

ADVISORY PERIOD EXTENSIONS 2025-2026

ART

Grade 5

Drawing: “Make Your Mark,” get set, go!

FOR THE SCHEDULE PRINTOUT: Art Extension Drawing 5

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: Dive into the world of drawing and most importantly, enjoy the process!

Explore a variety of drawing techniques using graphite pencils, colored pencils, and pastels. Narrate stories and convey ideas as you take your drawing skills to the next level! Every masterpiece begins with a mark- so let's get set and go!

Grade 6

Painting: Concept to Canvas

FOR THE SCHEDULE PRINTOUT: Art Extension Painting 6

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: In this art extension, we will explore the colorful world of painting! Using traditional and non-traditional painting tools, students will convey ideas through a variety of watercolor and tempera techniques. This extension is all about using your imagination while creating colorful and creative works of art!

Grade 7

Mixed Media: Exploring “Works on Paper”

FOR THE SCHEDULE PRINTOUT: Art Extension Mixed Media 7

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: Get ready for an awesome art adventure and “visual treat” as we explore the exciting world of mixed media, collage and “works on paper.” Learn about texture and layering as we combine materials from cardboard and magazines, to photos, printed images, and found objects while creating original and eye-popping works of art.

Grade 8

Studio Workshop: Unleashing Your Inner Artist

FOR THE SCHEDULE PRINTOUT: Art Extension Studio 8

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: Are you ready to take your art skills to the next level? In this art extension, you will identify the subjects you most want to explore while developing your individual artistic style. Through personalized projects, exploration of multiple art mediums, and feedback, students will develop a body of work which showcases their unique ideas, individual creations and personal, artistic growth.

MUSIC

Grade 5

Beginner Band

FOR THE SCHEDULE PRINTOUT: Music Extension Beginner Band 5

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall Semester only

DESCRIPTION: This is an opportunity for students who want to learn a band instrument but did not begin in the fourth-grade band program. This Beginner Band program offers students a second chance at learning a brass, woodwind or percussion instrument with the goal of joining the Concert Band when they are ready. Students will learn to read musical notation, as well the fundamental techniques of the instrument. Instruments include flute, clarinet, oboe, saxophone, trumpet, French horn, baritone horn, trombone, mallet percussion and snare drum. Students will be responsible for obtaining an instrument, either through a rental program or through the school's free FLITE program. Students will be expected to practice at home. During the spring semester, these students would move into a regular instrumental music sectional in the pull-out rotation.

Percussion Performance Ensemble

FOR THE SCHEDULE PRINTOUT: Music Extension Percussion 5

SCHEDULE INFORMATION: 2 times per 6-day cycle; Spring semester only

DESCRIPTION: This is an opportunity for students to strengthen their ability to read and play music from a variety of genres using Orff classroom instruments such as xylophones, metallophones, congas, triangles, hand drums, tambourine, wood blocks, etc. Students will work together to perform pop songs, world music, traditional xylophone music and other styles.

Grade 6

Electronic Music Production

FOR THE SCHEDULE PRINTOUT: Music Extension Electronic Production 6

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: This is an opportunity for students to explore the vast world of electronic music making. Students will dive deep into Soundtrap, as well as other electronic music programs, learning specific functionality of the music software on their individual laptops. Time will be allotted for individual exploration and composition as well.

Grades 7 & 8

Modern Band

FOR THE SCHEDULE PRINTOUT: Music Extension Modern Band 7/8

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: During the *Modern Band* extension, students will play instruments typically used in rock and pop music, including drum set, guitar, bass, keyboards and voice. Prior experience is beneficial, but not necessary. Students will learn instrumental techniques and will focus on learning specific rock and pop songs in the classroom setting.

Electronic Music Production

FOR THE SCHEDULE PRINTOUT: Music Extension Electronic Production 7/8

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: This is an opportunity for students to explore the vast world of electronic music making. Students will dive deep into *Soundtrap*, as well as other music programs, learning specific functionality of the music software on their individual laptops. Time will be allotted for individual exploration and composition as well. This extension is open to beginners AND students with prior experience using various electronic music applications.

PHYSICAL EDUCATION

Grades 7 & 8

Team Sports

FOR THE SCHEDULE PRINTOUT: PE Extension Team Sports 7/8

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: Get ready for some friendly competition in this exciting extension, where you'll have the chance to dive into a variety of team sports, including basketball, floor hockey, team handball, soccer and more! This extension focuses on teamwork, strategy, and skill-building through fun, competitive-style play. Whether you're a seasoned player or new to the game, you'll learn new techniques, improve your coordination, and develop your sportsmanship.

Throughout the semester, you'll participate in both indoor and outdoor small-team tournaments, competitions and challenges, fostering a supportive, active environment where everyone can have fun and grow. It's the perfect opportunity to stay active, make new friends, and enjoy a little healthy competition!

Lifetime Activities and Sports Extension

FOR THE SCHEDULE PRINTOUT: PE Extension Lifetime Activities 7/8

SCHEDULE INFORMATION: 2 times per 6-day cycle; Fall & Spring semesters

DESCRIPTION: In this fun and engaging extension, students will explore a variety of lifetime sports and activities designed to promote physical fitness, teamwork, and a lifelong love for movement. Whether it's pickleball, badminton, mountain biking, or mind and body exercises, this extension will introduce students to activities they can enjoy well beyond middle school. Through hands-on learning, students will develop skills in individual and lifetime fitness, while emphasizing personal growth, sportsmanship, and the importance of staying active throughout life. No prior experience needed – just bring a positive attitude and a willingness to try new things!