

YELLOW MEDICINE EAST DISTRICT 2190 COMMUNITY EDUCATION & SCHOOL NEWS

Summer 2025

- SERVING RESIDENTS OF ALL AGES -
INCLUDING THE COMMUNITIES OF CLARKFIELD, ECHO, GRANITE FALLS, HANLEY FALLS, HAZEL RUN, AND
SURROUNDING AREAS.



Tim Knapper

Community Ed. & Activities Director

☎ 320-564-4081 ext. 110
✉ knapper@isd2190.org

Alyssa Lindstrom

Community Ed. & Activities Administrative Assistant

☎ 320-564-4081 ext. 111
✉ alindstrom@isd2190.org

YME COMMUNITY EDUCATION

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Community Ed. Staff

Tim Knapper	Director
Alyssa Lindstrom	Assistant
Keisha Louwagie	Preschool Coordinator
Jan Lerohl	Senior Advocate

Community Ed. Policy Statement

The YME Community Ed. Department does not provide accident insurance for the participants in any of its programs/activities. Participants assume all inherent risk of injury resulting from their involvement in programs or activities. Participants, upon payment of activity/program fee, give consent to the use of any photographs taken by Community Ed., its employees, agents, and elected officials and such photographs shall become the property of Community Ed. and participants are not entitled to compensation of any kind for the use of such photographs.

YME Community Education Advisory Council

Tim Knapper	Cindy Anderson
Terri Dinesen	Rae Ann Keeler-Aus
Mark Jensen	Scott Rasmusson
Barb Torke	Warren Velde
Kayla Anderson	Katie Khali
Ann Eggebraaten	

The advisory council is a group of community representatives who advise and promote the programs and services of Yellow Medicine East Community Education.

Any YME community member is welcome to apply for these positions. The council meets from 12-1pm four times during the school year. Contact the Community Ed. Office if interested.

School Contact Information

LITTLE STINGERS PRESCHOOL

555 7th Ave.
Granite Falls, MN 56241
320-564-4081 ext. 114

BERT RANEY ELEMENTARY

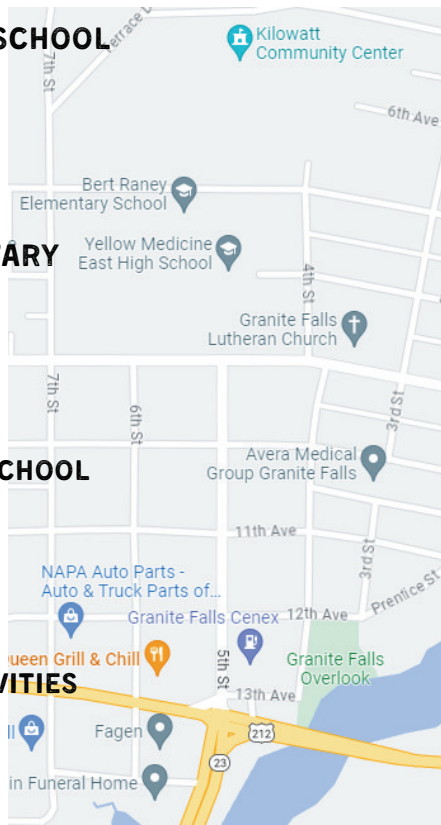
555 7th Ave.
Granite Falls, MN 56241
320-564-4081 ext. 244

MIDDLE SCHOOL/HIGH SCHOOL

450 9th Ave.
Granite Falls, MN 56241
320-564-4081 ext. 100

COMMUNITY ED. & ACTIVITIES

450 9th Ave.
Granite Falls, MN 56241
320-564-4081 ext. 111



Instructors Wanted

Community Ed. is always looking for adults who are willing to share a skill, talent, expertise, hobby, or career experiences with students of all ages. Classes can be as flexible as you need them to be, and a teaching degree is not necessary. Contact the Community Ed. office if you are interested.



OPPORTUNITIES FOR YOUTH

GRANITE FALLS SUMMER REC.

BASEBALL & BAM BAM BALL

Wednesday, June 4th - Thursday, July 24th
- No Summer Rec. June 30th - July 3rd -



BAM BAM BALL

Pre-K (Ages 4 & 5)

Thursdays
11:00-11:50am
MN West Field

LITTLE LEAGUE BASEBALL

Grades K & 1

Mondays, Tuesdays, & Wednesdays
Practice - 9:00-9:50am
Thursdays
Scrimmage - 9:00-9:50am

MINOR LEAGUE BASEBALL

Grades 2 & 3

Mondays, Wednesdays, & Thursdays
Practice - 10:00-10:50am
Tuesdays
Game Day - 9:00am-12:00pm

MAJOR LEAGUE BASEBALL

Grades 4-6

Mondays, Tuesdays, & Wednesdays
Practice - 11:00-11:50am
Thursdays
Game Day - 9:00am-12:00pm

Age groups are based on 2024-25 grades. Game Day schedules will be emailed to parents and handed out at practice.

We anticipate splitting Little League & Minor League into two groups and possibly Major League as well depending on numbers. Teams will practice at either MN West or Vern Anderson Field. We will communicate teams and locations to you once we have them determined.

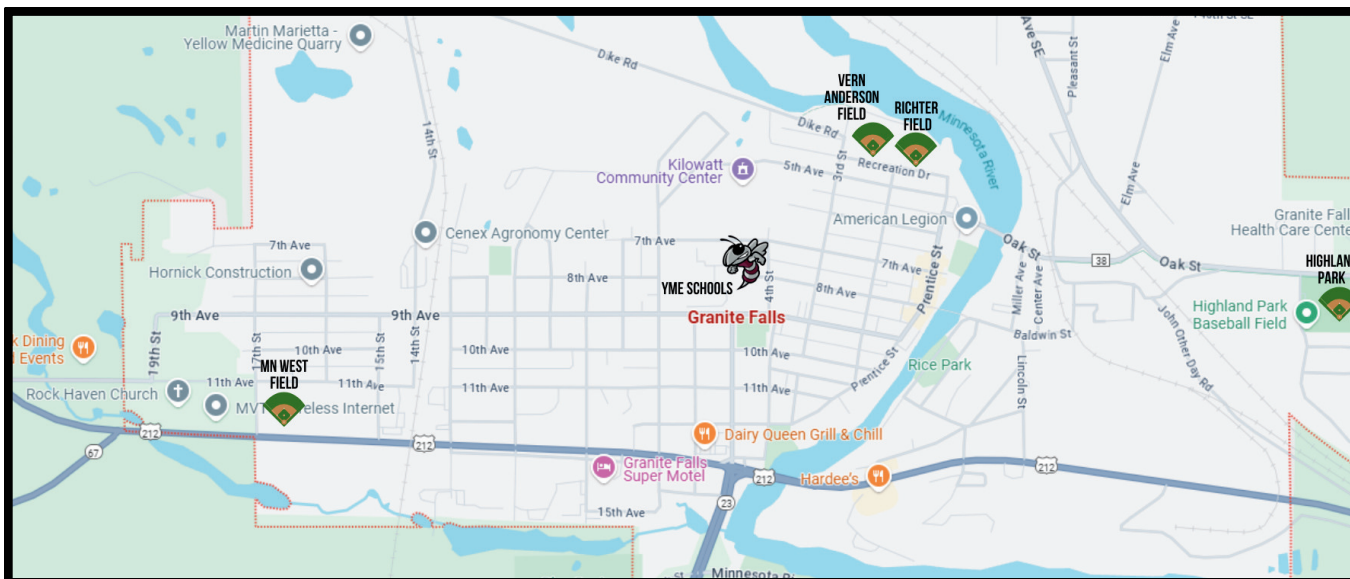
COST

Baseball | \$50 | Includes instruction, transportation to out of town games, & t-shirt
Bam Bam Ball | \$20 | Includes instruction & t-shirt | No out of town games

**REGISTER BY
FRIDAY, MAY 9th.**

Open gym will be available at your practice times on days that we have to cancel baseball and softball for inclement weather or poor field conditions.

Please note that Summer Rec. schedules are subject to change. For the most up-to-date information, please read the Summer Rec. reminders that are emailed out weekly and check your email regularly. If you do not live in the YME school district or do not have a child participating in Summer Rec. but would like to receive these emails, please contact Alyssa Lindstrom at alindstrom@isd2190.org.



OPPORTUNITIES FOR YOUTH

SUMMER REC. AFTERNOON ENRICHMENT CLASSES

The schedule for afternoon enrichment classes will be emailed out to YME families.

PRAIRIE FIVE BUS SUMMER INFORMATION

FARES: \$2 Per Ride | \$25 Youth Punch Card = 25 rides | \$35 Monthly Pass = Unlimited rides per calendar month
\$40 Youth Summer Pass = Unlimited rides for the summer months

PHONE: 1-877-757-4337 HOURS: Monday-Friday - 7:00am-4:45pm

Summer Rec. transportation forms will be available on the website soon!



7TH-12TH GRADE STRENGTH & CONDITIONING

What we provide:

- Personalized weight programs that are world class
- Experienced coaches that care about your child and their success
- Cheap option for training that could cost over \$200 a month for personal training
- Proven programs used by DI, DII, and DIII athletes and many high level high school athletes!
- Scholarships for students in need
- Injury prevention and rehab for injured athletes that extend beyond the weight room.
- Level of lifting: experience does not matter you will be taught all technique
- Expectations: show up and you will get better. Consistency is what matters!
- Behavior expectations: Respect everyone, no negativity, have fun!
- NOT just for athletes. All are welcome!

WHO: Next Year's YME 7-12 Boys & Girls and Quad County Wrestlers

WHEN: Mondays, Wednesdays, & Thursdays, June 2nd-August 7th (Off the week of July 4th)

SESSIONS: 6:30 - 8:00/8:15am | 7:30 - 9:00/9:15am (You choose your session.)

WHERE: YME Weight Room & Main Gym

COST: \$60

REGISTRATION DEADLINE: May 28th

Registration information has been emailed to YME families.

Alexis Peters, with 10+ years of coaching experience, will lead a youth volleyball camp on June 25th at YME High School for YME athletes. The camp covers serving, passing, setting, and hitting, while building teamwork, confidence, and game skills.

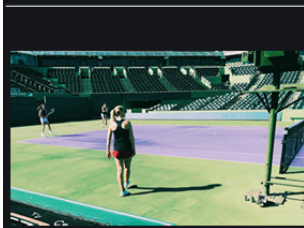
REGISTRATION

FEE : \$20 | REGISTRATION DEADLINE: JUNE 23RD

Grades (25-26 school year):	K-2 - 9:00-10:15 AM
	3-5 - 10:30-11:45 AM
	6-8- 12:00-1:30 PM

COMPLETE REGISTRATION/WAIVER FORM AND RETURN ALONG WITH PAYMENT TO THE COMMUNITY ED. & ACTIVITIES OFFICE. YOU CAN ALSO PAY ONLINE VIA STING STORE.

Summer Tennis Lessons



My name is Kayla McIver. I have a love for tennis and an even bigger passion for coaching it. I'm new to Granite Falls and looking for players who are interested in improving their game. I have been coaching for 10 years ranging in ages of 3 to 60 years old. I have coached in a variety of settings including private lessons, small/large group drills, and as an assistant coach for high school and college teams. My goal for the summer is to fill my evenings with one on one and group lessons.

Lessons are scheduled for 1 hour. \$20 for one on one or \$15 for each player in groups of 2-4 players. If you want to schedule a lesson or have any questions, feel free to reach out at 320-290-3247.



MARK YOUR CALENDARS!

VOLLEYBALL CAMP @ YME
for Next Year's 6th - 8th Graders
WEDNESDAY, JULY 23RD

OPPORTUNITIES FOR YOUTH

BEHIND THE WHEEL DRIVER'S EDUCATION

Behind the Wheel (BTW) instruction is scheduled on an individual basis following successful completion of classroom instruction and passing of the written permit test. BTW consists of riding with the instructor in a dual-brake controlled vehicle. The six hours of driving and observation are required by the State of MN Dept. of Public Safety.

Contact the Community Ed. office for a registration form.

Phone: 320-564-4081 ext. 111
Email: alindstrom@isd2190.org.

MINNESOTA TWINS PARK AND REC DAY GAME

Join Montevideo Community Ed. at Target Field to watch the Minnesota Twins take on the Boston Red Sox. See your favorite Twins in action. Tickets are limited for this game and you must pre-register by July 9th. No registrations can be accepted after July 9th. Youth under the age of 12 must have an adult accompany them. Fee includes a school bus ride and a ticket for the game. Food is on your own. You may pack a lunch or purchase food at the field.

Wednesday, July 30th

8:00 AM (bus leaves from Montevideo Middle School parking lot)

12:10 PM game time

6:30 PM approximate return time

\$35/person

Register under the "Youth Enrichment" tab on the Montevideo Community Ed. website.

COLOR RUN & FAMILY FUN

WHEN: WEDNESDAY, JUNE 18TH

TIME: BEGINS AT 10AM

WHERE: HIGH SCHOOL FOOTBALL FIELD

WHO: FUN FOR FAMILIES, KIDS YOUNG AND YOUNG AT HEART

WHAT: COLOR FUN, EXPERIMENTS, ART, AND A CHANCE TO RUN AROUND THE TRACK & COLOR YOURSELF SILLY!



YME COMMUNITY ED. & GRANITE FALLS KIWANIS
FISHING CONTEST
@ RICE PARK
Wednesday, June 18th | 1:30-3:00pm
Age Groups: 4-8 & 9-13
Prizes for biggest fish & most fish.
Bring your own rod & tackle.
Bait will be provided.
Registration information will be sent out in June.

NEW

WEBSITE!

mrvedabe.com

ADULT BASIC EDUCATION

Earn a GED (GED) | English as a Second Language (ESL) | Citizenship | Driver's Exam |

Brush up on Reading, Writing, Math, and Computer

All Classes are FREE, open to adults 17 and older.

Contact the ABE office for more information:

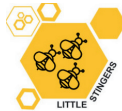
320-269-9297

All classes take place at the Minnesota West Campus, Room 304, 1593 11th Avenue,
Granite Falls, MN

Summer ESL Online Class

Tuesdays & Wednesdays | June 10th-July 30th | 6:00-8:00 PM

ECFE & PRESCHOOL INFORMATION



LITTLE STINGERS PRESCHOOL INFORMATION

BERT RANEY ELEMENTARY SCHOOL | GRANITE FALLS, MN | 320-564-4081 X114

TO REGISTER:
CALL 320-564-4081 X114 OR FIND
OUR REGISTRATION FORMS AT
WWW.ISD2190.ORG.

BUMBLEBEES



Ages: 4 - 5 by September 1, 2025
 Full Days | 8:00AM - 3:00PM
 Monday - Friday
 Approx. 171 Days/Year
 Price: \$450/Month

HONEY BEES



Ages: 3 - 4 by September 1, 2025
 Full Days | 8:00AM - 3:00PM
 Mondays, Wednesdays, & Fridays
 Approx. 100 Days/Year
 Price: \$265/Month

BUSY BEES

Ages: 3 - 4 by September 1, 2025
 Full Days | 8:00AM - 3:00PM
 Tuesdays & Thursdays
 Approx. 71 Days/Year
 Price: \$195/Month

2025-26 PRICES

	Full Fee/Month	Eligible for Reduced Meals/Month	Eligible for Free Meals/Month
Bumblebees	\$450	\$185	\$140
Honey Bees	\$265	\$105	\$80
Busy Bees	\$195	\$80	\$65

PROGRAM REQUIREMENTS

Children who are eligible to participate in Yellow Medicine East Little Stingers School Readiness preschool program for the 2025-26 school year must:

- Be 3 years or older by September 1, 2025
- **Be toilet trained**
- Meet current MN immunization requirements
- Have completed or will complete early childhood screening in the fall of 2025

HIGHLIGHTS

- All day, every day preschool for 4 year olds
- All preschool programs will follow the YME school calendar
- Enhanced curriculum including music, art, physical education, and so much more!
- Scholarships available to eligible students.
- Call for more information!

ECFE CLASS INFORMATION COMING SOON!



LIKE YELLOW MEDICINE EAST SCHOOLS ON FACEBOOK FOR MORE INFORMATION AS IT BECOMES AVAILABLE.

Early Childhood Screening

August 2025

More information to come!

Questions? Contact the BRE office:

320-564-4081 ext. 114

Kindergarten Camp

August 2025

More information to come!

Questions? Contact the BRE office:

320-564-4081 ext. 114

SUMMER AT THE GRANITE FALLS LIBRARY

Storytime - Tuesdays at 10:00am
 Stories, songs, bubbles, parachute time, crafts, snacks!

Summer Reading Program
 Kids read and earn prizes!

Dino Man
 Coming in August! It's at the KCC and it's going to be a blast!

Crunch Labs
 Wednesdays in June again this year!
 Creating future engineers in Granite!

NOTES FROM OUR SUPERINTENDENT



Rich Schneider
SUPERINTENDENT

YME Spring Newsletter: Celebrating Our Seniors and Looking Ahead

As we welcome the arrival of spring (despite Minnesota’s trademark unpredictability), we also step into one of the most exciting times of the school year—celebrating our graduating seniors. The changing seasons remind us that transitions are part of life, and for our seniors, the next chapter is just beginning.

Please join us in congratulating the Class of 2025. These students have worked hard, grown as individuals, and are now ready to take on new challenges. Some will attend four-year colleges and universities, while others will pursue community college, certification programs, military service, or join the workforce. We celebrate all of these paths and remain proud of the diverse journeys our graduates will take.

At Yellow Medicine East, we diligently work to ensure all students have access to a variety of academic offerings that prepare them for life beyond high school. Whether through career and technical education, concurrent college classes, or strong core academics, our programs support every student’s goals. These academic opportunities combined with an extensive list of activities including fine arts, athletics, and other activities, provide something for everyone. This also helps us work towards our mission - To provide a caring environment of high expectations that prepares every student for a successful future and instills the value of learning.

As we look ahead, our district continues to work on our facility proposals. We recently completed an in-depth review of the community survey results, which are now available for your review on our district website. The school board will consider next steps in upcoming meetings as they prepare for a potential future referendum. Please take time to review the survey and stay engaged in this important process. As always, I welcome your questions, thoughts, or ideas.

As the school year winds down, we also begin looking forward to summer. This time away from the classroom offers a chance for students to stay active—both physically and mentally. We encourage families to promote outdoor activity, summer programs, and especially reading. Setting aside time for books, journaling, or learning-based games helps students stay sharp and return in the fall ready to learn. A little daily reading can make a big difference!

Finally, while spring may be trying to settle in, we all know that in Minnesota, a snowstorm may still be just around the corner. Please stay tuned to weather updates and communications from the school.

Thank you for your continued support of YME. Together, we prepare our students—every student—for success in school and in life.

Rich Schneider
Superintendent, Yellow Medicine East Schools

JOIN OUR TEAM

Make a difference in the lives of children!

For more information on current openings or to apply online visit:

www.isd2190.org/employment-opportunities

or Contact Tara Miller
tmiller@isd2190.org
320-564-4081 - Ext. 112



MORE INFO

MISSION STATEMENT

At Yellow Medicine East Our Mission is:

To provide a caring environment of high expectations that prepares every student for a successful future and instills the value of learning.

SAVE THE DATE!
YME 6th Grade
BOOT CAMP
OPEN TO INCOMING 6TH GRADE STUDENTS FOR FALL OF 2025
WEDNESDAY, AUGUST 20TH
9:00AM - 11:30AM
MORE DETAILED INFORMATION WILL BE SENT IN AUGUST

COMMUNITY HAPPENINGS

WESTERN FEST 2025

June 18-21



YME ALUMNI
Doubles **TENNIS**
TOURNAMENT

Saturday
JUNE 21
8:30am | KCC Tennis Courts

BRING A CAN OF TENNIS BALLS.

At least one person per team should be a graduate of YME or any other high school that is part of the YME School District. There will be one division, so teams can be men's, women's, or mixed.

artsy stuff



Makers Market
June 5 and July 3, 5-8 PM
on the Riverwalk

Squid Fest on August 16
11-4 in Memorial Park
6-10 PM downtown

Granite Area Arts Council
807 Prentice St.
Granite Falls
320-564-4240

Our Gallery and Gift Shop is open year round!
Tues-Fri 10-4
Sat 10-3
www.granitefallsarts.org

GRANITE FALLS KIWANIS

POPCORN STAND

OPEN EVERY DAY
MAY 1 - LABOR DAY

7:00 - 9:30

Kiwanis CLUB OF GRANITE FALLS, MN

DOWNTOWN GRANITE FALLS

LEARN TO PLAY PICKLEBALL

MAY 21, 2025
6-30 PM

Introduction to the rules of the game and how to play.

Location - Granite Falls - Outdoor Tennis Courts by Granite Falls Kilowatt Community Center

Paddles and balls provided.

For More Info or to sign up contact:
Chuck or Stacey Broberg
staceypchef@charter.net

Cost: FREE
All ages welcome!
Kids under 10 need to be accompanied by an adult

YES! HOUSE

The YES! House is a creative community gathering space located at 726 Prentice Street in Granite Falls, MN




SCAN HERE!

Selected Upcoming Events:

- MPR's Your Classical Class Notes Community Concert w/ Steam Machine | Thursday, May 1 | 6 PM
- Mother's Day Indoor Market | Saturday, May 10 | 10 - 2 PM
- Open Mic Night Hosted by Betsy | May 16 & June 18
- Abstract Art Therapy Class w/ Zak | Saturday, May 17 | 5 - 7 PM
- Pride at The YES! House | Thursday, June 26
- Open Hours: Mon, Weds, Thurs 10 AM - 2 PM | Tues 2 - 6 PM

The coffee is always on, and everyone is always welcome!

COMMUNITY ED. TRIPS

All trips listed below will be taken on chartered coaches and will depart from the front of the YME high school (450 9th Ave.). Trips are open to people of all ages; however, anyone under the age of 18 must have an adult supervisor with them. See descriptions below for more details. To register for a trip, stop by the Community Ed. office or contact Alyssa Lindstrom.

Phone: 320-564-4081 ext. 111 | Email: alindstrom@isd2190.org.



LAKE MINNETONKA BOAT CRUISE & MINNESOTA LANDSCAPE ARBORETUM

WEDNESDAY, JUNE 25TH - 9:00AM - 7:00PM - COST: \$115 -

DEADLINE: JUNE 4TH

Enjoy this narrated tour on one of America's most popular lakes! Learn about the lake history past and present as you enjoy a relaxing cruise. Lunch will also be served on the boat. After the boat cruise, you'll head to the Minnesota Landscape Arboretum. The Arboretum features more than 1,215 acres of magnificent gardens, model landscapes, and natural areas - from woodlands and wetlands to prairie - with extensive collections of northern-hardy plants. We'll be taking a tour on the Arboretum Trumpet Creeper Tram for a narrated tour of the 1,200+ acres of gardens and woodlands. There will also be time to meander on your own.

Your fee includes chartered coach ride, cruise, lunch, admission to the Arboretum, and the tram tour.

CHURCH BASEMENT LADIES AT PLYMOUTH PLAYHOUSE

FRIDAY, AUGUST 22ND - 9:45AM - 6:45PM - COST: \$105 - DEADLINE: JULY 16TH

The Ladies are back at the Plymouth Playhouse with the musical that started it all! The church basement kitchen throughout much of America is often the heart and soul of any church. In Church Basement Ladies we meet the pastor, three kitchen cooks and one daughter who run the kitchen and care for the congregation by preparing and serving the food. Like any great kitchen, problems are solved here as well. We see the four women handle a Lutefisk dinner, a funeral, an Easter fundraiser, and a wedding. They stave off potential disasters, have fun, share and debate recipes, instruct the young, and keep the pastor on due course. This musical comedy based on recipes, food, and change in the church is funny, heartwarming, and down to earth. It will bring back memories of many people you know from churches everywhere.

Your fee includes a chartered coach ride, lunch, and reserved ticket.



MINNESOTA STATE FAIR

THURSDAY, AUGUST 28TH - 7:00AM - 8:30PM - COST: \$60 -

DEADLINE: AUGUST 15TH

Join us for a hassle-free trip to the great Minnesota Get-Together - The Minnesota State Fair! It's a Discount Day at the fair, so there will be lots of deals on merchandise and food for all. Your fee includes chartered coach ride and fair admission.

SENIOR ADVOCACY

Jan Lerohl, Senior Advocate

155 7th Avenue - Granite Falls, MN 56241

Phone: 320-564-0947 - Email: jlerohl@isd2190.org



Senior Advocate's Office Hours

Mondays & Tuesdays: 8:30-11am & 12-3:30pm

Wednesdays: 12-3:30pm

Thursdays & Fridays: Office Closed

YMC Senior Advocacy is a non-profit organization that provides a variety of events, activities, workshops, and services to senior citizens in the Granite Falls area. Our goal is to:

- *promote holistic wellness in the senior population
- *provide education and recreational programming to senior citizens
- *help enable senior citizens to continue living in our rural area independently
- *promote and help enable senior citizens to continue to be contributing members of society

PRAIRIE FIVE RIDES

Please call the dispatch number 1-877-757-4337 to schedule an in-town or out-of-town rides.

PRAIRIE FIVE'S AGING & ADULT EDUCATION OPTIONS

Are you looking for a speaker for your church, civic group, study club, or just a group of friends? Prairie Five has a Volunteer Community Educator for the Alzheimer's Association and a member of the AARP Speakers Team available for presentations on memory loss, fraud and scam prevention, down-sizing and decluttering, balancing life with being a caregiver for a loved one, and more. They also have Book Bags available for checkout to book clubs and other interested groups. Each Book Bag contains 14 copies of a book related to aging and a discussion guide. Call Laura Thomas at 320-226-8861 for more information or to request a presentation.

GRANITE FALLS SENIOR CENTER

You are most welcome to meet with friends at the Senior Center for coffee and a visit, to play a card game or board game of your choice, to work on a puzzle, etc. There are also books, newspapers and magazines to read, if you so choose. We'd love to have you come!

SCHEDULE OF ACTIVITIES			
DAY OF MONTH/WEEK	ACTIVITY	TIME	FEE
Each Monday	Cards (variety)	1:00pm	-
1st Monday	Caregiver Support Group	1:30pm	-
2nd Monday	Bingo (regular)	12:45pm	25¢ to play 25¢ per card
3rd Monday	Diabetic Support Group	1:30pm	-
4th Monday	Bingo (prizes)	12:45	-
	Ice Cream Sundaes	2:00pm	\$1.00
Each Tuesday	Canasta **NEW TIME** →	12:45pm	-
1st Tuesday	Senior Advisory Board Meeting	9:00am	
3rd Tuesday	Heart 2 Heart Committee Meeting	9:00am	
4th Tuesday	Heart 2 Heart Cafe	9:00am	-
Each Wednesday	Canasta **NEW TIME** →	12:45pm	-
Each Friday	Gentle Exercise	10:00am	

Calling All Card Players, Board Game Players, and Puzzle Solvers!



If you enjoy playing cards such as whist, pinochle, buck euchre, or canasta, please come and join us at the GF Senior Center. There is room to have a variety of card games going on at the same time. However, if playing cards isn't your "thing", but playing board games or putting puzzles together is, we'd love to have you stop by! Call Jan at 320-564-0947.

SENIOR ADVOCACY

PRAIRIE FIVE'S AGING SERVICES

Do you have questions about getting enrolled into Medicare or reviewing your coverage options and would like an unbiased answer? Do you have concerns about making ends meet on a fixed income? Have you been wondering about resources for caring for your spouse or a loved one? Have you been thinking about getting your will or other end-of-life documents in place? Do you have an application you'd like help completing? Prairie Five's Aging Services are prepared to assist older adults and their families with these services and more! Call Laura Thomas at 320-226-8861 or email laura.thomas@prairiefive.org to schedule an appointment at the location most convenient for you.

There's no such thing as a dumb question so don't hesitate to reach out.

PRAIRIE FIVE'S AGING & ADULT EDUCATION OPTIONS

Are you looking for a speaker for your church, civic group, study club, or just a group of friends? Prairie Five has a Volunteer Community Educator for the Alzheimer's Association and a member of the AARP Speakers Team available for presentations on memory loss, fraud and scam prevention, down-sizing and decluttering, balancing life with being a caregiver for a loved one, and more. They also have Book Bags available for checkout to book clubs and other interested groups. Each Book Bag contains 14 copies of a book related to aging and a discussion guide. Call Laura Thomas at 320-226-8861 for more information or to request a presentation.

SENIOR LINKAGE LINE

phone: 1-800-333-2433

Call the Senior LinkAge Line to find answers to questions concerning Medicare, supplemental insurance, long-term care, in-home services, caregiver support, fraud and scams, in-person help, and other older adult services and resources.

MNRAAA CLASSES

phone: 507-387-1256

online: mnraaa.org

A variety of classes are being offered online by the Minnesota River Area Agency on Aging. Please call to see which classes may be of interest to you.

YELLOW MEDICINE COUNTY VETERAN SERVICES

phone: 320-313-3037

address: 180 8th Ave., Granite Falls, MN 56241

55+ DRIVER IMPROVEMENT PROGRAM CLASSES

To register, please call: 1-888-234-1294 or 1 320-308-1400
Cost: 4-hr. course - \$24.00

Location: Granite Falls Senior Center

Time: 5:00-9:00pm

When: June 3, 2025

October 7, 2025

Location: Kilowatt Community Center

Time: 1:00-5:00pm

When: July 24, 2025

September 25, 2025

December 11, 2025

Please note location and time for each class.

GRANITE FALLS LIVING AT HOME BLOCK NURSE PROGRAM

Evidence-Based Programs & Classes

Granite Falls Living at Home Block Nurse Program offers the following evidence-based programs and classes. These classes are free and open to the public. All are held at the Granite Falls Senior Center with the exception of the Building Bridges Choir. For more information, call the Living at Home Block Nurse Program (LAH/BNP) at 320-564-3235.

Gentle Fitness Exercise

When: Fridays (except for June, July, & August)

Where: Granite Falls Senior Center

Time: 10:00 - 11:00 a.m.

Cost: no fee

Caregiver Support Group

When: 1st Monday of every month

Where: Granite Falls Senior Center

Time: 1:30 - 2:30 p.m.

Cost: no fee

Diabetic Support Group

When: 3rd Monday of every month

Where: Granite Falls Senior Center

Time: 1:30 - 2:30 p.m.

Cost: no fee

Heart 2 Heart Memory Café

When: 4th Tuesday of every month (except June, July, August, & December)

Where: Granite Falls Senior Center

Time: 9:00 - 10:30 a.m.

Cost: no fee

Building Bridges Choir

The Building Bridges Choir provides a therapeutic opportunity to socialize and sing together during the year. Music strengthens memory and provides an outlet for creativity. For more information, call the Living at Home Block Nurse Program (LAH/BNP) at 320-564-3235 or Jan at 320-564-0947.

SENIOR ADVOCACY

PRAIRIE FIVE MEAL SITES IN YELLOW MEDICINE COUNTY

From Erick Hedman, Prairie Five Meals, 320-269-9009

Let us do the cooking for you!

LOCATION	MEAL PRODUCER	MEAL TYPE	DELIVERY DAY
Canby	The Porter Café	Hot Home Delivered & Frozen & Shelf Stable Meals	Monday-Friday
Porter	The Porter Café	Congregate, Hot Home Delivered, & Frozen & Shelf Stable Meals	Monday-Friday
Echo	The Vesta Café	Hot Home Delivered	Monday - Friday
Wood Lake	The Vesta Café	Hot Home Delivered	Monday - Friday
Hanley Falls	Montevideo Kitchen	Congregate, Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
Clarkfield	Montevideo Kitchen	Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
Granite Falls	Montevideo Kitchen	Congregate, Hot Home Delivered, & *Frozen & Shelf Stable Meals	Monday-Friday
St. Leo	Montevideo Kitchen	Home Delivered, & Frozen & Shelf Stable Meals	Consumer Schedule
Hazel Run	Montevideo Kitchen	Home Delivered, & Frozen & Shelf Stable Meals	Monday-Friday

*frozen meal consumer choice

*We deliver meals right to families living on their farm site. We drive on county and township roads to get meals to people.

Who to Call:

Porter & Canby

Call the Porter Cafe @ 507-296-4636

Echo/Wood Lake

Call the Wagner Café @ 507-762-3600

Hanley Falls, Clarkfield & Granite Falls

Call Prairie Five Meals @ 320-269-9009

Volunteers are needed to help deliver meals in Canby!

Please call 320-269-9009 if you can help.

**SUGGESTED DONATION
FOR THE PRAIRIE FIVE
MEALS:
\$4.50 FOR 60+ OLDER
ADULTS**



Website: www.prairiefive.org

**ASK ABOUT
WEEKEND MEALS**



**ASK ABOUT OUR
BUNDLED MEALS
PROGRAM**



KILOWATT COMMUNITY CENTER



KILOWATT COMMUNITY CENTER

600 Kilowatt Drive - Granite Falls, MN 56241

Phone: 320-564-3127

Email: nrichter@granitefalls.com

Facility Hours

Monday-Thursday: 6am-8pm

Friday: 6am-7pm

Saturday: 9am-7pm

Sunday: 1pm-7pm

**24 HOUR
ACCESS
FOR
KCC
MEMBERS!**

Lifeguard Summer Schedule:

(Subject to change - Please call to confirm)

Monday-Thursday: 1-6pm

Friday: 1-5pm

Saturday & Sunday: 1-6pm

Facility Rentals

We have several facilities available to rent. In order to officially reserve a facility you must complete and sign a rental application form available at the front desk. The meeting rooms are equipped with high speed wireless internet.

Room Rental Rates:	(Profit)	(Non-Profit)
Both mtg. rms. w/ kitchen	\$250/event	\$200/event
Small mtg. rm. w/ kitchen	\$200/event	\$150/event
Small mtg. rm. w/o kitchen	\$150/event	\$100/event
Multi-purpose rm./gym	\$50/hr.	\$50/hr. or \$200/event
Small conference rm.	\$35/meeting	

- An additional \$50 per hour will be charged for all events held before or after regular operating hours.
- Additional \$50 clean-up fee may be charged if needed (discretion of the Director).

Membership Information

---- Amounts include tax. ----

Annual Membership Rates

GF Resident / Non-resident	EFT Resident / Non-resident
Single: \$300.00 \$332.00	\$25.00 \$27.67
Couple: \$444.00 \$491.00	\$37.00 \$40.92
Student: \$228.00 \$253.00	\$19.00 \$21.09
Family: \$516.00 \$571.00	\$41.61 \$47.59
Sr. Single: \$228.00 \$253.00	\$19.00 \$21.09
Sr. Couple: \$371.00 \$412.00	\$30.92 \$34.34

3-Month Membership Rates

	GF Resident	Non-resident
Family	\$274.00	\$292.00
Couple	\$228.00	\$251.00
Single	\$156.00	\$172.00
Sr. Couple	\$192.00	\$212.00
Sr. Single	\$121.00	\$133.00
Student	\$121.00	\$133.00

- Note: 3 month memberships must run for consecutive months and must be paid in full (NO EFT's)
- Reduced rates on memberships are available upon qualification.
- KCC memberships include unlimited use of the entire facility.
- KCC memberships also allow you to participate in programming including swim lessons, aerobics, and yoga classes at a discounted rate.
- The KCC accepts VISA, American Express, Discover, and MasterCard.

Daily Fees

\$8 for all guests
 \$5 Kids 5 years and under
 \$18 Family Rate (Limit: 6 people)
 \$5 each for groups of 10 or more

Options for payment on a membership:

12-Month Memberships

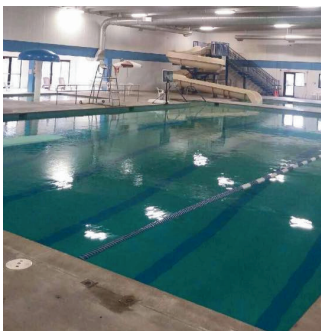
- Full payment
- Monthly EFT (Electronic Funds Transfer) - 12 month agreements only -
- Visa, American Express, Discover, and MasterCard

3-Month Memberships

(run for consecutive months)

- Payment options: Credit Card
- Payment in full.
- Sorry no EFT's.

Reduced rates available upon qualification.



KILOWATT COMMUNITY CENTER

KCC Opportunities

CIRCUIT TRAINING CLASS WITH COURTNEY LANGE

Mondays & Wednesdays | 5:00-6:00pm
Cost: \$4 Members - \$6 Non-Members

This class will provide you with a challenging full body workout. You won't get bored when you do circuit training. This workout will get your heart rate up, and strengthen muscles at the same time. You'll move quickly through exercise stations to work different muscle groups with little to no rest between stations. Each station will have a different exercise. Push yourself as hard as you want, or you can work out at a more comfortable pace. If you want to make it more challenging, switch from station to station faster, or boost the intensity!

YOGA WITH KEELIE TRUAX

Thursdays | 5:15-6:15pm
Cost: \$4 Members - \$6 Non-Members

You will practice yoga poses, basic breathing, and techniques for relaxation that will improve strength, increase flexibility, and reduce stress. This class is open for all levels, and there will be multiple varieties of pose options offered. Students should bring along an exercise mat or a large towel.

MARTIAL ARTS WITH SIFU AARON SEARS

Tuesdays | 5:00-7:00pm
Cost: \$5 Members - \$10 Non-Members

Build confidence, ability, and elite technique learning a blend of martial arts for self-defense.

PICKLEBALL

Groups are playing on Monday and Wednesday evenings from 6:00-8:00pm in the gym or at the outside tennis courts in front of the KCC. No experience necessary, so come join in on the fun!

CHAIR YOGA

Mondays & Wednesdays | 10:00am
This is a virtual streamed class and lasts approximately 30 minutes. It's a great opportunity to do some good stretching!
Cost: Free for members - Daily fee for non-members

WATER AEROBICS

Mondays, Wednesdays, & Fridays | 8:00am
Cost: Free for members - Daily fee for non-members

This is a member-led class that provides a low impact exercise and a great overall workout. This is open to all who would like to join in on the fun!



BIRTHDAY PARTY PACKAGES

Don't have time to get ready for a birthday party? Let us help. You bring the kids and food; we'll provide the room, pool, and gym. \$75 for members - \$150 for non-members.

GOLDEN GRANDS SOCIAL/EXERCISE TIME

Mondays, Wednesdays, & Fridays | 8:30-10:30am
Seniors – This is a great opportunity just for you! Come in and exercise, take your blood pressure, have some coffee, and fellowship with friends. It is always open to new members, and the coffee is always FREE!

EARLY MORNING SWIMMERS

Are you an early riser? If so, come on up to the KCC at 7:00am on weekday mornings and join our Early Morning Swim Group! They exercise, socialize, and have a great time! They are looking for new members – like you!

Now accepting:

- Silver Sneakers (Free Membership) • One Pass (Free Membership) • HealthPartners • UCare • Sanford Health • Avera Health • Prime Health • Midco • PrimeWest • South County Health Alliance

Earn up to \$20 a month reimbursement for working out!
Call today for more information.



FOLLOW US ON FACEBOOK!

VISIT OUR WEBSITE:

<http://www.granitefalls.com/kcc.html>



KILOWATT COMMUNITY CENTER

ABOUT THE KILOWATT COMMUNITY CENTER

The city-owned Kilowatt Community Center (KCC) is a 36,578 ft. multi-purpose activity center that is a warm water therapy certified aquatic center with 4 pools, multi-purpose room, fitness room, indoor track, and meeting rooms.. The staff at the KCC strives to offer a wholesome, fun environment to help build healthy individuals and families, and a greater sense of community. Whether it is a weight lifting facilities you are looking for or simply a place to conduct a meeting, the KCC has something for you.

KCC SUMMER SWIMMING LESSONS 2025

MONDAY - THURSDAY EACH WEEK

TIME	SESSION 1 June 2-12	SESSION 2 July 7-17	SESSION 3 July 21-31
10:00-10:45am	1 – Intro to Water Skills 3 – Stroke Development 5 – Stroke Refinement	1 – Intro to Water Skills 3 – Stroke Development 5 – Stroke Refinement	1 – Intro to Water Skills 3 – Stroke Development 5 – Stroke Refinement
11:00-11:45am	2 – Fund Aquatic Skills 4 – Stroke Improvement	2 – Fund Aquatic Skills 4 – Stroke Improvement	2 – Fund Aquatic Skills 4 – Stroke Improvement 6 – Personal Water Safety
12:00-12:45pm	Private Lessons	Private Lessons	Private Lessons

★ **LEVEL 1 STUDENTS MUST BE AT LEAST 3 ½ FEET TALL TO TAKE LESSONS.** ★

Please detach and return this part with your payment to 600 Kilowatt Dr.

You are not officially enrolled until your payment is made.

*PARENTS ARE NOT ALLOWED IN THE POOL AREA DURING LESSONS UNTIL THE LAST DAY!

Child's Name: _____ Parent's Name: _____

Address: _____ Phone Number: _____

Child's Age: _____ Session: _____ Time: _____ Level: _____

Yellow Medicine East
 Public Schools ISD #2190
 450 9th Avenue
 Granite Falls, MN 56241

Postal Customer, Local

Non-Profit Org.
 U.S. Postage Paid
 Granite Falls, MN 56241
 Permit No. 67



WELCOME HOME PELICANS
 MAY 1ST 4PM-6:30PM
 SORLIEN PARK



SUPPORT PROMOTE CONNECT

STAY UP-TO-DATE WITH CHAMBER AND MEMBER EVENTS AT GRANITEFALLSCHAMBER.COM OR CALL (320) 321-3202

ADD THESE EVENTS TO YOUR CALENDAR

MAY

WELCOME HOME PELICANS
 SORLIEN PARK BY THE DAM
 MAY 1ST - 4:00 - 6:30 PM

BUSINESS AFTER HOURS
TRUE JOURNEY FINANCIAL & WESTBERG EISCHENS
 MAY 12TH - 4:30 - 6:30PM

Shop hop Across MN
ALL MAY LONG

HEATHERS BOOK NOOK & SEW MUCH MORE

City Wide
GARAGE SALES
MAY 1-3

National Travel
& TOURISM WEEK
MAY 4- 10

COWBOY CRAZY DAYS
 SIDEWALK SALES & BUSINESS PROMOTIONS

WEDNESDAY **JUNE 18** 9:00 AM - 5:30PM
 PRENTICE STREET
 SHOP ALL OVER GRANITE FALLS FOR CRAZY DEALS!

JUNE

BUSINESS OVER BREAKFAST
ZIGGI'Z COFFEE
 JUNE 10TH - 7:30 AM
 @ PIONEER PBS

CVB'S COWBOY CRAZY DAYS
 JUNE 18TH - 9:30 AM - 5 PM

CHAMBER HULA HOOP CONTEST
 JUNE 18TH - 5 - 6 PM



Farmers Market
SORLIEN PARK
WEDNESDAYS
JUNE, JULY, AUG
9AM - 1PM



Makers Market
ALONG RIVERFRONT
5-8PM
JUNE 5TH
JULY 3RD
AUGUST 16TH
 (MEMORIAL PARK 11AM-4PM)

Western Fest Rodeo
JUNE 19, 20, 21
 EVENTS START JUNE 18TH



Ride 2 Remember
AUG 9TH - 9AM
THE ROCK:
DINING & EVENTS

JULY

LUNCH & LEARN
LUNAR MEDIA
 JULY 16TH - 11:30 AM @ THE AMERICAN LEGION

MS BIKE RIDE
 JULY 21ST - 22ND & 24TH - 25TH
 RICE PARK

AUGUST

BUSINESS AFTER HOURS
 TBD

Walipi
AUG 1ST-3RD
 UPPER SIOUX COMMUNITY



EXPLORE MINNESOTA



visitgranitefalls.com

SHOP EAT PLAY STAY

TRAVEL GUIDES LOCATED AT:
 761 PRENTICE STREET
 GRANITE FALLS, MN 56241

