

Pudong Campus Lunch Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Three Cup Chicken	Beef Bolognese	BBQ Pork		
Allergen Content	L	G	L		
STAPLE FOOD	Steamed Rice	Spaghetti with Basil	Potato Gratin		
Allergen Content		G	G D		
VEGETABLES	Sautéed Bok Choy	Steamed Broccoli and Carrot	Steamed Carrot, Corn and Green Peas		
Allergen Content			L		
SPECIALTIES	Steamed Pork Siu Mai	Garlic Bread	Chicken Nuggets		
Allergen Content	G	G D	G		
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	Tuna Salad, Peanut Butter, Strawberry Jam		
Allergen Content	N	N	E N S		
VEGETARIAN DISH (On request)	Three Cup Tofu	Chickpea Bolognese	BBQ Tofu		
Allergen Content	L	L	L		
SALAD BAR	Salad Bar	Salad Bar	Salad Bar		
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice		
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood