



The Walden School

Montessori-based, Preschool-Grade 5

Date: _____

Dear Parent/Guardian:

The health care forms you submitted for _____ indicate that she/he has a potentially life-threatening allergy.

The school requires your cooperation to supply the following:

1. A completed **Allergy Management Checklist** from your healthcare provider when school accommodations are necessary.
2. A completed **Allergy and Anaphylaxis Emergency Plan** from your health care provider with instructions that the school is to follow in the event your child experiences an allergic reaction while at school.
3. Please sign the parent/guardian permission section at the bottom of the **Allergy and Anaphylaxis Emergency Plan** and complete the back page of the form.
4. If your child will be carrying medication (i.e., an EpiPen, Auvi-Q, or generic epinephrine auto-injector) to self-administer in the event of an allergic reaction, please have your health care provider check the appropriate box on the **Allergy and Anaphylaxis Emergency Plan**.
5. Parents/guardians are to provide Epinephrine (such as an EpiPen, Auvi-Q, or generic epinephrine auto-injector) or other medications, such as Benadryl, if necessary to treat an allergic reaction.

Your prompt attention to the above matter is essential to safely care for your child at school. **Please provide the above information to the school nurse by the first week of school.** If you have any questions, please feel free to contact me.

Sincerely,

Bob Thomas
Head of School

Allergy Management Checklist

Students Name: _____ Date of Birth: _____

Bus Transportation:

- Monitoring of allergies on bus is not necessary; child will self-limit
- Allergen aware area is not required, but child must sit in front of bus
- Child must carry Epinephrine on the bus in his/her backpack
- Other (please specify) _____

Classroom Accommodations:

- Monitoring of allergens is not necessary; child will self-limit
- Allergen aware area is not required, and child may share pre-approved Allergen aware snacks
- Allergen aware area is not required, but child must eat only provided by parent or guardian
- Allergen aware classroom is required (This choice makes an Allergen aware cafeteria area mandatory)
- Other (please specify) _____

Cafeteria Accommodations:

- Monitoring of allergens in cafeteria is not necessary; child will self-limit
- Allergen aware area is not required, but child must not share food
- Allergen aware cafeteria area is not required (This choice makes an Allergen aware classroom are mandatory)
- Other: (please specify) _____

Field Trip Accommodations:

- Monitoring of allergens on field trips is not necessary; child will self-limit; Parent will review menu for safe foods
- Monitoring of allergens on field trips is not necessary; but child must eat only food provided by parent/guardian
- Child should remain with teacher or parent/guardian during the entire field trip and must eat only food provided by parent/guardian

Physician's Printed Name: _____

Physician's Signature: _____

Date: _____

Physician's Office Stamp

- Other (please specify) _____