

School Health Advisory Council

2022 - 2023 Report

2022-2023 RECAP

The SHAC met four times during the 2022-2023 school year.

In February, the committee unanimously voted to recommend the Healthy Relationships Campaign which addresses healthy friendships and healthy dating. The campaign meets TEKS standards for middle and high school levels. Kelly Locke, Director of Guidance and Counseling for Willis ISD, was a guest speaker and presented this information to the SHAC members. All members agreed this campaign was valuable and needed.

In April, Curriculum presentation was presented to the committee by guest speaker, Kelly Locke, Director of Guidance and Counseling. The presentation addressed Personal Body Safety for grades K-6th. This curriculum would meet the TEKS standards. Details of the opt-in program were discussed and the curriculum was put to a vote. Members in attendance voted in favor of the curriculum.

Other topics SHAC discussed throughout the year:

Child Nutrition Wellness Plan, Vaping Prevention, Agrilife School happenings and how it can be helpful to the school community, presentations and education on nutrition and how it can benefit students

2023 RECOMMENDATIONS

SHAC would like to continue promoting vaping prevention. Healthy eating habits, nutrition, and resources provided from the local Agrilife department to be distributed and utilized as a resource are all topics of discussion for 2023.