



Weekly Menu

June 16 – June 20 2025



Grade 7 - 12

Monday

Menu 1: Salmon, steamed potatoes and vegetables

4, 7 3, 9, 10

Menu 2 : Vegetable loaf and tagliatelle

1, 3, 7 9, 10

Tuesday (only in case of no Sports day)

Menu 1: Chicken red curry, basmati rice and vegetables

3, 9, 10

Menu 2: Chickpea-beetroot curry, wild rice and vegetables

3, 9, 10

Wednesday

Menu 1: Beef lasagna

1, 3, 7 9, 10

Menu 2: Vegetarian lasagna

1, 3, 7 9, 10

Thursday NO LUNCH

Friday NO LUNCH

Contains this Allergen / may contain this Allergen

*1. Cereals containing gluten, *2. Crustaceans, *3. Eggs, *4. Fish, *5. Peanuts, *6. Soybeans, *7. Milk, *8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, Brazil nuts, pistachio nuts, macadamia or Queensland nuts, *9. Celery, *10. Mustard, *11. Sesame seeds, *12. Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre, *13. Lupin, *14. Molluscs