Wellness Council Meeting Minutes

March 31, 2025

Members:

Kai Byrd (Superintendent)	Caitlin Bruni (Nurse)
Jackie Nathman (Assistant Principal)	Peter Ferrara (Chartwells Director of Dining Services)
Brandy Spargo (HR, BOE Executive Assistant)	Andrea Hubbard (Curriculum Coach)
Donna Ricciardi (Business Manager)	Panos Lapatas (Parent)
Teri Brunelli (BOE Office Assistant)	Jennifer Searles (Parent)

Attending: Kai Byrd, Brandy Spargo, Donna Ricciardi, Teri Brunelli, Jackie Nathman, Andrea Hubbard, Jennifer Searles

Absent: Panos Lapatas, Peter Ferrara, Caitlin Bruni

Visitors: None

Call to Order

- Mrs. Brunelli called the meeting to order at 3:32 p.m. via Zoom.

Approval of Minutes

1. **Motion** by Byrd, second by Spargo to approve the February 10, 2025 meeting minutes as presented. *The motion carries 7 yes, 0 abstain*

Agenda

1. Update on Staff and Student Wellness
    a. Mrs. Brunelli provided an update.
        ➔ Wellness Challenge ended
        ➔ 12 staff completed the challenge. $60 reward for completing it
    b. Ms. Ricciardi stated that the Town will be switching to Anthem for health insurance starting July 1, 2025

Approved

c. Triennial Assessment
   - ➔ Mrs. Brunelli has started the assessment
   - ➔ Due June 2025

d. CT Sun Family Event
   - ➔ May 18th, Tickets are $40ea, include meet and greet with players
   - ➔ CT Sun players will hold a basketball clinic during school hours at the school prior to game

Future agenda items

- Approval of March 31, 2025 Meeting Minutes
- 2025 Student Wellness
- Update on Triennial Assessment

Adjournment

- Meeting adjourned at 3:38 p.m.

Next meeting: May 19, 2025

Approved