# WELLNESS POLICY

The Board recognizes that Oxford City Schools have an important role to play in the development of healthy children. The Board of Education is committed to providing a school environment that enhances learning development of life long wellness practices.

To accomplish this goal the Board authorizes the Superintendent to establish the guidelines of the wellness policy in accordance with State and Federal requirements.

## Nutrition Education

The objective of nutrition education is to encourage and promote lifelong nutritional awareness and healthy eating habits. Nutrition education will be used to ensure that all students PK-12 gain information to develop positive attitudes and behaviors to make healthy choices that are both age and developmentally appropriate with the ability to apply lifelong responsible skills. Parents and school faculty will be encouraged to be positive role models for good nutrition practices for students to follow. Students will be encouraged to start each day with a healthy breakfast. The staff responsible for nutrition education will be adequately prepared and participate regularly in professional development activities to effectively deliver an accurate nutritional program in a variety of instructional settings throughout the school system.

## Nutrition Standards for School Meals

*Meals*

All schools will provide breakfast and lunch for students who qualify for free and reduced meals in compliance with participation in the USDA National School Lunch Program and USDA School Breakfast Program. All meals will comply with the Federal guidelines for meal patterns, nutrient levels, and calorie requirements for the ages/grade levels served as specified in 7 CFR 210.10 or 220.8 as applicable. https://www.fns.usda.gov/part-210%E2%80%94national-school-lunch-program and https://www.fns.usda.gov/part-220%E2%80%94school-breakfast-program

The Child Nutrition Program staff will provide students with access to appealing and nutritious foods. Cafeterias include enough serving areas so that students do not have lengthy wait times. A positive and attractive climate will be maintained in all cafeterias. All students will have a minimum of 15-20 minutes to consume their meal once seated.

*Privacy*

All students are issued a pin number upon enrollment regardless of meal eligibility status to be used in the cafeteria for meals and additional food purchases to prevent overt identification of student's participation in the free and reduced meal program.

*Charged Meal Policy*

It is the intent of the Oxford City Board of Education to provide an opportunity for every student to eat a nutritious breakfast and lunch during the school day. It is also the policy of the Oxford City Board of Education to comply with all federal guidelines pertaining to the National School Breakfast and Lunch programs. Meal charges are not allowed. Students, employees, and guests must remit payment for meals at the time of service. Meal pre-payment is available for a small fee, and provided at no charge by sending cash or check to the student's school. The school office w'll make arrangements for students who have insufficient meal funds available for Pre-K through Grade 6. The school office will allow students in Grades 7-12 to call home to request meal funds. Written notification will be sent home with the student when insufficient meal funds are available. Any debt incurred from charged meals will be paid for from non-public funds.

*Free and Reduced Applications*

Applications for Free and Reduced meals are available for all students at the beginning of each school year at orientation, and throughout the school year in the school offices, cafeterias, and on the district website.

*Water*

Water is made available free of charge in all cafeterias during meal times. Water is also available throughout each school location during the day for students and personnel.

*Child Nutrition Program Staff Qualifications*

All Child Nutrition Program personnel, to include director, managers, and employees, will meet or exceed the annual training and educational requirements in accordance with the USDA Professional Standards and requirements set f -th by the Alabama State Department of Education - Child Nutrition Program division. A registered and licensed dietitian will be employed as the Child Nutrition Program Director, and maintain licensure as a Child Nutrition Program Director for the State of Alabama.

*Nutritional Information*

School menus and nutritional information will be made available on the Oxford City Schools website under the Child Nutrition section.

*Food Allergies and Medical Conditions*

A registered and licensed dietitian will make accommodations to menus for students with food allergies when a Diet Prescription for Meals at School form is received. The forms are updated annually. School nurse professionals will collaborate with the CNP staff for students with medical conditions that require diet changes, meal modifications, or specific nutritional information.

**Nutrition Standards for Competitive and Other Food and Beverages**

*Competitive Food Sales*

All food and beverages sold in vending machines, school stores, and cafeterias will be reviewed and approved annually according to the USDA Smart Snacks in School Standards https://www.gpo.gov/fdsys/pkg/FR-2016-07-29/pdf/2016-17227.pdf and State of Alabama guidelines https://www.alsde.edu/sites/memos/Memoranda/FY15-3041.pdf. Food items that compete with the Child Nutrition Program will not be sold during scheduled meal times or given free of charge to students during the school day. Food items also may not be sold one hour before or one hour after scheduled meal times.

Exempt fundraisers are the sale of food items that do not meet the USDA Smart Snacks in School Standards and are sold during the school day. Alabama policy mandates that no more than thirty (30) exempt fundraisers are allowed a year for no more than one day in a length each. These fundraisers are not allowed to be sold in competition with scheduled meal times, or one hour before or after scheduled meal times. Exempt fundraiser forms must be completed, approved, signed, and turned in to the Child Nutrition Program office by the semi-annual dates of July 1 and January 1. The completed form is required to be signed by a school official and on file.

*Food and Beverage Marketing*

Advertisements for competitive food and beverage containers/bags such as fast food, or food items that do not meet the Smart Snacks in School standards are not allowed in school cafeterias. Signage in the cafeterias will display healthy food options and encourage students to make healthy food choices.

*Other School Activities*

School administrators will determine ways to highlight seasonal events and birthdays. The activities will be designed to create a school environment that provides consistent wellness messages that promote healthy eating and physical activity.

All food and beverages provided by the after school care program will meet the USDA Smart Snacks in School Standards and State of Alabama guidelines. No food and beverages are allowed to be purchased during after school care hours.

**Physical Education**

By encouraging physical education, lifelong physical wellness will be promoted. Professional development will be provided for physical education teachers in the practice of integrating meaningful physical activities into the lives of students outside of physical education classes. The physical education curriculum for all students will be aligned with the state and/or national physical standards, based on skill development, and revised as needed. All elementary, middle, and high school students shall receive the required physical education minutes throughout the school year. Physical education opportunities are offered daily for elementary students. All students will have opportunities, support, and encouragement to be physically active on a regular basis. All staff responsible for physical education will be adequately qualified and participate regularly in professional development activities.

**Policy Compliance**

The Superintendent or designee will ensure the compliance and implementation of this Wellness Policy throughout the district. School principals are responsible for communicating the contents of this policy as well as implementing this policy in their respective schools. Principals shall report on their compliance as directed by the Superintendent.

The Child Nutrition Program Director shall be responsible for the nutritional component of this policy, ensure compliance with the CNP staff, and oversee the daily operations of the Child Nutrition Program.

**Wellness Assessment**

The system will convene a district Wellness Committee of school and community members that will meet at least every three years to update and review the district Wellness Policy.

A triennial assessment will be completed to monitor the compliance of the Wellness Policy, compare the policy to model policies, review the progression toward the goals of the Wellness Policy, and update accordingly.

**Wellness Policy Availability and Updates**

The Wellness Policy will be available online under the Child Nutrition section of the Oxford City Schools website. This includes any assessments, updates, and meeting summaries.

Scheduled meetings will be announced in the News section of the Child Nutrition section of the Oxford City Schools website. Updates, revisions, and meeting summaries will be announced in the News section when made available to the public.

SOURCE: Oxford City Board of Education, Oxford, AL
ADOPTED: July 22, 2008, Revised June 29, 2017
LEGAL REF.: Child Nutrition and WIC

# OXFORD CITY SCHOOLS

# Wellness Committee Meeting

DATE: April 2, 2025

START TIME: 3:00 p.m. END TIME: 4:00 p.m.

**NORMS**

- Every Child, Every Chance, Every Day is non-negotiable.
- Be open-minded when reviewing data and discussing our strengths and areas of focus.
- Be fully present: collaborate and participate.
- Be learner-focused.

**OUTCOMES**

- Identify wellness priorities, plan upcoming initiatives, and assign responsibilities

**AGENDA**

- Wellness Policy Review
- Survey Results
- WellSAT Policy Assessment

**NEXT STEPS**

- School Level Progress Report

# Policy Assessment: 2025 Triennial Assessment (3/2025)
# District: OXFORD CITY

Congratulations! You have completed the WellSAT Policy Assessment. You can see your Policy scores for each item below. Please note if you are missing any of the federal requirements in Section 1. Items with a rating of "0" (item not addressed in the policy) or "1" (weak statement addressing the item) can be improved by referring to the links at wellsat.org/resources.

## Section 1. Federal Requirements

| | | |
|---|---|---|
| **FR1** | Includes goals for nutrition education that are designed to promote student wellness. | **2** |
| **FR2** | Assures compliance with USDA nutrition standards for reimbursable school meals. | **2** |
| **FR3** | District takes steps to protect the privacy of students who qualify for free or reduced priced meals. | **2** |
| **FR4** | Free drinking water is available during meals. | **2** |
| **FR5** | Ensures annual training for food and nutrition services staff in accordance with USDA Professional Standards. | **2** |
| **FR6** | Addresses compliance with USDA nutrition standards (Smart Snacks) for all food and beverages sold to students during the school day. | **1** |
| **FR7** | Regulates food and beverages sold in a la carte. | **2** |
| **FR8** | Regulates food and beverages sold in vending machines. | **1** |
| **FR9** | Regulates food and beverages sold in school stores. | **2** |
| **FR10** | Addresses fundraising with food to be consumed during the school day. | **2** |
| **FR11** | Regulates food and beverages served at class parties and other school celebrations in elementary schools. Use N/A if no elementary schools in district. | **0** |
| **FR12** | Restricts marketing on the school campus during the school day to only those foods and beverages that meet Smart Snacks standards. | **2** |
| **FR13** | Addresses how all relevant groups will participate. | **0** |

| | | |
|---|---|---|
| **NES11** | Addresses nutrition standards for all foods and beverages SERVED to students after the school day, including aftercare on school grounds, clubs, and after-school programming. | **0** |
| **NES12** | Addresses nutrition standards for all foods and beverages SOLD to students after the school day, including aftercare on school grounds, clubs, and after-school programming. | **0** |
| **NES13** | Addresses food not being used as a reward. | **0** |
| **NES14** | Addresses availability of free drinking water throughout the school day. | **0** |

## Section 3. Nutrition Education

| | | |
|---|---|---|
| **NE1** | Nutrition education teaches skills that are behavior focused, interactive, and/or participatory. | **2** |
| **NE2** | All elementary school students receive sequential and comprehensive nutrition education. | **2** |
| **NE3** | All middle school students receive sequential and comprehensive nutrition education. | **2** |
| **NE4** | All high school students receive sequential and comprehensive nutrition education. | **2** |
| **NE5** | Nutrition education is integrated into other subjects beyond health education. | **1** |
| **NE6** | Links nutrition education with the food environment. | **0** |
| **NE7** | Nutrition education addresses agriculture and the food system. | **0** |

## Section 4. Physical Education and Physical Activity

| | | |
|---|---|---|
| **PEPA1** | There is a written physical education curriculum for grades K-12. | **0** |
| **PEPA2** | The written physical education curriculum for each grade is aligned with national and/or state physical education standards. | **0** |

| | | |
|---|---|---|
| **PEPA19** | Addresses physical activity not being withheld as a punishment. | **0** |

## Section 5. Employee Wellness

| | | |
|---|---|---|
| **EW1** | Addresses strategies to support employee wellness. | **0** |
| **EW2** | Encourages staff to model healthy eating and physical activity behaviors. | **2** |

## Section 6. Integration and Coordination

| | | |
|---|---|---|
| **IC1** | Addresses the establishment of an ongoing district wellness committee. | **2** |
| **IC2** | Addresses the establishment of an ongoing school building-level wellness committee. | **0** |

## Overall District Policy Score

| | |
|---|---|
| Total Comprehensiveness | **District Score 55** |
| Total Strength | **District Score 45** |

# Alabama State Department of Education
# Child Nutrition Program

## Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

### Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

### Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

### Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

### Recordkeeping for the Child Nutrition Program Administrative Review:

☑ a copy of the most recent triennial assessment, along with supporting documentation

☑ a copy of the current and previous board approval of the policy

☑ documentation demonstrating the policy has been made available to the public

☑ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

# Local Wellness Policy: Triennial Assessment Summary

## General Information

LEA: Oxford City Schools

Month and year of current assessment: April 2025

Date of last Local Wellness Policy revision: May 2021

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.oxfordcityschools.com

## Wellness Committee Information

How often does your district wellness committee meet? every 3 years

**District Wellness Coordinator**

| Name | School | Job Title | Email Address |
|---|---|---|---|
| Cheyenne Mattox | | CNP Director | cmattox@oxboe.com |

**Designated Wellness Assessment Leader** (can be the District Wellness Coordinator)

| Name | School | Job Title | Email Address |
|---|---|---|---|
| Cheyenne Mattox | | CNP Director | cmattox@oxboe.com |

**District Wellness Committee Members**

| Name | School | Job Title | Email Address |
|---|---|---|---|
| Melinda Badgett | | CNP Secretary | mbadgett@oxboe.com |
| Chasitee Studdard | CEH | CNP Manager | cstuddard.ceh@oxboe.com |
| Shannon Dobbs | OES | CNP Manager | sdobbs@oxboe.com |
| Chanda Reaves | OHS | CNP Manager | creaves.oh@oxboe.com |
| Wendy Mathis | OMS | CNP Manager | wmathis.om@oxboe.com |
| Rebecca Prestridge | DES | CNP Manager | rprestridge.de@oxboe.com |
| Naomy Hernandez | CES | CNP Manager | nhernandez.ce@oxboe.com |
| Dylan Hurst | Nutrition | Educator | dth0038@auburn.edu |
| | | | |
| | | | |

*See page 13 for space to add Wellness Committee members.

## Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool (WellSAT3.0 assessment tool, or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

_____ Alliance for a Healthier Generation Model Policy

__✓__ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)

_____ Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

- Smart Snack language could be more specific.
- Regulatios for class parties are not mentioned.
- Does not state that parents, staff or students are welcome to join the Wellness Committee
- Farm to School is not mentioned
- Food and Beverages in afterschool programs is not monitored.
- There is not information about food as a reward
- Nutrition Education is not linked with the food environment.
- Physial Education does not have curriculum or time goals.
- Employee Wellness is not included
- Does not mention school level Wellness Committee

## Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

| Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.<br><br>**If applicable, list additional school goals below:** | CNP Directors monitors plan.<br><br>Continue |

| Access to free potable water on campus | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule:**<br>Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.<br><br>**List how access to potable water is made available in schools.** | Available in all Schools |

*NOTE: Required components are listed in blue.

| Guidelines for other foods and beverages available on the school campus, but not sold | Describe progress and next steps: |
|---|---|
| **To be compliant with ALSDE**:<br>All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br><br>**If applicable, list additional school goals below:** | Principals complete Form in July & January. |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule:**<br>Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.<br><br>**If applicable, list additional school goals below:** | CNP Director provide a list of Smart Snack approved items. |

*NOTE: Required components are listed in blue.

| Physical Activity Goal(s) | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.<br><br>**List physical activity opportunities that are offered at schools:** | Physical Educatim is offered in all schools |

| Nutrition Promotion and Education Goal(s) | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.<br><br>**List how nutrition promotion and nutrition education are provided in schools:** | Continue current and work on incorporating less food based rewards. |

*NOTE: Required components are listed in blue.

| Other school-based activities to promote student wellness goal(s) | Describe progress and next steps: |
|---|---|
| **To be compliant with the USDA final rule:**<br>The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.<br><br>**List other school-based activities that are offered by the district:** | Continue current programs. Expand hydroponic growing farms and EFNEP classes |

## CHECKLIST:

Triennial Assessment was made public: Date: 4/21/25

Updated Wellness Policy received Board approval: (if applicable) Date: _____

Wellness Policy was made public: Date: 4/21/25

## SIGNATURES:

Cheyenne Mattox
District Wellness Assessment Leader

PRINT NAME: Cheyenne Mattox
DATE: _____

Cheyenne Mattox
District Wellness Coordinator

PRINT NAME: Cheyenne Mattox
DATE: _____

Superintendent

PRINT NAME: Shannon Stanley
DATE: _____

## Section 3: School Level Progress Report

**Print or copy this section to be completed by each school.**
Blue area includes specific guidance. Gray area includes examples.
Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

**School:** Cadwater Elementary **Date:** 4/2/25

**School Wellness Leader:** Naomy Hernandez



| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. | X<br>X<br>X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Access to free potable water on campus | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with ALSDE**:<br>• All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. | X | | | |
| Examples:<br>• *Physical education: (structured and un-structured play)*<br>• *Our school prohibits withholding activities/recess as a punishment.* | X | X | | |
| **List school goals in this section:** | — | | | N/A |

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. | X | | | CES TV + signage |
| Examples:<br>• *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year*<br>• *National School Lunch/School Breakfast Week promotion* | | | | |
| **List school goals in addition to the required outreach included in this section:**<br>• School Breakfast Outreach<br>• Summer Food Service Outreach | — | | | N/A |

| Other school-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:** The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. | X | | | |
| Examples:<br>• *Social Emotional Development*<br>• *Counseling*<br>• *Health Services*<br>• *Physical Environment*<br>• *Caregiver (Family) Engagement*<br>• *Community Involvement* | | | | |
| **List school wellness activity goals in this section:** | | | | N/A |

## Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity)*

☐ assistance with a school-based health assessment

☐ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☐ healthy school non-food celebrations

☐ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

## Local Wellness Policy Recommendations

*This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.*

None !!

## Signatures:

District Wellness Assessment Leader: Cheyenne Mattox DATE: 4/4/25

School Wellness Leader: _____ DATE: 4/2/25

Principal: _____ DATE: _____

## Section 3: School Level Progress Report

**Print or copy this section to be completed by each school.**
Blue area includes specific guidance. Gray area includes examples.
Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

**School:** Oxford Elementary **Date:** 4/16/25

**School Wellness Leader:** Cheyenne MacFox



| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Access to free potable water on campus | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with ALSDE**:<br>• All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) | ~~X~~ | | X | - Office sales snacks during the day. |
| **If applicable, list additional school goals below:** | | | | |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. | X | | | |
| Examples:<br>• *Physical education: (structured and un-structured play)*<br>• *Our school prohibits withholding activities/recess as a punishment.* | X | X | | |
| **List school goals in this section:** | | | | |

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. | X | | | |
| Examples:<br>• *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year*<br>• *National School Lunch/School Breakfast Week promotion* | | | | |
| **List school goals in addition to the required outreach included in this section:**<br>• School Breakfast Outreach<br>• Summer Food Service Outreach | | | | |

| Other school-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:** The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. | X | | | |
| Examples:<br>• *Social Emotional Development*<br>• *Counseling*<br>• *Health Services*<br>• *Physical Environment*<br>• *Caregiver (Family) Engagement*<br>• *Community Involvement* | | | | |
| **List school wellness activity goals in this section:** | | | | |

## Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity)*

☐ assistance with a school-based health assessment

☐ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☐ healthy school non-food celebrations

☐ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

## Local Wellness Policy Recommendations

*This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.*

## Signatures:

District Wellness Assessment Leader: Cheyenne Mattox DATE: 4/17/25

School Wellness Leader: Shanna Dobbs DATE: 4/17/25

Principal: _____ DATE: _____

# Section 3: School Level Progress Report

**Print or copy this section to be completed by each school.**

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

**School:** C E. Hanna **Date:** 4-7-25

**School Wellness Leader:** Chasitee Studdard



| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. | X<br>X<br>X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Access to free potable water on campus | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. | X | | | |
| **If applicable, list additional school goals below:**<br>Water fountain in cafeteria | | | | |

| Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with ALSDE**:<br>• All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) | | | X | The Students receive Snacks throughout the day |
| **If applicable, list additional school goals below:** | | | | |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. | X | | | |
| Examples:<br>• *Physical education: (structured and un-structured play)*<br>• *Our school prohibits withholding activities/recess as a punishment.* | X | X | | |
| **List school goals in this section:** | | | | |

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. | X | | | |
| Examples:<br>• *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year*<br>• *National School Lunch/School Breakfast Week promotion* | | | | |
| **List school goals in addition to the required outreach included in this section:**<br>• School Breakfast Outreach<br>• Summer Food Service Outreach | | | | |

| Other school-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:** The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. | X | | | |
| Examples:<br>• *Social Emotional Development*<br>• *Counseling*<br>• *Health Services*<br>• *Physical Environment*<br>• *Caregiver (Family) Engagement*<br>• *Community Involvement* | | | | |
| **List school wellness activity goals in this section:** | | | | |

## Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity)*

☐ assistance with a school-based health assessment

☑ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☐ healthy school non-food celebrations

☑ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

## Local Wellness Policy Recommendations

*This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.*

## Signatures:

District Wellness Assessment Leader: Cheyenne Mattox DATE: 4/17/25

School Wellness Leader: Charity Stevenson DATE: 4-7-25

Principal: _____ DATE: _____

## Section 3: School Level Progress Report

**Print or copy this section to be completed by each school.**

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

**School:** DeArmanville Elem **Date:** 4/2/25

**School Wellness Leader:** Rebecca Prestridge



| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. | | X | | Not meeting the timeframe |
| **If applicable, list additional school goals below:** | | | | Snack between 9:00-9:45AM or 1:30-3:00pm |

| Access to free potable water on campus | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| To be compliant with ALSDE:<br>• All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) | | | X | Snacks are served all hours during the day |
| **If applicable, list additional school goals below:** | | | | |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| To be compliant with the USDA final rule:<br>• Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. | X | | | |
| **If applicable, list additional school goals below:** | | | | |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. | X | | | |
| Examples:<br>• *Physical education: (structured and un-structured play)*<br>• *Our school prohibits withholding activities/recess as a punishment.* | X | X | | |
| **List school goals in this section:** | | | | |

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. | X | | | |
| Examples:<br>• *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year*<br>• *National School Lunch/School Breakfast Week promotion* | | | | |
| **List school goals in addition to the required outreach included in this section:**<br>• School Breakfast Outreach<br>• Summer Food Service Outreach | | | | |

| Other school-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. | X | | | |
| Examples:<br>• *Social Emotional Development*<br>• *Counseling*<br>• *Health Services*<br>• *Physical Environment*<br>• *Caregiver (Family) Engagement*<br>• *Community Involvement* | | | | |
| **List school wellness activity goals in this section:** | | | | |

## Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity)*

☐ assistance with a school-based health assessment

☒ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☒ healthy school non-food celebrations

☒ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

## Local Wellness Policy Recommendations

*This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.*

## Signatures:

District Wellness Assessment Leader: _____ DATE: _____

School Wellness Leader: _____ DATE: 4/2/25

Principal: _____ DATE: _____

# Section 3: School Level Progress Report

**Print or copy this section to be completed by each school.**

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

**School:** Oxford High School **Date:** 4-14-25

**School Wellness Leader:** Chanda Reaves



| Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule and ALSDE:**<br>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs<br>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)<br>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. | ✓ | | | |
| **If applicable, list additional school goals below:** | | | | |

| Access to free potable water on campus | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria. | ✓ | | | |
| **If applicable, list additional school goals below:** | | | | |

| Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with ALSDE**:<br>• All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) | ✓ | | | |
| **If applicable, list additional school goals below:** | | | | |

| Marketing and advertising of only foods and beverages that meet Smart Snacks | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>• Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day. | ✓ | | | |
| **If applicable, list additional school goals below:** | | | | |

| Physical Activity Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school. | ✓ | | | |
| Examples:<br>• *Physical education: (structured and un-structured play)*<br>• *Our school prohibits withholding activities/recess as a punishment.* | X | X | | |
| **List school goals in this section:** | | | | |

| Nutrition Promotion and Education Goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:**<br>The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs. | ✓ | | | |
| Examples:<br>• *Age-appropriate nutrition education lessons are provided to students in all grade levels throughout the school year*<br>• *National School Lunch/School Breakfast Week promotion* | | | | |
| **List school goals in addition to the required outreach included in this section:**<br>• School Breakfast Outreach<br>• Summer Food Service Outreach | | | | |

| Other school-based activities to promote student wellness goal(s) | Meeting Goal | Partially Meeting Goal | Not Meeting Goal | Notes: |
|---|---|---|---|---|
| **To be compliant with the USDA final rule:** The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities. | ✓ | | | |
| Examples:<br>• *Social Emotional Development*<br>• *Counseling*<br>• *Health Services*<br>• *Physical Environment*<br>• *Caregiver (Family) Engagement*<br>• *Community Involvement* | | | | |
| **List school wellness activity goals in this section:** | | | | |

## Request for Resources and Support

Check the resources and support below if you would like to request assistance for your school in meeting the wellness goals?

☐ content specific training (*i.e., Nutrition Education, Physical Education/Activity)*

☐ assistance with a school-based health assessment

☐ strategies for implementing the local Wellness Policy

☐ healthy and profitable non-food fundraisers

☐ healthy school non-food celebrations

☐ increasing engagement

☐ grant writing support

☐ local and state resources

☐ other (please specify):

## Local Wellness Policy Recommendations

*This space is for your school to make recommendations for suggested wellness policy revisions for the district wellness committee to consider.*

## Signatures:

District Wellness Assessment Leader: Cheyenne Mattox DATE: 4/17/25

School Wellness Leader: Chandi R DATE: 4-14-25

Principal: _____ DATE: _____