SPECIAL NEEDS ACTIVITIES

"Hey.. I want to play…"

UPDATED Spring 2025



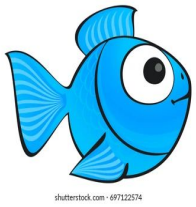
To SWIM…

Diverse Abilities Adaptive Swim Lessons (DAASL)

- @ the DAVIS YMCA
- This program puts an emphasis on identifying participant swim barriers so that every child can learn how to swim and be safe around water.
  - Ed Metzinger
    - emetzinger@youngstownymca.org
      330-480-5665

S.W.I.M. Whisperer (Super Fish Swim School)

- @ Creekside Fitness Center
  - 234-207-2378
  - superfishswim2020@gmail.com



To SWIM….

@ Jewish Community Center

(505 Gypsy Lane, Youngstown, 44505)

The JCC offers free one-on-one swim lessons for persons who are on the autism spectrum or who have developmental disabilities.

https://www.jccyoungstown.org/aquatics/pals-private-swimming-lessons/

*330.746.3250 ext. 112
*tbishop@jewishyoungstown.org



To play Baseball…

Challenger Baseball League

- Boardman Community Baseball
  - Games held at Boardman Field of Dreams
    - Visit>>> BCB Registration (boardmanbaseball.com)
    - Phone : 330-758-2123
    - Email : info@boardmanbaseball.com

To try Adapted Sports Program of Ohio…

- Visit->>>Adaptive Sports Ohio (adaptive sports ohio.org)

  Basketball/Tennis/Power Wheelchair Soccer/Sled Hockey/Track

- **Go to>>>Everyone Plays – Adaptive Sports Ohio**

  -sign up great stuff

  Summer Camps!!

- Contact **Stephen Olesky**
- **Director of Competitions**
- 330-601-1400 stephen.olesky@adaptivesportsohio

Adaptive Sports Program of Ohio ASPO Dream. Excel. Inspire. | Paralympic Sport Club Ohio

To do Archery…

On Target Outfitters

https://www.ontargetoutfitters.org/

- 7209 W. Calla Road, Canfield, OH 44406
- (330) 423-5101
- **AUTISM & ARCHERY**

On Target outfitters

To play Soccer…

US Youth Soccer TOPSoccer OHIO NORTH ADAPT. INCLUSIVE. COMMUNITY.

- **TOPS Soccer–Cortland ohio**
- visit>> TOPSoccer - Ohio Soccer Association
- An adaptive soccer program for athletes with special needs. TOPSoccer athletes spend time learning both soccer and socialization skills in a safe, accepting environment with the assistance of volunteer buddies and coaches.
- Contact Cathie Licht 330-2197302;celwings1@aol.com
- FaceBook: **TOP Soccer of the Mahoning Valley**

To Ride a Horse…



"Focus HippoTherapy"

Using the horse as a tool to develop strength, balance, body awareness, etc.

- **Dawn Speece (330) 507-7424**
  - **Duck Creek Road, Berlin Center**
  - **Check out their facebook page!**

To join Cub Scouts/Girl Scouts...

- Fun outdoor and indoor activities for all abilities
- www.beascout.org
  - Put in your zip code to find group
- Contact **John Brkic** john.brkic@gtcbsa.org

To Hike/Explore

- Family programs to explore nature on land and water
  - https://wildyou.org/programs/

  Multiple locations for activities

WILDYOU

To Cheer / Tumble...

- **MISS DANA'S DIAMONDS**
  - Tumbling and Recreational Competitive Cheerleading
- Special Needs Cheer Team/ Recreational Tumbling
- https://flipformissdana.wixsite.com/website
- 330-501-6158
- Locations in Boardman and Salem

To Act, Sing, Dance ....

- Squeaky Wheel Theater Company
  - Special Needs Productions!
  - www.squeakywheelco.com
  - squeakywheeltc@gmail.com
  - Kathy Keaggy 3308539834
    - Located in Columbiana

To Dance…

@ Limitless Company

Market Street, Boardman, Ohio 44512
3307708845

- **Ballet/Creative Movement/Drums ALive**

@ Performing Arts Center

615 Boardman-Canfield Rd Boardman OH
330-952-3117

- "Abilities" dance class
  - danceatpac.com



Gymnastics/Fitness…

Impacting Athletics

- All inclusive Adventure Classes- ALL ages!
  - visit>> Impacting Athletics (impactingathletics.com)
    - 3307273174

Ohio Gymnastics Institute



- Heidi Soriano
  - www.ohiogymnasticsinstitute.com
    - 330-652-4386

Special Olympics…

- Mahoning County Special Olympics
- Facebook: Mahoning County Public Special Olympics
- Bowling
- Baseball
- Track and Field
- Basketball
- Bocce
- Contact- Jack Gruper 3307274971 jgruber836@aol.com
- Contact - Dave Grossman 3307204818 dagrossmancpa@yahoo.com

Kids Sensory Gym…

- uniquely designed sensory equipment that is specifically designed to aid children with sensory processing disorders

- visit>>> We Rock the Spectrum - Cleveland (werockthespectrumcleveland.com)
  - 700 Beta Dr, Suite 300, Mayfield, OH 44143 216-417-4748

Links–both have lots of resources!!

- https://autismmv.org/

AUTISM SOCIETY
Improving the Lives of All Affected by Autism
Mahoning Valley

- https://www.dsav.org/

DSAV
DOWN SYNDROME
ASSOCIATION OF THE VALLEY
SERVING EASTERN OH & WESTERN PA

Go to the Beach…

Friends for the Youghiogheny River Lake want to give access to the lake and recreation areas to as many people as they can. They decided to purchase beach wheelchairs! The Spillway Recreation Area Beach is now ADA accessible! If you visit and have a need for one of the beach wheelchairs feel free to call or visit the Park Office at 814-395-3242

https://www.facebook.com/YoughioghenyUSACE/

