

DIALOGUE

VIRTUAL STUDENT COUNSELING®

Powered By DialCare.

Virtual Student Counseling

Let's talk about mental health.

Dialogue® is a safe, secure and private way for middle and high school students to seek help from state-licensed mental health professionals via virtual and telephonic counseling sessions.*

Our mental health professionals work with a number of conditions, and consultations are available in both English and Spanish.

**Counseling sessions are available to students in 6th-12th grade, 11 years old and above within the state the student resides.*

Our mental health professionals work with conditions such as:

- Depression
- Stress
- Eating disorders
- Addiction
- Relationship problems
- Anxiety
- Grief
- And more



Features



Students can reach mental health professionals within our network via phone or video chat.



Students can schedule an appointment between 7 a.m. and 10 p.m., seven days a week.



Upon availability, students may request the same mental health professional they previously consulted with.

How It Works

- 1 Students can schedule an appointment by app, website or phone.
- 2 Our mental health professionals will reach out to the student via phone or video chat at the scheduled appointment time.
- 3 Appointments can last for 30 minutes.

Parental Consent

In accordance with all state laws and exemptions, Dialogue may require parental consent to treat underage students.



Did You Know?



More than **3 million** adolescents aged 12 to 17 in the U.S. have had at least one major depressive episode. That's 13.3% of the U.S. population.¹

More than **half** of adolescents that experienced a major depressive episode did not receive treatment.¹

More than **20%** of youth aged 13-18 live with a mental health condition.²

Slightly more than **half** of children with a mental health condition aged 8-15 received mental health services in the previous year.²



¹www.nimh.nih.gov/health/statistics

² www.nami.org/learn-more/mental-health-by-the-numbers

Download. Schedule. Talk.

Mental health matters. Let's talk about it.
Dialogue can help.

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