

Dear Parents and Guardians,

Each year, we ask families to complete a set of medical forms that support the health and safety of our students across all school programs. These forms are used by our Nursing staff, Athletics Department, and Global Programs team.

To streamline the process, we've created a concise set of forms that allows you to complete all required information during a single visit to your child's healthcare provider. If your child has already had a physical examination during the current school year, their provider should be able to complete these forms without requiring an additional appointment.

Below is a summary of the required forms and their purpose:

Annual Physical Examination Form

Required for athletic participation and eligibility for school-sponsored global travel programs. The American Academy of Pediatrics recommends regular well-visits, including back-to-school physicals.

Authorization for Over-the-Counter Medication Form

Authorizes the administration of non-prescription medications by our health staff during the school year and while traveling. Both a physician and parent/guardian must sign this form each academic year. Please note that students are not permitted to carry medication on campus, except for emergency-use items such as inhalers or epi-pens.

Service Learning TB Testing Requirement Form

Grades 6–8: All Middle School students must have a current TB test (within the past three years) in order to participate in the Service-Learning program. Grades 9–12: Students participating in Service-Learning groups that serve off-campus or at-risk populations are required to have a current TB test (within the past three years). We highly recommend completing this requirement before the start of the school year.

Authorization Form for Global Programs

Required for students participating in Pacific Ridge School's Global Programs. The physical examination date must be within one calendar year of the final day of travel. This form must be signed by both a physician and parent/guardian.

Once completed, please upload each form separately to Magnus Health Online. If your child is participating in a school sport, the Annual Physical Examination Form must also be uploaded to the Athletic Clearance Portal.

Thank you for your attention to these important health requirements and for helping us support student wellness across our school community.