

24/25 Athletic Participation Summary

The data below reflects the total number of players on a team roster on the official first day of competition.

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
American Lakes	67	161	42%	65	168	39%
Bannon Creek	50	129	39%	59	154	38%
H. Allen Hight Elementary	31	121	26%	51	129	40%
Heron	84	239	35%	120	304	39%
Inderkum High	336	1047	32%	406	1146	35%
Jefferson	72	176	41%	88	226	39%
Leroy Greene Academy	116	362	32%	139	393	35%
Natomas High	136	528	26%	192	627	31%
Natomas Middle	62	334	19%	71	338	21%
Natomas Park Elementary	52	106	49%	53	115	46%
Paso Verde	112	228	49%	128	246	52%
Two Rivers Elementary	34	88	39%	51	95	54%
Witter Ranch Elementary	35	83	42%	37	97	38%
Grand Total	1187	3602	33%	1460	4038	36%

School Name	Count of female athletes	Total count of female students in grades 4-12	% of athletic participation of 4th-12th grade female enrollment	Count of male athletes	Total count of male students in grades 4-12	% of athletic participation of 4th-12th grade male enrollment
Discovery High	0	62	0%	16	68	23%
Larry G. Meeks Academy	0	60	0%	0	59	0%

The table below shows the total number of students, by gender, participating in elementary and middle school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, resulting in these numbers being higher than the total number of students reported in the above table.

Elementary/Middle Boys Sports

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4/5 Boys	13	11										24
Basketball 4th Boys		1	20	13	11			8	10	17	10	90
Basketball 5th Boys			11	12	11			19	20	18	8	99
Basketball 6th Boys	6	12		12	17	12	13		16			88
Basketball 7/8 Boys	10	12		16	24	12	15		15			104
Cross Country 4/5 Boys			3									3
Cross Country 4th Boys	2	2		2					2	4	6	18
Cross Country 4th CoEd								1				1
Cross Country 5th Boys		1		5	5				4	8	9	32

Cross Country 5th CoEd								3				3
Cross Country 6th Boys	3	3		4		5			9			24
Cross Country 7/8 Boys	6	1		5		5	3		3			23
Cross Country 7/8 CoEd					2							2
Flag Football 4/5 Boys	8	12										20
Flag Football 4/5 CoEd		10										10
Flag Football 4th Boys			11		8				9	11		39
Flag Football 4th CoEd		2		14				5			10	31
Flag Football 5th Boys			19		9				20	12		60
Flag Football 5th CoEd		2		8				14			10	34
Flag Football 6th Boys	7			1	10	13	14		20			65
Flag Football 6th CoEd		12		14								26
Flag Football 7/8 Boys	17	13				16	16		20			82
Flag Football 7/8 CoEd				16	14							30
Soccer 4/5 Boys		3										3
Soccer 4th Boys	6		20	12	11			14	16	11	12	102
Soccer 5th Boys	8		18	12	11			23	16	18	16	122
Soccer 6th Boys	10	7		15	13	19	14		14			92
Soccer 7/8 Boys	14	16		19	13	19	18		16			115
Volleyball 4th Boys										1		1
Volleyball 4th CoEd					1				1		2	4
Volleyball 5th CoEd				2						1	1	4
Volleyball 6th CoEd		2		3								5

Volleyball 7/8 Boys									2			2
Volleyball 7/8 CoEd				5	5	1	1					12
Grand Total	110	122	102	190	165	102	94	87	213	101	84	1370

Elementary/Middle Girls Sports

Sport	ALS	BCS	HAH	HES	JFS	LGA	NMS	NPE	PVS	TRE	WRE	Total
Basketball 4/5 Girls	10	7										17
Basketball 4th Girls			5	7	6			10	9	5	5	47
Basketball 5th Girls			8	14	7			15	15	16	12	87
Basketball 6th Girls	15	7		11	9	12	11		10			75
Basketball 7/8 Girls	7	7		10	7	14	13		10			68
Cross Country 4th CoEd								6				6
Cross Country 4th Girls		1		3					1	2	2	9
Cross Country 5th CoEd								10				10
Cross Country 5th Girls		5	2	5	3				11	7	8	41
Cross Country 6th Girls		1		1		1			4			7
Cross Country 7/8 CoEd					1							1
Cross Country 7/8 Girls	6	2		7		1	18		8			42
Flag Football 4/5 CoEd		4										4
Flag Football 4th CoEd				1				1	2			4
Flag Football 5th CoEd		1		3				2	1		4	11

Flag Football 6th CoEd		1		1		2						4
Flag Football 7/8 CoEd	1	1		1			5		2			10
Soccer 4/5 Girls		12	13									25
Soccer 4th Girls	6			8	10			13	9	8	10	64
Soccer 5th Girls	8			12	12			16	16	16	9	89
Soccer 6th Girls	20	8		13	9	21	11		8			90
Soccer 7/8 Girls	10	11		9	13	18	16		16			93
Volleyball 4/5 Girls	13	17										30
Volleyball 4th CoEd				15	8			8			10	41
Volleyball 4th Girls			4						7	3		14
Volleyball 5th CoEd				13				20			14	47
Volleyball 5th Girls			15		19				14	15		63
Volleyball 6th CoEd		4		8	10	19	1					42
Volleyball 6th Girls	20	1					12		12			45
Volleyball 7/8 CoEd				8	10				19			37
Volleyball 7/8 Girls	15	10				13	12					50
Grand Total	131	100	47	150	124	101	99	101	174	72	74	1273

The tables below show the total number of students, by gender, participating in high school athletic programs. These numbers reflect students who participated in each sport. Some students participated in multiple sports, so these numbers will be higher than the total number of students reported in the summary table above.

High School Boys Sports

Sport	IHS	LGA	NHS	Total
Baseball 9th	14			14
Baseball JV	15			15
Baseball Varsity	19	21	18	58
Basketball 9th Boys	16		14	30
Basketball JV Boys	20		14	34
Basketball Varsity Boys	14	13	14	41
Cheer JV	1			1
Cross Country Boys	7	8	9	24
Football 9th	48			48
Football JV	45		22	67
Football Varsity	43		28	71
Golf Boys	14			14
Soccer 9th Boys	26			26
Soccer JV Boys	22		37	59
Soccer Varsity Boys	27	20	18	65
Swim & Dive Boys	22		12	34
Tennis Boys	22			22
Tennis CoEd			5	5
Track & Field Boys	44		9	53
Volleyball 9th Boys	11			11
Volleyball JV Boys	11			11
Volleyball Varsity Boys	14	16	15	45
Water Polo Boys	28			28
Wrestling Boys	47		23	70
Grand Total	530	78	238	846

High School Girls Sports

Sport	IHS	LGA	NHS	Total
Basketball 9th Girls	10			10
Basketball JV Girls	13			13
Basketball Varsity Girls	13	14	12	39
Cheer 9th	23			23
Cheer JV	29			29
Cheer Varsity	37		22	59
Cross Country Girls	6	2	14	22
Flag Football - High School	32			32
Football JV			1	1
Golf Girls	18			18
Soccer 9th Girls	12			12
Soccer JV Girls	19		21	40
Soccer Varsity Girls	20	20	24	64
Softball 9th	9			9
Softball JV	13			13
Softball Varsity	13	20	19	52
Stunt Cheer Varsity	17			17
Swim & Dive Girls	29		8	37
Tennis CoEd			17	17
Tennis Girls	27			27
Track & Field Girls	32		7	39
Volleyball 9th Girls	13			13
Volleyball JV Girls	13		14	27
Volleyball Varsity Girls	12	12	13	37
Water Polo Girls	22			22
Wrestling Girls	12		11	23
Grand Total	444	68	183	695

In summary: In 24/25 there was an overall 1% participation decrease in female athletes, to 33%, and male athletes remained the same as last year, at 36%.

Natomas Park had the largest % of Girls increase for Elementary with a total of 49% of all girls (a 3% increase)

H. Allen Hight had the largest % of Boys increase with a total of 40% (a 20% increase).

Jefferson had the largest % increase of Girls in MS/K-8's with a total of 41% participation of all girls (a 1% increase from 2023-24).

High Schools: Inderkum increased to 32% of girls- up 3%; **Natomas HS** increased to 31% of boys- up 2% and **Leroy Greene** held at 32% of girls and 35% of boys.