



# COMMUNITY RESOURCE GUIDE

# DISCLAIMER

This list is of known providers of a particular service. The providers on the list are from a variety of sources. This list is being provided as a courtesy, for information only, and the user should understand that no assurances or guarantees regarding the providers on the list are being made by providing this list. Poteet ISD neither endorses, approves, nor recommends any specific provider listed. This list is not inclusive of all community agencies, service, or organizations that provide the particular service, the omission of an agency, service or organization from this list does not imply disapproval. It is the responsibility of the user of this list to determine whether any of the content is of value to them and whether or not the agency, service, or organization meets their specific needs.

Esta lista incluye proveedores conocidos de un servicio en particular. Los proveedores incluidos en ella provienen de diversas fuentes. Esta lista se proporciona solo como cortesía e información, y el usuario debe comprender que no se ofrece ninguna garantía con respecto a los proveedores incluidos. El Distrito Escolar Independiente de Poteet no respalda, aprueba ni recomienda a ningún proveedor específico. Esta lista no incluye todas las agencias, servicios u organizaciones comunitarias que prestan el servicio en particular; la omisión de una agencia, servicio u organización en esta lista no implica desaprobación. Es responsabilidad del usuario determinar si el contenido le resulta útil y si la agencia, servicio u organización satisface sus necesidades específicas.

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# FOOD RESOURCES

Name	Address/Contact Info	Description	Hours Cost
San Antonio Food Bank	210-431-8326 5200 Historic Old Hwy 90 W San Antonio, TX 78227	Provides food and resources to individuals and families facing food insecurity.	No Cost Hours: 8 AM-5 PM M-F, SAT 9AM-3PM
Blessed Angels	210-284-4391 14094 Nacogdoches Rd, San Antonio, TX 78247 Blessedangelscc.org	Drive Thru food service. Bring your own bags they will fill it up.	No Cost Hours: Check out their website for times.
Circle of Arms	210.695-0687 www.circleofarms.org	Priority delivery for seniors w/limited transportation or no transportation. Grandparents caring for school aged children. Persons w/disabilities. Families w/small children with limited or no transportation.	No Cost Hours You can call to check on next delivery and give your families name.

# FOOD RESOURCES

Name	Address/Contact Info	Description
Non-Profit Financial Services	210-774-3993 4035 Naco Perrin Blvd, San Antonio, TX 78217	Delivering Food/toiletries to single parents, disabled individuals, & seniors. Fill out the form online, <a href="http://www.sacrisiscenter.com">www.sacrisiscenter.com</a>
Food Finder App	<a href="https://foodfinder.us">https://foodfinder.us</a>	Find food distributions by typing in the zip code. It will locate various pantries, food distribution sites throughout San Antonio. You may have to call to verify dates and times.
Cornerstone Church	210-962-4040 <a href="https://sacornerstone.org">https://sacornerstone.org</a>	Offering Care Boxes of non-perishable food items/hygiene kits to families, wellness visits and transportation services. Please call for hours and more information.

# FOOD RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Atascosa Christian Assistance Ministries(CAM)	500 Ave H Poteet, TX 78065	Food Bank Distribution	Free Hours: 9 a.m-2 p.m. Tues, Wed, & Thursday
City of Poteet	491 Ave H Poteet, TX 78065	Free food for Seniors	Free Hours: 1 <sup>st</sup> Friday 9 a.m.-11:30 a.m.

# HOUSING

Name	Address/Contact Info	Description	Hours Cost
Poteet Housing Authority	120 Avenue E, Poteet Tx 78065 830-742-3589	84 units of Affordable housing for moderate-income households. Call for more details on how to apply.	Hours: 7:30 a.m.-5:30 p.m. M-Thurs
SAMM Ministries	1919 NW Loop 410, Suite 100 210-340-0302 samm.org	Transitional living and learning center. Homeless prevention services;.Rent and utility assistance.	Hours:8 a.m.-5 p.m. M-F
Haven For Hope	1 Haven HopeWay, San Antonio Texas 78207	Offers a safe place to sleep indoors, hot meals, shower and laundry services and access to community resources.	Hours:8 a.m.-5 p.m. M-F

# EMERGENCY SERVICES/ HOTLINES

If there is an immediate crisis that involves a life or death situation call 911.

Name	Address/Contact Info	Description
Poteet PD	830.742.8123	Local Poteet Police Station. Non-emergency number.
Texas Child Abuse Hotline	<u><a href="#">Online Reporting</a></u> 800.252.5400	Report Child Abuse 24/7
Poteet Independent School District Police Department	830.742.3567	
National Center for Missing and Exploited Children	<u><a href="https://report.cybertip.org/">https://report.cybertip.org/</a></u> 1-800-THE-LOST (24 hour hotline)	Information and resources related to missing and exploited children.
Poteet Fire Department	530 Avenue H, Poteet, TX 78065 830-742-3213	
FBI Cyber Crimes	<u><a href="https://ic3.gov">ic3.gov</a></u>	Website to report suspected cyber criminal activity.

# EMERGENCY SERVICES/ HOTLINES

Name	Address/Contact Info	Description
Boys Town National Hotline	1-800-543-5750	24/7 national crisis and mental health support line for children and parents.
National Youth Crisis Hotline	1-800-448-4663	This hotline offers a variety of services that help youth out of difficult situations
Atascosa County Sheriff	830-769-3434	

# WARM LINES

Not in a crisis? When you just need someone to talk to, a warmline can be helpful. Warmlines are similar to hotlines in that they provide emotional support. Warmlines take an early intervention approach to alleviating struggle.

Name	Address/Contact Info	Description
Copline	800-267-5463 <a href="https://www.copline.org/">https://www.copline.org/</a>	Provides 24/7 confidential services for police and first responders who are dealing with various stressors.
The Hope Line	<a href="https://www.thehopeline.com/">https://www.thehopeline.com/</a>	Youth and young adults online chat. Chat about a variety of topics 24/7 and also access valuable resources.
Compassionate Ears	866-927-6327	Peer-operated listening service for people in need of support. Offers non-crisis supportive listening coping strategies, information, and a reprieve from loneliness or isolation. Hours: 9 a.m.- 9 p.m.
Love is Respect	866-331-2474	24/7 online and phone chat. You can discuss relational and domestic violence issues.
Graduate Helpline	877-472-3457	24/7 available for college students who are experiencing stressful situations.

# DOMESTIC VIOLENCE/HEALTHY REALTIONSHPIS

Name	Address/Contact Info	Description	Hours Cost
National Domestic Violence Hotline	800-799-SAFE(7233)	24/7 confidential and over 200 language translations to assist with domestic violence concerns.	24/7
Safer Path Family Violence Shelter	24/7 Hotline 830-569-2001 506 W Adams St., Pleasanton, TX 78064	Temporary housing for women and their children experiencing domestic violence.	Free Hours:24/7 hotline and access to shelter
COSA Metro Health Department	210- 207-6821	Dating violence presentations for students and their parents.	Free Hours: 8 a.m.-5 p.m. M-F
Alamo Area Rape Crisis Center	1-800-656-4673 24/7 Hotline 210-349-7273	24- Hour Crisis Intervention. Confidential Counseling. Prevention and Education Programs. Advocacy and Case management for those who have experienced sexual related violence.	Free Hours: 8 a.m.-5 p.m. M-F

# CAREER RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Workforce Solutions	830- 569-4702 1411 Bensdale Rd Pleasanton, TX 78064	Located In the Coastal Bend College.	Free Hours: 8 a.m-5 p.m M-F

# CLOTHING

Name	Address/Contact Info	Description	Hours Cost
SA Threads	210-600-3989 10446 Sentinel San Antonio, Texas 78217	Provides free clothing and accessories for school aged children. Must have a school referral .	Free Hours: 9 a.m- 5 p.m. M-F
Atascosa Christian Assistance Ministries(CAM)	500 Ave H Poteet, TX 78065	CAM will assist the community's needs of food and clothing.	No or low cost (depending on eligabilty) Hours: 9 a.m-2 p.m. Tues, Wed, & Thursday
Safer Path Thrift Store	830-399-0693 201 N. Main Street Pleasanton, Texas	Families in the shelter receive items for free. All proceeds benefit Safer Path.	Low cost Store Hours: 9 a.m.- 5 p.m. Tues-Sat

# MEDICAL RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Atascosa Health Clinic (Pleasanton)	310 W. Oaklawn Rd, Pleasanton, TX 78064 Medical Clinic: 830-569-2527 Dental: 830-569-5818 Pharmacy: 830-569-2567 Administrative Office: 830-569-8940	Medical center that provides the following: family care, senior care, women's care, pediatric care, dental care, and behavioral care.	Cost: Sliding scale, insurance, Medicaid Hours: 8 a.m-5 p.m M-F
Medicaid Support	877-847-8377 Case Manager Support 1-877-633-8747 Transportation	Provides assistance to individuals and providers regarding Medicaid services.	Hours: 7 a.m.-7 p.m. M-F
Poteet Community Health center	8555 TX-16, Poteet, TX 78065 830-742-3637	Medical center that provides the following: family care, senior care, women's care and pediatric care	Cost: Sliding scale, insurance, Medicaid Hours: 8 a.m-5 p.m M-F
Centro Med (Palo Alto Clinic)	9001 Poteet Jourdanton Fwy, San Antonio, TX 78224 210-922-7000 centromedsa.com	Medical center that provides the following: family care, senior care, women's care, pediatric care, dental care, and behavioral care.	Cost: Sliding scale, insurance, Medicaid Hours: 8 a.m-5 p.m M-F

# MEDICAL RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Affinity Insurance Services	830-770-0067 905 Oak St., Jourdanton, TX 78026	Insurance agency that assists clients with Medicaid insurance solutions.	Hours: 9 a.m-5 p.m M-F
Eye Glasses	Contact you campus at Poteet ISD	Voucher program for student eyeglasses, redeemable at the Walmart Vision Center.	Free Hours: 7 a.m-4:30 p.m M-F
Methodist Hospital	830-769-3515 1905 Hwy 97 E, Jourdanton, TX 78026	Nearest local hospital and emergency room	Cost: Insurance accepted Hours: 24/7 Emergency Room

# PREGNANCY RESOURCES

Name	Address/Contact Info	Description
Texas Pregnancy Care Network	877-345-7734 <a href="http://www.texaspregnancy.org">www.texaspregnancy.org</a>	The program provides free resources to women facing unplanned pregnancies, as well as families with young children up to 36 months old. It offers counseling, mentoring, education, and material assistance to clients.
Maternal and Child Health DSHS	TitleV@dshs <a href="https://www.dshs.texas.gov/maternal-child-health">https://www.dshs.texas.gov/maternal-child-health</a> 512-776-7373	The Texas Department of State Health Services (DSHS) works to improve the health of women of childbearing age, adolescents, infants, children, and children with special health care needs. Their program supports the development of family-centered, community-based, and coordinated systems of care.

# MENTAL HEALTH RESOURCES

Name	Address/Contact Info	Description	Hours Cost
National Suicide Prevention Hotline	800-273-8255 988 Call/Text	The Lifeline provides confidential support for people in distress, as well as prevention and crisis resources.	Free Hours: 24/7
Camino Real LMHA Crisis Line	1-800-543-5750	Crisis Line for Mental Health	Free Hours: 24/7
Camino Real Local Mental Health Authority	1749 Hwy 97 East, Jourdanton, TX 78026 830-769-2704	Provides mental health services to children and adults in Atascosa County.	Cost: Sliding scale, insurance, Medicaid Hours: 8 a.m-5 p.m M-F
Depression and Bipolar Support Alliance Hotline and Helpline	1-800-784-2433 <a href="https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/">https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/</a>	Offers support groups for people living with depression and bipolar disorder.	Free Hours: Check website for hours.
Mental Health of America	<a href="https://screening.manational.org/">https://screening.manational.org/</a>	Online screening tool to determine if you're experiencing symptoms of a mental health condition.	Free Hours: 24/7

# MENTAL HEALTH RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Coalition to Support Grieving Students	<a href="http://www.grievingstudents.org">www.grievingstudents.org</a> <a href="mailto:info@grievingstudents.org">info@grievingstudents.org</a>	Resources for parents and teachers on how to talk to a student experiencing grief.	Free
Anchor Boxes	<a href="https://findyouranchor.us/Boxes">https://findyouranchor.us/Boxes</a>	Suicide prevention handouts and boxes.	Free
New York Life	<a href="https://bereavement.newyorklifeforlife.com/">https://bereavement.newyorklifeforlife.com/</a>	Grief materials for educators and parents.	Free
Any Baby Can	210-227-0170 217 Howard St, San Antonio, TX 78212	Autism parent training, bereavement navigation, case management, and care coordination	Free Hours: 8 a.m. -5 p.m M-F

# COUNSELING RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Poteet Mental Health Center	838 School Drive Poteet, Texas 78065 830-742-3567	Provides individual and family counseling for students currently enrolled.	Cost: Free for students enrolled in district. Hours: 8 a.m.-4:30 p.m M-F
TCHATT	Contact your child's campus counselor for a referral.	Free telemedicine services (family counseling, individual counseling, psychiatric visits)	Free Hours: 8 a.m.-5 p.m M-F
Ransomed Life	210.514.4384	Counseling for victims of trafficking in Texas – Telehealth services available. Complete the online counseling referral form at <a href="http://www.ransomedlifetexas.org">www.ransomedlifetexas.org</a> .	Free Hours: 8 a.m.-5 p.m M-F
Children's Bereavement Center	<a href="https://cbcst.org/">https://cbcst.org/</a> 205 W. Olmos Drive San Antonio, TX 78212 210-736-4847	Grief support groups and counseling, including grief camps.	Free Hours: 8:30 a.m.-5:30 p.m M-Th 8:30 a.m.-3:00 p.m. Fridays
Positive Connection Counseling Center	<a href="http://positiveconnectioncounseling.com">positiveconnectioncounseling.com</a> 210-421-4551 info@positiveconnectioncounseling.com	Private practice offering individual therapy and life coaching.	Cost: Contact for more pricing information and hours

# COUNSELING RESOURCES

Name	Address/Contact Info	Description	Hours Cost
Emora Mental Health	786-600-3353 hello@emroahealth.com <a href="http://emorahealth.com">emorahealth.com</a>	Virtual mental health counseling for children and young adults (ages 5–25), with ADHD and autism testing available.	Cost: Covered by certain insurance plans. Check website for details. Hours: Flexible hours
Eating Recovery Center	1-866-809-7493 250 E Basse Rd, Suite 206, San Antonio, TX 78209	Treats children ages 8–17 and adults with eating disorders. Inpatient and outpatient treatment options available.	Cost: Call for help with cost and to see if your insurance is covered. Hours: 6 a.m.-7 p.m., M-F 8 a.m-4 p.m. Sat & Sun
Hackett Trauma and Grief Center	<a href="https://cbcst.org/">https://cbcst.org/</a> 210-736-4847	Telehealth grief counseling for children and adolescents.	Free Hours: Call to inquire about hours of operation
Stephanie Valdez-Herrera LPC	<a href="tel:830-772-9865">830-772-9865</a> 19010 Preist Blvd, Lytle, TX 78052	Individual, Child, Family, and Couples Counseling	Cost: Sliding scale, insurance, Medicaid Hours: Call for appt. times.
Jennifer Baker-LPC	210-346-0034 <a href="https://untoldstories.com/">https://untoldstories.com/</a>	Private Practice and Virtual Counseling Services	Cost: Call for pricing information. Hours: Call for hours of operation.

# MENTAL HEALTH HOSPITALS

Name	Address/Contact Info	Description	Hours Cost
Clarity Child Guidance	210.616.0300 8535 Tom Slick Dr, San Antonio, TX 78229	Mental health treatment center for children ages 3-17.	Cost: Sliding scale, insurance, & Medicaid. Hours: 24/7
San Antonio Behavioral Health	210.541.5300 8550 Huebner Rd, San Antonio, TX 78240	Acute care psychiatric and substance abuse treatment facility for adolescents and adults.	Cost: Sliding scale, insurance, & Medicaid. Hours: 24/7
Laurel Ridge	210.491.9400 17720 Corporate Woods Dr, San Antonio, TX 78259	Acute care psychiatric and substance abuse treatment facility for adolescents and adults.	Cost: Sliding Scale, insurance & Medicaid Hours: 24/7
Charlie Health	866-466-5196 admissions@charliehealth.com	Virtual intensive outpatient program for teens and adults.	Cost: Insurance and Medicaid accepted. Hours: Visit website for hours information.

# SUBSTANCE USE

Name	Address/Contact Info	Description	Hours Cost
Rise Recovery	2803 Mossrock, San Antonio, Tx 78230 210-227-2634 riserecovery.org	Offers substance use treatment, life skills training, insight and recovery groups, group activities, individual and family counseling, and a youth recovery center.	No Cost Hours: 8 a.m.- 9 p.m. M-F
Camino Real Substance Use Program	1739 Hwy 97 East. Suite D Jourdanton, TX 78026 830.266.7730 SUD Hotline 1-833-982-1510 SUD@caminorealcs.org	Outpatient substance use treatment for adolescents and adults.	Cost: Sliding fee scale, insurance and medicaid Hours: 8 a.m.- 5 p.m. M-F
San Antonio Recovery Center	5806 Culebra Rd, San Antonio, TX 78228 866-514-0275	Individual and group substance use counseling, medical detox, residential treatment, and outpatient programs.	Cost: Insurance accepted. Call for pricing. Hours: 8 a.m.- 5 p.m. M-F
Free Narcan	<a href="https://www.morenarcanplease.com/">https://www.morenarcanplease.com/</a>	Free Naloxone available to groups and individuals.	Go to website to fill out information form.
Adult and Teen Challenge of Texas	3850 S Loop W, San Antonio Texas 78264 866-514-0275	Faith-based residential program for individuals struggling with addiction.	Cost: Contact center for cost details. Hours: 8 a.m.- 5 p.m. M-F

# SUPPORT GROUPS

Name	Address/Contact Info	Description	Hours Cost
Narcotics Anonymous	1602 Goliad Road, San Antonio, TX 78223	A self-help organization for people who have a desire to stop using narcotics.	Free 6:30 p.m. Everyday
Grupo Esparza Alcholics Anonymous	210-928-3342 1931 Pleasanton Rd., San Antonio ,TX 78221	A self-help organization for people who have a desire to stop drinking.	Free Hours: Monday 8 a.m.- 9 a.m. Saturday 8 a.m.- 9 a.m. Sunday 8 a.m.- 9 a.m.

# LGBTQ+ RESOURCES

Name	Address/Contact Info	Description	Hours Cost
The Trevor Project	<a href="https://www.thetrevorproject.org/">https://www.thetrevorproject.org/</a> 866-488-7386 24/7 Hotline Text "Start" to 678-678	LGBTQ Hotline and resources for youth.	Free Hours: 24/7
The Pride Center San Antonio	<a href="http://www.pridecentersa.org">www.pridecentersa.org</a> 210-370-7743 1303 McCullough Ave, Ste 160, San Antonio, TX 78212	Bystander Training DEI Training Youth Programs Therapy Services	Cost: Free Mondays 10 am – 5 pm (drop-in & appointments) Tuesday– Thursday: By appointment only