

# Quick Resource Guide

<b>Medical Assistance</b>	<a href="#">Compass</a> (online)	800-692-7462 For hearing impaired: 800-451-5886 (TTY/TDD)
	Centre County Assistance Office (in person) <a href="#">Compass</a>	814-863-6571
<b>Managed Care</b>	<a href="#">Community Care Behavioral Health Organization</a>	1-866-878-6046
<b>Centre County Mental Health/Intellectual Disabilities/Early Intervention (MH/ID/EI)</b>	<a href="#">MH/ID/EI</a>	814-355-6782
<b>Centre County Drug and Alcohol (D&amp;A)</b>	<a href="#">D&amp;A</a>	814-355-6744
<b>Medical Services</b>	<a href="#">Centre Volunteers in Medicine</a> (CVIM)	814-231-4043
	<a href="#">Centre County State Health Center. PA Department of Health</a>	814-865-0932
	<a href="#">The Meadows Psychiatric Center</a>	814-364-2161 or 1-800-641-7529
	Inpatient Services	Accessed by <ul style="list-style-type: none"> <li>• Call Centre County Crisis Line at 1-800-643-5432</li> <li>• Call 911</li> <li>• Going to the emergency department at MNMS</li> <li>• Going to the Meadows Psychiatric Center</li> </ul>
	<a href="#">Financial Assistance for Eye Care</a> - State College Lions Foundation	814-206-7777
<b>Case Management Services</b>	<a href="#">Strawberry Fields, Inc</a>	814-234-6023
	<a href="#">Centre County Mental Health</a>	814-355-6786 press 0 for Mental Health Intake
<b>Outpatient Mental Health Services</b>	<a href="#">Beck Psychotherapy, LLC</a>	814-409-7612
	<a href="#">Breakwater Counseling Services</a>	814-272-0920
	<a href="#">Brighter Days Counseling LLC</a>	814-954-8346

	<a href="#">Deerfield Behavioral Health</a>	814-723-5545
	<a href="#">Cairn Wellness</a>	978-766-8787
	<a href="#">CenClear</a>	1-877-341-5845 ext 2260
	<a href="#">Crossroads Counseling, Inc</a>	814-231-0940
	<a href="#">Forward Path Counseling</a>	814-531-5659
	<a href="#">Fritz, Stanger, &amp; Associates</a>	518-307-1990
	<a href="#">Guiding Light Health</a>	814-753-4422
	<a href="#">The Healing Room</a>	814-308-8375
	<a href="#">A Journey to You</a>	814-325-0280
	<a href="#">McGinnis Counseling &amp; Consulting</a>	814-862-9969
	<a href="#">Oasis Lifecare, LLC</a>	814-237-0001
	<a href="#">Penn State University Psychological Clinic</a>	814-865-2191
	<a href="#">The Pennsylvania State University Counseling and Psychological Services (CAPS)</a>	814-863-0395
	<a href="#">Yvonne Reedy, PhD, Psychology and Counseling Associates, LLC</a>	814-937-0668
	<a href="#">SunPointe Health</a>	814-867-0670
	<a href="#">State College Counseling LLC</a>	814-569-6382
	<a href="#">State College Psychological Services</a>	814-419-5463
	<a href="#">Teresa Welch, Licensed Psychologist, LLC</a>	814-357-7755
	<a href="#">Charlie Health (Online Services)</a>	866-484-8218
	<a href="#">BetterNow (Online Services)</a>	248-914-2675

<b>Trauma-Focused Outpatient Therapy</b>	<a href="#">PSU Psychological Clinic (Mental Health Services)</a>	814-865-2191
	<a href="#">Crossroads Counseling, Inc (Drug &amp; Alcohol)</a>	814-231-0940

<b>Mobile Medication Management</b>	<a href="#">Beacon Light Behavioral Health Systems Mobile Medication Management Services Info (Beacon Light)</a>	814-723-1832
-------------------------------------	--	--------------

<b>Intensive Behavioral Health Services (IBHS)</b>	<a href="#">CenClear</a>	877-341-5845 ext 2260
--	--------------------------	--------------------------

	<a href="#">Merakey</a>	814-238-4851
<b>Family Based Mental Health Services</b>	<a href="#">CenClear Family Based Mental Health Services</a>	877-341-5845 ext 2260
<b>Peer Support Services</b>	CenClear	877-341-5845 ext 2260
	<a href="#">Peerstar</a>	888-733-7781
<b>Housing</b>	<a href="#">Housing Transitions (homeless/being evicted)</a>	814-237-5508
	<a href="#">Centre County Youth Service Bureau (homeless under 18 years old)</a>	814-237-5731 814-234-2100 (Youth Shelter Hotline)
	<a href="#">Centre County Housing Authority (long-term rental assistance)</a>	814-355-6750
	<a href="#">Out of the Cold Centre County</a>	814-852-8864
	<a href="#">Centre County Housing Case Management (JoAnne Pagan)</a>	814-237-1944 24 hour - 814-237-5508
	<a href="#">Emergency Rental Assistance Program</a>	814-355-6768
	<a href="#">Central PA Community Action, Inc.</a>	814-765-1551
<b>Suicide Prevention and Awareness Resources</b>	<a href="#">Jana Marie Foundation</a>	814-954-5920
<b>General Grief Support Group</b>	<a href="#">Tides</a>	814-692-2233
<b>Centre County Government Human Service Agencies</b>	<a href="#">Adult Services</a>	814-355-6768
	<a href="#">Office of Aging</a>	814-355-6716
	<a href="#">Children and Youth Services</a>	814-355-6755
	<a href="#">Mental Health/Intellectual Disabilities/Early Intervention- Drug &amp; Alcohol</a>	814-355-6782
	<a href="#">Office of Transportation</a>	(814) 355-6807
<b>Community Supports and Services</b>	<a href="#">Centre County Youth Service Bureau</a>	814-237-5731
	<a href="#">MidPenn Legal Services</a>	1-800-326-9177
	<a href="#">Centre County Bar Association - Low Cost Attorneys</a>	(814) 548-0052
	<a href="#">Social Security Administration</a>	1-800-772-1213
	<a href="#">Centre Safe</a>	814-234-5050 (hotline) 814-238-7066 (business phone)
	<a href="#">Centre Helps</a>	Crisis Line- 1-800-494-2500 814-237-5855

	<a href="#">Interfaith Human Services</a>	814-234-7731
	<a href="#">St. Vincent DePaul Society of State College</a>	814-867-3131
	<a href="#">Salvation Army Corps of State College</a>	814-861-1785
	<a href="#">Mid-State Literacy Council (Low-cost English language instruction for adults)</a>	(814) 238-1809 <a href="https://www.mid-stateliteracycouncil.org/">https://www.mid-stateliteracycouncil.org/</a>

<b>Food Resources</b>	<a href="#">State College Food Bank</a>	814-234-2310
	<a href="#">Women, Infants, and Children (WIC)</a>	814-234-8621
	<a href="#">YMCA Anti-Hunger Program</a>	814-355-5551

<b>Vehicle Resources</b>	Central Pennsylvania Community Action, Inc., Vehicle Assistance Program (VAP)	814-765-1551
--------------------------	---	--------------