



Dublin Grizzell Golf

Integrity ● Teamwork ● Personal Growth

General Information

- **Home Course:**
 - **Rolling Meadows:** Primary home course
 - **Oakhaven:** In preparation for the Central Ohio Middle School Championship, we will use Oakhaven on occasion for home matches and tryouts
 - **Darby Creek:** In preparation for high school golf, we will use Darby Creek on occasion for home matches
- **Tryouts**
 - **Three 9-hole rounds:** Two rounds at Oakhaven, one round at Rolling Meadows
 - **Team Selection:** Will be announced after the last round and will consist of 8-12 players. The final team will be based on tryout scores, overall skill level demonstrated, and attitude.
 - **Sign-ups:** Please sign up through FinalForms and reach out to me at GrizzellMS.Golf@gmail.com with any questions.
 - **Rules Test:** A quick online questionnaire/test will be shared over the summer to be completed before tryouts.
 - **Spectators:** Not allowed during tryouts.
 - **More specifics for tryouts can be found [here](#)**
- **Matches**
 - **Length:** 9 holes; after school. Usually a match takes approximately 3-3.5 hours from tee off until all players are finished.
 - **Transportation:** Parents/Guardians must provide transportation; please reach out if you need carpool help.
 - **Team Composition:** 6 players play in the match. The top 4 scores out of the 6 count as the team score total for the match. The roster for each match will be selected based on average scores, skill level of the team(s) we are playing, along with skill level & experience of teammates.
 - **Exhibition Players:** For some matches, 2 or more additional individuals are permitted to play in the match as a practice round. Their scores do not count in the match but do count in their individual overall average.
 - **Competition:** We play dual, tri, and quad matches.
 - **Spectators:** Family & friends are permitted to watch but are not permitted to provide personal advice such as swing tips, reading the green, what club to hit, etc. Spectators can help find golf balls and address rules questions. Some golf courses allow spectators to use golf carts for a minimal fee. Please inquire at the pro shop if desired.
- **Tees/Yardage**
 - Players can expect a 9 hole total distance of approximately 2800-3000 yds
 - This yardage is *usually* the 1st or 2nd shortest tee location on each course
 - **Important note:** In high school, players usually play the tips (longest/back tee). Pending the overall skill level of the Grizzell team, occasionally we will play tees more comparable to high school in an effort to narrow the gap between middle & high school golf.
- **Formal Team Practices**
 - **Location:** Sports Ohio

- **Fitness:** Running and core exercise
- **Short Game:** Short game & putting drills
- **Full Swing:** Minimal practice time will be spent on full swing. For competitive growth, working independently with a swing coach is important. Reach out to me if you need help finding one.
- **Par 3 Course:** On occasion the boys may play the par 3 course during practice if desired. The player must pay greens fee.
- **Uniforms & Equipment**
 - **Team Uniforms:** Will be provided immediately following tryouts (golf shirt, lightweight hoodie, and a hat). The uniforms are for the player to keep; parent or guardian must purchase for \$100.
 - **Team Bags:** Will be provided immediately following tryouts. Team bags are owned by the school and shall be returned after the season.
 - **Spirit Gear:** A link will be shared after tryouts to purchase/order Grizzell golf spirit gear.
 - **Golf Clubs, Balls, Tees, etc.:** Players must have their own personal equipment.
 - **Training Equipment:** School will provide a [Golf Forever swing trainer](#) (similar to TRX's [RIP Trainer](#)) for players to use at practices.
 - **Range balls at matches:** School will NOT provide range balls prior to a match. Some courses do have ranges – players must purchase their own range balls before matches if they desire to warm up on the range.
 - **Range balls during practice:** School will provide a minimal amount of range balls during practice. Players are welcome to purchase more for their own practice.
- **Communication**
 - **Email:** Primary communication from me will be weekly through email. Be sure I have an up to date email that you check.
 - **FinalForms:** Be sure to have an up to date email registered in FinalForms.
 - **TeamSnap:** I will organize a calendar in TeamSnap with an informal communication message board.
- **Golf Rules**
 - **Prior to tryouts, players must have a general understanding of USGA Rules** (<https://rules.usga.org/>)
 - Hazards
 - Immovable Obstructions
 - Dropping your golf ball
 - *What to do when you have a question on the course*
 - **Middle School specific rules**
 - Out of Bounds: play as a lateral hazard
 - Max score on a hole: double par – example: on a Par 4, an 8 is the max score you can take
 - **Rules Test**
 - A quick online questionnaire/test will be shared over the summer.
 - Players need to fill out the test and submit it prior to tryouts. Players may use the USGA rule book, internet, and work together to fill it out. Each player must fill it out prior to tryouts.
- **Optional Summer Fitness**
 - **Location:** Grizzell Track
 - **When:** Monday and Wednesday evenings throughout summer; 5:00 - 6:00PM
 - **What to Expect:**
 - Running
 - Core Strength – shoulders, chest, back, abs, hips, glutes, quads
 - **Training Equipment:**
 - Resistance bands with the [Golf Forever swing trainer](#) (similar to TRX's [RIP Trainer](#)) [Team provided; members can bring their own if they want]
 - Can bring exercise mat if desired – we'll be on the ground/grass doing various exercises
 - **Optional Attendance:** Show up when available/interested

- **Communication:** I will email about any cancellations or changes to the schedule. Please email me if you want to receive notifications.
- **Attitude**
 - Be respectful
 - Be positive
 - Be honest
 - Work hard
 - Show up
 - Help your teammates
 - Be the teammate you want your teammates to be
 - Remember, you represent yourself, Grizzell, and Dublin City Schools