EDUCATION COMMITTEE MEETING
Monday, May 5, 2025
5:30PM
Northern Lehigh Middle School
Auditorium

Committee Members						Remaining Meeting Dates
	Robert Kern - Chairperson		**Lori Bali**		**Gene Marks**	
X	**Gary Fedorcha - Co-Chairperson**	**X**	**Todd Breiner**	**X**	**Sherri Molitoris**	
X	**Chad Christman**	**X**	**Michele Dotta**	**X**	**Scott Pyne**	
X	**Rhonda Frantz**	**X**	**Nichole Fink**	**X**	**James Schnyderite**	
X	**Mathias Green**		**Bryan Geist**	**X**	**Tania Stoker**	*June 2, 2025*
X	**Gale Husack**		**David Hauser**	**X**	**Dan Williams**	*August 4, 2025*
X	**Donna Kulp**	**X**	**Eric Hill**			*September 2, 2025*
	Natalie Snyder	**X**	**Matthew Link**			*October 6, 2025*
X	**Angela Williams**	**X**	**Christopher Mann**			*November 3, 2025*

Also in attendance: Mary Frank, Steven Haas, MaryAnn Rush Wallace, Tim Weaber, Keith Horn, Terry Blose, Crystal Bilby, Dale Schlude, Karen Schlude, Patricia Namends, Jerald Kresge, Cheryl Blose and Ron Bauer

Agenda

- 25-26 Bullying Prevention Initiative (Dr. Stoker & Principals)
- Wellness Committee (Mrs. Fink)
- Professional Development (Dr. Stoker & Mr. Pyne)
    - Summer Collaboration Days
    - New Educator Week
        - August 11 - NLSD Orientation
        - August 12 & 13 - Year 1 Induction
        - August 14 - Year 2 Induction & Ed Com Summit
    - Office Staff
    - 2025-26 SY PD Planning

- Amplify CKLA- Grade 3 class (Mr. Pyne)
    - Committee supports moving this item to the May board agenda.
- Mr. Bower spoke about his daughter and the thank you message she gave to her teacher recently regarding her career pathway

Wellness Committee 5/5/25:

Tonight the focus of both the cafeteria update along with the wellness committee agenda is to
review the results of the triennial assessment of our school wellness policy. This assessment is conducted every 3 years, and our wellness committee meetings are
conducted annually at the end of each year in conjunction with our other committee meetings.
Rather than go through each line item on the triennial assessment I have summarized each
section of the assessment based off feedback from various departments that pertain to health
and wellness.
Each section of the assessment form asks the school district to evaluate their wellness
policy on each item whether it is Fully, Partially, or Not at all implemented at their
school
The first section of the triennial assessment focuses on:
Public involvement, notification and assessment:
We are in full compliance with the following items:
We have a Designee in charge of our school wellness policy which would be myself
along with the support of Dr. Stoker. Our last assessment was conducted in May of 2022, which
puts us due this year. The results of our triennial assessment are published on our school's
website under the cafeteria tab. The wellness policy is updated every 3 years based on the

results of the triennial assessment. Wellness Policy is reviewed by the policy committee and
goes to school board for first reading, second reading and approval through board motion.
Record of our assessments are kept for 3 years plus the current year per federal guidelines.
We are in partial compliance with the following item in this section:
The LEA utilizes a wellness committee that includes not only board members,
administrators, nurses, PE teachers, parents, students, and community stake holders. Currently
we do not have a community stakeholder on our wellness committee. Examples of individuals
could be a local farmer, or representative from a local grocery store, YMCA, etc. This is
something we plan on seeking out to be a part of our wellness committee for future years.
We also are considering holing meetings 2-3 times per year instead of just annually each
year to more frequently assess and monitor our adherence to our wellness policy. We also will
be holding meetings during the school day hours rather than in the evenings to hopefully
promote better attendance by teachers and other staff.

Nutrition Education:
We are in full compliance in the following items:
NLSD implements a sequential age-appropriate health education curriculum that aims to
promote lifelong wellness, and helps students make informed healthy choices in grades 1-11.
NL provides all students the knowledge and skills they need to lead healthy lives through
comprehensive standards- based nutrition education.

NL offers age- appropriate nutrition education that includes engaging activities for the
students at elementary, middle and high school levels. Our nutrition education curriculum
equips students with practical, real- life, skills- like planning balanced meals, understanding
nutrition labels, and analyzing food related media to support lifelong healthy decision making.
At the elementary level we have K-5 ELA math and science programs all of which have
units and lessons directly tied to human health, development, nutrition, and agriculture.
At the secondary level we have a variety of opportunities through our Family and
Consumer Science offerings and PE/Health classes. The PE/Health curriculum is specifically
designed to integrate lifelong nutrition and physical activity emphasis.
We are in partial compliance with the following items in this section:
School food service and nutrition education classes work together to create a learning
laboratory- The life skills students and teachers at Slatington Elementary work with food service
staff to make various baked good to sell on Friday to the staff and have utilize our cafeterias.
Staff providing nutrition education receive standards based training and professional
development- Opportunities for teachers to get training and professional development are
available and encouraged independently through our FLEX PD program, but has had variable
engagement between teachers throughout the years.
We engage and involve families and the community in nutrition education efforts- We
have identified this as an area of growth for us in future years. Possible field trips to local farms

and inviting parent chaperones for example.

Nutrition Promotion:
We are in full compliance with the following items:

NLSD uses evidence-based techniques and nutrition messages in school to encourage
participation in our school meal programs. Over the last few years, we have implemented the
following types of meal services to encourage students to participate in the national school
lunch and school breakfast programs: Grab and Go breakfast at multiple buildings, Breakfast in
the Classroom at the MS, Second Chance Breakfast at Slatington Elementary, and Lunch and
Learn at the HS. These types of meal services make it more convenient for students to
participate and take advantage of the programs.
We participate in farm to school activities such as school garden, taste testing,
incorporating local foods into school meals, etc- Although we do not have a school garden that
supplies produce to our cafeterias, we are part of the DOD fresh program that delivers local
fresh produce to our kitchens weekly that is incorporated into our menus for breakfast and
lunch. At SE Mrs. Mendez has an indoor green house and grows a variety of vegetables. We do
not have a local farmer that we work with currently but is something we are looking into to
start for next year.
The school cafeteria staff encourages consumption of whole grains, fruits and
vegetables and to decrease plate waste- Our food services department provides at least 2

different fruits and 2 different vegetable choices each day at all schools. At least 80% or more of
the grains that we serve are whole grain. Our cashiers encourage each student at the register to
take all meal components to be considered a reimbursable meal. At least one of the items
chosen at breakfast and lunch must be a fruit or a vegetable to be compliant with federal
guidelines.
The food service Department has partnered up with a local company called “I have, I
need” where we donate food and beverages items from our share tables items that will soon
expire. We have share tables or share bins at all of our cafeteria that students can put any
unopened items that they do not plan on consuming. We can not recycle these items back to
stock but can offer them to students during the breakfast and lunch hours or donate.
We offer health and nutrition resources to parents via several links that are posted on
our school website under the cafeteria tab with information on health eating and physical
activity promotion.
We are in partial compliance with the following items in this section:
Cooperate with community agencies and organizations to provide opportunities for
student projects related to nutrition- In high school students create and implement a personal
fitness plan.
We display consistent nutrition messages throughout the school- Posters are
throughout building, primarily in the cafeteria that encourage students to take a full meal with

all the following meal components: protein, grain, fruit, vegetable, and low fat milk. We are
looking into attractive LED menu boards that we can display our daily menus as well as nutrition
promoting messages in all of our cafeterias.
Our staff models healthy eating in front of students and avoid using unhealthy foods in
the classroom lesson plans- The PE department has only consumed food in from of students
that is of nutritional value.

Physical Activity:
We are in full compliance in the following items:
We provide a variety of opportunities for physical activity throughout the school day (at
least 60 minutes daily as recommended by CDC)- at the High School this year we have
implemented the Lunch and learn model (73 minutes) to enable students to utilize half that
time to eat lunch and the other to engage in physical activity such as playing basketball in the
gym or other physical activities.
At the elementary levels recess is provided daily to support physical activity, social
development, and overall wellbeing.
We offer activities such as indoor and outdoor recess, before and after school programs,
intramurals, athletics and clubs to meet the interests of our students- Our Student Services Plan
lists all the after-school activities that we offer
We maintain a physical and social environment that encourages safe and enjoyable
activity for all students by incorporating School Wide Positive Behavior Support (SWPBS)

practices and work with our safety committee which regularly reviews and ensure the safety of
our facilities.
We discourage extended periods of inactivity for students and encourage physical
activity breaks- Teachers give brain breaks throughout the day in the classroom, we also have
block scheduling in our high school that allows mid-day break time within the lunch and learn
model.
We offer the following NLYAA sports: Baseball, basketball, cheerleading, cross country,
field hockey, football, soccer, softball, track, wrestling, and intramural weightlifting.
We do not use physical activity as a punishment in school, nor take away physical
activity such as recess time for punishment
We encourage walking and biking to school within a 2-mile radius of the school.

We encourage students and families to use our facilities such as playgrounds and ball
fields outside of school hours. NLYAA and other community groups use our facilities and
playgrounds outside of school hours in accordance with school rules.

We are in partial compliance with the following item in this section:
We currently do not have partnerships with community members and organizations
(YMCA, local parks, hospitals, etc) that offer programs to help support lifelong physical activity-
we have identified this as an area for improvement.

Physical Education:
We are in full compliance with the following items:

All PE lessons are in line with state standards and are displayed on the syllabus on the
day of class. All schools within the district provide standards-based PE programing where k-
12 students actively participate to support health and wellness.
PE instruction given at all buildings build skills and knowledge that students need for
lifelong physical activity and wellness. PE classes at all levels foster student growth and
improvement by providing opportunities to learn, practice, and be assessed on
developmentally appropriate physical skills.
Our PE curriculum promotes a variety of team and individual activities, including: team
sports, cooperative games and challenges, individual fitness activities such as running and
igolf, outdoor recreational type activities such as hiking and frisbee golf, and lastly individual
skill building exercise like jumping ropes and weight training.
We offer a comprehensive PE course of study with structured instruction time, ensuring
students meet standards at the proficient level. Currently the PE department is mapping out
curriculum and addressing any areas that need improvement to ensure continued
alignment and success.
We use a local assessment system to monitor and support student progress aligned with
state physical education standards. Students complete a fitness test 3 times per year,
starting with a baseline assessment and then measuring growth and progression
throughout the year.
Formal fitness testing begins in 4 th grade, with 3 rd grade serving as the introduction to

the fitness training process.

Students engage in all grade levels with moderate to vigorous activity throughout PE
classes. Accommodations are provided for medical conditions and disabilities, and all IEPs
and 504 plans are reviewed and followed.
We ensure safe and well-maintained equipment, facilities, and resources for physical
education with regular reviews and input form the districts safety committee.
All teachers within the PE department are fully state- certified.
We are in partial compliance in the following items:
We provide professional development for PE staff- PE staff are provided with
professional development but not always specific to the field. However additional PD is
available as flex PD to the staff.
PE classes have teacher to student ratio similar to other courses for safe and effective
learning- The typical PE class size is larger than the typical classroom average.
Other School Based Wellness Activities:
NL is in full compliance with the following items:
Free drinking water is available at all schools via our bottle fill stations and water
fountains.
Our school nutrition staff meet local hiring criteria and are in compliance with federal
regulations. On Act 80 days all food service staff complete continuing education credits on
the following topics: food safety, HACCP training, Civil Rights, Meal Counting and Claiming,
and Offer verses Serve training.
FS director- 12 credits annually

Head cooks- 10 credits annually
Cooks helpers- 6 credits annually
We provide adequate space for eating, as well as a safe clean eating environment. Only
authorized staff have access to the food service operation. This year the high school
students can spread out throughout the building to eat, which I know they really enjoy
For all schools we offer a minimum of 15 minutes to eat at breakfast time, and minimum
of 30 minutes at lunch.
We implement alternative school Breakfast and School Lunch service models:
HS- grab and go breakfast from cafeteria (previously off carts)

MS- grab and go breakfast from cafeteria (previously breakfast in the classroom)
SE- combination of tradition breakfast in the cafeteria and second chance breakfast off of carts (between 1 st and second period)
Nutrition information on menu items is shared to staff and community via school café
app.
We communicate information to parents and guardians regarding “Nutrition and
Wellness resources for Families”- on our website under the cafeteria tab, with links to healthy
eating and physical activity online resources.
We utilize outside funding and programs to enhance our wellness policy- Lehigh Valley
Educators Credit Union donates $10,000 each year to support our students who are part of our
back pack buddies program that supplies nonperishable weekend food.
We are in partial compliance with the following items:
Including students and parents in menu selections through taste testing and surveys

throughout the year- Taste testing and surveys have been conducted in the past but typically
only 2 times per year once in the spring and again in the fall when we have dietetic interns who
have to complete various marketing products, etc as part of their programs. Our goal is to
conduct these more often
Fundraising projects submitted for approval are supportive of healthy eating and
student wellness- The district acknowledges that our procedure for tracking fundraising
activities need to be better established. Elementary and middle school level- only 5 exempt
fundraisers allowed per year, and at high school- 10 exempt fundraisers allowed. Exempt
meaning does not need to follow smart snack guidelines – snacks that meet certain sugar, fat,
sodium, and overall calorie limits.
Nutrition Guidelines for all Food and Beverages sold at School:
NL is in full compliance with the following items:
Food Service department serves breakfast, lunch and SHINE menus that are all
compliant with the national nutrient guidelines, and all snacks and beverages sold ala cart
meet the smart snack nutrient guidelines.
We do not allow for competitive foods (non Smart snack compliant foods and
beverages) to be sold via vending machines or school stores during school lunch hours.

We provide a list of healthy Smart Snack compliant food and beverages to staff and
parents/ guardians- A list of all of our smart snack beverages and snacks are provided on
our district website under cafeteria tab.

NL is in partial compliance to the following items:
We offer healthy food and beverage options at school sponsored events such as dances
and sporting events- Not all events have a healthy item to choose from. Majority of the
items sold at sporting events are not compliant
We have local standards in our policy for foods and beverages offered for free to
students at school for things like food rewards, classroom parties, etc- We have a birthday
basket program that allows those families in elementary school to purchase a birthday
basket for their child which includes a variety of toys, chips, cookies, ice cream, and
cupcakes that are all smart snack compliant. However not all classroom reward snacks
currently are being monitored for compliance.