



SCHOOL HEALTH ADVISORY COUNCIL 2024-2025 ANNUAL REPORT

2024-2025 RECAP

The SHAC met four times during the 2024-2025 school year.

In October, the purpose of SHAC was presented to the council members and vision for SHAC for 2024-2025 School year was discussed.

Kelly Locke, Director of Guidance and Counseling, presented the current and proposed curriculum for substance use prevention in all grade levels. Material was presented to SHAC members for review to be voted on at the next meeting.

In December, materials presented in the previous meeting by Kelly Locke were voted on. The committee unanimously approved the usage of these materials for substance use prevention.

Discussion of putting together a SHAC newsletter was discussed and members agreed to contribute on topics related to the SHAC. Completed newsletter will be brought to the next SHAC meeting for approval before publication.

In February, the completed Newsletter was presented to SHAC members. Unanimous approval was received for publication.

Sharon Jones, WISD Menu and Compliance Supervisor for the child nutrition department met with the committee to discuss and receive feedback on potential healthier, carb-friendly menu items for our diabetic students. Input was provided by members and taken into consideration for potential menu changes.

In April, the new Newsletter was presented and approved by SHAC members for publication to the website.

Sharon Jones, WISD Menu and Compliance Supervisor followed up on previous meeting discussion regarding carb-friendly menu items. She indicated that apples and sunbutter have been added to the menu and she has received feedback that students are enjoying it.

Kylie Imel, a freshman at Willis High School, provided a presentation on Type 1 Diabetes and its implications in the school setting.

Other topics SHAC discussed throughout the year:

Availability of programs provided to parents/students through the Agrilife Extension office, mental health resources and how to access them

2025 RECOMMENDATIONS:

SHAC would like to continue to collaborate with the child nutrition department to implement healthy eating options for students, continue contributing to the newsletter next school year, collaborate and initiate more student participation with the committee, and implement a diabetes awareness day that is student-initiated.