

Community Education

Farmington

AREA PUBLIC SCHOOLS

Discover

Pursue

Achieve



Adapted Gymnastics

Ages 2 and up with parent participation

Adapted Gymnastics is a class for students with mild disabilities. The individualized curriculum is designed to help improve balance, coordination, strength, flexibility, and endurance.

Twist N Tumble Instructor/Director, Andrea Stowe, has an Elementary Education K-6 Degree from Augsburg College in addition to over 20 years of gymnastics experience.

Classes held at the Twist N Tumble Gym

Instructional Services Center

510 Walnut Street



For more information call
the Community Education Office at
(651) 460-3200
or register on-line at
www.FarmingtonTNT.com