HEALTH INFORMATION BULLETIN

Santa Clara Unified
School District
Department of Health and Wellness

Children of school age may be exposed to a variety of communicable diseases and sometimes it is difficult to decide whether or not to send your child to school. Refer to symptoms below when making that decision:

Health Concerns:

Please notify your school nurse of any health problems or concerns that you have regarding your child during the school year.

YOUR CHILD NEEDS TO **STAY HOME** WHEN EXPERIENCING:

- Symptoms (overall, not feeling well) prevent them from participating meaningfully in routine class activities.
- Vomiting - cannot hold down liquids & food.
- Fever is 100.4 F or higher; or a fever accompanied by another symptom
- Diarrhea - unable to be contained, contains mucus/blood or looks tarry (black)
- Rash or open sores that are oozing, cannot be covered, is spreading rapidly, or accompanied by another symptom
- Contagious disease*

*Pertussis, Hand Foot & Mouth, Norovirus, Strep Throat, Impetigo, and others

IF YOUR CHILD BECOMES ILL OR INJURED AT SCHOOL:

- Make arrangements to pick up your child immediately.
- Have an alternate plan for care if you are not available.
- Keep your emergency phone contact information up to date.
- Evaluate your child's readiness to return to school based on symptoms evident and if they are able to participate normally in daily activities.

Medications:

In accordance with California Law, in order for school staff to assist a child who must take medication (prescription or over-the- counter) during school hours, parent/guardian must provide:

- A detailed written prescription by a licensed health care provider and parent/guardian written request.
  Forms are available in the office.
- Medication must be supplied in the original pharmacy labelled container.

Under special circumstances, an older student may be allowed to carry emergency medication (inhaler/epinephrine) if written authorization is obtained by the provider and parent and is approved by the school nurse. All forms are available in the office.

A NOTE ABOUT HEAD LICE:

Head lice is a common occurrence. Lice do not spread disease, but can become a nuisance. **Please notify the school if you find the presence of lice or nits on your child.** Information on identification of lice and treatment is available from the school office.

Vision and hearing screenings:

Students in grades K, 2, 5 and 8 are screened during the year. You will be notified in writing if your child fails a screening. If you have concerns about your child's vision or hearing in any other grade, please contact your school nurse through the school office.

For more information, please visit https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/COVID-19/SS4A/Symptom-Guidance-Annex-B-English.pdf