

SWIM OPPORTUNITIES

Group swim lessons
Private swim lessons
Barracudas swim team
Stingrays adaptive swim team



REGISTER TODAY AT YMCA-SNOCO.ORG

STANWOOD-CAMANO YMCA SWIM LESSONS

AM Session 1: July 7 - 17 AM Session 2: July 21 - 31





SWIM STARTERS (6-36 MONTHS OLD)	SESSION 1	SESSION 2
Stage A & B Supervising individual required in the water	11:50 AM	11:50 AM
SWIM BASICS (3-5 YEARS OLD)	SESSION 1	SESSION 2
Stage 1	10:40 AM	10:40 AM
Stage 2	10:40 AM	10:40 AM
Stage 3	11:15 AM	11:15 AM
Stage 4	11:15 AM	11:15 AM
SWIM STROKES (6-12 YEARS OLD)	SESSION 1	SESSION 2
Stage 1	10:05 AM	10:05 AM
Stage 2	10:05 AM	10:05 AM
Stage 3	11:15 AM	11:15 AM
Stage 4	9:30 AM	9:30 AM
Stage 5	9:30 AM	9:30 AM
Stage 6 (45 min)	11:15 AM	11:15 AM
AQUATIC CONDITIONING FUN & GAMES	SESSION 1	SESSION 2
Pre-Competition/Aquatic Conditioning (45 min)	11:15 AM	11:15 AM

GROUP LESSON PRICING

Lesson Length	Session Days	Number of Lessons	Lesson Fee
30 Minute lessons	Mon/Tue/Wed/Thur	8	\$112 FM \$170 CM
45 Minute lessons	Mon/Tue/Wed/Thur	8	\$170 FM \$250 CM

UPCOMING SESSIONS:

Registration opens for Current Students 7/20 Registration opens for Everyone 7/23 Session 8 M/W Lesson Dates: 8/4 - 8/27 Session 8 T/Th Lesson Dates: 8/5 - 8/28 Session 8 Fri Lesson Dates: 8/8 - 8/22 Session 8 Sat Lesson Dates: 8/9 - 8/23 AM Session 3 M/T/W/Th Lesson Dates: 8/4 - 8/14 AM Session 4 M/T/W/Th Lesson Dates: 8/18 - 8/28

School District Disclaimer:

The Stanwood-Camano School District has neither reviewed nor approved the program, personnel, activities or organizations announced in this flier, and undertakes no responsibility to supervise these events. This information is provided as a community service at the request of the event sponsor and organizer. This is not a district sponsored or endorsed event.