

Good Afternoon,

NAMI-MN has a new Parent Leader in Dakota County. The goal of this program is to support parents whose children ages birth to 18 have behavioral or mental health issues and need help navigating the mental health system. The Parent Leader can:

- Identify needs and resources
- Help navigate diagnosis
- Provide service coordination
- Attend meetings with school staff (i.e. IEP) and providers
- Assist and support with children's mental health system paperwork and/or applications for services
- Provide one-on-one peer caregiver support
- Provide information and referrals
- This is for families not currently served through Dakota County Children's Mental Health Case Management Services.

Contact Information

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