

## EXECUTIVE SKILLS

At The Fletcher School, we prioritize helping K-12 students develop essential executive skills, as defined by Peg Dawson and Richard Guare in their book series *Smart but Scattered*. These brain-based cognitive processes are crucial for regulating behavior, making decisions, and achieving goals. By identifying each student's strengths and opportunities for growth, we empower them with strategies to become independent, lifelong learners, enabling them to reach their full potential. While individuals master executive skills at their own pace, typically, the first developing skill is Response Inhibition, with Metacognition developing last.

