online directory for local services.
Website: escis.org.uk

Help with the cost of holidays For children with additional needs:

happydayscharity.org
There is also help for disadvantaged families to get a much-needed break:
familyholidaycharity.org.uk

Parenting courses

Our parenting team offer free, local courses. Visit our Family Hub website for more information: Activities and courses | Family hubs

☎ 01424 425670

✉ office@thebairdprimaryacademy.org.uk

🌐 <https://www.thebairdprimaryacademy.org.uk>