

Letter to the Editors: Walking to School

May 16 2025

Athlete of the Week: Ivan Kennedy

May 16 2025

Man at the Masthead: Missey's humble service at Prep News spans quarter century

May 16 2025

Keyword Search



Search

SPORTS

Athlete of the Week: Jackson Miller

Vincent Weinbauer. Sports Editor Sep 8 2023

This week's athlete of the week is **freshman Jackson Miller**. At this past week's Granite City meet, Miller ran a three-mile time of 15:06.5, which would convert to a 15:40.6 5K. With this time Miller was the Jr. Bills' fastest runner of the day and earned fourth place overall at the meet. Miller's time is the fifth fastest in school history. Miller has a bright career ahead of him achieving all of this in his first race at SLUH.

Vincent Weinbauer: When did you start running? Obviously you have proved yourself extraordinarily already at the varsity level, when did you start and what have you done to reach the level that you are today?

Jackson Miller: I started running around third grade and really started to take it seriously a couple years ago. I joined the club team St. Louis Blazers which is where I was able to really improve my talent.



English

VW: When coming to SLUH, was the cross country program a big appeal to you or did that have anything to do with why you ended up here? Why did you choose SLUH?

JM: Yeah, the cross country program was a big factor of me coming to SLUH. When I shadowed here I met with Coach Porter and we talked about the program and I decided that I could really perform well here.

VW: In a race what are you focusing on? What's your drive and your goal to get the best time? Tell me your thought process?

JM: During Granite City I was racing seniors and juniors, who are naturally much more developed than I am. I just try to focus on sticking with the top person.

VW: Do you run track and field? Why or why not? Will we see you this spring running a specific event for the team?

JM: I will be running track and field at SLUH and specializing in the 800-meter event and maybe run the two mile. I definitely specialize in track and field over cross country.

VW: What can we see from you for the rest of the season?

JM: I don't know necessarily what times I want or what they will be but I am going to push for top ten in state and I am also aiming for qualifying for nationals. I hope to win some races this year too.



FEATURES

[Letter to the Editors: Walking to School](#)

May 16 2025

SPORTS

[Athlete of the Week: Ivan Kennedy](#)

May 16 2025

FEATURES

[Man at the Masthead: Missey's humble service at Prep News spans quarter century](#)

May 16 2025

FEATURES

[Palazzolo earns third Pulitzer Prize as Wall Street Journal reporter](#)

May 16 2025

[Load More](#)

Prep News – the weekly student-run newspaper of St. Louis U. High

Copyright ©2020 of St. Louis U. High's Prep News

No material may be reprinted without the permission of the editors and the moderator.



English