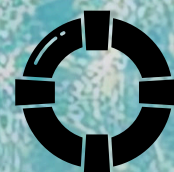




Youth Mental Health Support

Crisis services for children, teens, and families
— available all summer long!



Child & Family Agency – Urgent Crisis Center (UCC)

255 Hempstead St., New London, CT

(860) 437-4550

www.childandfamilyagency.org

- Walk-in support for youth under 18 in a mental health crisis
- Monday - Friday 8am-10pm Saturday 10am-6pm
- Safe, calm environment with caring professionals
- Youth must be accompanied by a caregiver



UCFS Mobile Crisis Intervention Services

Dial 2-1-1, then press 1, then 1 again for Mobile Crisis

www.ucfs.org

- Crisis counselors come to your home, school, or community
- Ages 0–18, available Monday–Friday, 8 AM–8 PM (on-call after hours)
- Helps de-escalate crises and connect to ongoing care



Need Immediate Help?

Call or Text 988

988 Suicide & Crisis Lifeline

- Available 24/7, nationwide
- Free, confidential emotional support
- For anyone, any age, in distress or crisis
- Call, text, or chat online at 988lifeline.org

