

# April 2025 High School Lunch Menu

## Gluten Free

Monday	Tuesday	Wednesday	Thursday	Friday
March 31st	1st	2nd	3rd	4th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	GF Corn Dog
GF Chicken Tenders w Mashed Potatoes GF Gravy and GF Bread	GF Meatballs on GF Bread with Marinara and Mozzarella	GF Chicken Teriyaki w Brown Rice	Seasoned Beef Nachos with Queso, Corn Tortilla Chips and Cilantro Lime Rice	Smile Potatoes
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Carrots	Seasoned Broccoli	Glazed Carrots	Savory Green Beans	Boston Baked Beans
Tossed Side Salad	Fresh Caesar Salad	Marinated Cool Cucumbers	Corn Salad with Ranch	Confetti Coleslaw
Fresh Carrots	Fresh Celery Sticks	Red Bell Pepper Strips	Fresh Sugar Snap Peas	Fresh Caesar Salad
Chilled Peaches	Rosy Applesauce	Strawberries	Chilled Peaches	Blueberry Crisp
Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana
Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange
Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple
Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple
Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple
7th	8th	9th	10th	11th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Nuggets w Brown Rice (No Sauce)	GF Macaroni & Cheese w WG Dinner Roll	Chicken Curry with potatoes and Brown Rice	Seasoned Beef Nachos with Queso, Corn Tortilla Chips and Cilantro Lime Rice	Please Select from "Available Daily" Below
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Carrots	Tater Tots	Seasoned Peas	Seasoned Corn	Seasoned Broccoli
Fresh Caesar Salad	Savory Green Beans	Fresh Caesar Salad	Red Bell Pepper Strips	Fresh Caesar Salad
Sliced Cucumbers	Carrot & Celery Sticks	Fresh Cherry Tomatoes	Corn Salad with Ranch	Carrot & Celery Sticks
Blueberry Crisp	Sweet Broccoli Salad	Strawberries	Mixed Fruit Cocktail	Blueberry Crisp
Fresh Banana	Applesauce	Fresh Banana	Fresh Banana	Fresh Banana
Fresh Orange	Fresh Banana	Fresh Orange	Fresh Orange	Fresh Orange
Fresh Red Delicious Apple	Fresh Orange	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple
Fresh Fuji Apple	Fresh Red Delicious Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple
Fresh Granny Smith Apple	Fresh Fuji Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple
Fresh Granny Smith Apple	Fresh Granny Smith Apple			
14th	15th	16th	17th	18th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Nuggets and Mashed Potatoes and GF Gravy	Please Select from "Available Daily" Below	GF Spaghetti with Meat Sauce and GF Bread	Seasoned Beef Nachos with Queso, Corn Tortilla Chips and Cilantro Lime Rice	Turkey Mozzarella Melt on WG Bread w Gluten Free Chips
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Carrots	Savory Green Beans	Seasoned Broccoli	Seasoned Corn	Boston Baked Beans
Fresh Broccoli Florets	Fresh Caesar Salad	Fresh Carrots	Fresh Caesar Salad	Fresh Celery Sticks
Tossed Side Salad	Marinated Cool Cucumbers	Macaroni & Vegetable Salad	Fresh Cherry Tomatoes	Tossed Side Salad
Blueberry Crisp	Rosy Applesauce	Strawberries	Mixed Fruit Cocktail	Blueberry Crisp
Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana
Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange
Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple
Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple
Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple
21st	22nd	23rd	24th	25th
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Tenders w Nashville Hot Sauce GF Bread and Coleslaw	GF Waffles w Blueberries, Scrambled Eggs, Hash Brown Patty and GF Sausage Patty	GF Pasta with GF Alfredo Sauce, Chicken Breast and GF Bread	Seasoned Beef Nachos with Queso, Corn Tortilla Chips and Cilantro Lime Rice	Please Select from "Available Daily" Below
SIDES	SIDES	SIDES	SIDES	SIDES
Seasoned Peas	Savory Green Beans	Seasoned Broccoli	Vegetarian Baked Beans	Seasoned Carrots
Fresh Carrots	Sliced Cucumbers	Marinated Cool Cucumbers	Confetti Coleslaw	Fresh Broccoli Florets
Fresh Caesar Salad	Fresh Celery Sticks	Fresh Carrots	Red Bell Pepper Strips	Fresh Caesar Salad
Blueberry Crisp	Applesauce	Pineapple Tidbits	Mixed Fruit Cocktail	Blueberry Crisp
Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana	Fresh Banana
Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange	Fresh Orange
Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple
Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple
Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple
28th	29th	30th		
ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY	ENTRÉE OF THE DAY
GF Chicken Tenders w Mashed Potatoes GF Gravy and GF Bread	Buffalo Chicken Dip with Corn Tortilla Chips	Beef Sloppy Joe on GF Bun with Smile Potatoes		
SIDES	SIDES	SIDES	SIDES	SIDES
Vegetable Pasta Salad	Seasoned Broccoli	Glazed Carrots		
Fresh Carrots	Fresh Caesar Salad	Marinated Cool Cucumbers		
Tossed Side Salad	Fresh Celery Sticks	Red Bell Pepper Strips		
Blueberry Crisp	Rosy Applesauce	Strawberries		
Fresh Banana	Fresh Banana	Fresh Banana		
Fresh Orange	Fresh Orange	Fresh Orange		
Fresh Red Delicious Apple	Fresh Red Delicious Apple	Fresh Red Delicious Apple		
Fresh Fuji Apple	Fresh Fuji Apple	Fresh Fuji Apple		
Fresh Granny Smith Apple	Fresh Granny Smith Apple	Fresh Granny Smith Apple		
AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY	AVAILABLE EVERY DAY
GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza	GF Cheese Pizza - 1/2 10" pizza
GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza	GF Pepperoni Pizza - 1/2 10" pizza
GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun	GF Chicken Patty on GF Bun
Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun	Cheeseburger on GF Bun
Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun	Hamburger on GF Bun
Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread	Turkey Ham & Cheese on GF Bread

For Full Nutrition Information call Food Service at 651-460-3820  
Menu Subject to Change Without Notice. Questions or Comments? Contact Food Service at 551-460-3820

This is an Equal Opportunity Provider.