

CONESTOGA PUBLIC SCHOOLS

Newsletter

Dear Conestoga Families and Community Members,
As we bring another school year to a close, I want to take a moment to extend my heartfelt thanks to you—our students, families, staff, and community—for your continued support, partnership, and dedication to our schools.

This year has been filled with growth, achievement, and memorable moments. Whether it was academic milestones, athletic successes, artistic accomplishments, or community service efforts, our students have shown incredible spirit and perseverance. Behind every one of these successes stands a network of caring adults—teachers, staff, parents, and community partners—who work tirelessly to create opportunities for learning and growth. Thank you.

As we head into summer, I encourage families to enjoy this well-earned break together. Summertime offers a wonderful chance to relax, recharge, and make lasting memories. It's also a great time to stay curious—read books, explore nature, or try something new! This summer also marks the beginning of an exciting new chapter for our district. Construction has officially begun on the \$33 million bond project that was overwhelmingly supported by our community. A groundbreaking ceremony took place in May, and work is now underway on several key improvements across the district.

At the elementary school, a new addition has begun, and remodeling is taking place in the preschool area to create a new hallway connecting to that addition. A temporary early childhood/preschool playground will be developed until the permanent new playground is completed. In addition, traffic patterns will be changing due to the construction process. The parking lot on the northwest side of the building will be modified and unavailable throughout the project, as it is located near the construction zone. We ask that all families be mindful of the one-way traffic flow through Murray Street during school drop-off and pick-up hours. A map outlining these changes is included with this mailing for your reference.

At the senior high school, construction will also begin on planned additions and renovations. Several classrooms will receive updates this summer, including new carpet, doors, paint, and upgraded wiring. The permanent risers in the music areas—which do not meet ADA requirements—will be removed, and those rooms will be remodeled. Additions will be built on both the east and north sides of the building, with construction continuing into the next school year. Please note that access to the high school will be limited during this time.

We are incredibly grateful to our patrons for investing in the future of our schools. These upgrades will enhance learning environments and help ensure that our facilities continue to serve students well for many years to come.

While construction is taking place, the district remains active over the summer. Many schools will host summer learning programs, enrichment activities, and meal services. Please visit our district website and follow our social media channels for updates, registration details, and important back-to-school dates.

To our graduating seniors—congratulations! We are so proud of all you've achieved and excited to see where your paths lead next. Whether you're heading to college, entering the workforce, joining the military, or taking a different journey, you leave here prepared for the future.

Wishing everyone a safe, happy, and restful summer!

Warm regards,
Mr. Michael L. Apple
Superintendent of Schools
Conestoga Public Schools





THE USDA'S SUMMER FOOD SERVICE PROGRAM PROVIDES NO-COST MEALS TO CHILDREN AGES 1- 18 YEARS AT APPROVED LOCATIONS ACROSS THE STATE. TO FIND INFORMATION ABOUT SUMMER MEALS SITES NEAR YOU, VISIT THE [SFSP SITE FINDER](#).

*PLEASE NOTE: THE NEBRASKA SFSP SITES WILL BE AVAILABLE IN THE SUMMER MEALS SITE FINDER AFTER THE NDE APPROVES SITE LOCATIONS, WHICH WILL BE ON APPROXIMATELY MAY 25, 2025.

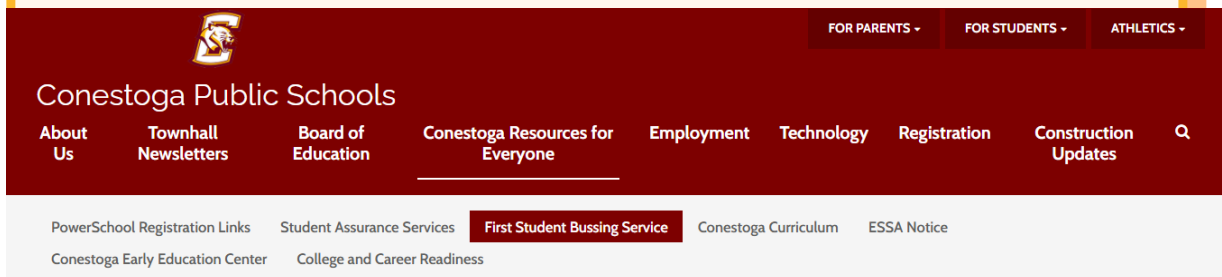
ALL BUSING SERVICE REQUESTS FORMS MUST BE MAILED TO :

First Student
P.O. Box 164
Murray, NE 68409

Due to construction, there will be **NO PHONE SERVICE** at the Bus Barn.

Access the Request Form from the school or via the website
(Conestoga Resources for Everyone, First Student Bussing Service)

See screenshot below:



WWW.CONESTOGACOUGARS.ORG

A Note from the Jr/Sr High Principal: Mr. Rob Geise

It's hard to believe the 2024-2025 school year has come to a close. I couldn't be prouder of the students and staff. They've been flexible and persevered through changes, challenges with technology and building construction. With construction amping up inside and out this summer, we are anxious for the final product. We have a special group of students and staff at Conestoga and we're excited for them to enjoy the new and updated facilities.

A second semester highlight was the College / Career Fair that we hosted in February. It was a huge success! There were close to 40 booths that included a variety of career fields, colleges and military branches. In addition, there were multiple speakers that represented a variety of career fields. We're grateful to those that attended and helped make it an outstanding day. Our students represented our school and community to the highest standard!

Our Academic Honors Night was held in May and once again the turn-out was incredible. It's always an honor to recognize the hard work put forth by our students. In addition, to celebrate an amazing year, we took our middle school students to the Creighton vs. UNO baseball game. The kids were amazing and had a great day. In addition, we had another successful 6th grade move-up day. While at the Jr/Sr high school, they visited our activity fair, were given a tour by our high school National Honor Society students and had a Q&A session with 7th and 8th graders. I'm excited to watch them grow over the next six years.

A huge thank you to the Class of 2025. I couldn't be prouder of this group. They have high character, they are involved in many different activities, they are involved in our community and they strive to be the best both in and out of the classroom. Their last day was a lot of fun. After graduation rehearsal, we did a final walk-through at the elementary school. It was fun for the seniors as well as the elementary teachers. This is where their journey began, so a final celebration was very fitting. To end the day, we grilled out for them as an extra thank you for the positive impact they made at Conestoga. A special shout-out to Justin Tegels and Joe Serkiz as they did all the grilling for the kids. Conestoga is a better place because the class of 2025 walked our halls. They'll be representing us after high school in the military, in the work-force, at trade schools, at junior colleges and at many different colleges and universities.

Finally, our senior signings are complete. The signings are a tradition we started over the last few years where we give all seniors the opportunity to be recognized as they enter the next chapter after high school. We do athletic and activity signings as well, but the senior signings recognize students for their commitments after graduation to secondary education, the work-force, and the military. The next step for every senior is important and we're excited for the impact they'll make after high school.

Congrats to the Class of 2025!
Go Cougars!

2025-2026 CONESTOGA SCHOOL CALENDAR

August 2025						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

August	10S/14T
4-8 - TEACHERS *SEE BELOW*	
11 - Seventh Grade Orientation	
11-13 - Teacher PD Day	
12 - Open House	
14 - First Day/Early Dismissal	
25 - Monday School Day	
29 - No School	

January 2026						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January	16S/17T
5 - Teacher PD Day	
6 - School Resumes	
Start of 3rd Quarter	

September 2025						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

September	17S/18T
22 - Monday School Day	
24-25 PT Conferences/Early Dismissal	
26 - No School	

February 2026						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

February	16S/17T
2 - Teacher PD Day	

October 2025						
Su	M	Tu	W	Th	F	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

October	19S/20T
17 - End of 1st Quarter	
20 - Teacher PD Day (Flex)	

March 2026						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

March	18S/19T
9 - Monday School Day	
11-12 PT Conferences/Early Dismissal	
13 - No School/End of 3rd Quarter	
30 - Monday School Day	

November 2025						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

November	15S/16T
10 - Teacher PD Day	
24 - Monday School Day	
26 - Early Dismissal	
27 - 28 - No School	

April 2026						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

April	17S/18T
3 - No School	
13 - Teacher PD Day	

December 2025						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

December	12S/12T
19 - Early Dismissal	
End of 2nd Quarter/1st Semester	

May 2026						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

May	13S/13T
16 - Graduation	
18 - Monday School Day	
21 - Last Day	
Early Dismissal 11:15/11:30	

- Teacher PD Day
- Open House
- Monday School Day
- School In Session
- Early Dismissal
- Teacher Work Day
pick one day to report

K-6 Early Dismiss: 1:45
7-12 Early Dismiss: 2:00

1st Quarter - August - October = 38 days
2nd Quarter - October - December = 35 days
3rd Quarter - January - March = 40 days
4th Quarter - March - May = 40 days

First Semester = 73 days
Second Semester = 80 days

Teacher Days = 164 Student Days = 153

School Hours: Elementary: 8:00 - 3:45
Jr./Sr. High School: 7:50 - 4:00

Elementary: (402) 235-2341; (402) 227-2275
Jr./Sr. High: (402) 235-2271; (402) 227-3745
District: (402) 235-2992; (402)-227-2992
Transportation: (402) 235-2206



Amended 04/08/20:

Dear Parents and Guardians,

As summer approaches, we encourage you to support your child's learning journey even while they enjoy their well-deserved break. Keeping reading and math skills sharp over the summer will help your child transition smoothly into the new school year. There are many fun and practical ways you can help your child practice reading fluency, comprehension, and math facts at home.

To support reading, set aside 20-30 minutes each day for your child to read aloud or silently, and encourage them to explore a variety of materials such as books, magazines, comics, or even recipes. Reading together and discussing what you read can deepen comprehension-ask questions like, "What do you think will happen next?" or "How do you think the character feels?" Make regular trips to the local library and let your child pick out books that interest them; many libraries also offer summer reading programs with fun incentives.

For math, involve your child in real-life situations such as measuring ingredients while cooking, calculating change at the store, or keeping track of time. Use flashcards for quick recall of addition, subtraction, multiplication, and division facts, and play math games with a deck of cards or board games that involve counting and strategy. Having a family game night with math-based games or puzzles can make learning a fun experience.

The key is to keep learning enjoyable and integrated into everyday activities. By making reading and math a regular part of your summer routine, you'll help your child maintain and strengthen their skills-and have fun doing it!

We want to inform you of important changes to our student drop-off and pick-up procedures for the 2025-2026 school year.

Due to construction beginning this summer on the west side of the school, both buses and parents will be using the front parking lot for student pick-up and drop-off.

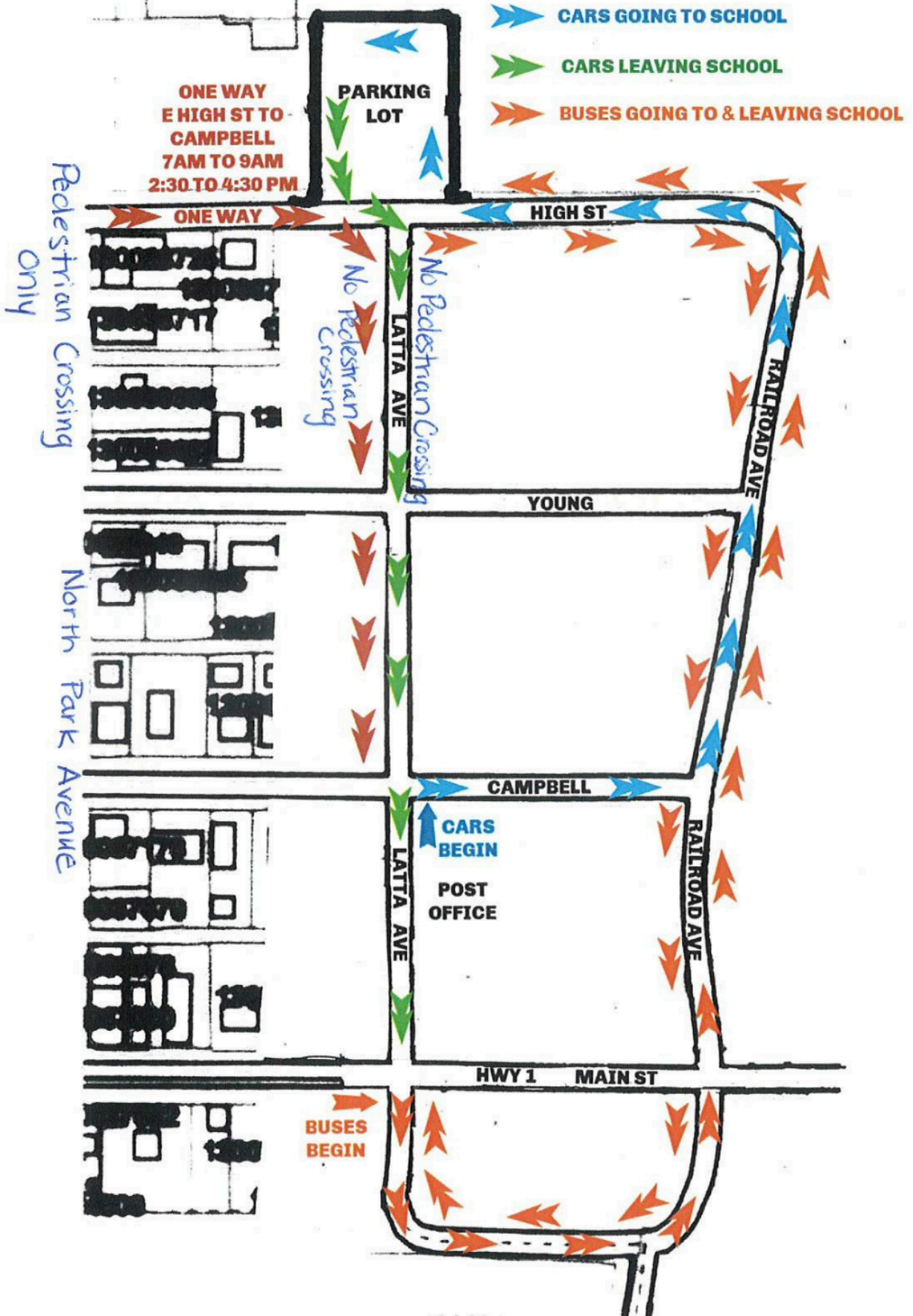
This change requires us, as well as the village of Murray, to modify our traffic routes to ensure safety and efficiency for all students and drivers.



Have a wonderful, learning-filled summer!

Eric Dennis, Elementary Principal

SCHOOL TRAFFIC ROUTE 2025-2026



Week of the Young Child

The Week of the Young Child is an annual celebration hosted by the National Association for the Education of Young Children (NAEYC) to recognize the importance of early learning and the vital role educators, families, and communities play in a young child's development. This special week in April, highlights how high-quality early childhood education lays the foundation for lifelong success. Each day featured a unique theme and dress up days to engage children in meaningful, fun, and educational activities.

On Music Monday, students were invited to join others at the Plattsburgh Library for Music and Storytime. On Tasty Tuesday, students wore their favorite color and created tasty recipes to try! Work Together Wednesday was a favorite; we wore our wackiest clothes and together created walking paths and completed activities focusing on team work. We wore our clothes inside out on Artsy Thursday and created some masterpieces of our own! Finally, on Family Friday, we wore pajamas, ate lunch and played together at the park in town! It was a week filled with visitors and activities that celebrated our youngest learners!



4th Quarter in Kindergarten

On March 21st, we celebrated World Down Syndrome Day! We celebrated Mila Abell by Rocking our Socks . Mila's parents graciously bought all the kindergarteners socks to wear and her class t-shirts.

A few other fun things that we did are planted marigolds in Science, petted Ms. Katelyns bunny, and practiced measuring in Math.



**3rd graders were excited to receive dictionaries from the
Plattsmouth Rotary Club!**



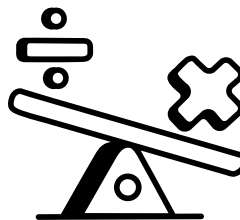
4th Grade in Review

As the year comes to an end, we love to look back on all of the interesting things we studied! Our 4th graders took a deep dive into Nebraska history this year, as well as jobs in agriculture that keep our great state up and running.

We had the opportunity to go on 3 field trips; Gifford Farms, the Papillion School House, and the State Capitol. In science, students were able to engage with interactive lessons about the human body, energy sources, and Earth's structures. In math, we delved into the world of long division, fractions, and measurement conversions.

Our big focus in reading this year was to look deeper into texts to connect what we read to what happens in our lives, and meaningful responses to questions about text. The students got to be opinionated in their writing, as well as research some of their favorite animals and influential people.

We are so proud to see this well-rounded group of students head up to 5th grade. They are capable of amazing things!



FFA Members Have a Successful Year



Conestoga FFA members competed at State FFA Convention in Lincoln at the beginning of April. Teams competing include agriscience, creed speaking, floriculture, livestock management, natural resources, and nursery landscape.



FFA Chapter Photo following the 2025 Banquet. Members earned greenhand degrees, chapter degrees, service awards, leadership awards, scholarship awards, and competition ribbons. The Chapter Star Greenhand is Kendall Murdoch, and the Star Chapter recipient is Kaylee Hellbusch. The Chapter Star Farmer is Bridget Murdoch. The Chapter Star Agribusiness is Louie Caniglia. The Chapter Star Placement is Robbi Zech. Louie Caniglia, Bridget Murdoch, Cydney Vincent, Ava Weides, and Robbi Zech received the State FFA Degree Scholarship. Bridget Murdoch and Robbi Zech received the Eastridge Foundation scholarship.



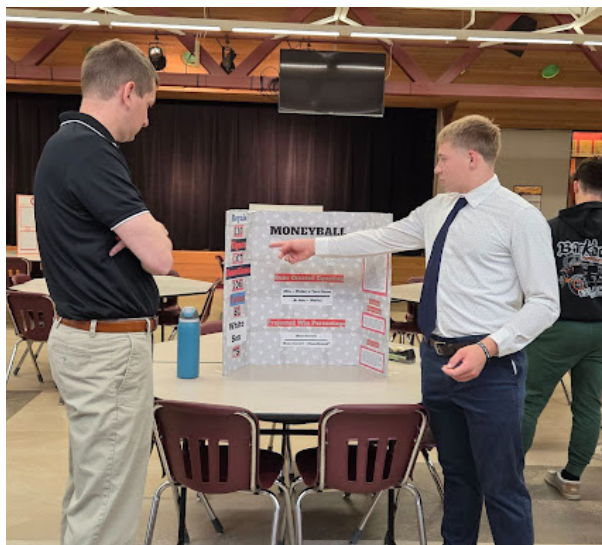
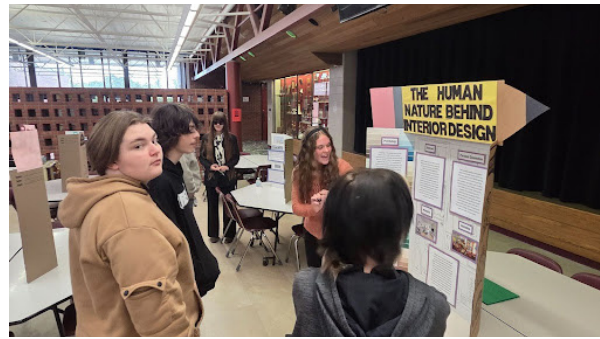
2025 Conestoga FFA Seniors (L-R): Louie Caniglia, Bre Smart, Cydney Vincent, Bridget Murdoch, Robbi Zech, Ava Weides, Casen Crook, Chase Crook, Brinn Ahrens



2025-2026 FFA Officer Team (L-R): Parliamentarian -Kendall Murdoch, Vice President -Spencer Schlichtemeier, Secretary - Mazi Ahrens, President -Tanner Ahrens, Treasurer -Morgan Stone, Reporter -Makenna Hoffart, Sentinel -Kaylee Hellbusch

Honors English Hosts 5th Annual Thesis Board Presentations

The seniors in Honors English wrapped up the year with their poster board presentations over their senior thesis papers. The presentations take place during the school day as a way for students to share their learning with their teachers and peers. Students in Honors English are dual-enrolled through Nebraska Wesleyan University.



Speech Teams Have Successful 2025 Seasons

This was a rebuilding year for the high school speech team. Once again, the team was small but mighty, with 11 members throughout the season, and only one senior. This did not stop the team, as they made the awards stage ## times and placed in the top 10 of team sweeps #3 times. The highlight of the season was our state qualifier, Hannah Bogatz, who placed 11th overall. The junior high team picked up where the high school team left off. They attended 5 meets and had at least one medalist at each. They also achieved a team first by earning a team sweeps runner-up plaque at the Fairbury tournament.

Tournament Results

Meets and Medals 2025	
Meets	Results
January 6th Fremont	No medalists
January 18th Raymond Central	No medalists
January 25th Conestoga	Hannah Bogatz - 3rd Poetry, Rhiannon Johnson - 6th Poetry; Alyssa Batt - 6th Humorous Prose; Jace Thomas - 6th Persuasive; Spencer Schlichtemeier - 6th Entertainment
January 31st Neumann Novice	Spencer Schlichtemeier - 1st Informative, 2nd Entertainment; Jace Thomas - 5th Persuasive; Emma Taylor - 4th Persuasive; Kendall Murdoch - 5th Humorous Prose; Mouth of Babes (Schlichtemeier/Murdoch/Snipes/Taylor) - 2nd OID
February 1st Elmwood Murdock	Rhiannon Johnson - 5th Poetry
February 7th Bellevue West	No medalists
February 8th Auburn	Alyssa Batt - 5th Humorous Prose; Kendall Murdoch 3rd Novice Humorous Prose; Spencer Schlichtemeier - 2nd Novice Informative, 2nd Novice Entertainment, 2nd Novice Extemp
February 22nd Pawnee City	Hannah Bogatz - 5th Champs Poetry; Alyssa Batt - 4th Honors Humorous Prose; Emma Taylor - 5th Honors POI; Spencer Schlichtemeier - 5th Honors Informative, 6th Honors Entertainment
February 24th NCC @ Raymond Central	Rhiannon Johnson - 3rd Poetry; Alyssa Batt - 5th Humorous Prose, 6th Serious Prose; Emma Taylor - 4th POI, 6th Persuasive; Ten Reasons Not to Be In a Play (Batt/Johnson/Blackston/Meyer) 5th OID. Team Sweeps 5th
March 1st Plattsmouth	Spencer Schlichtemeier - 6th Honors Entertainment; Emma Taylor 3rd Novice Persuasive, 3rd Novice POI
March 3rd Weeping Water	Alyssa Batt - 5th Humorous Prose; Spencer Schlichtemeier - 6th Informative
March 8th Ashland Greenwood	Spencer Schlichtemeier - 3rd Honors Informative, 6th Champs Entertainment, Alyssa Batt - 4th Honors Humorous Prose; Hannah Bogatz - 5th Honors Serious Prose, 3rd Honors Poetry; Gavin Meyer - 6th Honors Extemp
March 17th Districts @ Conestoga	Hannah Bogatz - 3rd Poetry (state qualifier); Alyssa Batt - 5th Serious Prose; Emma Taylor - 5th Persuasive; Spencer Schlichtemeier - 6th Informative, 6th Entertainment
March 27th State @ Kearney	Hannah Bogatz - 11th Poetry



District Medalists - Emma T., Spencer S., Hannah B., Rhiannon J., and Alyssa B.



JH Team at Millard West

2025 Junior High Meets and Medals	
Meets	Results
April 4 Millard West	Ruthless OID (Churchill/Craig/McCartney/Schlichtemeier/Wilke) 4th Place
April 11th Marian	Cora Schlichtemeier - 10th Declamation; Deklynn Meyer 6th Extemp. Ruthless 6th OID
April 12th Fairbury	Avently Churchill - 2nd Storytelling; Lennox Craig - 4th Storytelling; Cora Schlichtemeier - 2nd Declamation, 3rd Poetry, 5th Storytelling; Valerie Norton - 4th Storytelling, Reese Wilke - 1st Storytelling; Churchill/Craig - 3rd Duet, Norton/Wilke 2nd Duet; Ruthless OID 3rd. Team Sweeps 2nd
April 25th Millard North	Avently Churchill and Lennox Craig - 10th Duet
May 3rd Raymond Central	Cora Schlichtemeier - 3rd Declamation; Norton/Wilke 6th Duet; Churchill/Craig 3rd Duet; Ruthless 1st OID

National Honor Society Update

Conestoga's Sequoyah Chapter of National Honor Society celebrated senior members and inducted new members in April. Members are selected using criteria from the four pillars of NHS: Scholarship, Leadership, Character and Service. The organization welcomed 15 new members this year, and said goodbye to 24 senior members. The chapter logged over 750 hours of community service this year at the school and in the community. Students volunteered at the Open Door Mission, the Loft Theater, local churches, youth sports camps, the Murray Fire Department, the Cass County Fair, the Daegan Page Memorial Golf Tournament and more! We also had a record number of donors at our blood drives, resulting in two scholarships through our partnership with the American Red Cross. All NHS members are required to do 15 hours of service per year, however, many choose to go above and beyond this requirement. Callie T logged 163 total hours of community service and was awarded a \$500 scholarship, and Elizabeth H logged 99 hours of community service and was awarded a \$250 scholarship. Thank you to these students for volunteering their time and talents to our community and school! We will host the summer blood drive on Monday, June 16th at the Beaver Lake ClubHouse. Please consider signing up to help save a life!

New Members: Chloe B, Isabel B, Miley C, Noah E, Ayla G, Hadley G, Gavin H, Kaylee H, Rhiannon J, Evan M, Grace R, Carsen S, Sophia T, Grant T, Rachael U

Seniors: Averie A, Alyssa B, Ali B, Casen C, Chase C, Collin D, Davida G, Austin G, Elizabeth H, Ember H, Morgan H, Raquel H, Ryleigh H, Piper I, Andy L, Logan L, Alaina M, Sarah R, Ava T, Callie T, Cydney V, Ava W, Elliott Z, Kyler Z



Conestoga Students Receive the Nebraska Seal of Biliteracy!

Four Conestoga seniors received the Nebraska Seal of Biliteracy this year. These prestigious awards recognize high school students who have achieved a high level of proficiency in English and at least one other language. The Nebraska Seal of Biliteracy honors students who have embraced this vital skill, demonstrating their proficiency based on the Nebraska World Language Standards, which emphasize communication, cultures, connections, communities, and cognition within a language other than English. The seal is recognized by many universities and in the business world as proof of bilingualism. Congratulations on this huge accomplishment! Our Silver Level winners were Ember H, Davida G and Andy L. Silver level recipients can communicate with some comfort in predictable situations in Spanish, and have achieved a proficiency level of Intermediate Mid.

Averie A is our Gold Level winner, and gold level recipients can communicate with ease and confidence in a variety of different situations. This is a remarkable accomplishment, especially after only four years of Spanish. In the words of Averie, "I believe learning a world language is crucial for connecting cultures, opening opportunities to form new relationships and gaining knowledge about how the world works." The Seal of Biliteracy allows students to receive retroactive college credits from many state universities in Nebraska at no cost to the student, opening up more opportunities for a major or minor in Spanish. It is also recognized in the business community and transfers into the Global Seal of Biliteracy as evidence of functional skills in two languages. Congratulations to these students on this amazing achievement!

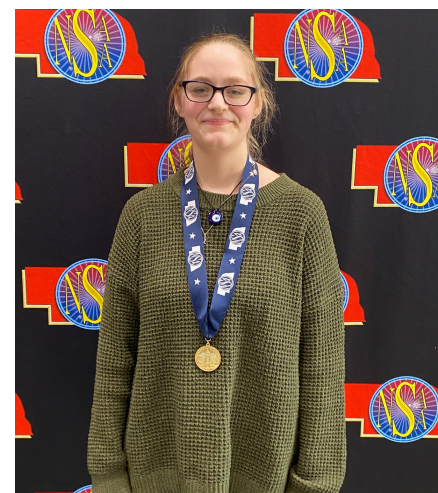


Conestoga journalism has been working hard all year learning, growing, and taking on new challenges. This winter we were able to start up a broadcasting program to broadcast live via Hudl during all home basketball games. We are looking to expand this next school year to bring live commentary of volleyball and football home games as well. The yearbook staff is wrapping up the year-long feat of creating this year's edition of The Trails yearbook titled Time After Time. They are bringing the fairytale of Conestoga Jr/Sr High to life through their words and pictures. The young newspaper staff continues to cover the daily life of Conestoga through their news articles in The Prowl. They also produce weekly wrap-up broadcasts and publish a weekly news flyer called The Stoga Scoop.

Check out all their work at www.chsprowl.org.

This year, Senior Alyssa B took the initiative to apply for the Quill and Scroll International Honorary Society for High School Journalists. Earlier this spring she was inducted into the Class Intercom Chapter and was recognized for her exceptional skills, growth and overall work in digital media and content creation. Alyssa will move on to South Dakota State next year to continue studying journalism on a journalism scholarship.

On April 26th, Junior Jadyn L travelled to Norfolk for the state journalism competition where she competed in the Newspaper Column Writing live competition. Jadyn earned 1st place in her category and is the newest Class B State Champion for Newspaper Column Writing!



Jr & Sr high choir had a successful year with multiple home concerts, solo and ensemble contest performances at Platteview and Auburn, honor choirs at Midland University and Doane University, and a lot of independent musical growth in the classroom! Go Cougar Choirs!



Thank you to everyone who contributed to a very successful 2024-2025 activities!

Here are some highlights and championships for the past couple of months.



Cheer - State Champions in Non-Tumbling
Dance - State Champions in Hip Hop
Jadyn L. - Journalism State Champion
Lydia T-H - National Champion in Powerlifting



We hosted the Nebraska Capitol Conference Track Meet on May 3rd. It was a beautiful day and we had so much help from staff and parents to run a successful meet. Our band students traveled to Auburn for the District Music Contest and had outstanding group and individual performances. Kiersten J. also qualified for the National FBLA competition this summer in Anaheim, California.

Conestoga had the following students awarded the NSAA Academic All State Award:

Fall:

Softball – Elizabeth Harvey
Girls Cross Country – Elliott Zimmerman and Averie Andersen
Boys Cross Country – Gavin Harrison and Casen Crook
Volleyball – Ava Tegels and Raquel Hild
Football – Logan Lutt and Dylan Kayhanfar
One Act – Andy Lamoureux and Piper Isham

Winter:

Boys Wrestling – James Kanstiener and Collin Dufault
Girls Wrestling – Kyler Zimmerman and Morgan Hensch
Girls Basketball – Davida Garrett and Ayla Garrett
Boys Basketball – Andy Lamoureux and Austin Gonderinger
Speech – Hannah Bogatz and Alyssa Batt

Spring:

Music – Ryleigh Hill and Ali Bell
Journalism – Jace Thomas and Alyssa Batt
Girls Soccer – Kyler Zimmerman and Alaina Morrival
Boys Soccer – Dylan Kayhanfar and Andy Lamoureux
Girls Track & Field - Elizabeth Harvey and Piper Isham
Boys Track & Field – Casen Crook and Chase Crook

Some reminders for the 2025-2026 School Year:

If your student will be participating on an athletic team, they will need to have an updated Sports Physical. These must be completed after May 1, 2025 to be used during the 2025-2026 school year. An updated physical must be on file before your student can participate in any practices or competitions.

All the forms needed can be found on our school website.

Check out <https://farmfocused.com/conestoga/> for some great Cougar Gear!

**OUR MISSION: TO POSITIVELY
IMPACT THE WORLD BY
INSPIRING STUDENTS TO
REACH THEIR FULL POTENTIAL
THROUGH MENTORING.**

TEAMMATESSM

MENTORING
of Conestoga



The Conestoga TeamMates Mentoring Program is looking for caring adults who want to invest in the life of a child. By spending 20-40 minutes each week during the school year with a student in grades 3-12 at Conestoga. By showing your interest in their life, you can help them discover their individual strengths, interests and talents. When you mentor a child, you give them confidence, inspire positive choices, and create hope for a bright future. All it takes is a little of your time. Make a positive difference, be a mentor!

Don't worry, we train you! After we receive your application and process your background check, a local TeamMates representative will reach out to schedule your new mentor training.

School based mentoring

TeamMates matches meet once a week at school during the academic year. Mentors and mentees usually play board games, do crafts, shoot hoops, or just talk.

Teamwork makes the dream work

TeamMates provides support through your mentoring journey, from the National Office, program coordinator, and TeamMates board. We do everything we can to make sure you and your mentee feel comfortable during your mentoring relationship.

Why Become a Mentor

TeamMates is dedicated to providing mentoring for students in order to improve their hope and engagement, overall wellbeing, and academic success. Hope: The ideas and energy students have for the future. Hopeful students are more likely to be energetic, have a positive mindset, and believe they have the power to make the future better than the present. Engagement: The student's level of involvement is enthusiasm for school. Engaged students often feel their school work is important and they have the opportunity to do their best every day. Wellbeing: How students assess their current lives and how they feel their lives will be in the future. Students with a higher wellbeing tend to have positive thoughts of their present and future lives, good health, and strong social connections.



**Contact [TeamMates.org](https://www.TeamMates.org) or
Deb Leffler at dleffler@conestogacougars.org
402-235-2341**

Conestoga Public Schools
Murray, NE 68409-0184

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