

July 2025 LESD Lunch Menu

MON		TUES		WED		THURS		FRI																					
30		7/1		7/2		7/3		7/4																					
Chicken Delights Sandwiches	Chicken Tenders & Goldfish Crackers (v)	Mac and Cheese with Goldfish Crackers (v)	Harvest of the Month: Organic Strawberries	Broccoli with Super Ranch	Krypton Kale Salad, Ketchup, BBQ Sauce	8 oz NF or 1% White Milk	Beef Rolled Taco	PB&J Sandwich (v)	100% Fruit Juice	Baby Carrots w/ Ranch, Buffalo Ranch Fava Beans	Shredded Lettuce & Cheese	8 oz NF or 1% White Milk	Turkey Chili & Chips	Bean & Cheese Pupusa (v)	Oranges	Cilantro, Corn & Bean Salad, Chili Jicama Sticks	Baby Carrots & Super Ranch, Shredded Lettuce & Cheese, Cholulu	8 oz NF or 1% White Milk	Independence Day Holiday *School not in session.*										
Mozzarella Pull Aparts with Marinara (v)	Bahama Bananas	When Carrot Met Hummus	Sliced Tomatoes, Shredded Lettuce & Cheese, Pickles, Mustard, Ketchup, Pickles	8 oz NF or 1% White Milk																									
Summer Forward, Dual Immersion Institute, & Newcome Academy End																													
7		8		9		10		11																					
Happy Cheeseburger or Happy Hamburger (Grass Fed Beef)	Grilled Cheese (v)	Bahama Bananas	Pickles, Ketchup & Mustard	Shredded Lettuce, Baby Carrots and Broccoli w/ Ranch, Sliced Tomatoes	8 oz NF or 1% White Milk	Hot Dog (Grass Fed Beef) with Whole Grain Cookie Surprise	Cheesy Pinwheel with Whole Grain Cookie Surprise	Organic Strawberries	Baby Carrots & Ranch	Krypton Kale Salad, Ketchup, Mustard	8 oz NF or 1% White Milk	Super Orange Chicken & Organic Brown Rice	PB&J Sandwich (v)	Oranges	Chili Lime Carrots, Edamame	Sesame Ginger Salad	8 oz NF or 1% White Milk	Chicken & Red Sauce Tamales + String Cheese	The Best Burrito (v)	Apples	Cool Cucumber	When Carrot Met Hummus, Shredded Lettuce & Cheese, Cholulu	8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice	Yummy Cheese Pizza Slice (v)	Strawberry Frozen Fruit Cup	It's Corn, Broccoli, Baby Carrots & Super Ranch	Garden Fresh Tossed Salad	8 oz NF or 1% White Milk or NF Chocolate
14		15		16		17		18																					
Chicken Delights Sandwiches	Chicken Tenders & Goldfish Crackers (v)	Mac and Cheese with Goldfish Crackers (v)	Harvest of the Month: Organic Strawberries	Broccoli with Super Ranch	Krypton Kale Salad, Ketchup, BBQ Sauce	8 oz NF or 1% White Milk	Beef Rolled Taco	PB&J Sandwich (v)	100% Fruit Juice	Baby Carrots w/ Ranch, Buffalo Ranch Fava Beans	Shredded Lettuce & Cheese	8 oz NF or 1% White Milk	Turkey Chili & Chips	Bean & Cheese Pupusa (v)	Oranges	Cilantro, Corn & Bean Salad, Chili Jicama Sticks	Baby Carrots & Super Ranch, Shredded Lettuce & Cheese, Cholulu	8 oz NF or 1% White Milk	Yummy Pepperoni Pizza Slice	Yummy Cheese Pizza Slice (v)	Strawberry Frozen Fruit Cup	It's Corn, Broccoli, Baby Carrots & Super Ranch	Garden Fresh Tossed Salad	8 oz NF or 1% White Milk or NF Chocolate					
Mozzarella Pull Aparts with Marinara (v)	Bahama Bananas	When Carrot Met Hummus	Sliced Tomatoes, Shredded Lettuce & Cheese, Pickles, Mustard, Ketchup, Pickles	8 oz NF or 1% White Milk																									
21		22		23		24		25																					
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(v)= Vegetarian

(p) = Contains Pork

This institution is an equal opportunity provider.