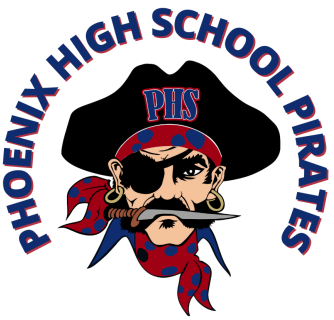
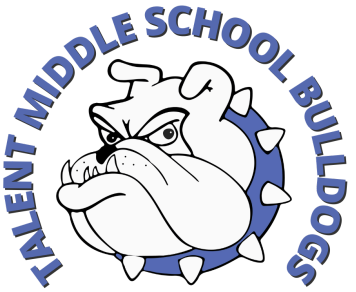
Phoenix High School-Talent Middle School Extracurricular Handbook





2025-2026

Welcome To Phoenix High School and Talent Middle School. We are pleased to have your child as part of extracurricular programs at PHS and/or TMS and look forward to working with you during this exciting time in their life.

INSIDE YOU'LL FIND INFORMATION ON...

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MISSION, VISION AND CORE VALUES

Mission:

PHS and TMS are dedicated to providing equitable co-curricular opportunities, which will enhance the intellectual, physical, social, moral and cultural development of the whole person. Win or lose, PHS and TMS students will demonstrate a winning effort, exhibit sportsmanship, and show respect for all.

Vision:

Foster students and programs that succeed at the highest level athletically and academically while developing the necessary character traits and skills students need to be successful members of the community.

Core Values:

We Are Pirate-Bulldog Strong

Persistence

Integrity

Respect

Accountability

Trust

Enthusiasm

Selflessness

PHS-TMS Athletics & Activities Department

Philosophy

Extracurricular programs will prepare students for success by encouraging involvement, development of character and positive individual traits, and fulfillment of competitive desires. Students will learn the value of practice, fair play, conditioning, self-discipline, adherence to rules and policies, willingness to work, ability to persist even when losing, and an ability to analyze why they lost and how to compensate for it. They will learn to be humble in victory and to learn from defeat. The student will gain an appreciation for teamwork and ethical conduct while fostering a sense of belonging to the school and community. In the effort to offer a cohesive and coordinated educational program, the district insists upon ethical behavior and good citizenship of its students not only in extra-curriculars, but also in school, in the classroom, in the home, and within the community. As the needs of the student body change, the extra-curricular programs will be dynamic in their focus and consideration of new opportunities for student participation. The competition within each program provides a setting for PHS and TMS students, staff, and community members to demonstrate good sportsmanship and respect for others, both in victory and defeat. Our families, school, and community should be able to take pride in the participants, coaches, advisors, and themselves who represent PHS and TMS.

Extra-curricular Program Goals in General

1. The extra-curricular program should realize the value of participation without overemphasizing the importance of winning or excelling. This will be particularly emphasized at the sub-varsity level(s).
2. The extra-curricular program should develop and improve positive citizenship traits among the program's participants.
3. The extra-curricular program should emphasize the total educational curriculum to participants.
4. The extra-curricular program should constantly strive for the development of well-rounded individuals, capable of taking their place in modern society.
5. The extra-curricular program should provide genuine opportunities for students to develop positive habits and attitudes and social skills.
6. The extra-curricular program should provide a superior program of student activities that includes appropriate activities for every student.

PARTICIPATION REGULATIONS (Eligibility)

FOR ACTIVITIES & ATHLETICS, STUDENTS MUST Register through FinalForms

Families must provide proof of the following via FinalForms, an electronic registration process.

Visit the PHS or TMS athletics website for the link to FinalForms registration.

1) **Activities and Athletics Consent and Insurance Form**

2) Current Sports Physical (Every 2 Years)

Coaches are able to check via FinalForms to determine if a student-athlete is registered and cleared for participation.

Academic Standards for all PHS and TMS Students To Participate in Extracurriculars:

**This policy can be found in the PHS and TMS Student & Parent Handbooks that all advisory teachers go over at the beginning of every school year. Refer to the PHS and/or TMS Parent/Student Handbook for complete details on the minimum number of credits required to participate.*

PHS Athletes and Activity members will be held to an academic standard that goes beyond the minimum standards established by the OSAA.

Following is the list of requirements students must adhere to in order to be eligible to participate:

- 2.0 GPA during each grading period or Teacher referral to the Athletic/Activities Director
- No F's during current playing season
- No Unexcused (U's) absences during the day of a contest OR the last day of school preceding a contest (ex. Friday's attendance impacts Saturday's contests). Consequence = ineligible to participate in contest
- No Unexcused (U's) absences during any school day. Consequence = ineligible to practice
- Behavior referrals may jeopardize eligibility
- A minimum number of credits* must be earned the year prior to participation.

Additionally, OSAA standards require that a student must have passed 5 classes the previous grading period, currently enrolled in, regularly attending, and passing five classes per quarter. Students must also be making satisfactory progress toward graduation determined by a specific number of credits based on year in school.

PHOENIX HIGH SCHOOL EXPECTATIONS

ATHLETICS & ACTIVITIES DEPARTMENT

1. Provide quality coaches who understand our athletic philosophy and value all of the individuals on their teams.
2. Work cooperatively with other schools to provide appropriate competition for our athletes.
3. Be aware of, and enforce rules and regulations of the Oregon Schools Activities Association (OSAA) and the Skyline Conference.
4. Provide recognition for those who qualify for certificates, letters or awards.

STUDENT

1. Takes responsibility for clearance and eligibility.
2. Treats coaches/advisors, officials, teammates and opponents, with respect.
3. Puts forth his/her best effort in practices and contests.
4. Attends all practices and contests unless clear and timely permission has been granted by the coach to be absent.
5. Does not try to intimidate others or use "trash talk".
6. Remembers that it is a privilege to represent Phoenix High School in extra-curricular activities
7. Attends and positively participates in all scheduled practices.
8. Communicates effectively with the coach/advisor and teammates.
9. Refrains from conversations that foster dissension.

COACH/ADVISOR

1. Treats other coaches, players, officials and parents, with respect.
2. Follows OSAA, Skyline Conference, and Phoenix High School policies and philosophies.
3. Prepares his/her team to the best of his/her ability.
4. Is fair and impartial in dealing with the athletes in his/her program.
5. Is a good role model for his/her students particularly in regard to self-control and makes sure that winning is considered in an educational setting.
6. Makes himself/herself available for a conference to answer questions or discuss issues. This meeting should not be immediately before or after a practice or a contest.
7. Communicates with the athletics and activities department regarding practice schedule, program policies, adds and drops to teams, and issues that come up during the season.

PARENTS

1. Goes to the head coach/advisor before making any purchases for son/daughter's program.
2. Treats other parents, participants, coaches and officials, with respect.
3. Respects the decisions and judgments of the coaches and officials even though the parents do not agree with the decisions.
4. Sets an appointment to talk with the coach/advisor about questions or issues. Does not approach the coach immediately before, during or after a practice or a contest.
5. Supports, encourages and does whatever they can to allow the student to attend practices fully prepared.
6. Does not put pressure on their son/daughter to win or be an All-Star.

7. Remains positive in their comments about their own student, other students, their coach/advisor and the program.
8. Reads and understands OSAA and Phoenix High School rules and regulations in this handbook. Some PHS extra-curriculars may have additional rules/regulations that must also be followed.
9. Is a good role model for son/daughter by positively supporting the participants, coaches/advisors and officials.
10. Leaves coaching of the program, (i.e. starting assignments, positions, playing time and level of play such as freshman, J.V. or Varsity) to the coaching staff.

COMMUNICATION

Communication you should expect from your student's coach or advisor

1. Coaching philosophy and criteria for earning a varsity letter.
2. Expectations regarding such things as attendance at practice, attitude, effort, academics, requirements for a letter or participation certificate, special equipment need.
3. Location and times of practices and contests.
4. Team activities, i.e. off-season conditioning and camps, meetings, etc.
5. Process for determining starting line-up, playing time and cuts, if applicable.
6. Responsibility for gear issued.
7. Rules and regulations and consequences for breaking rules.

Communication coach expects from parents

1. Concerns expressed directly to the coach FIRST.
2. Notification of any schedule conflicts well in advance (i.e. vacations and trips). Please note that missing practices and contests may result in reduced participation.
3. Specific concern in regard to philosophy and/or expectations of coach/advisor.

Appropriate concerns to discuss with coaches

1. The treatment of your child, mentally and physically.
2. Ways to help your child improve.
3. Concerns about your child's behavior.

Issues not appropriate to discuss with coaches

1. Playing time (player and coach discuss).
2. Team strategy
3. Play calling.
4. Matters pertaining to other participants.

Procedures to be followed regarding concerns parents or athletes have with the coach

1. Call the coach or speak to them about setting up an appointment.
2. If the coach cannot be reached, call the Athletic Office (535-1526) to have a date set up with the coach.
3. Please DO NOT attempt to confront the coach before or after a practice or game.

THE NEXT STEP What can a parent do if the meeting with the coach/advisor did not provide a satisfactory resolution?

1. Call and set up an appointment with the Athletic/Activities Director to discuss the situation.

Ejections

Phoenix High School is working to become an ejection-free school for all involved in our programs. Should a student be ejected from a contest, they will sit out a minimum of one event. Additional time may be added to the suspension if warranted. In addition, the family of the student-athlete is responsible to pay the fine for the ejection that is assessed by the Oregon School Activities Association (OSAA). All fines must be paid in full before a student is allowed to resume participation in contests.

School Trips

School trips are an educationally sound and vital component for programs at PHS and TMS. All trips taken by PHS and TMS students are an extension of the classroom and as such, all school board policies and school rules and expectations are applicable just as if you were still in the classroom.

A school administrator is responsible for all acts of the participating team(s) or school group(s) while on trips.

Adult chaperones will be present on all school trips. Per Oregon law and Phoenix-Talent School Board Policy, any volunteer chaperones will be thoroughly background-checked prior to the trip. Adult chaperones will provide supervision on all school trips and exercise the utmost care in the supervision of said individual, team or school group.

A school district employee will share an itinerary for any trip with students and families prior to a trip (including projected costs, location of where the group is staying, etc). Informed consent forms may be required and must be signed by a student's parent or guardian prior to departing on a trip.

Chaperones will take roll call regularly on trips to ensure that all students are accounted for. For overnight trips, a pre-set "lights-out" time will be enforced and a bed check will take place. Students will be required to remain in the room they are assigned to for the remainder of the night/until morning. Follow-up checks may also take place on overnight trips.

The school will utilize gymnasiums or hotels for overnight stay purposes.

A pre-check of student luggage may take place prior to any field trip. Student luggage/bags will be checked in an area away from other students to ensure student privacy.

Once on a trip, students who do not comply with school rules may be ruled ineligible and not allowed to take part in the remainder of the trip. It will be the responsibility of a student's family to make arrangements for a return trip home.

Trip chaperones and the bus driver will work together to assure appropriate student conduct while on the bus or in a school vehicle (van).

Return travel from an away contest is to be provided by the team/club or a student's parent/guardian. A note that informs the coach/advisor that a parent/guardian will be transporting their student and that has been approved by the Principal, Vice Principal or Athletic Director should be given to the coach by the parent after the contest. Coaches may also use a "check-out sheet" in lieu of a note. A parent/guardian must sign out their student. In either case, prior to leaving the contest, the coach must actually speak with the parent to confirm that he/she is who the student is being released to and not another student or friend is driving. In extreme circumstances, a parent/guardian may need to have another team parent/guardian transport their child. This arrangement and driver approval must be agreed to and signed in writing by administration prior to the trip. Student-athletes are not allowed to drive or ride to "away" contests outside of the Medford area.

Alcohol, Tobacco and other Illegal Drugs Policy

Students involved in extracurricular athletics and activities shall not knowingly be present at any site where illegal activities such as the sale, use and consumption of illegal substances and/or alcohol by minors is occurring. A student athlete must leave immediately and cannot linger. If normal investigative procedures conducted by school administration determine non-compliance the policies as outlined in the student handbook will be followed.

First Offense: Level One

a. Student will be suspended immediately from competition/performance for two (2) weeks from the date school officials verify the incident. This must include missing at least one contest/performance.

b. The student will be able to practice during the suspension

Second Offense: Level Two

a. If a second violation occurs at any time during the student's high school career, the student will be immediately suspended from competition/performance for four (4) weeks from the date school officials verify the second incident.

b. Students shall be excluded from participating in the next performance/competition regardless of whether the performance/competition occurs within the stipulated four (4) week time period.

c. The student will be able to practice during the suspension

Third Offense: Level Three

a. If a third violation occurs at any time during the student's high school career, the student will be immediately suspended from competition/performance for nine (9) weeks from the date school officials verify the third incident.

b. Students shall be excluded from participating in the next performance/competition regardless of whether the performance/competition occurs within the stipulated nine (9) week time period.

c. The student will be able to practice during the suspension

Fourth Offense: Level Four

a. If a fourth violation occurs at any time during the student's high school career, the student will be removed immediately from that activity/season of competition and be ineligible to participate in any extracurricular activities/seasons of competition for one (1) calendar year.

b. The student **will not** be able to practice during the suspension.

Fifth Offense: Level Five

If a fifth violation occurs at any time during the student's high school career, the student will be removed immediately from that activity/season of competition and ineligible to participate in any extracurricular activities/seasons of competition for the remainder of his/her career at Phoenix High School.

TEAM SELECTION

Philosophy

In accordance with our philosophy of athletics and our desire to see as many students as possible participate in the athletic program while at PHS and TMS, we encourage coaches to keep as many students as they can without unbalancing the integrity of their sport. Time, space, facilities, equipment, personal preference, and other factors will place limitations on the most effective squad size for any particular sport.

Cutting Policies

1) **Responsibility**

a) Choosing the members of each team is the sole responsibility of the coaches/advisors.

b) Non-varsity coaches shall take into consideration the policies established by the head coach in that particular program when selecting final team rosters.

c) Prior to team selection, the coach/advisor shall provide the following information to all candidates for the team:

(1) Extent of tryout period

(2) Criteria used to select the team

(3) Number to be selected

(4) Practice commitment if they make the team

(5) Game commitments

2) Procedure

When a team selection becomes a necessity, the process will include **five (5)** important elements.

1) Each candidate shall have competed in a minimum of **three (3)** practice sessions

2) Cut lists are not to be posted.

3) Coaches will discuss alternative possibilities for participation in the sport, or other areas of the activities program.

4) If a coach anticipates a cut will be made, he/she must discuss the situation with the Athletic Director in advance of any announcement being made to students or parents.

5) Coaches must provide documentation as to why the player did not make the team. The documentation needs to contain some objective measures used in the process.

Program Level Goals

Varsity Athletics

One of the main goals of varsity athletics is to put our most committed, responsible and talented athletes in competition to win the contest. Starting positions and playing time are not guaranteed to seniors making a team or anyone else. Student-athletes at any grade level possessing the necessary skills and commitment have the same opportunity to make any level of team. Playing time and starting positions will be determined by an evaluation used by the head coach. The criteria for determining playing time and starting positions will be made clear at the beginning of the season. When asked, coaches will communicate with student athletes on an individual bases about what the player needs to do to receive more competition time.

Junior Varsity Athletics

At the junior varsity level players will be developing skills and experiences that will facilitate them in being a successful varsity player when the time arrives. The focus at this level is being competitive while providing all deserving team members a chance to participate in competitions. Junior varsity coaches will also utilize a system to determine starting positions as well as amount of time played in the competitive competition. The focus at this level is less on winning and more on athlete development. Scheme, fundamentals, and terminology used will be established by the head varsity coach. The junior varsity and varsity coach must work together to ensure athletes will be ready for the higher competition at the varsity level. Ultimately the junior varsity program is an extension of the varsity program.

Activities

Similar to athletics, success in activities requires commitment and resilience. Students are expected to participate in practices/activities leading up to competitions and respect the role of their advisor and teammates.

Thank you for your support of Phoenix High School and Talent Middle School and our extracurricular programs. We look forward to working with you and helping your child(ren) grow during their time as a Pirate and Bulldog.

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