

# **SWIM OPPORTUNITIES**

Group swim lessons
Private swim lessons
Barracudas swim team



**REGISTER TODAY AT YMCA-SNOCO.ORG** 

## Stanwood-Camano YMCA SWIM LESSONS

Session 7: July 7 - August 3

**Priority Registration: June 8** 

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SWIM STARTERS (6-36 MONTHS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage A & B Supervising individual required in the water	6:05 PM	4:30 PM		9:25 AM	4:10 PM
SWIM BASICS (3-5 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
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Stage 2	6:05 PM	5:05 PM	4 PM	9:25 AM	2:25 PM
Stage 3		5:05 PM		9:25 AM	
Stage 4		5:05 PM			
SWIM STROKES (6-12 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
SWIM STRUKES (0-12 TEAKS OLD)	MON/WED	TUES/THUKS	FKI	JAI	JUN
Stage 1	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM

SWIM STROKES (6-12 YEARS OLD)	MON/WED	TUES/THURS	FRI	SAT	SUN
Stage 1	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 2	4:55 PM	5:40 PM	5:10 PM	10 AM	3 PM
Stage 3	5:30 PM	5:40 PM	5:45 PM	10 AM	4:10 PM
Stage 4	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 5	5:30 PM	4:30 PM	4:35 PM	10:35 AM	3:35 PM
Stage 6 (45 min)	6 PM	4:40 PM		10:35 AM	

Pre-Competive Swimming	MON/WED	TUES/THURS	FRI	SAT	SUN
Aquatic Conditioning (45 Min)	6 PM	4:40 PM		10:35 AM	
TEEN & ADULT	MON/WED	TUES/THURS	FRI	SAT	SUN
Advanced (Stages 4-6)				10:35 AM	
ADAPTIVE AQUATICS	MON/WED	TUES/THURS	FRI	SAT	SUN
Adaptive				8:45 AM	

#### **GROUP LESSON PRICING**

Lesson Length	Session Days	Number of Lessons	Lesson Fee
30 Minute lessons	Mon/Wed, Tues/Thurs	8	\$112 FM   \$170 CM
30 Minute lessons	Fri, Sat, Sun	4	\$56 FM   \$85 CM
30 Minute lessons	ADAPTIVE - SATURDAYS	4	\$32 FM   \$45 CM
45 Minute lessons	Mon/Wed, Tues/Thurs	8	\$170FM   \$250 CM
45 Minute lessons	Fri, Sat, Sun	4	\$85 FM   \$125 CM

### **UPCOMING SESSIONS:**

Registration opens for Current Students 7/20 Registration opens for Everyone 7/23 Session 8 M/W Lesson Dates: 8/4 - 8/27 Session 8 T/Th Lesson Dates: 8/5 - 8/28 Session 8 Fri Lesson Dates: 8/8 - 8/22 Session 8 Sat Lesson Dates: 8/9 - 8/23

AM Session 3 M/T/W/Th Lesson Dates: 8/4 - 8/14 AM Session 4 M/T/W/Th Lesson Dates: 8/18 - 8/28

#### **School District Disclaimer:**

The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.