



HIS

China Trips

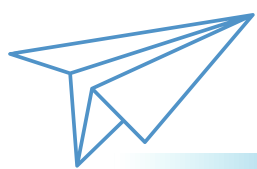


For 4 Nights, 5 Days



Each year, our Grades 6-10 MYP students take part in various trips off campus to directly experience the culture and environment of our host country, China





China Trips

LEARNING OBJECTIVES

Students will immerse themselves in authentic cultural experiences by engaging in traditional daily activities, reflecting on lifestyle differences, and gaining a deeper understanding of the people, history, culture, and environment of the destination



Students will explore regional challenges by conducting investigations and interviews, analyzing environmental or economic sustainability issues, and presenting their findings to deepen their understanding of local realities



Students will be assessed through observation, written or shared reflections, and presentations, utilizing photo journals with captions, basic field sketches, group sharing sessions, and guided reflection activities, with an emphasis on concrete experiences and direct observations





China Trips

SOCIAL OBJECTIVES

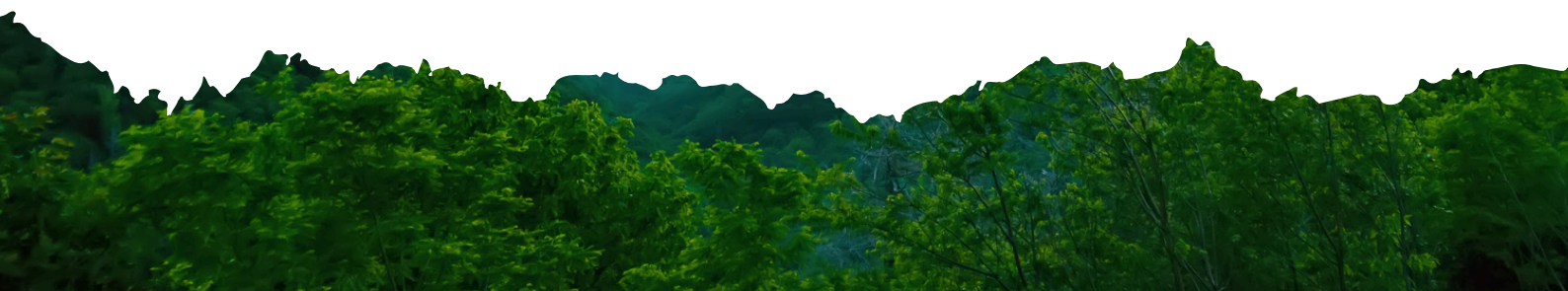


Students will develop teamwork and social skills by collaborating with local peers on a shared practical task, overcoming language barriers through effective cross-cultural communication, while also engaging with classmates in cooperative activities, challenges, and meaningful interactions



Students will engage in meaningful service activities by collaborating with local communities to address real-world challenges, fostering empathy, cultural understanding, and social responsibility while developing practical skills through hands-on projects

Students will embrace new activities and experiences that foster teamwork and self-confidence, strengthening their ability to collaborate and adapt in new, diverse, and challenging situations





Trip Destinations

 **Qiandaohu 千岛湖**



 **Yangshuo 阳朔**



 **Xiamen 厦门**



 **Lijiang 丽江**



 **Inner Mongolia 内蒙古**



GRADE 6

QIANDAOHU

- Qiaodao hu, which translates to “The Thousand Island Lake,” is a beautiful scenic spot in Zhejiang comprised of many small lakes
- It is a place of incredible natural beauty, filled with astonishing viewpoints, expansive lagoons, dense lush forest, and towering majestic mountains
- Notable activities: biking, kayaking, paddleboarding, hiking, overnight camping





“This year’s China Trip was an amazing experience. My favorite memory is when we would all sit down for our meals, because it encouraged me to talk to many of my classmates, and inspired really interesting conversations. What challenged me the most was the high ropes activity, but I persevered and completed it even with my fear of heights, and my friends were cheering me on the whole time”

- Siana O.

“I really enjoyed stand up paddle boarding because we did this activity in good weather, and it was thrilling to row across the lake. I also became more aware of my own strengths and areas for growth while doing the leap of faith, where I had to climb onto a narrow pole and jump to a bar above. But I realized that I was really good at it, and that it was one of my favorite things to do”

- Ted L.



“My favorite memory from this year’s China Trips was doing stand-up paddle boarding with my friends. At first, I was afraid that I could not control the board properly and scared to fall into the water, but I slowly found out it was not hard at all. So, I started rowing the board faster, then I fell into the water, and at that point I didn’t feel scared, instead I felt more excited to continue with my friend”

- Emily A.





GRADE 7

YANGSHOU

- Yangshuo, located in Guangxi Province, is renowned for its stunning karst mountain landscape and beautiful rivers
- Students experience the best of Yangshuo with a week full of outdoor adventure, from exploring limestone caves to cycling through local villages and climbing towering cliffs
- Notable activities: ziplining, rock climbing, kayaking, cycling





“My best memory from this year’s China Trips was exploring caves because it was my first ever time cave adventuring. I really enjoyed it because we got to see so many beautiful animals, such as cave bats and crickets, and experience pure darkness for a few seconds. We also had to step out of our comfort zones when we were ziplining and jumping from the vertical cliff. It was a great challenge!”

- Henry T.

“I really enjoyed going to the West-Street area in the evening because it was a great way to learn about Chinese culture and connect with my friends. I also really liked all the physical activities because they helped me build my strength and endurance. I also developed international-mindedness through global engagement and intercultural understanding through activities such as fan painting”

- Nastia B.



“We visited one of the most beautiful places in China, Yangshuo, known for its mountainous scenery and historical value. One of my favorite memories was kayaking. It is an entertaining sport that provides a valuable experience for us to explore Yangshuo's lake and relax, Another meaningful action we did was the community service cleaning up the trash in the area”

- Alex Z.



GRADE 8

XIAMEN

- Xiamen is known for its beautiful natural scenery, including its coastal location and green spaces, earning it the nickname "Garden City on the Sea"
- It is a place of incredible natural beauty, filled with astonishing viewpoints, expansive lagoons, dense lush forest, and towering majestic mountains
- Notable activities: bodyboarding, tea tasting, dragon boat racing





“This was the first time I’ve been on China trips. It was a very fun, and the most memorable activity we did in the school year. Even though it was my third time visiting Xiamen, this was *the* time I went with my classmates, teachers, and friends, making it extra special. Some of my favorite activities during the trip were body surfing and playing frisbee because I got to do these activities with my friends and have fun at the same time!”

- Louisa B.

“In this years Xiamen China Trips, I built great memories. Some of my favorite memories from this year's China trips was when we played beach volleyball as it was very fun and exciting. I really enjoyed tasting the tea as drinking tea is also one of my hobbies and I was very excited to try the local tea of Xiamen. I also tried lots of new things during this years china trips, such as body surfing”

- Seoin H.



“China trip to Xiamen was absolutely enjoyable and cultural. We explored many local cultures and histories through looking at the round houses at Fujian. We even visited a local tea village, and it was stimulating to hear about how the local villagers live, their own histories, and culture. We also biked through a course in mountains, looking through some irresistible views that left me feeling inspired”

- Sam K.



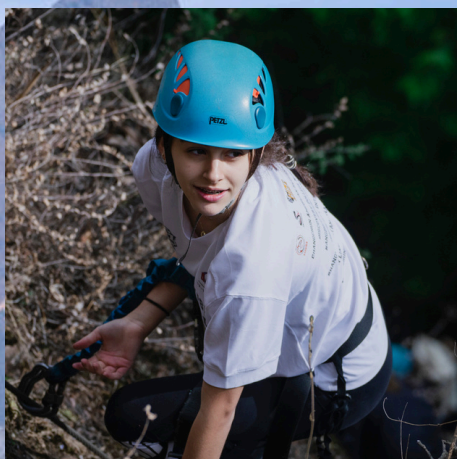


GRADE 9

LIJIANG

- Lijiang is famous for its UNESCO Heritage Site, the Old Town of Lijiang, which has a mixture of different historical architecture styles, ancient water-supply system, and cobblestone streets
- It is also famous for its beautiful scenery, including the Jade Dragon Snow Mountain and Thousand Turtle Mountain
- Notable activities: via ferrata climbing, hiking, river trekking





“My best memory of this year China trips was the entertaining activities that we did. Such as the hiking on the mountain with extraordinary views. I also enjoyed the via Ferrata. I also became more aware of my own strengths when we went river trekking. I found out that I was more skilled than I originally thought. I went through challenges doing activities that I don't do usually in my everyday life”

- Camille Y.

“My best memory from China Trips this year was the river trekking. I liked it the most because I got to do it with all my friends and it was overall really fun. I also really enjoyed the Via Ferrata. It was challenging but we got a good view at the end. I worked collaboratively with others when doing the farming, which was our community service. We would help each other dig holes for plants”

- Bryony K.



“One of the best memories I have from this year's China trip was my first time doing via ferrata. It was more challenging than I expected. The heights were nerve-wrecking, but the scenery of the mountain cliffside was worth it. It ultimately turned out to be so rewarding because I overcame my fears and completed the whole experience while having fun. Via ferrata was worth it and was excitingly fun”

- Aryan S.



GRADE 10

INNER MONGOLIA

- Inner Mongolia is nothing short of beautiful – from its vast grasslands filled with horses galloping around to its arid desert landscapes
- Inner Mongolia's culture is known for its unique blend of nomadic traditions, and Tibetan Buddhist influence
- Notable activities: sandboarding, riding camels, horse back riding, overnight stay in yurts





“My favorite experience was sandboarding. At first, I thought it was scary, the sand dunes were pretty steep. But I took a risk and went down, and it was one of the best activities I ever did. I think having this opportunity to go outside of the classroom to have such different experiences, and experience different cultures and ways of thinking is very important for international students”

- Ayrad C.

“I believe that this year’s China Trip was the best one I’ve ever been to, due to its unique activities since we were given the opportunity to participate in, such as camel riding, horse riding, and sand sliding. My best memory from this year’s China trip was attending the horse riding show, which allowed us to experience the significance of Inner Mongolian heritage and traditions”

- Prisha J.



“My best memory from this year's China Trips was staying in a yurt with 7 of my classmates. I really enjoyed this because it created a lot of memories, and we had some meaningful conversations that enlightened our friendships further. Horse riding in the morning was also so spectacular because we got to see the beautiful sunrise and natural landscape in Inner Mongolia”

- Joshua C.



