

May 2025 Middle School Lunch Menu

Gluten Free

Monday 28th	Tuesday 29th	Wednesday 30th	Thursday 1st	Friday 2nd
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Nuggets w Brown Rice and Sweet & Sour Sauce	GF Waffles, Scrambled Eggs and pork Sausage Patty	GF Pasta and Alfredo Sauce with Chicken and GF Bread	GF Meatballs w Marinara Sauce on a GF Roll	Please make selection from Daily Options Below
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Broccoli	Hash Brown Patty	Savory Green Beans	French Fries	Mixed Vegetable Medley
Tossed Side Salad	Fresh Carrots	Sliced Cucumbers	Marinated Cool Cucumbers	Tossed Side Salad
Fresh Cherry Tomatoes	Fresh Celery Sticks	Tropical Fruit Cocktail	Fresh Broccoli Florets	Corn Salad with Ranch
Chilled Peaches	Applesauce	Fresh Pear	Strawberries	Chilled Diced Pears
Fresh Fuji Apple	Fresh Orange Wedges		Fresh Banana	Fresh Granny Smith Apple
5th	6th	7th	8th	9th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
Mexican Chicken Torta on GF Bun w Corn Tortilla Chips	GF Toasty Three Cheese Sandwich on GF Bread	GF Waffles w GF Chicken Tenders	GF Teriyaki Glazed Chicken w Brown Rice	Buffalo Ranch Chicken Quesadilla on GF Tortilla
SIDES	SIDES	SIDES	SIDES	SIDES
Mexican Street Corn	GF Tomato Soup	Sweet Potato Fries	Glazed Carrots	Fresh Carrots
Fresh Broccoli Florets	Tossed Side Salad	Fresh Cherry Tomatoes	Sliced Cucumbers	Fresh Celery Sticks
Corn Salad with Ranch	Fresh Cauliflower Florets	Red Bell Pepper Strips	Chilled Diced Pears	Mandarin Oranges
Chilled Peaches	Rosy Applesauce	Strawberries	Fresh Banana	Fresh Granny Smith Apple
Fresh Fuji Apple	Fresh Orange Wedges	Fresh Pear		
12th	13th	14th	15th	16th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Nuggets w Mashed Potatoes and GF Gravy	GF Waffles w Scrambled Eggs and Pork Sausage Patty	GF Spaghetti and Meat Sauce w GF Dinner Roll	Sloppy Joe on GF Hamburger Bun	GF Corn Dog
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Broccoli	Hash Brown Patty	Savory Green Beans	Smile Potatoes	Boston Baked Beans
Spinach & Romaine Salad	Fresh Celery Sticks	Fresh Broccoli Florets	Baked Beans	Spinach & Romaine Salad
Fresh Cherry Tomatoes	Fresh Carrots	Mixed Fruit Cocktail	Sliced Cucumbers	Corn Salad with Ranch
Chilled Peaches	Applesauce	Fresh Pear	Chilled Diced Pears	Blueberries
Fresh Fuji Apple	Fresh Orange Wedges		Fresh Banana	Fresh Granny Smith Apple
19th	20th	21st	22nd	23rd
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
Please make selection from Daily Options Below	GF Mac & Cheese w GF Bread	BBQ Pork Rib Patty on GF Bun	GF Chicken Tenders and GF Waffles	GF Chicken Tenders over GF Rotini Pasta w Marinara Sauce and Mozzarella Cheese
SIDES	SIDES	SIDES	SIDES	SIDES
Savory Green Beans	Seasoned Peas	French Fries	Seasoned Corn	Spinach & Romaine Salad
Fresh Broccoli Florets	Spinach & Romaine Salad	Confetti Coleslaw	Fresh Carrots	Three Bean Salad
Fresh Cauliflower Florets	Fresh Carrots	Fresh Celery Sticks	Red Bell Pepper Strips	Strawberries
Chilled Peaches	Rosy Applesauce	Blueberries	Chilled Diced Pears	Fresh Granny Smith Apple
Fresh Fuji Apple	Fresh Orange Wedges	Fresh Pear	Fresh Banana	
26th	27th	28th	29th	30th
No School	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
Memorial Day	GF Waffles, Scrambled Eggs and pork Sausage Patty	GF Pasta and Alfredo Sauce with Chicken and GF Bread	GF Meatballs w Marinara Sauce on a GF Roll	Please make selection from Daily Options Below
	SIDES	SIDES	SIDES	SIDES
	Hash Brown Patty	Savory Green Beans	French Fries	Mixed Vegetable Medley
	Fresh Carrots	Sliced Cucumbers	Marinated Cool Cucumbers	Tossed Side Salad
	Fresh Celery Sticks	Tropical Fruit Cocktail	Fresh Broccoli Florets	Corn Salad with Ranch
	Applesauce	Fresh Pear	Strawberries	Chilled Diced Pears
	Fresh Orange Wedges		Fresh Banana	Fresh Granny Smith Apple
AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY
GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza
GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza
GF Crispy Chicken on GF Bun	GF Crispy Chicken on GF Bun	GF Crispy Chicken on GF Bun	GF Crispy Chicken on GF Bun	GF Crispy Chicken on GF Bun
Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun
Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun
Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread
For Full Nutrition Information call Food Service at 651-460-3820				
Menu Subject to Change Without Notice. Questions or Comments? Contact Food Service at 551-460-3820				
This is an Equal Opportunity Provider.				