



## Robertson County Schools

### Triennial Assessment Report 2025

	Fully in Place	Partially in Place	Not in Place	Review Date
<b>Wellness</b>				
Wellness policy leadership is in place and Robertson County Leaders have the responsibility and authority to see that each school is compliant	X			
Each School has a designated Wellness Leader	X			
<b>Public Involvement</b>				
The Robertson County Schools Health Team consist of members who represent the general public including parents, Food and Nutrition Director, Physical Education Teachers, School Health Director, Robertson County Board of Education and other school health professionals.	X			
To the extent possible input and comments are sought from Parents/Legal Guardians,	X			
<b>Public Updates</b>				
The Wellness Policy is made available publicly including publishing on the district website.	X			
All policy updates include progress the district has made toward meeting the goals of the Wellness Policy.		X		
<b>Wellness Policy Contents</b>				
The Robertson County Schools Wellness Policy -				
Contains Goals for nutritional promotion	X			
Contains goals for nutritional education	X			
Contains goals for physical activity	x			
Contains goals for other school-based activity	X			
Contains standards for all foods and beverages provided to students during the school day	X			

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<b>Compliance with the Wellness Policy and Progress of goals</b>				
<b>Commitment to Ensuring a Healthy School Environment</b>				
Robertson County Schools is committed to implementing all state and federal laws and regulations related to the development, curriculum, services, standards, staffing and	X			
All schools will implement the Robertson County Schools Promoting Student Welfare Implementation Guide		X		
<b>Robertson County Schools Health Team</b>				
The district Health Team will to the extent possible consist of individuals who represent parents, students, teachers, school administrators, Food and Nutrition leadership, School Health leadership and others knowledgeable of local health related matters	X			
The district Health Team will serve as a resource to the Healthy School Team at each school in the district, in order to implementing the district Wellness Policy and coordinate the School Improvement Plan	X			
<b>Commitment to Nutrition Standards</b>				
School meals meet the minimum nutrition standards in accordance to Healthy Hunger-Free Kids Act of 2010 and the USDA regulations for the National School Breakfast and Lunch Programs	X			
All foods and beverages sold in a la carte programs, school vending machines, and school stores or concessions during the school day will meet the nutrition standards for competitive foods as defined by the Smart Snack in Schools nutritional standards		X		
A school may choose 20 days per semester to provide specially exempt school sponsored fundraisers to allow for sale of foods or beverages that are not in compliance with Smart Snacks in Schools standards as written in the Tennessee State Board of Education	X			

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School provide information to families to encourage healthy eating and making good choices about health and nutrition		X		
<b>Commitment to Nutrition</b>				
The district will market nutrition and school lunch through posters, contest bulleting boards and other student related artwork to promote good health choices		X		
All newly purchased or replaced equipment related to vending machines, coolers, menu boards, scoreboards or other use of logos and labels will comply with the Smart Snack in Schools nutrition standards.	X			
The school will encourage all classroom snacks as a part of celebrations, birthdays or parties include fresh fruits and vegetables, whole grains, water and other foods low in fat, sugar, sodium and caffeine		X		
Students and staff will be provided access to fresh drinking water throughout the school day. When feasible students will be allowed to carry approved water bottles filled with water to class.	X			
Students will be provided adequate time to eat and relax during the designated lunch time	X			
<b>Commitment to Physical Activity</b>				
Students will be provided physical education classes along with recess and free play in order to be compliant with the Physical Activity Laws. Physical activity will not be used as a punishment nor will the restriction of physical activity be used as a consequence		X		
<b>Robertson County Wellness Policy Assessment</b>				
School Principals will compile a School Health Team to review and oversee the schools compliance with the Robertson County Wellness Policy		X		

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School Health Teams will complete School Health Index Modules from the Center for Disease Control as a toll to assess and determine the schools level of compliance		X		
School Health Teams will share results and recommendations to the school principal to support and update the School Improvement Plan		X		
The School Health team will regularly review the Robertson County Wellness Policy to adjust and reflect on changes based on state and federal changes		X		